

THE HIGHLANDS FLING

January 2023

www.thehighlandsinc.com

520-297-2722



JANUARY EVENTS

Tues.-Jan.3rd

Reserve Plan Information
Meeting
10:30 am

Tues. Jan.10th

Reserve Plan Information
Meeting 10:30 am
International Lunch 12:00 pm
Tan &Tunes Concert
2:00 pm

Potluck 5:00 pm

Wed. Jan 11th

Men's Breakfast
8:00 a.m.

Sat. Jan.14th

Kaffee Klatch
9:00 am

Tues.- Jan. 17th

Reserve Plan Information
Meeting
10:30

Wed.- Jan. 18th

Open Board Meeting
10:00 am

Sun.- Jan. 22nd

Pizza & Karaoke
5:00

Thur. – Jan. 26th

Ladies Luncheon
11:30 am

Sat. – Jan.28th

Kaffee Klatch 9:00

**PLEASE SIGN UP IN
THE POKER ROOM AT
THE CLUBHOUSE!**

ROAD WORK SCHEDULED

The road crack repair will
begin on Jan. 23rd -Jan. 26th.
The crack repair does not
require full road closure,
please be cautious of the road
repair crew.

JANUARY BOARD MEETING

Please submit agenda items
to the office by Jan 6th. Board
meeting will be Jan. 18th, at
10:00 a.m.

Reserve Plan Funding Informational Meetings

Our current CC&Rs require
that our Reserve Plan
Savings satisfy a "100% Full
Funding" equation. The
Board has voted to submit a
change to "80% Full Funding"
for the upcoming annual
election. Bob Beck, in charge
of Reserve Plan, will host
informational meetings in the
Clubhouse to explain the 80%
approach. The meetings will
occur on Jan. 3rd, 10th, and
17th at the Clubhouse. If you
plan to attend a meeting,
please sign up in the
Clubhouse, so we know how
many handouts to make.

JANUARY BIRTHDAYS

Jan Pepperdine	1/3
Ron Pepperdine	1/3
John Osier	1/7
Sue Cook	1/11
Ken Kemerling	1/11
Sarah Yoakum	1/13
Mary Pasquini	1/15
Jamie Horst	1/17
Judy Calkins	1/18
Patrick Hinds	1/18
Louise Adams	1/21
Anita Lee	1/31

TO THE HIGHLANDS COMMUNITY

Thank you, community of
friends & neighbors, your
sympathies have gone out to
us after our son's death.
There are never enough ways
to say how we were
comforted by you in time of
need. Love, Larry & Joan
Clow

COMPLIANCE CORNER

Per Arizona Statue 33-1806-
01 please ask your tenants to
register at the front office.

TRASH CANS

Friends and Neighbors in the
Highlands, please use your
own trash cans. Do not dump
your trash in your neighbors'
cans.

*Submitted by community
Member.*

BACK AGAIN....

Pizza and Karaoke is back. Join us Sunday, Jan. 22nd at 5:00 pm for Pizza and Karaoke/Sing-Along. Join your friends and neighbors for a tasty meal, then stick around to help entertain or be entertained by those same friends and neighbors. Only \$5.00 each will get you Dominos pizza, salad and coffee (or bring your own beverage). Please sign up and make your choice of pizza so we know how much to buy. We'll provide the table service (plates and plastic ware) and we'll give you 4 chances to win back your \$5.00 with a few trivia questions. Limit of 70 people. See ya all there!

BOARD CANDIDATES

The Social Committee would like to invite members who are running for the Board of Directors to attend our next 2 coffees on Jan. 14th & Jan. 28th at 9:00 am. Come & meet some of the residents so they can put your name to a face.

H.O.R.A.C Update

We are looking to sponsor these organized activities in the near future: Bicycle rides, hikes and Pickleball. Look for sign-up sheets in the Clubhouse. Join us for a free "Pickleball Primer" and organizational meeting at the Riverfront Park Pickleball courts (south of Lambert Lane) Jan. 5th at 10 a.m. We will introduce new players to game fundamentals and scoring and play a few games. Sign up in the

Clubhouse. Pickleball paddles, balls and duffle bag (donated by Ron Weihl) are now in the equipment shed by the Shuffleboard courts. Use pool key for access. Please return when done. We have scheduled the following "Tuesday Tunes" concerts. Cork Spector on Jan. 10th and Red Feather on Feb. 7th. Concerts will be held near the mini golf area at 2 p.m. Tickets for each performance will be \$6.00. Contact Ron Weihl (231) 292-2554 for more information/tickets. We are looking for energetic residents to Join HORAC (Highlands Outdoor Recreation Activities Committee). If interested, please contact Brian Tomac (920)819-7795 or Ron Weihl (231)292-2554.

COMMUNITY AND WHITE ELEPHANT SALES

The annual Community Yard Sale will be held Saturday February 18, 2023, from 7:00 a.m. to 1:00 p.m. If you have items to sell, Please PRINT your name and address on the sign-up sheet located in the poker room in the Clubhouse. You can also note on that sheet with a "yes" in the last column that tells us you'll have a balloon attached to your mailbox for prospective buyers to see. This sale will also be listed on Craig's List but will not be in the newspaper or Explorer as this was cost prohibitive. The following Saturday, February 25th, the White Elephant Sale will be

held at the Clubhouse from 8:00 a.m. until noon. This is your opportunity to donate any items that you have too many of or that you are no longer in need of (but NO clothes, bedding, hats or shoes). Please make sure any items that you're donating are Clean and SUITABLE for sale. Here are some examples: women's accessories such as purses, belts & jewelry are very popular; tools of any kind; household items such as furniture, rugs, curtains, decorative pillows, dishes, small appliances, towels, plants, books, movies, craft supplies, etc. Drop off time at the Clubhouse for all items is Friday February 24th between 8:00 a.m. and 11:00 a.m. which allows our volunteers to get everything priced and the Clubhouse locked up by noon. If you need help with large items, call Steve Horst (309-781-5154) or Jamie Horst (309-230-0233) to schedule a time and identify what the item/items are that need to be picked up. If you want to volunteer or help at this wonderful event, please call one of your co-chairs (Steve & Jamie) and they'll be happy to add your name to their list. PLEASE NOTE: The Clubhouse will be CLOSED to all residents who are not helping with the sale from 7:00 a.m. Friday until the sale ends on Saturday at 2:00 p.m.

