FLING

January, 2020 www.thehighlandsinc.com

520-297-2722

JANUARY EVENTS

Wed, Jan 8 Men's Breakfast - 8:00 am

Sun, Jan 12 Pizza & Karaoke - 5:00 pm

> Tue, Jan 14 Potluck - 5:30 pm

Wed, Jan 15 Open Board Mtg - 10:00 am

Fri, Jan 17 Social Committee - 9:00 am

Sat, Jan 18 Pancake Breakfast - 7:00 am

> Sun, Jan 19 Movie Night - 6:30 pm

Tue, Jan 21 International Lunch Group 12:00 noon

Wed, Jan 22 Ladies' Lunch - 12:00 noon

Sat, Jan 25 Dinner & Dance - 5:15 pm

Tue, Jan 28 Jam Session - 6:00 pm

PLEASE SIGN UP!

WINTER POOL SCHEDULE

The winter pool hours will be 11:30 a.m. until 5:00 p.m. If the temperature is below 65 degrees, the pool will remain closed. If you use the hot tub after 5:00 p.m., please cover it before you leave. It is important to keep our costs as low as possible and still enjoy our facilities.

INVITING NEW AND FORMER CANVAS PAINTERS

All "wanna-be" artists. including oil, acrylic and watercolor painters are invited to join the classes offered at the Highlands. A schedule will be set up according to the number of interested persons and availability of the Clubhouse or Resource Room. Classes will begin at the end of January and continue through February. Painting supplies will be available for approximately \$4.00 per person. If interested, please sign up at the Clubhouse or call Char Saxe at (608) 484-0229.



ITTTT'S BAAAACK!!

Pizza and Karaoke is back. Come to the Clubhouse on Sunday, January 12th, at 5:00 p.m. Join your friends and neighbors for a nice meal, then stick around to help entertain or be entertained by those same friends and neighbors. \$5.00 each will get you Domino's Pizza, salad and coffee (or bring your own beverage). Please sign up and mark your choice of pizza so we know how much to buy. Table service (plates and plastic ware) will be provided and we'll give you four (4) chances to win back your \$5.00 with a few trivia questions. See ya all there!

SOUP AND SALAD POTLUCK

January 14th at 5:30 p.m. Sign up to bring your favorite soup, salad or dessert to our annual Soup and Salad Potluck. Hot bread and butter, coffee and water will be provided. Bring your empty bowls, plates and flatware (spoons too). Don't forget to sign up at the Clubhouse.

MOVIE NIGHT

This month's movie is Amadeus. January 19th at 6:30 p.m.

NEW CLASS CHAIR YOGA!

A gentle class for anyone who prefers not to be down on the floor. All yoga postures will be done seated or standing, using the chair as a prop for support or balance. The class will be well-rounded with a variety of stretches and breathing techniques to help you feel relaxed, stronger, more flexible and energized! Susan Weber, Highlands' resident, has been a certified yoga instructor since 2001 and is looking forward to offering the class here. Held in the Resource Room on Tuesday at 11:00 a.m., approximately 45 minutes. First class will be January 7. Suggested donation \$5. Call Susan at (505) 927-4216 to register or with questions.

DINNER & DANCING!

Grab your cowboy hat and dust off your boots. On Saturday, January 25th, we'll be dancing to the music of "Clear Country Band". Dinner will be served at 5:15 p.m. We'll have pulled pork, beef brisket, beans, coleslaw, coffee and dessert. Tickets are \$15.00 each, but buy early because seating is limited. Questions can be directed to Cindy Bennett at (810) 599-8929 or Bernie Lee.

ATTENTION CANDIDATES RUNNING FOR THE BOARD OF DIRECTORS

Please come to the Pancake Breakfast or either of the two Saturday Kaffee klatches to meet the residents.

NEW CARD GAME EASY TO LEARN EASY TO PLAY!

A five suited Rummy card game. Win dimes when you win any of the 11 rounds. Win quarters if you win the game! Sign the **FIVE CROWNS** interest list on the clipboard in the Clubhouse. Questions should be directed to Colleen Nolan at (520) 576-7804.

LOW CARB SUPPORT AND MORE!

January 8 and 22 (Wednesdays this year) the first meetings of the Low Carb Support and Information Group will be held in the Clubhouse at 4:00 p.m. Newcomers and the curious are all welcome. Our first meeting will include a presentation on oxalates (a natural compound found in plants which can contribute to many health problems in humans). Feel free to bring quests, questions and recipes of low-carb foods to share. No cost and no obligation. For additional information, call Vonnie at (541) 990-0998.

DID YOU KNOW?

If the County comes to inspect our pool and finds the gates unlocked, THEY WILL CLOSE THE POOL indefinitely. The locked gates are there for safety. The County does inspect community pools on a fairly regular basis. Don't be the one who causes ours to close!!

DON'T FORGET!

The Pancake Breakfast is January 18, serving from 7:00 until 9:15 a.m. No sign-up needed! All you can eat pancakes, sausage, orange juice, coffee and REAL BUTTER. Bring your own cup, plate and silverware. Cost is just \$5.00 each.

MEN'S BREAKFAST

The Men's Breakfast will be at Jerry Bob's, Magee and Oracle. Please remember to sign up! Meet at the Clubhouse at 7:45 a.m. if you would like to carpool.

INTERNATIONAL LUNCH GROUP

This month, the group has selected Senae Thai Bistro, 63 East Congress Street. Meet at the Clubhouse at 11:30 a.m. if you wish to carpool. Questions should be directed to Carol Hastings (520) 989-9139 or Elaine Reed (520) 219-4504. Please sign up!

LADIES' LUNCH

The January Ladies' Lunch will be held at Sauce Pizza and Wine, 7117 Oracle Road. Please report to the Clubhouse at 11:30 a.m. before leaving for the restaurant. If you are going directly to the restaurant, please call Kathy Zeleznik at (440) 821-5591.

The deadline for Fling articles is the 20th of each month. Information should be sent to Carol Nadeau at cboydna@ aol.com.

KEEP UP-TO-DATE

It is important that our office be kept up-to-date when residents' information changes. Please note that it is the homeowner's responsibility to advise the office when they rent to someone new. Seven volunteers recently spent time calling all owners for current information! Going forward, please notify the office of changes in your phone, address, e-mail or renter by calling (520) 297-2722, emailing highlands332@gmail. com or stopping by the office.

FROM THE DECEMBER OPEN BOARD MEETING

*A letter has been sent to homeowners thought to have underage children living with them

*A committee recommended getting rid of the map and sign next to the office. Contact the Board with your comments. *Board voted to spend an additional \$1500 to increase our liability insurance coverage *The budget for 2020 was accepted

*There is a "Financials" binder in the office

*261 envelopes were completed for the February election

*Pima County Pool Inspector found no violations

For additional information, the minutes are available on our website and on the bulletin boards in the clubhouse and outside the office.



CARDS SENT

This month Marilyn reported two cards were sent: A get well card to herself. She also sent a sympathy card to herself and her husband Larry for the loss of their son.

Marilyn and Larry, please accept this note of sympathy from the Highlands Community for the loss of your son, Daniel.

NOTE: If you know of someone who should receive a card, please call Marilyn at (520) 484-8532.

ASSISTANT TREASURER WANTED!

Our By-Laws allow us to appoint an Assistant Treasurer. This would be an individual who could train or take over the Treasurer position in the event the current Treasurer needed to retire. Essential qualifications are experience developing and managing budgets and reporting financials status. Interested parties should contact Bob Beck at (520) 461-9540.

NOTE OF THANKS

I would like to thank everyone who participated in our 8th Annual Christmas Parade. We had 20 golf carts, two scooters and two bikes. The after-party was a number one hit! The food, the music, the fun were "out-standing". A special thanks to Linc and Helen for the entertainment. I'm so looking forward to our 9th Annual Parade scheduled for December 6, 2020. It will be here before we know it. Again, thanks to all!

Bill Behrendsen



THE SALES!

It's time to collect all your "treasures" for our community sales. The Community Yard Sale will be held the third Saturday of February (2/15) and the White Elephant Sale is the fourth Saturday (2/22). More information to follow.

HIGHLANDS' DAY TRIPPERS

Jamie Horst is looking for ideas of places (day trips or overnight stays) that you might want to do in the future. He has several ideas for 2020. Please contact Jamie with your ideas.

JANUARY 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
] New Year's Day Aquafit 1:00 pm Cards/Games 6:00 pm	2 Exercise 8:00 am Aquafit 1:00 pm Cards/Games 6:00 pm	3 *No Trash Today Tai Chi Interm 9:45 am Tai Chi Adv 11:00 am Aquafit 1:00 pm Social Hour 4:00 pm Cards/Games 6:00 pm	4 Aquafit 1:00 pm
5	 Exercise 8:00 am Aquafit 1:00 pm Hand & Foot 1:00 pm Crafts 1:30 pm Needlecrafts 1:30 pm Ping Pong 7:00 pm 	7 Coffee 8:00 am Chair Yoga 11-12:00 n Aquafit 1:00 pm Hand & Foot 1:00 pm	8 Men's Breakfast 8:00 am Aquafit 1:00 pm Low Carb Sprt 4:00 pm Cards/Games 6:00 pm	9 Exercise 8:00 am Aquafit 1:00 pm Cards/Games 6:00 pm	O T Chi Bgn 8:30 am Tai Chi Interm 9:45 am Tai Chi Adv 11:00 am Aquafit 1:00 pm Social Hour 4:00 pm Cards/Games 6:00 pm]] Kaffeeklatsch 9:00 am Aquafit 1:00 pm
12 Pizza & Karaoke 5:00 pm	3Exercise 8:00 amAquafit 1:00 pmHand & Foot 1:00 pmCrafts 1:30 pmNeedlecrafts 1:30 pmPing Pong 7:00 pm	4Coffee 8:00 amChair Yoga 11-12:00 nGourd Class 1:00 pmAquafit 1:00 pmHand & Foot 1:00 pmS&S Potluck 5:30 pm	15 Open Bd Mtg 10:00 am Aquafit 1:00 pm Cards/Games 6:00 pm	16 Exercise 8:00 am Gourd Class 1:00 pm Aquafit 1:00 pm Cards/Games 6:00 pm	7 So Comm 9 am Tai Chi Begin 8:30 am Tai Chi Interm 9:45 am Tai Chi Adv 11:00 am Aquafit 1:00 pm Social Hour 4:00 pm	│8 Pancake Bkfst 7:15 am Aquafit 1:00 pm
19 Movie Night 6:30 pm	20 Exercise 8:00 am Aquafit 1:00 pm Hand & Foot 1:00 pm Crafts 1:30 pm Needlecrafts 1:30 pm Ping Pong 7:00 pm	2] Coffee 8:00 am Chair Yoga 11-12:00 n Internat'l Lunch 12 N Gourd Class 1:00 pm Aquafit 1:00 pm Hand & Foot 1:00 pm Cards/Games 6:00 pm	22 Ladies Lunch 12 noon Aquafit 1:00 pm Low Carb Sprt 4:00 pm Cards/Games 6:00 pm	23 Exercise 8:00 am Gourd Class 1:00 pm Aquafit 1:00 pm Cards/Games 6:00 pm	24 T Chi Bgn 8:30 am Tai Chi Interm 9:45 am Tai Chi Adv 11:00 am Aquafit 1:00 pm Social Hour 4:00 pm Cards/Games 6:00 pm	25 Chinese New Year Kaffeeklatsch 9:00 am Aquafit 1:00 pm Western Night 5:15 pm Dinner & Dance
26 Private Pty 3:00-9:00 pm	27 Exercise 8:00 am Aquafit 1:00 pm Hand & Foot 1:00 pm Crafts 1:30 pm Needlecrafts 1:30 pm Ping Pong 7:00 pm	28 Coffee 8:00 am Chair Yoga 11-12:00 n Gourd Class 1:00 pm Aquafit 1:00 pm Hand & Foot 1:00 pm Jam Session 6:00 pm	29 Aquafit 1:00 pm Cards/Games 6:00 pm	30 Exercise 8:00 am Gourd Class 1:00 pm Aquafit 1:00 pm Cards/Games 6:00 pm	24 T Chi Bgn 8:30 am Tai Chi Interm 9:45 am Tai Chi Adv 11:00 am Aquafit 1:00 pm Social Hour 4:00 pm Cards/Games 6:00 pm	1
2 Groundhog Day	3	December 201 S M T W T 1 2 3 4 5 8 9 10 11 12 15 16 17 18 19 22 23 24 25 26 29 30 31 31	F S M 6 7 7 13 14 2 3 20 21 9 10 27 28 16 17	February 2020 T W T F S 1 4 5 6 7 8 11 12 13 14 15 18 19 20 21 22 25 26 27 28 29	All Activities Held in (Area EXCEPT: Green = Resource Red = Off Site Acti *Trash pick-up or New Year's	Room/Office vity Saturday due to



FLING

February, 2020 www.thehighlandsinc.com

520-297-2722

FEBRUARY EVENTS

Fri, Feb 7 Annual Open Board - 1:00 pm

Sun, Feb 9 Celebration of Life - 2:00 pm Movie Night - 6:30 pm

> Tue, Feb 11 Potluck - 5:30 pm

Wed, Feb 12 Bus Trip - 7:30 am

Sat, Feb 15 Community Yard Sale - am Valentine Dance - 5:00 pm

Thur, Feb 20 Quilter's Tea - 12:00 noon Sock Hop - 3:00 pm

Fri, Feb 21 Social Committee - 9:00 am

Sat, Feb 22 White Elephant Sale - am No Kaffeeklatsch

Tue, Feb 25 Jam Session - 6:00 pm

Sat Feb 29 Craft Fair - 9:00 am



ANNUAL OPEN BOARD MEETING FEBRUARY 7TH

The Annual Open Board Meeting will be held in the Clubhouse on February 7th at 1:00 p.m. Newly elected Directors will be announced and other Highland's business will be discussed. All members are encouraged to attend this important meeting.

