### THE HIGHLANDS FLING

www.thehighlandsmhp.com

November 2024

520-297-2722



### **NOVEMBER EVENTS**

Sat.- Nov. 9<sup>th</sup>
Coffee Chat 9 am
Fall Craft Fair 10 am

Mon.- Nov.11th Book Club 10 am

Wed.- Nov. 13th Men's Breakfast 8 am

**Tue - Nov. 19th**Farewell to Lynne Jordan
1 pm

Wed.- Nov. 20th
Open Board Meeting
10 am

Sat.- Nov. 23rd Coffee Chat 9 am

Thurs.- Nov 28<sup>th</sup>
Thanksgiving Potluck
2:30

### NOVEMBER OPEN BOARD MEETING

Please submit agenda items to the office by Monday, Nov. 11th. Board meeting Nov.20th at 10:00 am. All welcome.

### BOARD OF DIRECTORS RESUMES NEEDED

The Highlands annual election will be held Friday, Feb. 7th, 2025. We are seeking 3 members to replace outgoing directors. Please email or drop resumes off at the office. Please call Sara Danville-Gelhaus 951-453-1035 kbgsld@sbcglobal.net or Rich Vertel 847-431-0232 with any questions that you may have.

### **MEN'S BREAKFAST**

The next men's breakfast will be on November 13th, 2024, at the Ole Mexican Grill located at 2080 W Orange Grove Rd. The sign-up sheet is located in the Clubhouse. Please sign up by Nov.11th, so that I may give the restaurant an accurate head count. See you on the 13th! Steve Horst

### **FALL CRAFT FAIR**

Come to the Clubhouse on Saturday, November 9, 10:00 am - 12:00 pm. Please make time to stop by and support your neighbors.

### NOVEMBER BIRTHDAYS

11/16 Barbara Scantlan 11/20 Kathy Garver 11/20 Kay Morgan 11/20 Dori Zelin 11/23 Diane Leigh 11/24 Yvonne Kuhlman 11/29 Donell Forest

11/29 Jan Hamilton

### MEMORIAL FOR LARRY CLOW

Open to the Highlands: there will be a Memorial service for Larry Clow at the Clubhouse. Saturday, December 7th at 1:30. Please come and help his family celebrate his life. Bring some stories/memories to share. We will take part in his favorite treat: ice cream sundaes.

### MEMORIAL FOR JAKE JACOBSON

Once a resident here with his wife Ann - and related to many of our current residents - Jake will be remembered for many kind things by many people.

A memorial service for Jake Jacobson will be Saturday, November 2 at 11:00 am at the Resurrection Lutheran Church in Oro Valley.

### **CRAFT CLASS**

CRAFTS ON MONDAY in the resource room at 1:00 November 18.

Come join us for our first craft class of the season! We will be making decorative crosses out of clothespins. Everything will be supplied. Please sign up in the clubhouse. Questions can be directed to:

Patti Triplett 520-887-4120 or

Sharon Dennis 360-708-7247 Cost is \$5



### FAREWELL TO LYNNE JORDAN

If you haven't already heard, our office personnel Lynne is leaving us. If you would like to say goodbye and tell her how much she will be missed, stop in the resource room on November 19, from 1:00 - 3:00 pm.

### HIGHLANDS BOOKCLUB

The Highlands Book Group meets the second Monday of the month at 10 a.m. in the Resource Room next to the office. We have a diverse group of readers, who appreciate some freedom in choosing books, so our selection rotation often includes a "reader's choice" discussion related to a general topic. For our November 11 conversation, participants will share a book related to ASIA. Possible examples include: fiction by an Asian author, a volume related to the war in Vietnam or Korea, history of the Silk Road, a cook-book of Thai food, or a selection of Japanese Fairy Tales. We will gather in the Resource Room on Monday. November 11 at 10a.m. All are welcome, no sign up needed.

### LIFESTYLE YOGA CLASSES

Lifestyle yoga classes
A gentle class for anyone
who prefers not to be down
on the floor. All yoga
postures will be done
seated or standing, using the
chair as a prop for support
and balance. The class will
be well-rounded with a
variety of stretches and
breathing techniques to help
you feel more flexible,
relaxed, stronger, and
energized! All are welcome,
guys included!

Can easily be adapted for home, office and travel! Led by Susan Weber, Highlands' resident. I have been a certified yoga instructor since 2001 in my own studio in Abiquiu NM, Ghost Ranch Retreat Center & aboard National Geographic ships. class is approximately 45 minutes, donations accepted. Call me at 505-927-4216 to register, questions, or just show up. Beginning Wednesday, November 6, 11 am. in the Clubhouse. Hope to see you!