Note: If you did not return your absentee ballot and wish to vote in person, you may do so between 8:00 and 10:00 a.m. at the Clubhouse. The Clubhouse will be closed from 10:00 a.m. until noon to allow the committee to count the votes.

ART ATTACKS FOR YOUR ENJOYMENT

Monday afternoons for the next five weeks, the Art Committee is offering the following workshops at 1:30 in the Multipurpose Room next to the office. Signup sheets are located in the Clubhouse. Sessions fill up fast, so don't delay. Check to see if additional workshops have been added. *Feb 3, Rock Painting. BYOR (Bring your own rocks). All materials provided. Drop-in activity; no fee; no signup. *Feb 10, Watercolors – painting the Arizona Sky with Patti Triplett. Materials provided. Fee is \$5. Sign up. Class is limited to 8, but may be repeated.

*Feb 17, Zentangle – designed for beginners, but also suitable for intermediate level.

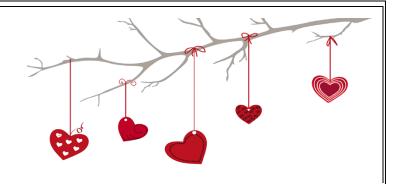
Zentangle is a relaxing and fun way to create beautiful images by drawing and combining patterns of lines and shapes. Vonnie Lincoln, instructor. Materials provided. Fee \$5. Sign up, limited to 12 participants.

*Feb 24, Rock painting as above.

*Mar 2, Fabric Sponge Painting Bring something to paint on (a tote bag, apron, tshirt, etc). Prewash items that will need future washing. All other materials provided. Patti Triplett, instructor. Fee \$10. Sign up, limited to 16. *On-going painting classes with Char Saxe will continue through February.

COFFEE WITH A COP

Come to the Kaffeeklatsch on February 8 for some safety tips. **Please be sure to sign up!**



BAKED POTATO POTLUCK

This is one of our most popular events and seating is limited, so be sure to sign up early. Bring a salad, dessert or special toppings for the potatoes. Sour cream, bacon bits and butter will be provided. As always, bring your table settings.

HAPPY VALENTINE'S DAY CUTE-TEA!

Join us on February 15 for a night full of food, fun and music. Entertainment provided by Manny Herrera (many of you remember Manny singing for us last year). Bring your phone or camera so we can take a picture of you and your honey. NO SIGN UP, you need to buy your tickets from Bernie. Get them early; they will sell out. Where can you go to hear live entertainment and good food for \$15.00 per person?

FIVE CROWNS

Seventeen players came for the introductory session of Five Crowns. Games will be played on Sundays at 1:00 p.m. and Thursdays at 6:00 p.m., a scheduled game night. Bring 11 dimes and one quarter for each of the two games played. Would you like to be introduced to the game? Call Colleen at (520) 576-7804.

MEN'S BREAKFAST

The Men's Breakfast will be at Jerry Bob's, Magee and Oracle. Please remember to sign up! Meet at the Clubhouse at 7:45 a.m. if you would like to carpool. Please sign up.

LADIES' LUNCH

The February Ladies' Lunch will be held at Grumpy's Grill, 2960 West Ina Road. Please report to the Clubhouse at 11:30 a.m. before leaving for the restaurant. If you are going directly to the restaurant, please call Kathy Zeleznik at (440) 821-5591. Be sure to sign up!

CELEBRATION OF LIFE

On Sunday, February 9, at 2:00 p.m., there will be a Celebration of Life to honor those residents who passed away during the last year.

MOVIE NIGHT

This month's movie is Tombstone. February 9th at 6:30 p.m.

WELCOME NEW RESIDENTS

Don and Valerie Allen David and Michele Armstrong J R Clarke & Kimberly Picard Larry and Valerie Day David and Louise Freker Kathryn Garver Curtis and Janice Hagen Polly Hardy Diane Leigh & Janet Hamilton Bob and Cheryl Marshall Nancy Rodie Clayton Springer

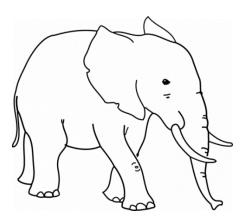
QUILTERS TEA, SOCK HOP AND CELEBRATION OF LIFE FOR JEANNE VISGAR

Last year Jeanne was a very active member of The Highlands. She planned a tea to earn funds for the Quilting Group's service project and was planning to chair the Sock Hop this year. Unfortunately, Jeanne passed away quite suddenly last August. The Quilting Group will be holding a tea in Jeanne's memory on Thursday, February 20, from noon until 2:00 p.m. The cost is \$5 per person. Casual dress is recommended. Then, from 3:00 to 6:00 p.m., Jeanne's daughters will be hosting a sock hop in her memory. There is no cost for the sock hop; however, please sign up for both events to allow for food planning. For additional information, please contact Sheila Tomac at (920) 619-8074 or Lori Tendler at (605) 323-8009.



CRAFT SHOW AND SALE

Come to the Clubhouse on Saturday, February 29, between 9:00 a.m. and 2:00 p.m. Handcrafted items by Highlands' residents will be for sale. Please come, bring a friend and shop.



COMMUNITY YARD SALES AND WHITE ELEPHANT SALE!

The annual Community Yard Sales will be held Saturday, February 15, from 7:00 a.m. until 1:00 p.m. If you have items to sell and want your house listed on the map, there are sign-up sheets at the Clubhouse. PLEASE print your name and address on the sheet and write "yes" in the last column if you are planning to buy a balloon to tie to your mailbox. Questions should be directed to John Sand at 520-270-2688. Please contact him before February 5. The sale will be advertised in the local newspaper.

The following Saturday, February 22, the White Elephant Sale will be held in the Clubhouse from 8:00 a.m. until noon. Check your belongings for items that you no longer need (no clothes or shoes please). Make sure the items are clean and suitable for sale.

Here are some examples: Women's accessories such as purses, belts and jewelry are very popular (even broken jewelry sells well); tools; household items such as furniture, rugs, curtains, decorative pillows, dishes, small appliances, towels, bedding, plants, books, movies, craft supplies, etc.

Drop off time at the Clubhouse for all small items is Friday, February 21, between 8:00 and 11:00 a.m. If you need help with large items, call Steve Horst at (309) 781-5154 or Jamie Horst at (309) 230-0233 to arrange pick up.

If you would like to volunteer or help at the event, please call Steve or Jamie at the above phone numbers.

The Country Kitchen will be selling homemade baked goods for you to enjoy (see related article below).

Proceeds of this sale help support activities of the Social Committee.

PLEASE NOTE:

The tables will be set up on Friday for the sale and the hall will be locked at 7:00 p.m. until the sale begins on Saturday morning! Only workers will be admitted.



ATTENTION HIGHLANDS' BAKERS

The bake sale is held in conjunction with the White Elephant Sale. Gather your favorite recipes and start baking. Plan to drop off your treats at the Clubhouse on February 22 at 8:00 a.m. You can also call Cheryl Stafford at (586) 876-4589 for pick up.

IMPORTANT: Please be sure to mark items that are perishable. Also list ingredients on baked goods for those with allergies to nuts, wheat, etc.

THANK YOU to all of our gifted bakers who always do a wonderful job making this a tasty and enjoyable event!

ATTENTION WHITE ELEPHANT COMMITTEE MEMBERS!

Please plan to attend two meetings regarding the White Elephant Sale. There will be a pre-sale meeting on Wednesday, February 19, and a post-sale meeting on Wednesday, February 26. Both meetings will be held at 10:00 a.m. in the Clubhouse. Please contact Jamie Horst with questions.

HIGHLANDS' DAY TRIPPERS

There is a sign-up sheet in the Clubhouse for a trip to the Musical Instrument Museum in Phoenix on February 12. The bus will leave the Clubhouse at 7:30 a.m. and return about 5:30 p.m. Lunch at the museum will be at your own cost and convenience between 11:30 and 2:00. The cost is \$62 per person; \$35 to be paid when signing up to hold your seat on the bus. See "Coming Soon" for information about a second trip in March.

FROM THE JANUARY OPEN BOARD MEETING

*One family with an underage resident has been given an exception to the CC&Rs. She will remain in The Highlands until she reaches age 25. *The Board voted to remove the map and signs outside the office. The "Over 55 Community" and "Service Animals Only" signs will be incorporated into the Marquee. *A new 1000 watt LED light has been purchased for outside the shop.

*The pool deck has been repaired and looks nice. *There has been a major project in the office; we are converting from Quick Books to Quick Books on Line.

*There is a binder in the office containing Treasurer's Reports and comments. Members may request an opportunity to review it.

*The Board approved 100 chairs for the Clubhouse to be purchased by the Social Committee.

*17 Ballots for the February election were returned as undeliverable. They have been sent back out to an alternate address.

*Maintenance trailers may not be left on any home owner's property overnight.

*It was suggested we need to replace two of the pool covers. *Kent Hinds will chair a committee to research the wash which goes behind the homes on the east side of Mont Blanc.

*Al Rausch will chair a committee to review the Policies and Procedures.

CARDS SENT

Marilyn Staley reported the following cards were sent: Ron Pepperdine, Thinking of You

NOTE: If you know of someone who should receive a card, please call Marilyn at (520) 484-8532.

NOTE OF THANKS

In January, two Hilton Speakers were donated to the Clubhouse by Duane Steel. These speakers have traveled with Duane for many years to square and clogging dances in both Washington and Arizona. Thanks to Terry Reagan for installing them at the Clubhouse!

ATTENTION DOG OWNERS!!

Some residents have reported seeing dog poop on our streets. In fact, one person reported having to step over it three times during her walk. The droppings were not from a coyote, which looks quite different from dog droppings. Please respect our community and your neighbors by having your animal on a leash and picking up after it.

INTERNATIONAL LUNCH GROUP

This month, the group has selected Pappoule's at 7475 North LaCholla Blvd. Meet at the Clubhouse at 11:30 a.m. if you wish to carpool. Questions should be directed to Carol Hastings (520) 989-9139 or Elaine Reed (520) 219-4504. Please sign up!

COMING SOON

TACO NIGHT

There will be Tacos and live entertainment on March 7. See attached flyer for details.

CALLING ALL ARTISTS

The Art Committee reminds you to get your artwork finished in order to exhibit it at our 8th annual Art Exhibition on March 19th. Deadline for submissions is March 12. All visual arts are welcome. Submission forms will be in the Clubhouse around March 1.

NOTE: If anyone has extra acrylic paints that you no longer use, please consider donating them to the Art Committee for our projects. We can also use old plastic tablecloths.

BISBEE TRIP

On Saturday, March 21, we'll be heading to the Bisbee Copper Queen Mine for a tour and spending the afternoon in Bisbee. Cost is \$45 per person with \$25 due when signing up to hold your seat on the bus. Lunch will be at your own cost at any of the downtown eateries. We will leave the Clubhouse at 7:30 a.m. and return around 6:00 p.m. The mine tour does NOT allow any heels or open toed shoes. It's always cool during the one hour tour, so a light jacket is suggested.

ASSISTANT TREASURER WANTED!

Our By-Laws allow us to appoint an Assistant Treasurer. This would be an individual who could train or take over the Treasurer position in the event the current Treasurer needed to retire. Essential qualifications are experience developing and managing budgets and reporting financials status. Interested parties should contact Bob Beck at (520) 461-9540.

The deadline for Fling articles is the 20th of each month. Information should be sent to Carol Nadeau at cboydna@ aol.com

HOW TO FLY AND LIGHT THE AMERICAN FLAG AT NIGHT

I was asked to include this information in the "Fling" because a resident was out walking at night and noticed that many flags are not properly lit.

This report presents the Flag Code as found in Title 4 of the United States Code and section 36.

The American Flag is to be treated with respect as it is a representative of a living country and understood to be a living entity according to Section 8 of the "Flag Code". The flag should not be shown disrespect, dipped to any person or thing, never carried horizontally, never touch the ground, the floor, water or merchandise and never worn as apparel, bedding or drapery.

Section 6 of the Flag Code specifies appropriate times and occasions for displaying the flag. Traditionally, the flag has been flown only from sunrise to sunset on buildings and stationary flagstaffs. Explicit permission to use an all-weather flag is also stated in that same section. Synthetic fabrics like nylon and polyester are typical; flags made from these materials are commonly seen in rain, snow and other adverse weather that would normally and disrespectfully tatter or stain natural fabric flags.

The Flag Code also discusses the use of the

American Flag at night. "When a patriotic effect is desired, the flag may be displayed 24 hours a day if properly illuminated during the hours of darkness."

The code does not discuss any official methods for lighting the flag so long as the display of the flag does not violate the "spirit of the Flag Code". The code further explains that "the dignity accorded to the flag is preserved by lighting that prevents its being enveloped in darkness".

The American Legion has developed recommendations on lighting the American Flag at night. They have interpreted proper illumination to mean a light or lighting plan specifically placed to illuminate the flag. Alternatively, the Legion believes that having a light source sufficient to illuminate the flag so it is recognizable as such by the casual observer is also permissible.

FEBRUARY 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	29	30	31	1
						Aquafit 1:00 pm Private Pty 3:00-6:00 pm
2 Groundhog Day	3 Exercise 8:00 am Aquafit 1:00 pm Hand & Foot 1:00 pm Crafts 1:30 pm Needlecrafts 1:30 pm Ping Pong 7:00 pm	4 Coffee 8:00 am Painting 10:00 - 12:00n Gourd Class 1:00 pm Aquafit 1:00 pm Hand & Foot 1:00 pm	5 Aquafit 1:00 pm Cards/Games 6:00 pm	6 Exercise 8:00 am Painting 10:00 - 12:00n Gourd Class 1:00 pm Aquafit 1:00 pm Quilt Group 1:00 pm Cards/Games 6:00 pm	7 T Chi same as 2/14 Election 8:00 - 10:00 am Ann'l Board Mtg 1:00 pm Aquafit 1:00 pm Social Hour 4:00 pm Cards/Games 6:00 pm	8 Kaffeeklatsch 9:00 am *Coffee with a Cop* Priv. Pty 10:30-3:30 pm Aquafit 1:00 pm
9 Celebration of Life 2:00 pm Movie Night 6:30 pm	1 () Exercise 8:00 am Aquafit 1:00 pm Hand & Foot 1:00 pm Crafts 1:30 pm Needlecrafts 1:30 pm Ping Pong 7:00 pm	 Coffee 8:00 am Painting 10:00 - 12:00n Gourd Class 1:00 pm Aquafit 1:00 pm Hand & Foot 1:00 pm B P Potluck 5:30 pm 	12 Musical In'mt Trip 7:30 a Men's Breakfast 8:00 am Aquafit 1:00 pm Low Carb Sprt 4:00 pm Cards/Games 6:00 pm	3Exercise 8:00 amPainting 10:00 - 12:00nGourd Class 1:00 pmAquafit 1:00 pmQuilt Group 1:00 pmCards/Games 6:00 pm	4Valentine's DayTai Chi Begin 8:30 amTai Chi Interm 9:45 amTai Chi Adv 11:00 amAquafit 1:00 pmSocial Hour 4:00 pmCards/Games 6:00 pm	1 5 Community Yard Sales 7:00 am - 1:00 pm Aquafit 1:00 pm Valentine's Dinner & Dance 5:00 pm
16	7 Presidents' Day Exercise 8:00 am Aquafit 1:00 pm Hand & Foot 1:00 pm Crafts 1:30 pm Needlecrafts 1:30 pm Ping Pong 7:00 pm	8Coffee 8:00 amPainting 10:00 - 12:00nChair Yoga 11-12:00 nInternat'l Lunch 12 NGourd Class 1:00 pmAquafit 1:00 pmHand & Foot 1:00 pm	1 9 Painting 10:00 - 12:00n Aquafit 1:00 pm Cards/Games 6:00 pm	20 Exercise 8:00 am So Comm Mtg 9:00 am Quilters Tea 12:00 noon Gourd Class 1:00 pm Aquafit 1:00 pm Visgar Memorial 3:00 pm Cards/Games 6:00 pm	21 Tai Chi Begin 8:30 am Tai Chi Interm 9:45 am Tai Chi Adv 11:00 am Aquafit 1:00 pm Clubhouse closed today White Elephant setup	22 NO Kaffeeklatsch White Elephant Sale 8:00 am - 12:00 n Aquafit 1:00 pm
23	24 Exercise 8:00 am Aquafit 1:00 pm Hand & Foot 1:00 pm Crafts 1:30 pm Needlecrafts 1:30 pm Ping Pong 7:00 pm	25 Coffee 8:00 am Painting 10:00 - 12:00n Chair Yoga 11-12:00 n Gourd Class 1:00 pm Aquafit 1:00 pm Hand & Foot 1:00 pm Jam Session 6:00 pm	26 Ash Wednesday Ladies Lunch 12 noon Aquafit 1:00 pm Low Carb Sprt 4:00 pm Cards/Games 6:00 pm	27 Exercise 8:00 am Painting 10:00 - 12:00n Gourd Class 1:00 pm Aquafit 1:00 pm Quilt Group 1:00 pm Cards/Games 6:00 pm	28 T Chi Bgn 8:30 am Tai Chi Interm 9:45 am Tai Chi Adv 11:00 am Aquafit 1:00 pm Social Hour 4:00 pm Cards/Games 6:00 pm	29 Craft Fair 9:00 - 2:00pm Aquafit 1:00 pm
]	2	January 2020 S M T W T 1 2	F S M 3 4 1 2 10 11 8 9 17 18 15 16 24 25 22 23	3 4 5 6 7 10 11 12 13 14 17 18 19 20 21 24 25 26 27 28	All Activities Held in (Area EXCEPT: Green = Resource Red = Off Site Acti	Room/Office

Note: Clubhouse will be closed 10:00 am to 12:00 noon after the election on Feb. 7 to facilitate ballot counting

FLING

March, 2020 www.thehighlandsinc.com

520-297-2722

MARCH EVENTS

Sat, Mar 7 Mariachi & Tacos - 4:45 pm

Sun, Mar 8 Movie Night - 6:30 pm

Tue, Mar 10 Potluck - 5:30 pm

Sat, Mar 14 Kaffeeklatsch - 9:00 am

Sun, Mar 15 Dinner & Karaoke - 5:00 pm

Wed, Mar 18 Open Board Mtg - 10:00 am

> Thur, Mar 19 Art Exhibit - 6:00 pm

Fri, Mar 20 Social Comm Mtg - 9:00 am

> **Sat, Mar 21** Bus Trip - 7:30 am

Sat, Mar 28 Kaffeeklatsch - 9:00 am

Sun, Mar 29 Ice Cream Social - 2:00 pm

Tue, Mar 31 Jam Session - 6:00 pm

PLEASE SIGN UP!

ATTENTION POTLUCK GOERS!!

Recently a resident became ill after one of our Potlucks due to a nut allergy. If your contribution contains nuts or other know allergens, please label it. Also, if your dish is gluten free, please let the hosts know. We want to make sure everyone enjoys the meal!

MARIACHI ASTLAN AND TACO NIGHT

A reminder to all who will be attending a night of mariachi music and fun food! La Hacienda Family Mexican Restaurant is catering the Taco Dinner. They will provide a buffet style Taco Bar at 5:00 p.m. Plates, forks and napkins will be provided. Bring your own beverage; coffee will be available.

Mariachi Astlan de Pueblo High School is Tucson's most popular youth mariachi. The group plays traditional mariachi music arranged and conducted by director, John Contreras. Mariachi Astlan is motivated by pride and dedication to their cultural heritage of Mexico.



8th ANNUAL ART SHOW AND MARCH ART CLASSES

Mark your calendar for the Highland's Annual Art Exhibition showcasing the varied talents of our own artists. Thursday, March 19, from 6:00 until 7:30 p.m. original works of many different mediums will be on display at the Clubhouse. Admission is free, and light refreshments will be served. Some works will be for sale. Come to be inspired and to support your local artists.

On Mondays in March at 1:30 p.m., the following workshops will be offered in the Resource Room. Sign up early to ensure your place. *March 3, Fabric Painting using sponge stamps with Patti Triplett. Fee \$10; maximum 16 students. Bring a prewashed t-shirt, apron, tote bag, etc.

*March 9 & 16, Ukrainian Egg Painting with Terry Wojdyla. Fee \$5; maximum 8. Includes all supplies; basic class, no experience needed.

*March 23, rock painting. No fee; no sign up. Bring your own rocks; paints and brushes supplied.

*March 30, TBA. Check for sign-up sheet later.

NOTE: See back of calendar for instructions on submitting your art to the art show.

MOVIE NIGHT

This month's movie is American Graffiti.

MEN'S BREAKFAST

The Men's Breakfast will be at Jerry Bob's, Magee and Oracle. Please remember to sign up! Meet at the Clubhouse at 7:45 a.m. if you would like to carpool.

INTERNATIONAL LUNCH GROUP

This month, the group has selected La Hacienda Family Mexican Restaurant at 11931 North First Avenue. Meet at the Clubhouse at 11:30 a.m. if you wish to carpool. Questions should be directed to Carol Hastings (520) 989-9139 or Elaine Reed (520) 219-4504. Please sign up! Note: Effective April 1, David Cruz will take over scheduling for the International Lunch Group. Questions may be directed to David at (347) 406-2825.

LADIES' LUNCH

At publication time, there is no information available regarding the March Ladies' Lunch. Please report to the Clubhouse at 11:30 a.m. before leaving for the restaurant. If you are going directly to the restaurant, please call Kathy Zeleznik at (440) 821-5591. Be sure to sign up!

FROM THE FEBRUARY OPEN BOARD MEETING

*All incumbent Directors were reelected. The Board will not change.

*Linc has been updating RV Park information and is 99% completed. There is one open spot available. Two places are reserved for contractors because they cannot park on residents' lots overnight. *The changeover to Quick Books Online has been halted at the recommendation of our accountant.

*Morris Coville has sold his business and should be back at the Highlands (and part of the Board) in approximately 30 days.

*New pool covers have been installed.

*A new 1000 watt light has been installed in the RV lot. *There is a binder in the office containing Treasurer's Reports and comments. Members may request an opportunity to review it.

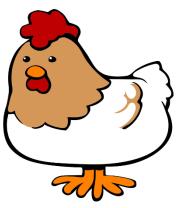
*Volunteers from the community will be repairing the cracks in the road. Work will begin soon.

*Quotes for handicap bathrooms have been received. More discussion expected at March meeting. *Policies and Procedures Committee is scheduled to meet on February 28. An update will be presented in March.

*Bob Beck discussed the need to write a policy regarding liens on property with accounts in arrears. If we don't file a declaration of lien, we could lose the delinquent amount if the property is sold.

CHANGE FOR CHAIR YOGA GOERS

Please note that Chair Yoga will be held on Wednesdays beginning March 4. The time, 11:00 a.m., and place, Resource Room, remain the same.