### MARK YOUR CALENDARS

As we approach the Thanksgiving and Christmas Seasons, this is your first reminder that it's time to start gathering and putting your "treasures" together for the Community Yard Sale and White Elephant Sale coming in February. You'll be seeing more information in December, January, and February, but you can start by marking your calendars for the Yard Sale on February 15th and the White Elephant Sale on February 22nd. Any questions please feel free to contact either of the co-chairs

... Steve or Jamie Horst.

### THANK A VET

Check for a flag in front of homes on Veterans Day, November 11<sup>th</sup> and take the time to thank the resident for his/hers or their service.

### **CRAFT SHOW**

"In house" Craft Show
Saturday November 9th
10:00 after morning Coffee
Chat. Please invite your
friends to come join in the
fun. There will be handmade
holiday decorations, gifts,
and cards to start your
holiday shopping. Crafters, if
you want to participate, you
must sign up for a table in the
clubhouse clipboards. Sale
will run from 10:00 to 1:00 in
the Clubhouse.

### 13<sup>TH</sup> ANNUAL GOLF CART PARADE

Our 13th annual Golf Cart Christmas Parade is scheduled for December 15. All are welcome - just decorate your Golf Cart, your bicycle, yourself and ioin us. The parade will start at 4:15 pm, so meet at the clubhouse at 4:00 pm. After the parade we will meet at the clubhouse for a social event (approximately 5:15 pm). Please bring your own drinks and some snacks to share. There will also be a sing along led by Linc & Helen Keilman. Between 6:30 & 7:00 pm, those who have lights, and wish to, we will tour the parade route one more time. Any questions call Bill Behrendsen at (916) 798-7733.

### THANKSGIVING POTLUCK

When attending a Potluck at The Highlands, you should bring a dish to share. Something that will serve 8-10 people. Also, please bring your own place setting and **SIGN UP** at the clubhouse. There will be limited seating and turkey will be supplied by the Social Committee. Turkeys need to thaw out, so the cut-off date for sign up is NOVEMBER 23. It's Everyone's responsibility to clean up after themselves when using the Clubhouse. There is a broom and dustpan in the laundry room.

# MESSAGE FROM HUGHES SANTITATION

Hello everyone, Sam here with Hughes Sanitation With a lot of you coming back for the s THANK A VET Check for a flag in front of homes on Veterans Day, November 11th and take the time to thank the resident for his/hers or their service. eason (welcome back) and new residents. wanted to go over some guidelines for the trash and recycle pick up. Acceptable RECYCLE for curb side pickup is as follows:

\*Non-glossy paper

\*Cardboard broken down flat (does not need to be bagged, but it does help us if it is tied up) \*Aluminum cans (soda and soup cans)

\*Number 1 plastic (water, soda, milk bottles) - All recycling except cardboard needs to be in a bag. This allows us to reduce wear and tear on your roads by only having to go through once to pick up trash and recycle at the same time. By bagging it, it allows us to separate it without it blowing everywhere in your community.

### TRASH PICKUP:

\*We have had some issues with people sharing service, this is NOT ACCEPTABLE. It is stealing and when we find the persons sharing, they will be cut off from our service. So please do not share service; we are a local company just trying to make a living.

\*The weekly amount of trash is 90 gallons worth. If you have more or bulky items that need to be picked up, please contact our office at 520-883-5868 or speak with your driver.

\*All branches need to be bundled with rope, wire or twine into manageable bundles that we can pick up

\*We cannot pick up wet paint, tires, batteries, especially lithium they cause fires or anything that contained freon.

\*Please have all trash to the curb by 6 a.m. Again, thank you for your continued support of a local business. If you have any questions, please feel free to contact us at 520-883-5868.

Sam Hughes

### MARKETPLACE.....

Residents can buy/sell/items or services to other residents of the Highlands.

This section is for bartering or marketing from neighbor to neighbor in the Highlands.

If you want your listing continued or changed you must email me before our 3rd week of the month production. CROSEHIGHLANDS23@GMAIL.COM and put Marketplace in subject line.

Hand Painted Greeting Cards: If anyone is in need of my watercolor cards, you don't need to wait for a craft show to purchase them. Just call or text me: Patti Triplett at 520-887-4120.

I Have Been Making Aprons using mens dress shirts!! I have several to choose from, if you want a unique gift, or just want to treat yourself to a one-of-a-kind handmade apron! I also have decorated jeans jackets! Or if you have a jacket that you would like customized to your particular style, I can do that for you! Call or text Sharon Dennis @ 360-708-7247

### **Drywall repairs:**

Install drywall. Tape, Texture and finish. 44 years experience. Lenny Beyer 847-417-9684

#### Miscellaneous furniture:

2 matching recliners. Excellent cond. \$40 each. Full-size oak desk. \$35. End table with glass insert. \$15. Call: 520-471-8555

#### **NOVEMBER:**

We're welcoming back more and more of our neighbors, and looking forward to fun things that our social committee and HORAC plan. The first 2 events of the season are actually sold out - so don't deliberate too long when you see something happening. These committees are always welcoming volunteers to help pull off these happenings.