CLUCK, CLUCK, CLUCK !!

Chicken and Karaoke again. Come to the Clubhouse on Sunday, March 15th, at 5:00 p.m. for Chicken and Karaoke/Sing-Along. Join your friends and neighbors for a nice chicken meal. then stick around to be entertained by those same friends and neighbors. Only \$5.00 each will get you Fry's fried chicken, potato wedges, salad and coffee (or bring your own beverage). Please sign up in the poker room so we know how much food to buy. Don't forget to bring your own table service. Also, we'll give you four (4) chances to win back your \$5.00 with a few trivia questions. See ya there!



CARDS SENT

Marilyn Staley reported the following cards were sent: Paul Gerleman - Get Well and Thinking of You

NOTE: If you know of someone who should receive a card, please call Marilyn at (520) 484-8532.

ARTISTS' SUBMISSIONS TO ART SHOW

Artists, please pick up an application in the Clubhouse for submitting your work to the Art Show. The deadline for turning in an application is March 10, so that the committee can prepare labels and plan for the display. The work itself must be delivered the morning of March 19, and picked up at the close of the show. If you will be away, please arrange for delivery and pick up by a friend. We need all types of art: painting, sculpture, wood working, fabric art, mixed media and more! It should not be work that has been in previous Highlands' art shows. More information and contact info will be on the application itself. You may choose to offer your work for sale.



CHANGE IN OFFICE PERSONNEL

We recently hired a new Bookkeeper/Office Administrator. Her name is Georgia Pfleiderer. If you have reason to visit the office, please make her feel welcome.

The deadline for Fling articles is the 20th of each month. Information should be sent to Carol Nadeau at cboydna@ aol.com

MARCH 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
] 5 Crowns 1:00 pm	2 Exercise 8:00 am Aquafit 1:00 pm Hand & Foot 1:00 pm Crafts 1:30 pm Needlecrafts 1:30 pm Ping Pong 7:00 pm	3 Coffee 8:00 am Painting 10:00 - 12:00n Aquafit 1:00 pm Hand & Foot 1:00 pm	4 Chair Yoga 11-12:00 n Aquafit 1:00 pm Cards/Games 6:00 pm	5 Exercise 8:00 am Painting 10:00 - 12:00n Aquafit 1:00 pm Quilt Group 1:00 pm 5 Crowns 6:00 pm Cards/Games 6:00 pm	6 T Chi Bgn 8:30 am Tai Chi Interm 9:45 am Tai Chi Adv 11:00 am Aquafit 1:00 pm Social Hour 4:00 pm Cards/Games 6:00 pm	7 Aquafit 1:00 pm Mexican Dinner & Band 4:45 pm
8 Daylight Saving back homenot here!! 5 Crowns 1:00 pm Movie Night 6:30 pm	 9 Exercise 8:00 am Aquafit 1:00 pm Hand & Foot 1:00 pm Crafts 1:30 pm Needlecrafts 1:30 pm Ping Pong 7:00 pm] () Coffee 8:00 am Painting 10:00 - 12:00n Aquafit 1:00 pm Hand & Foot 1:00 pm Potluck 5:30 pm	1] Men's Breakfast 8:00 am Chair Yoga 11-12:00 n Aquafit 1:00 pm Low Carb Sprt 4:00 pm Cards/Games 6:00 pm	2 Exercise 8:00 am Painting 10:00 - 12:00n Aquafit 1:00 pm Quilt Group 1:00 pm 5 Crowns 6:00 pm Cards/Games 6:00 pm	13 T Chi Bgn 8:30 am Tai Chi Interm 9:45 am Tai Chi Adv 11:00 am Aquafit 1:00 pm Social Hour 4:00 pm Cards/Games 6:00 pm] 4 Kaffeeklatsch 9:00 am Aquafit 1:00 pm
15 5 Crowns 1:00 pm Chicken & Karaoke 5pm	Aquafit 1:00 pmHand & Foot 1:00 pmCrafts 1:30 pmNeedlecrafts 1:30 pmPing Pong 7:00 pm	7 Coffee 8:00 am Painting 10:00 - 12:00n Internat'l Lunch 12 N Aquafit 1:00 pm Hand & Foot 1:00 pm	18 Open Bd Mtg 10:00 am Chair Yoga 11-12:00 n Aquafit 1:00 pm Cards/Games 6:00 pm	 P Exercise 8:00 am Art Exhibit set-up 9:30 - 6:00 pm Aquafit 1:00 pm 5 Crowns 6:00 pm Art Exhibit 6 - 7:30 pm 	20 T Chi Bgn 8:30 am Tai Chi Interm 9:45 am Tai Chi Adv 11:00 am So Comm Mtg 9:00 am Aquafit 1:00 pm Social Hour 4:00 pm Cards/Games 6:00 pm	21 Bisbee Trip 7:30 am Aquafit 1:00 pm
22 5 Crowns 1:00 pm	23 Exercise 8:00 am Aquafit 1:00 pm Hand & Foot 1:00 pm Crafts 1:30 pm Needlecrafts 1:30 pm Ping Pong 7:00 pm	24 Coffee 8:00 am Aquafit 1:00 pm Hand & Foot 1:00 pm	25 Ladies Lunch 12 noon Chair Yoga 11-12:00 n Aquafit 1:00 pm Low Carb Sprt 4:00 pm Cards/Games 6:00 pm	26 Exercise 8:00 am Aquafit 1:00 pm Quilt Group 1:00 pm 5 Crowns 6:00 pm Cards/Games 6:00 pm	27 T Chi Bgn 8:30 am Tai Chi Interm 9:45 am Tai Chi Adv 11:00 am Aquafit 1:00 pm Social Hour 4:00 pm Cards/Games 6:00 pm	28 Kaffeeklatsch 9:00 am Aquafit 1:00 pm
29 5 Crowns 1:00 pm Ice Cream Social 2 pm	3() Exercise 8:00 am Aquafit 1:00 pm Hand & Foot 1:00 pm Crafts 1:30 pm Needlecrafts 1:30 pm Ping Pong 7:00 pm	31 Coffee 8:00 am Aquafit 1:00 pm Hand & Foot 1:00 pm Jam Session 6:00 pm	April Fool's Day	2	3	4
5	6	February 2020	F S M 1 7 8 5 6 14 15 12 13 21 22 19 20		All Activities Held in (Area EXCEPT: Green = Resource Red = Off Site Acti	Room/Office

March 20, 2020

TO: Highland Members and Residents

FROM: THI Board of Directors

L

As we near the time when many of our Members head to their other homes THI Board wanted to make everyone aware of the Board members travel plans at this time. As always, Georgia will be able to contact any of us during the summer. She will also be kept up-to-date on any changes to the schedule below.

Board Member	Leaving date	Estimated Return date
Craig Bennett-President	July 1, 2020	July 31, 2020
Linc Keilman-Vice President	May 8, 2020	First week in October
Bob Beck-Treasurer	No plans to leave at this time	
Mary Rausch-Secretary	March 21, 2020	November 8, 2020
Jamie Horst-Asst. Treasurer	Second week of May	Second week of October
Bill Bohrer-Compliance	May 1, 2020	November 1,2020
Morris Coville-Maintenance	No plans to leave at this time	
Bernie Lee-Maintenance	No plans to leave at this time	
Kent Hinds	Leaves on Saturdays	

Currently Bill Bohrer, Linc Keilman, and Jamie Horst are our Compliance directors. During the summer months Bernie Lee, Craig Bennett, and Kent Hinds will be assisting with any compliance issues that arise. We want to remind everyone that our CC&R's do not allow Board meetings to be held from June 1 to October 1. If there are any emergencies the Board can and does attend to them during the summer.

FLING

Apríl, 2020 www.thehighlandsinc.com

520-297-2722

APRIL EVENTS

ALL SOCIAL EVENTS

ARE CANCELLED UNTIL

FURTHER NOTICE

PLEASE SIGN UP!

LET'S HAVE SOME FUN! (or RESIDENT WELL-CHECK)

This coronavirus issue has us all in a bit of 'funk', so we thought it might be nice to have a little fun. Since all social events have been cancelled, weather permitting, and if we get enough carts to have a parade - let's have one! On Mondays and Thursdays at 4:00 p.m. (happy hour) those of us who have a golf cart will meet at the Clubhouse (making sure we practice 'social distancing') and tour the community with an occasional horn honk. This will just be for FUN and could be an opportunity for our residents to get out of their homes, get the 'stink' blown off, enjoy some nice weather and maybe wave as we go by (no one finger salutes please)!!! Parades will start on April 2, which is the first Thursday in April.

DARK HOUSE PROGRAM

If you are a "snow bird/heat wimp" and filling out a 'Dark House Form', the Oro Valley Police have informed us that this program has been temporarily stopped because the volunteer patrols have



been temporarily stopped. You should let your neighbors and the Neighborhood Watch group know that you are leaving and when you might be returning. The police will keep the forms on file and will begin checking homes as soon as the patrols start up again.

COMPLIANCE REQUEST

We know this has been a dreadful year for weeds and grass in the Highlands, but we're asking that everyone PLEASE keep your yards, carports and surrounding areas in respectable condition. We also know that there are a few homes which are extremely overgrown, and we are doing everything in our power to get these yards cleaned up. If your neighbor has some health issues or can't get out, perhaps you could offer to help them with their yards. We appreciate everyone who has spent countless hours and dollars keeping their yards and surrounding areas in good shape. Thanks from your Compliance Directors.



CARDS SENT Marilyn Staley reported the following cards were sent: Jerry Dennis - Get Well Georgia Chase - Get Well

NOTE: If you know of someone who should receive a card, please call Marilyn at (520) 484-8532.

The deadline for Fling articles is the 20th of each month. Information should be sent to Carol Nadeau at cboydna@ aol.com

OFFER TO HELP

Susan Weber has graciously offered to help anyone with rides, errands, etc. during this month. Her phone number is (505) 927-4216.

Editor's Note: There are

many of us who are willing to provide similar services for those in need. If you are unable to drive or need help running errands, please call me and I will help you find someone to assist you. Carol Nadeau (520) 742-2722

REMINDER

Beginning May 1, the Fling will be available for pick-up in the Resource Room or the Clubhouse. In the event the Clubhouse remains closed, please pick them up in the Resource Room. Home delivery will resume in October.

HIGHLANDS' DIRECTORY

We are aware that some of you have been asking about the newest Highlands' Directories. Please note that we are working to get updates completed and sent off to the printer. We will let you know as soon as they are ready!!

LADIES' LUNCH

If we are lucky enough to be able to hold the Ladies' Lunch, it will be at noon on April 22, at Charred Pie, 12125 N. Oracle Road. Questions should be directed to Kathy Zeleznik on (440) 821-5591

BOARD SUMMER TRAVEL SCHEDULE

See the next page in this newsletter for this information.

APRIL 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30	31	April Fool's Day Aquafit 9:30 am Chair Yoga 11-12:00 n Cards/Games 6:00 pm	2 Exercise 8:00 am Aquafit 9:30 am Quilt Group 1:00 pm Cards/Games 6:00 pm	3 T Chi Bgn 8:30 am Tai Chi Interm 9:45 am Tai Chi Adv 11:00 am Aquafit 9:30 am Social Hour 4:00 pm Cards/Games 6:00 pm	4 Aquafit 9:30 am
5	6 Exercise 8:00 am Aquafit 9:30 am Hand & Foot 1:00 pm Crafts 1:30 pm Needlecrafts 1:30 pm Ping Pong 7:00 pm	7 Aquafit 9:30 am Hand & Foot 1:00 pm	8 Aquafit 9:30 am Chair Yoga 11-12:00 n Low Carb Sprt 4:00 pm Cards/Games 6:00 pm	9 Passover Exercise 8:00 am Aquafit 9:30 am Quilt Group 1:00 pm Cards/Games 6:00 pm	Cood Friday Tai Chi Bgn 8:30 am Tai Chi Interm 9:45 am Tai Chi Adv 11:00 am Aquafit 9:30 am NO Social Hour Cards/Games 6:00 pm]] Aquafit 9:30 am
12 Easter	13 Exercise 8:00 am Aquafit 9:30 am Hand & Foot 1:00 pm Crafts 1:30 pm Needlecrafts 1:30 pm Ping Pong 7:00 pm	┃ 4 Aquafit 9:30 am Hand & Foot 1:00 pm	1 5 Taxes Due Aquafit 9:30 am Open Bd Mtg 10:00 am Chair Yoga 11-12:00 n Cards/Games 6:00 pm	1 6 Exercise 8:00 am Aquafit 9:30 am Cards/Games 6:00 pm	7 T Chi Bgn 8:30 am Tai Chi Interm 9:45 am Tai Chi Adv 11:00 am So Comm Mtg 9:00 am Aquafit 9:30 am Social Hour 4:00 pm Cards/Games 6:00 pm	18 Aquafit 9:30 am
19	20 Aquafit 9:30 am Hand & Foot 1:00 pm Crafts 1:30 pm Needlecrafts 1:30 pm Ping Pong 7:00 pm	21 Aquafit 9:30 am Hand & Foot 1:00 pm	22 Earth Day Aquafit 9:30 am Chair Yoga 11-12:00 n Low Carb Sprt 4:00 pm Cards/Games 6:00 pm	23 Aquafit 9:30 am Cards/Games 6:00 pm	24 T Chi Bgn 8:30 am Tai Chi Interm 9:45 am Tai Chi Adv 11:00 am Aquafit 9:30 am Social Hour 4:00 pm Cards/Games 6:00 pm	25 Aquafit 9:30 am
26	27 Aquafit 9:30 am Hand & Foot 1:00 pm Crafts 1:30 pm Needlecrafts 1:30 pm Ping Pong 7:00 pm	28 Aquafit 9:30 am Hand & Foot 1:00 pm	29 Aquafit 9:30 am Chair Yoga 11-12:00 n Cards/Games 6:00 pm	3O Aquafit 9:30 am Cards/Games 6:00 pm	1	2
3	4	$\begin{tabular}{ c c c c c c c c c c c c c c c c c c c$	6 7 13 14 3 4 20 21 10 11 27 28 17 18	May 2020 T W T F S 5 6 7 8 9 12 13 14 15 16 19 20 21 22 23 26 27 28 29 30	All Activities Held in (Area EXCEPT: Green = Resource Red = Off Site Acti	Room/Office

FLING

May, 2020 www.thehighlandsinc.com

520-297-2722

MAY EVENTS

ALL SOCIAL EVENTS

ARE CANCELLED UNTIL

FURTHER NOTICE

PLEASE SIGN UP!

FROM THE MONDAY & THURSDAY EXERCISE GROUP

The Monday and Thursday Exercise Group sessions ended as of April 16. Thanks to all of you who attended and we look forward to seeing you again in the fall. Have a safe and happy summer!

DID YOU KNOW?

Did you know that it is every homeowner's responsibility to have some general knowledge of the CC&Rs? For example, you must submit a written request for any and all changes to the outside of your property; you cannot have clotheslines on your property (all clothes drying is to be done on the lines provided near the Clubhouse); all property must be kept clean and maintained (this includes free from weeds. unsightly items in your carport, etc).

COMPLIANCE REQUEST

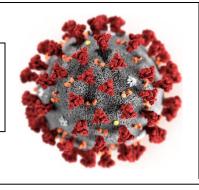
We know this has been a dreadful year for weeds and grass in the Highlands, but we're asking that everyone

PLEASE keep your vards. carports and surrounding areas in respectable condition. We also know that there are a few homes which are extremely overgrown, and we are doing everything in our power to get these yards cleaned up. If your neighbor has some health issues or can't get out, perhaps you could offer to help them with their yards. We appreciate everyone who has spent countless hours and dollars keeping their yards and surrounding areas in good shape. Thanks from your Compliance Directors.

PLEASE REPORT SPEEDERS!!

The speed limit in The Highlands is 15 miles per hour for a reason. Many of our residents are disabled, using walkers, wheel chairs, bicycles, etc. We have an agreement with Oro Valley Police to issue citations to speeders, so please call (520) 229-4933 and report the license number. location. date and time of the incident. I personally see someone speeding every day. It is easy to tell the difference between 15 MPH and 40+ MPH.

Stay 6 feet apart



HIGHLANDS' STATEMENTS

In the past, we only sent statements to members who were behind on their payments. This year, the state of Arizona enacted a new law requiring us to send all members a quarterly statement. Don't forget, a zero balance on your statement indicates we show you as "currently paid in full". A helpful tip for reading your statement: If your balance shows a negative number, congratulations! Your account has a credit.



THANKS FOR THE MASKS!

The Highlands' Quilters have been busy making masks to help protect from the virus. Elizabeth Hinds made over 200...then gave them out to the Neighborhood Watch Group and donated to places in need. The rest of the group have also donated to those in need. **PLEASE NOTE:** If you have caregivers coming into your home, be sure they wear a mask. They have visited other homes and could be carrying the virus.

REMINDER

Beginning May 1, the Fling will be available for pick-up and on the website. Since both the Clubhouse and Resource Room are closed, please pick up copies in the laundry room or outside the office.

ROSIE'S BEST EVER RUM CAKE

or 2 Quarts Rum
 Cup Butter
 Tsp. Sugar
 Large Egg
 Cup Dried Fruit
 Lemon Juice
 Brown Sugar
 Baking Powder

Before you start, sample the rum to check for quality (good isn't it?). Now go ahead. Select a large mixing bowl, measuring cup, etc. Check the rum again, it must be just right. To be sure of the highest quality, pour 1 level cup of rum into a glass and drink it as fast as you can. Repeat.

Beat 1 cup of better in a large fluffy bowl. Add seaspoon of thugar and beat again. Meanwhile, try another cup of rum. Open second quart if necessary. Add 2 large leggs, 2 cups fried druit and beat till high. If druit gets stuck in beaters, pry loose with a drewscriver. Sample rum again checking for tonscisticity.

Sift 3 cups pepper or salt (it doesn't matter which). Sample the rum again. Sift ½ pint of lemon juice. Fold in chipped butter and strained nuts. Add 1 babblespoon of brown thugar (or whatever color you can find). Wix mell. Grease oven and turn cake pan to 350 gredees. Now pour the mess into the coven and ake. Check the rum again and go to bed.



CARDS SENT

Marilyn Staley reported there were no cards sent during the past month. She hopes everyone stays well and safe!

NOTE: If you know of someone who should receive a card, please call Marilyn at (520) 484-8532.

The deadline for Fling articles is the 20th of each month. Information should be sent to Carol Nadeau at cboydna@ aol.com

MAY 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
] Aquafit 9:30 am Social Hour 4:00 pm Cards/Games 6:00 pm	2 Aquafit 9:30 am
3	4 Aquafit 9:30 am Hand & Foot 1:00 pm Crafts 1:30 pm Needlecrafts 1:30 pm Ping Pong 7:00 pm	5 Cinco de Mayo Coffee 8:00 am Aquafit 9:30 am Hand & Foot 1:00 pm	6 Aquafit 9:30 am Cards/Games 6:00 pm	7 Aquafit 9:30 am Cards/Games 6:00 pm	8 Aquafit 9:30 am Social Hour 4:00 pm Cards/Games 6:00 pm	9 Kaffeeklatsch 9:00 am Aquafit 9:30 am
1 O Mother's Day If you can't visit her, please call your Mom	Aquafit 9:30 am Hand & Foot 1:00 pm Crafts 1:30 pm Needlecrafts 1:30 pm Ping Pong 7:00 pm	12 Coffee 8:00 am Aquafit 9:30 am Hand & Foot 1:00 pm Potluck 5:30 pm	13 Men's Breakfast 8:00 am Aquafit 9:30 am Cards/Games 6:00 pm] 4 Aquafit 9:30 am Cards/Games 6:00 pm	15 Aquafit 9:30 am Social Hour 4:00 pm Cards/Games 6:00 pm	1 6 Armed Forces Day Aquafit 9:30 am
17	18 Aquafit 9:30 am Hand & Foot 1:00 pm Crafts 1:30 pm Needlecrafts 1:30 pm Ping Pong 7:00 pm	19 Coffee 8:00 am Internat'l Lunch 12 N Aquafit 9:30 am Hand & Foot 1:00 pm	2O Aquafit 9:30 am Cards/Games 6:00 pm	21 Aquafit 9:30 am Cards/Games 6:00 pm	22 Aquafit 9:30 am Social Hour 4:00 pm Cards/Games 6:00 pm	23 Kaffeeklatsch 9:00 am Aquafit 9:30 am
24	25 Memorial Day Aquafit 9:30 am Hand & Foot 1:00 pm Crafts 1:30 pm Needlecrafts 1:30 pm Ping Pong 7:00 pm	26 Coffee 8:00 am Aquafit 9:30 am Hand & Foot 1:00 pm	27 Ladies Lunch 12 noon Aquafit 9:30 am Cards/Games 6:00 pm	28 Aquafit 9:30 am Cards/Games 6:00 pm	29 Aquafit 9:30 am Social Hour 4:00 pm Cards/Games 6:00 pm *No Trash Today	3O Aquafit 9:30 am
31 Pentecost		12 13 14 15 16 19 20 21 22 23 26 27 28 29 30	24 25 21 22 28 29	2 3 4 5 6 9 10 11 12 13 16 17 18 19 20 23 24 25 26 27 30	All Activities Held in Area EXCEPT: Green = Resource Red = Off Site Act *Trash pickup on	Room/Office ivity Saturday due to Day Holiday

TENTATIVE schedule only--ALL events subject to lifting of COVID-19 restrictions/closures

FLING

June, 2020 www.thehighlandsinc.com

520-297-2722

JUNE EVENTS

ALL SOCIAL EVENTS

ARE CANCELLED UNTIL

FURTHER NOTICE

PLEASE SIGN UP!

EMERGENCY MEETING HELD BY BOARD

Don't

forget

your mask!

On May 22, the Highlands' Board of Directors held an emergency meeting by e-mail to discuss how to open the pool for member use. The minutes of this meeting will be posted on the bulletin boards and on the website.

WELCOME NEW RESIDENTS

We have been trying to welcome all new residents during the winter months so that winter visitors will see the article. The following people have moved into The Highlands since the February notice: *Liza & Leonard Beyer

232 Weisshorn *Alicia Gatti 301 Adirondack *Donna Fritz 134 Matterhorn *Richard Vertel 10730 Mont Blanc *William & Mary Lee Vincent 110 Olympus *Roger & Arlene Pelton 40 Matterhorn *Robert Wallace & Kathleen Kouzmanoff 10761 Highlands *Heidi Straub 301 Andes WELCOME!!

CARDS SENT

Marilyn Staley reported the following cards were sent during late April and early May: *Eila Waterland - sympathy for the loss of her daughter *Family of Frank Slezak Sympathy for loss *Family of Marita Hufnagl Sympathy for loss *Phoebe Hart - get well

NOTE: If you know of someone who should receive a card, please call Marilyn at (520) 484-8532.