#### **UPDATES:**

At the Board Meeting in October, we got a comprehensive review of all the improvements and repairs we have done and are doing. Thank you Dave for tracking that container ship that has the long-delayed back order of parts to assemble our solar water heating for the pool. We should

### LAST PAGE

This section is a communication between the board and our residents, plus a Marketplace to list sale/rent/trade/services in the neighborhood.

see that work completing. This doesn't negate the need to cover the pool in the winter months. Heating the water to let all that heat dissipate overnight is foolish – that volume of water won't reheat up instantly. So, if you are a pool user and want to organize this effort, please speak up. And - what a relief to get those bathrooms updated, once we saw the condition of the 60 year old pipes!

### **ANOTHER IMPORTANT NOTICE:**

Please consider helping on the Board. Ask any of us what is involved.

There is a December 1st deadline for Board applications. The ballots and biographies have to go out December 13 for the voting which takes place on Friday, February 7, 2025.

#### OTHER VOLUNTEER OPTIONS:

If you don't want to get involved with the board, please consider these other options.

THANKS IN ADVANCE.

- · ENTRANCE SIGNAGE
- · NEIGHBORHOOD WATCH
- · SOCIAL COMMITTEE
- · HORAC (Highlands Outdoor Recreation organizers)

#### **HELPFUL REMINDER:**

The office has a room filled with medical equipment to loan - before you go to an expense.

#### STRONG REMINDER:

Please remove all political campaign signs by Nov. 6.

### **NEXT IN-PERSON BOARD MEETING:**

ALL welcome. This is open to the community. Wednesday, November 20, 2024, at 10AM.

**LAST REMINDER:** Please give our office manager the utmost respect. We will not tolerate foul language, threats or yelling. If you have a complaint, please speak with our Vice President, Rich Vertel.

## November 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
					1 Aquafit 9:00 am Social Hour 4:00 pm	2 Aquafit 9:00 am Texas Hold'em 2:10 pm	
<b>3</b> Bingo 2:00 pm	4 Aquafit 9:00 am	5 Coffee 8:00 am Aquafit 9:00 am Hand & Foot 1:00 pm Texas Hold'em 2:10 pm	6 Aquafit 9:00 am Gourds 1:00 pm Chair Yoga 11:00 am Poker 5:30 pm	7 Aquafit 9:00 am Hand & Foot 1:00 pm Texas Hold'em 2:10 pm Poker 5:30 pm	8 Aquafit 9:00 am Social Hour 4:00 pm	9 Aquafit 9:00 am Coffee Chat 9:00 am Fall Craft Fair 10:00 am Texas Hold'em 2:10 pm	
<b>10</b> Bingo 2:00 pm	11 Veterans Day Aquafit 9:00 am Book Club 10:00 am	12 Coffee 8:00 am Aquafit 9:00 am Hand & Foot 1:00 pm Texas Hold'em 2:10 pm	13 Men's Breakfast 8 am Aquafit 9:00 am Chair Yoga 11:00 am Gourds 1:00 pm Poker 5:30 pm	14 Aquafit 9:00 am Hand & Foot 1:00 pm Texas Hold'em 2:10 pm Poker 5:30 pm	15 Aquafit 9:00 am Social Committee 9 am Social Hour 4:00 pm	16 Aquafit 9:00 am Texas Hold'em 2:10 pm	
17 Bingo 2:00 pm	18 Aquafit 9:00 am	19 Coffee 8:00 am Aquafit 9:00 am Lynne Farewell 1:00 pm Hand & Foot 1:00 pm Texas Hold'em 2:10 pm	Aquafit 9:00 am Board Meeting 10 am Chair Yoga 11:00 am? Gourds 1:00 pm Poker 5:30 pm	21 Aquafit 9:00 am Hand & Foot 1:00 pm Texas Hold'em 2:10 pm Poker 5:30 pm	22 Aquafit 9:00 am Social Hour 4:00 pm	23 Aquafit 9:00 am Coffee Chat 9:00 am Texas Hold'em 2:10 pm	
<b>24</b> Bingo 2:00 pm	25 Aquafit 9:00 am	26 Coffee 8:00 am Aquafit 9:00 am Hand & Foot 1:00 pm Texas Hold'em 2:10 pm	27 Aquafit 9:00 am Chair Yoga 11:00 am Poker 5:30 pm	28 Thanksgiving Potluck 2:30 pm	29 Aquafit 9:00 am Social Hour 4:00 pm *No Trash Today	30 Aquafit 9:00 am Texas Hold'em 2:10 pm	
		Notes *Trash pickup or	Notes *Trash pickup on Saturday due to Thanksgiving Holiday			All Activities Held in the Clubhouse/Pool  EXCEPT:  Green= Resource Room  Red= Off Site Activity	