IN MEMORIAM

Frank Slezak Marita Hufnagl

Note: Marita Hufnagl passed away at Catalina Springs Memory Care, where she had been living since leaving The Highlands. Marita's family is planning to place a fountain in the courtyard in her memory. If you would like to send a donation, please make the check payable to Catalina Springs Memory Care, indicate "Courtyard Fountain" in the "memo" area and send to the following address:

9685 N Oracle Road Oro Valley, AZ 85740 Thank you from the family of Marita.

JUNE 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Aquafit 9:30 am Hand & Foot 1:00 pm Crafts 1:30 pm Needlecrafts 1:30 pm Ping Pong 7:00 pm	2 Coffee 8:00 am Aquafit 9:30 am Hand & Foot 1:00 pm	3 Aquafit 9:30 am Cards/Games 6:00 pm	4 Aquafit 9:30 am Cards/Games 6:00 pm	5 Aquafit 9:30 am Social Hour 4:00 pm Cards/Games 6:00 pm	ර Aquafit 9:30 am
7	8 Aquafit 9:30 am Hand & Foot 1:00 pm Crafts 1:30 pm Needlecrafts 1:30 pm Ping Pong 7:00 pm	9 Coffee 8:00 am Aquafit 9:30 am Hand & Foot 1:00 pm Potluck 5:30 pm	1 () Men's Breakfast 8:00 am Aquafit 9:30 am Cards/Games 6:00 pm]] Aquafit 9:30 am Cards/Games 6:00 pm	12 Aquafit 9:30 am Social Hour 4:00 pm Cards/Games 6:00 pm	13 Kaffeeklatsch 9:00 am Aquafit 9:30 am
14 Flag Day	15 Aquafit 9:30 am Hand & Foot 1:00 pm Crafts 1:30 pm Needlecrafts 1:30 pm Ping Pong 7:00 pm	1.6 Coffee 8:00 am Internat'l Lunch 12 N Aquafit 9:30 am Hand & Foot 1:00 pm]7 Aquafit 9:30 am Cards/Games 6:00 pm	18 Aquafit 9:30 am Cards/Games 6:00 pm] 9 Aquafit 9:30 am Social Hour 4:00 pm Cards/Games 6:00 pm	20 June Solstice (GMT) Aquafit 9:30 am
2] Father's Day	22 Aquafit 9:30 am Hand & Foot 1:00 pm Crafts 1:30 pm Needlecrafts 1:30 pm Ping Pong 7:00 pm	23 Coffee 8:00 am Aquafit 9:30 am Hand & Foot 1:00 pm	24 Ladies Lunch 12 noon Aquafit 9:30 am Cards/Games 6:00 pm	25 Aquafit 9:30 am Cards/Games 6:00 pm	26 Aquafit 9:30 am Social Hour 4:00 pm Cards/Games 6:00 pm	27 Kaffeeklatsch 9:00 am Aquafit 9:30 am
28	29 Aquafit 9:30 am Hand & Foot 1:00 pm Crafts 1:30 pm Needlecrafts 1:30 pm Ping Pong 7:00 pm	3O Coffee 8:00 am Aquafit 9:30 am Hand & Foot 1:00 pm				
5	6	May 2020 <u>S</u> M T W T 3 4 5 6 7 10 11 12 13 14 17 18 19 20 21 2 24 25 26 27 28 2 31		1 2 3 4 7 8 9 10 11		Room/Office

TENTATIVE schedule only--ALL events subject to lifting of COVID-19 restrictions/closures

FLING

July, 2020 www.thehighlandsinc.com

520-297-2722

JULY EVENTS

ALL SOCIAL EVENTS

ARE CANCELLED UNTIL

FURTHER NOTICE

PLEASE SIGN UP!

SAVE THE HUMMINGBIRDS!

Don't

forget

your mask!

Many of us in The Highlands enjoy feeding and watching the hummingbirds. Please remember to change the food every day when it is so hot. If you are going to leave town, take the feeders down while you're gone. Thanks.



Joe Termes

PAGE 2 -

Read the Pandemic Letter

CARDS SENT

Marilyn Staley reported the following cards were sent during late May and early June:

- *Anna Pufahl get well
- *Eugene Malik get well
- *Anita Coffey get well
- *DeDe Venott get well
- *Bud Bates get well
- *Phoebe Hart get well
- *Lacy Termes sympathy

NOTE: If you know of someone who should receive a card, please call Marilyn at (520) 484-8532.

A NOTE OF THANKS

I want to thank everyone who participates in the Thursday Night Wellness Parade. We even made KGUN 9 News on May 7 and 8. You can see the TV clip on "The Highlands of Oro Valley" social committee Facebook page. Sometimes we hand out candy; sometimes we receive candy (thank you Randy). One resident named us "Electro-glide Roadsters". Hope we keep up the good work and stay safe! **Cindy Bennett** Social Committee Chair

From: Highlands Board of Directors To: Highlands Membership Date: 6/30/2020 Subject: Highlands Pool Status Update

When the COVID-19 Pandemic broke out, closing the pool and clubhouse was considered by the board. After several weeks, COVID-19 began to spread rapidly throughout the country and some states began to put social distancing into required practice. The CDC began to issue protocols to help curb the spread of the virus.

Shortly after that, the governor of Arizona issued a shut down order for all non-essential businesses throughout the State. This included all public and semi-public swimming pools until further notice. CDC guidelines were put into effect and compliance was expected. Gatherings of ten people or more was prohibited and Social Distancing became mandatory.

At that time, the Highlands Board of Directors made the decision to close the pool and clubhouse to follow the Governor's directive and better safeguard the Highlands Community. They were to remain in force until further directives were issued by the Governor, the City of Oro Valley and Pima County.

The pool and clubhouse remained closed until the Governor made the statement pools could be reopened. On May 20th the Governor said, pools could be re-opened However Oro Valley remained closed until June 1st. The Board had an executive meeting on the 22nd of May about re-opening the pool and clubhouse. A committee was formed and met to obtain more information.

Signs, sanitization materials, equipment and cleaning protocols needed according to CDC, City and County recommendations were discussed and acted upon.

Signage was designed and ordered while sanitization dispensers, paper towels spray bottles, etc. were procured and put in place prior to opening the pool and clubhouse. Some items were unavailable due to high demand or had long lead times which resulted in delays in getting the pool and clubhouse ready for opening.

It was a lengthy process getting everything ready for the opening and it was accomplished on June 6th. Contrary to negative rumors being spread about the Highlands community that the Board was ineffective and nonproductive the pool and clubhouse were opened in a safe and timely manner.

The Board has worked tirelessly at making sure the pool and clubhouse were brought up to current expectations of the various governmental institutions and done so with community safety and wellbeing in mind.

In closing, we would like to point out that additional posted rules and regulations along with Social Distancing are required at the pool and clubhouse for the safety of the individual as well as the community. COVID-19 is serious and it will take everyone being cooperative and vigilant to keep us all safe.

In the short time the pool has been opened, we have already had problems with those that refuse to comply. Social Distancing was not followed, more than one person was in the hot tub, and children were swimming in the pool along with their dog. This is unacceptable behavior and it puts us all at risk.

Please be considerate, follow the posted rules, and sanitize after yourself. Thank You.

JULY 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
] Aquafit 9:30 am Cards/Games 6:00 pm	2 Aquafit 9:00 am Cards/Games 6:00 pm	3 Aquafit 9:00 am Social Hour 4:00 pm Cards/Games 6:00 pm	4 Independence Day Aquafit 9:00 am
5	6 Aquafit 9:00 am Hand & Foot 1:00 pm Crafts 1:30 pm Needlecrafts 1:30 pm Ping Pong 7:00 pm	7 Coffee 8:00 am Aquafit 9:00 am Hand & Foot 1:00 pm	8 Men's Breakfast 8:00 am Aquafit 9:30 am Cards/Games 6:00 pm	9 Aquafit 9:00 am Cards/Games 6:00 pm	1 () Aquafit 9:00 am Social Hour 4:00 pm Cards/Games 6:00 pm]] Kaffeeklatsch 9:00 am Aquafit 9:00 am
12	13 Aquafit 9:00 am Hand & Foot 1:00 pm Crafts 1:30 pm Needlecrafts 1:30 pm Ping Pong 7:00 pm] 4 Coffee 8:00 am Aquafit 9:00 am Hand & Foot 1:00 pm Potluck 5:30 pm] 5 Aquafit 9:30 am Cards/Games 6:00 pm	16 Aquafit 9:00 am Cards/Games 6:00 pm)7 Aquafit 9:00 am Social Hour 4:00 pm Cards/Games 6:00 pm	18 Aquafit 9:00 am
19	20 Aquafit 9:00 am Hand & Foot 1:00 pm Crafts 1:30 pm Needlecrafts 1:30 pm Ping Pong 7:00 pm	21 Coffee 8:00 am Internat'l Lunch 12 N Aquafit 9:00 am Hand & Foot 1:00 pm	22 Ladies Lunch 12 noon Aquafit 9:30 am Cards/Games 6:00 pm	23 Aquafit 9:00 am Cards/Games 6:00 pm	24 Aquafit 9:00 am Social Hour 4:00 pm Cards/Games 6:00 pm	25 Kaffeeklatsch 9:00 am Aquafit 9:00 am
26 Parents' Day	27 Aquafit 9:00 am Hand & Foot 1:00 pm Crafts 1:30 pm Needlecrafts 1:30 pm Ping Pong 7:00 pm	28 Coffee 8:00 am Aquafit 9:00 am Hand & Foot 1:00 pm	29 Aquafit 9:30 am Cards/Games 6:00 pm	3O Aquafit 9:00 am Cards/Games 6:00 pm	31 Aquafit 9:00 am Social Hour 4:00 pm Cards/Games 6:00 pm	
		June 2020 S M T W T 1 2 3 4 7 8 9 10 11 14 15 16 17 18 21 22 23 24 25 28 29 30 30	F S M 5 6 - - 12 13 2 3 19 20 9 10 26 27 16 17	August 2020 T W T F S 1 4 5 6 7 8 11 12 13 14 15 18 19 20 21 22 25 26 27 28 29	All Activities Held in Area EXCEPT: Green = Resource Red = Off Site Acti	Room/Office

TENTATIVE schedule only--ALL events subject to lifting of COVID-19 restrictions/closures

FLING

August, 2020 www.thehighlandsinc.com

520-297-2722

AUGUST EVENTS

ALL SOCIAL EVENTS

ARE CANCELLED UNTIL

FURTHER NOTICE

DID YOU KNOW?

Don't

forget

your mask!

Just a reminder that we are required to get approval from the Board of Directors for any changes made outside our homes. The required form is in a box to the left of the office door. Instructions are on the form.



Joe Carder

NOTICE

The Highlands sent quarterly statements to homeowners in July. Please remember that if your "Amount Due" is in (parenthesis) or has a minus (-) in front of it, you currently have a credit balance and no payment is required.

CARDS SENT

Marilyn Staley reported the following cards were sent during late May and early June:

- *Louise Adams get well
- *Lucy Phelan get well
- *Bud Bates get well
- *Anita Lee get well
- *Kathy Zeleznik get well
- *Bernie Lee get well

NOTE: If you know of someone who should receive a card, please call Marilyn at (520) 484-8532.

LADIES' LUNCHEON

The ladies are planning to hold their luncheon on August 19, at Charred Pie, 12125 North Oracle Road, Oro Valley Marketplace. We will leave the Clubhouse at 11:35. Please contact Kathy Zeleznik at (440) 821-5591 with any questions.

PLEASE SIGN UP!

AUGUST 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
] Aquafit 9:00 am
2	3 Aquafit 9:00 am Hand & Foot 1:00 pm Crafts 1:30 pm Needlecrafts 1:30 pm Ping Pong 7:00 pm	4 Coffee 8:00 am Aquafit 9:00 am Hand & Foot 1:00 pm	5 Aquafit 9:30 am Cards/Games 6:00 pm	6 Aquafit 9:00 am Cards/Games 6:00 pm	7 Aquafit 9:00 am Social Hour 4:00 pm Cards/Games 6:00 pm	8 Kaffeeklatsch 9:00 am Aquafit 9:00 am
9	1 () Aquafit 9:00 am Hand & Foot 1:00 pm Crafts 1:30 pm Needlecrafts 1:30 pm Ping Pong 7:00 pm]] Coffee 8:00 am Aquafit 9:00 am Hand & Foot 1:00 pm Potluck 5:30 pm	12 Men's Breakfast 8:00 am Aquafit 9:30 am Cards/Games 6:00 pm	1 3 Aquafit 9:00 am Cards/Games 6:00 pm	│ 4 Aquafit 9:00 am Social Hour 4:00 pm Cards/Games 6:00 pm	15 Aquafit 9:00 am
16	17Aquafit 9:00 amHand & Foot 1:00 pmCrafts 1:30 pmNeedlecrafts 1:30 pmPing Pong 7:00 pm	18 Coffee 8:00 am Internat'l Lunch 12 N Aquafit 9:00 am Hand & Foot 1:00 pm	19 Aviation Day Ladies Lunch 12 noon Aquafit 9:30 am Cards/Games 6:00 pm	2O Aquafit 9:00 am Cards/Games 6:00 pm	21 Aquafit 9:00 am Social Hour 4:00 pm Cards/Games 6:00 pm	22 Kaffeeklatsch 9:00 am Aquafit 9:00 am
23	24 Aquafit 9:00 am Hand & Foot 1:00 pm Crafts 1:30 pm Needlecrafts 1:30 pm Ping Pong 7:00 pm	25 Coffee 8:00 am Aquafit 9:00 am Hand & Foot 1:00 pm	26 Aquafit 9:30 am Cards/Games 6:00 pm	27 Aquafit 9:00 am Cards/Games 6:00 pm	28 Aquafit 9:00 am Social Hour 4:00 pm Cards/Games 6:00 pm	29 Aquafit 9:00 am
30	3] Aquafit 9:00 am Hand & Foot 1:00 pm Crafts 1:30 pm Needlecrafts 1:30 pm Ping Pong 7:00 pm	12 13 14 15 16 19 20 21 22 23 26 27 28 29 30	F S M 3 4 - 10 11 6 7 17 18 13 14 24 25 20 21 31 27 28	1 2 3 4 5 8 9 10 11 12 15 16 17 18 19 22 23 24 25 26 29 30	All Activities Held in Area EXCEPT: Green = Resource Red = Off Site Act	Room/Office ivity

TENTATIVE schedule only--ALL events subject to lifting of COVID-19 restrictions/closures

FLING

September, 2020 www.thehighlandsinc.com

520-297-2722

Social distance, please

SEPTEMBER EVENTS

ALL SOCIAL EVENTS

ARE CANCELLED UNTIL

FURTHER NOTICE

DID YOU KNOW?

Just a reminder that we are required to get approval from the Board of Directors for any changes made outside our homes. The required form is in a box to the left of the office door. Instructions are on the form.

NOTE OF THANKS

Thank you all so much for your generous gifts, warm friendship, support, prayers and love.

Anita Lee

CARDS SENT

Marilyn Staley reported the following cards were recently sent:

- *Harold Haas get well
- *Steve Johnson sympathy for the loss of his mother Virginia Johnson

NOTE: If you know of someone who should receive a card, please call Marilyn at (520) 484-8532.

Please don't forget your mask! Us older folks are trying to stay safe!!

PLEASE SIGN UP!

SEPTEMBER 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
] Coffee 8:00 am Aquafit 9:00 am Hand & Foot 1:00 pm	2 Aquafit 9:30 am Cards/Games 6:00 pm	3 Aquafit 9:00 am Cards/Games 6:00 pm	4 Aquafit 9:00 am Social Hour 4:00 pm Cards/Games 6:00 pm	5 Aquafit 9:00 am
6	7 Labor Day Aquafit 9:00 am Hand & Foot 1:00 pm Crafts 1:30 pm Needlecrafts 1:30 pm Ping Pong 7:00 pm	8 Coffee 8:00 am Aquafit 9:00 am Hand & Foot 1:00 pm Potluck 5:30 pm	9 Men's Breakfast 8:00 am Aquafit 9:30 am Cards/Games 6:00 pm	1 () Aquafit 9:00 am Cards/Games 6:00 pm]] Patriot Day Aquafit 9:00 am Social Hour 4:00 pm Cards/Games 6:00 pm	12 Kaffeeklatsch 9:00 am Aquafit 9:00 am
13 Grandparents Day	1 4 Aquafit 9:00 am Hand & Foot 1:00 pm Crafts 1:30 pm Needlecrafts 1:30 pm Ping Pong 7:00 pm	15 Coffee 8:00 am Internat'l Lunch 12 N Aquafit 9:00 am Hand & Foot 1:00 pm	1] 7 Constitution Day Aquafit 9:00 am Cards/Games 6:00 pm	18 Aquafit 9:00 am Social Hour 4:00 pm Cards/Games 6:00 pm] 9 Rosh Hashanah Aquafit 9:00 am
20	21 Aquafit 9:00 am Hand & Foot 1:00 pm Crafts 1:30 pm Needlecrafts 1:30 pm Ping Pong 7:00 pm	22 Autumnal equinox (GMT) Coffee 8:00 am Aquafit 9:00 am Hand & Foot 1:00 pm	23 Ladies Lunch 12 noon Aquafit 9:30 am Cards/Games 6:00 pm	24 Aquafit 9:00 am Cards/Games 6:00 pm	25 Aquafit 9:00 am Social Hour 4:00 pm Cards/Games 6:00 pm	26 Kaffeeklatsch 9:00 am Aquafit 9:00 am
27	28 Yom Kippur Aquafit 9:00 am Hand & Foot 1:00 pm Crafts 1:30 pm Needlecrafts 1:30 pm Ping Pong 7:00 pm	29 Coffee 8:00 am Aquafit 9:00 am Hand & Foot 1:00 pm	3O Aquafit 9:30 am Cards/Games 6:00 pm			
		August 2020 S M T W T 2 3 4 5 6 9 10 11 12 13 16 17 18 19 20 2 23 24 25 26 27 2 30 31	F S M 1 7 8 4 5 14 15 11 12 21 22 18 19	1 2 3 6 7 8 9 10	All Activities Held in Area EXCEPT: Green = Resource Red = Off Site Acti	Room/Office

TENTATIVE schedule only--ALL events subject to lifting of COVID-19 restrictions/closures

FLING

October, 2020 www.thehighlandsinc.com

520-297-2722

OCTOBER EVENTS

Fri, Oct 16 Social Comm - 9:00 am

Wed, Oct 21 Open Board Mtg - 10:00 am

Wed, Oct 28 Ladies Lunch - 12:00 Noon

Thur, Oct 29 Gourd Class 1:00 - 4:00 pm

PLEASE WEAR A MASK

MANY SOCIAL EVENTS

ARE CANCELLED UNTIL

FURTHER NOTICE

PLEASE SIGN UP!

URGENT

Does the office know where to reach you in case of an emergency? Where should we send your ballot for the February election?

We will be sending out ballots and updating the community directory in the near future. If you are a renter, we are happy to include your contact information in the directory at your request.

Please let the office know your wishes as soon as possible. Just drop a note with the information in the slot at the office. Thank you.

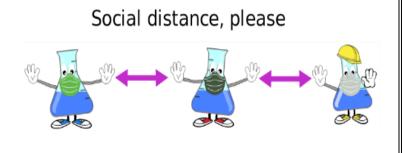
IT'S NOT TOO EARLY!

Our annual election isn't until February, 2021, but it's not too early to think about running for a Board position. Three Board members' terms expire in February...Craig Bennett, Linc Keilman and Bill Bohrer. Craig has not announced a decision to run or not run for re-election; Linc will not run for re-election; Bill has fulfilled the two term limit meaning he cannot run for reelection. During the early onset of COVID-19

restrictions, several residents voiced their opinions that "this Board is out of control", so this is your opportunity to put your words into action. The pay is...OOpppps, sorry folks this is a volunteer job, but the satisfaction of keeping The Highlands a wonderful place to live is priceless! Notify a Board member or the office of your intention to run for election. write a resume with your personal information and reason for running, turn it into the office by December 1, and we'll get your name on the ballot.

FROM THE MAINTENANCE DEPARTMENT

If you are a dog owner, please be respectful of the common grounds of The Highlands and clean up after your animal. **DO NOT use the common area trash cans to dispose of dog waste**. Stop it immediately and put it in your own trash. Having a dog here is a privilege and should be treated as such. We are not here to clean up after residents or your animals.



HIGHLANDS LIBRARY

Thank you Jane Force for many years of service as the Highlands' Librarian. Welcome Louisa Sadler who will be taking over the function. If you are interested in helping, please contact Louisa at (520) 343-9248.

LADIES' LUNCHEON

The ladies are planning to hold a luncheon on October 28, at The Parish Restaurant, 6453 N Oracle Road.

Please either sign up or call Kathy Zeleznik at (440) 821-5591 to let her know you will be attending. If she doesn't answer, leave a message.

TUESDAY COFFEE

The Tuesday Coffee group will begin meeting again starting October 6. The group meets at 8:00 a.m. in the Clubhouse. All are welcome.

Greeting Cards

CARDS SENT

Marilyn Staley reported the following cards were recently sent:

*Cindy Bennett - get well *Gail Franklin - get well

*Kathy Zeleznik - get well

*Kathy Reagan - get well

*Anita Coffey - get well

NOTE: If you know of someone who should receive a card, please call Marilyn at (520) 484-8532.

FROM THE NEIGHBORHOOD WATCH PATROL

Please watch out for rattlesnakes, especially when you are taking your evening walk. This is the time of year when snakes are seeking warmth on the cement and asphalt as the nights get cooler. Also, look before you leap into the swimming pool. Rattlesnakes have been known to skim over the surface of the water!!

We've also observed several raccoons in the community recently. It's important that you don't put your trash out early. If you don't have a covered can, lightly spray the bags with ammonia or diluted bleach to help deter animals. You can also put moth balls around the garbage bags or in your cans. Don't do anything to attract hungry animals to our community.

SOCIAL COMMITTEE

The Social Committee will begin meeting monthly starting Friday, October 16, at 9:00 a.m. in the Clubhouse. This is your opportunity to present your ideas for upcoming events or entertainment.

The deadline for Fling articles is the 20th of each month. Please send information to Carol Nadeau at cboydna@ aol.com

OCTOBER 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
] Aquafit 10:00 am Cards/Games 6:00 pm	2 Aquafit 10:00 am Cards/Games 6:00 pm	З Aquafit 10:00 am
4	5 Aquafit 10:00 am Hand & Foot 1:00 pm Crafts 1:30 pm Needlecrafts 1:30 pm Ping Pong 7:00 pm	6 Coffee 8:00 am Aquafit 10:00 am Hand & Foot 1:00 pm	7 Aquafit 10:00 am Cards/Games 6:00 pm	8 Aquafit 10:00 am Cards/Games 6:00 pm	9 Aquafit 10:00 am Cards/Games 6:00 pm	1 O Aquafit 10:00 am
11	12 Columbus Day Aquafit 10:00 am Hand & Foot 1:00 pm Crafts 1:30 pm Needlecrafts 1:30 pm Ping Pong 7:00 pm	13 Coffee 8:00 am Aquafit 10:00 am Hand & Foot 1:00 pm	│ 4 <mark>Men's Breakfast 8:00 am</mark> Aquafit 10:00 am Cards/Games 6:00 pm	1 5 Aquafit 10:00 am Cards/Games 6:00 pm	│	17 Sweetest Day Aquafit 10:00 am
18	19 Aquafit 10:00 am Hand & Foot 1:00 pm Crafts 1:30 pm Needlecrafts 1:30 pm Ping Pong 7:00 pm	20 Coffee 8:00 am Internat'l Lunch 12 N Aquafit 10:00 am Hand & Foot 1:00 pm	2 Aquafit 10:00 am Open Bd Mtg 10:00 am** Cards/Games 6:00 pm	22 Aquafit 10:00 am Cards/Games 6:00 pm	23 Aquafit 10:00 am Cards/Games 6:00 pm	24 United Nations Day Kaffeeklatsch 9:00 am Aquafit 10:00 am
25	26 Aquafit 10:00 am Hand & Foot 1:00 pm Crafts 1:30 pm Needlecrafts 1:30 pm Ping Pong 7:00 pm	27 Coffee 8:00 am Aquafit 10:00 am Hand & Foot 1:00 pm	28 Ladies Lunch 12 noon Aquafit 10:00 am Cards/Games 6:00 pm	29 Aquafit 10:00 am Gourd Class 1:00 pm Cards/Games 6:00 pm	3O Aquafit 10:00 am Cards/Games 6:00 pm	3] Halloween Aquafit 10:00 am
		September 202 S M T W T 1 2 3 6 7 8 9 10 13 14 15 16 17 20 21 22 23 24 27 28 29 30 30 30	F S M 4 5 1 2 11 12 8 9 18 19 15 16	3 4 5 6 7 10 11 12 13 14 17 18 19 20 21 24 25 26 27 28	All Activities Held in Area EXCEPT: Green = Resource Red = Off Site Acti **BE SURE TO WE	Room/Office ivity

FLING

November, 2020 www.thehighlandsinc.com

520-297-2722

NOVEMBER EVENTS

Wed, Nov 18 Open Board Mtg - 10:00 am

Fri, Nov 20 Social Comm - 9:00 am

PLEASE WEAR A MASK

MANY SOCIAL EVENTS

ARE CANCELLED UNTIL

FURTHER NOTICE

PLEASE SIGN UP!

URGENT

Does the office know where to reach you in case of an emergency? Where should we send your ballot for the February election?

We will be sending out ballots and updating the community directory in the near future. If you are a renter, we are happy to include your contact information in the directory at your request.

Please let the office know your wishes as soon as possible. Just drop a note with the information in the slot at the office. Thank you.

ATTENTION DOG OWNERS

Neither you nor your dog is allowed on anyone's private property unless invited. Some residents are afraid of dogs, allergic to dogs or just don't like dogs. Our community has a "no pets" policy; however, federal law states that we must allow service, emotional and assistance animals. Most animals remain inside a home and don't infringe on the rights of others. Dogs have to be walked and thus can cause issues. Please respect your neighbors by keeping your dog off private property.

RIVERFRONT YOGA

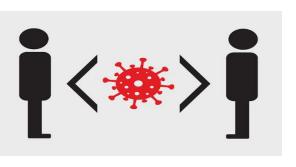
You are invited to join Susan Weber for an all levels yoga class at Riverfront Park on Tuesdays and Thursdays beginning November 3 at 9:00 a.m. The class will last for one hour and you will feel refreshed, energized, and stronger, yet relaxed!

Bring a mat or big towel and meet at the picnic table area to sign in. We will do the class in an adjacent flat area. Donations are accepted. I have taught chair yoga at the Highlands and hope to begin again soon. Questions should be directed to Susan at (505) 927-4216 or susankweber@ icloud.com.



Spike McMurtrie Mina Natzmer*

*Note: Mina Natzmer, a longtime resident of The Highlands, passed away on September 26, 2020. Her family has decided to purchase a 'matching' bench to be placed next to her husband's below the American Flag. If



you would like to make a donation "in memory of Mina", please send your check to Dawn Curtis, 1210 Shevchenko Drive, Ann Arbor, Michigan 48103, and note Natzmer Bench in the memo line. Thank you for all the love and friendship you have shared with our Aunt over the years. Take care and stay healthy!

The Family of Mina Natzmer

SOCIAL COMMITTEE

The Social Committee meets on the 3rd Friday of each month at 9:00 a.m. in the Clubhouse. All are welcome. This is your opportunity to present your ideas for upcoming events or entertainment.

In October, we agreed that it is still too soon to hold social events inside. So no Saturday Kaffeeklatsch, Potluck, etc. until further notice.

WELCOME NEW RESIDENTS!

Christine Fargo 133 W Vesuvius Lela & William Krohn 232 W Andes Walter Krauz 301 W Matterhorn Kathleen Hurlburt 325 W Shenandoah Stanley & Robin Tenpenny 10725 N Kilimanjaro

IT'S NOT TOO EARLY!

Our annual election isn't until February, 2021, but it's not too early to think about running for a Board position. This is your opportunity to help keep The Highlands a wonderful place to live! Notify a Board member or the office of your intention to run for election, write a resume with your personal information and reason for running, turn it into the office by December 1, and we'll get your name on the ballot.



CARDS SENT

Marilyn Staley reported the following cards were recently sent:

*Paul Gerleman - get well *Joann Lieder - get well - two cards sent 10/5, 10/19

*Ron Baumbach - get well

*Anita Lee - thinking of you

NOTE: If you know of someone who should receive a card, please call Marilyn at (520) 484-8532.

The deadline for Fling articles is the 20th of each month. Please send information to Carol Nadeau at cboydna@ aol.com

NOVEMBER 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Daylight Saving	2 Aquafit 10:00 am Hand & Foot 1:00 pm Crafts 1:30 pm Ping Pong 7:00 pm	3 Riverfront Yoga 9:00 am Aquafit 10:00 am Hand & Foot 1:00 pm	4 Aquafit 10:00 am Cards/Games 6:00 pm	5 Riverfront Yoga 9:00 am Aquafit 10:00 am Cards/Games 6:00 pm	ර Aquafit 10:00 am Cards/Games 6:00 pm	7 Aquafit 10:00 am
8	9 Aquafit 10:00 am Hand & Foot 1:00 pm Crafts 1:30 pm Ping Pong 7:00 pm	│ () Riverfront Yoga 9:00 am Aquafit 10:00 am Hand & Foot 1:00 pm]] Veterans Day Aquafit 10:00 am Cards/Games 6:00 pm	12 Riverfront Yoga 9:00 am Aquafit 10:00 am Cards/Games 6:00 pm	1 3 Aquafit 10:00 am Cards/Games 6:00 pm] 4 Aquafit 10:00 am
15	16 Aquafit 10:00 am Hand & Foot 1:00 pm Crafts 1:30 pm Ping Pong 7:00 pm)7 <mark>Riverfront Yoga 9:00 am</mark> Aquafit 10:00 am Hand & Foot 1:00 pm	18 Aquafit 10:00 am Open Bd Mtg 10:00 am** Cards/Games 6:00 pm	19 Riverfront Yoga 9:00 am Aquafit 10:00 am Cards/Games 6:00 pm	2O Aquafit 10:00 am Social Comm 9:00 am** Cards/Games 6:00 pm	21 Aquafit 10:00 am
22	23 Aquafit 10:00 am Hand & Foot 1:00 pm Crafts 1:30 pm Ping Pong 7:00 pm	24 Riverfront Yoga 9:00 am Aquafit 10:00 am Hand & Foot 1:00 pm	25 Aquafit 10:00 am Cards/Games 6:00 pm	26 Thanksgiving Aquafit 10:00 am	27 Aquafit 10:00 am Cards/Games 6:00 pm	28 Aquafit 10:00 am
29	30 Aquafit 10:00 am Hand & Foot 1:00 pm Crafts 1:30 pm Ping Pong 7:00 pm				1	
		4 5 6 7 8	F S M 2 3 - 9 10 6 7 16 17 13 14 23 24 20 21	1 2 3 4 5	All Activities Held in Area EXCEPT: Green = Resource Red = Off Site Acti **BE SURE TO WE	Room/Office ivity

TENTATIVE schedule only--ALL events subject to lifting of COVID-19 restrictions/closures

FLING December, 2020 <u>www.thehighlandsinc.com</u>

520-297-2722

DECEMBER EVENTS

Sun, Dec 6 Christmas Parade - 4:00 pm

Thu, Dec 10 Holiday Market - 10:00 am

Wed, Dec 16 Open Board Mtg - 10:00 am

PLEASE WEAR A MASK

MANY SOCIAL EVENTS

ARE CANCELLED UNTIL

FURTHER NOTICE

PLEASE SIGN UP!

TIME IS RUNNING OUT!

Although our annual election isn't until February 5th, the ballots must go out no later than December 22nd and we need at least two weeks to print and prep the ballots for mailing. We're extending the deadline for submitting resumes to December 8th. We need at least three names to fill the three openings on the Board. If we don't get three names, openings can be filled by appointment, but that requires consent by the proposed appointees. If we don't fill the nine member Board, we may have to turn over our responsibilities to a management company which will raise our maintenance fees considerably. And...if you've heard any of the horror stories about management companies...'enuf said! Please consider running for the Board of Directors, write up a simple resume and submit it to the office or any Board member.

CHRISTMAS PARADE

Our Golf Cart Christmas Parade is scheduled for Sunday, December 6th. All are welcome; just decorate your golf cart, your bicycle, yourself, your car and join us. This year there will be no walkers in front so the parade will move a little faster. The parade will start at 4:15, so meet at the Clubhouse at 4:00. There will not be a party after the parade this year due to the Covid outbreak. We will also join the Wellness Parade on Thursdays...check the marquee for times. Call Bill Behrendsen at (916) 798-7733 with any questions.

HIGHLANDS' HOLIDAY MARKET

We are planning a Holiday Market on Thursday, December 10, 2020, from 10:00 a.m. to 2:00 p.m. The market will be located outside the Clubhouse and will be for our residents by our residents. It will not be advertised or open to the outside community. Come and support your friends and neighbors.

Artists and Crafters: If you are interested in participating, call Jeanie Weihl at (231) 981-2535 for more details and to reserve your spot.

FYI – PAINT WHEEL

The paint wheel containing approved colors for all outside homes and trim has been moved from the office carport bulletin board back to the Resource Room. Please consult this before planning outside painting. **Remember** to submit an Improvement Request form (available in the Resource Room) for **ANY** outside projects.

FROM THE NOVEMBER BOARD MEETING

Only 20 residents attended the meeting.

The Highlands' draft budgets for 2021 are available by email from the office, or you can stop by and pick up a copy.

The annual review status report for the Reserve Plan is available by email from the office, or you can stop by and pick up a copy.

The Board is looking for copies of minutes from old Board Meetings. If you have any available, please take them to the office. Georgia will make copies as necessary.

Nov and Dec Social Committee Meetings cancelled.

Repair of the pool is ongoing. Some issues were found which increased the original estimate.

Several changes were approved regarding spaces in the RV lot. The current policy is available in the office.

We don't know whether or not we will be able to hold the White Elephant Sale in 2021. The Board approved providing a dumpster during the week of Feb 22 to Feb 27 to allow residents to dispose of unwanted items.

SLOW DOWN!!

All residents are being asked to tell your guests and contractors to watch their speed. We have more residents walking and riding bikes and we need to keep them safe.

URGENT

Does the office know where to reach you in case of an emergency? Where should we send your ballot for the February election?

We will be sending out ballots and updating the community directory in the near future. If you are a renter, we are happy to include your contact information in the directory at your request.

Please let the office know your wishes as soon as possible. Just drop a note with the information in the slot at the office. Thank you.

CARDS

NOTE: If you know of someone who should receive a card, please call Marilyn Staley at (520) 484-8532.



Joe Termes

Some of you may not be aware that Joe passed away in June 2020.

The deadline for Fling articles is the 20th of each month. Please send information to Carol Nadeau at cboydna@ aol.com

DECEMBER 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
] Riverfront Yoga 9:00 am Aquafit 10:00 am Hand & Foot 1:00 pm	2 Aquafit 10:00 am Cards/Games 6:00 pm	3 Riverfront Yoga 9:00 am Aquafit 10:00 am Cards/Games 6:00 pm	4 Aquafit 10:00 am Cards/Games 6:00 pm	5 Aquafit 10:00 am
6 Christmas Parade 4:00 pm	7 Pearl Harbor Aquafit 10:00 am Hand & Foot 1:00 pm Crafts 1:30 pm Ping Pong 7:00 pm	8 Riverfront Yoga 9:00 am Aquafit 10:00 am Hand & Foot 1:00 pm	9 Aquafit 10:00 am Cards/Games 6:00 pm	O Hanukkah begins Riverfront Yoga 9:00 am Aquafit 10:00 am Holiday Market 10 am Cards/Games 6:00 pm]] Aquafit 10:00 am Cards/Games 6:00 pm	12 Aquafit 10:00 am
13] 4Aquafit 10:00 amHand & Foot 1:00 pmCrafts 1:30 pmPing Pong 7:00 pm	15 Riverfront Yoga 9:00 am Aquafit 10:00 am Hand & Foot 1:00 pm	1 G Aquafit 10:00 am Open Bd Mtg 10:00 am** Cards/Games 6:00 pm]フ <mark>Riverfront Yoga 9:00 am</mark> Aquafit 10:00 am Cards/Games 6:00 pm	18 Aquafit 10:00 am Cards/Games 6:00 pm	19 Aquafit 10:00 am
20	2] Dec. Solstice (GMT) Aquafit 10:00 am Hand & Foot 1:00 pm Crafts 1:30 pm Ping Pong 7:00 pm	22 Riverfront Yoga 9:00 am Aquafit 10:00 am Hand & Foot 1:00 pm	23 Aquafit 10:00 am Cards/Games 6:00 pm	24 Christmas Eve Riverfront Yoga 9:00 am Aquafit 10:00 am Cards/Games 6:00 pm	25 Christmas Day *No trash today	26 Kwanzaa begins Aquafit 10:00 am
27	28 Aquafit 10:00 am Hand & Foot 1:00 pm Crafts 1:30 pm Ping Pong 7:00 pm	29 Riverfront Yoga 9:00 am Aquafit 10:00 am Hand & Foot 1:00 pm	3O Aquafit 10:00 am Cards/Games 6:00 pm	3] New Year's Eve Riverfront Yoga 9:00 am Aquafit 10:00 am Cards/Games 6:00 pm		
3	4	November 2020 S M T W T 1 2 3 4 5 8 9 10 11 12 15 16 17 18 19 22 22 23 24 25 26 29 30 30 30 30 30 30	F S M 6 7 7 13 14 3 4 20 21 10 11 27 28 17 18 24 25 31	11 12 13 14 15 16 18 19 20 21 22 23 25 26 27 28 29 30		

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