LADIES LUCHEON

The ladies' luncheon will be on Thurs, Jan.26 at Bottega Michelangelo. Meet at the clubhouse at 11:30.

MEN'S BREAKFAST

The next Men's breakfast will be on Jan. 11th at 8 a.m. at Jerry Bob's, 7939 N Oracle Rd. Please sign up on the sheet located in the poker room of the Clubhouse. Signup sheet will come down on Jan.9th. If you need a ride, be at the clubhouse by 7:45 on the 11th. See you on the 11th!

HIGHLANDS BOOK CLUB

Meets Jan.9th, 10 a.m. in the Clubhouse. Theme this month: Clocks and Calendars. Choose any book with a title referencing TIME (Season, day, month, hour, etc.). This is an informal "No stress" conversation about books. Participants choose their own section around a theme. No sign up needed.

INTERNATIONAL LUNCHEON

The next luncheon will be held at Mojo, 1929 E Grant Rd., Tucson, a new Cuban restaurant with great reviews, on Jan. 10th, 2023. Sign up for the luncheon in the clubhouse by the poker tables on or before Jan. 6th, 2023. Please contact Suzan Wilkinson @suzzzwilk@gmail.com with any further questions.

BARLEENS AZ OPERA TRIP HAS BEEN CANCELLED.

ART COMMITTEE JANUARY ACTIVITIES

All activities take place on Mondays, 1 – 3 PM in the Resource Room next to the Office.

Jan. 9th: Meet & Greet.

Come meet the art committee and other Highland's artists and crafters. Enjoy light refreshments and view samples of the projects you can sign up for this winter. And let us know if you have a skill that you would like to share with others.

Jan. 16th: Button Flowers.

Fun class taught by Sharon Dennis. Watch for sign-up sheet in clubhouse. \$5 fee for supplies.

Jan. 23rd: Artists and

Crafters Hangout. Come to finish up a previous project, do some meditative coloring, knitting or other work in a supportive environment.

Jan. 30th: Acrylic Landscape Painting with Vonnie Lincoln.

Paint a desert scene with bold colors. No experience necessary. Watch for sign-up in clubhouse. Maximum 10 participants. \$5 supply fee.

Coming in February, learn to make Ukrainian eggs. We will be doing the traditional design or etched eggs. A fee will be charged for materials tbd.

Look for sign up sheet in the Clubhouse.

KUDOS KORNER

KUDOS

Thank you to all those who donated toys for Christmas to Gospel Rescue Mission.

KUDOS

Kudos to our treasurer, Rich Vertel and our Reserve Plan Specialist, Bob Beck, for their conscientious, time consuming and thoughtful approach to the THI 2023 budget, which the board passed unanimously. I appreciate their efforts in creating multiple solutions to the impending shortfall, plus suggesting the one most palatable to the THI community members. Great job guys!!!!

Submitted by President, Sara Danville-Gelhaus

KUDOS KORNER

Do you know of someone that you would like to give Kudos to? Please contact Lynne in the office by the 20th of each month.

NEW RV LOT RATES

Effective 01/01/23

15'-20' \$15.00 month

21'-50' \$20.00 month

51' over \$25.00 month

HIGHLANDS QUILTERS

Attention Quilters or those interest in learning to quilt. Come join The Highlands Quilters starting Jan. 5th from 1-4pm in the Clubhouse. We meet weekly on Thursdays and work on service projects the group has agreed on or learn new techniques and try out new ideas. If you have questions, please contact Sheila Tomac at (920) 619-8074 or Lori Tendler at (605)323-8009.

Our past service projects have been making lap quilts for veterans, quillow quilts for cancer patients, and currently making quilts and pillowcases for Child Protective Services for children being taken out of their homes.



DID YOU KNOW.....

The Fling and other forms can be found on our website?

PLEASE PICK UP AFTER YOUR PET

Pet waste has been reported by Community Members in their yards and the common area and around the Clubhouse. Please pick up after your pet.

CITRUS CARE-FERTILIZATION

Preparation:

- Circle out anywhere from 2-4' from the tree trunk, depending on the maturity of the tree following/tracking root growth.
- Around that diameter dig a ditch approx. 3-6" deep.
- In the ditch, sprinkle 2-3 Tablespoon of fertilizer around the diameter, then ample water. Recommended Feb., May & August, 3X year.
- Additional key step in Oct., water (a bit more than a trickle, N, S, E, W each 30-minute duration. This nourishes over winter months and protects roots from frost.
- Note: The first year of this process may not produce desired results, although consistency each year will yield delectable tasting fruit whether

orange, lemon, or grapefruit. Just be patient! "Keep calm and let the garden handle it".

"In nature nothing exists alone" Rachel Carson. A fruitful cultivation.
Submitted by Dianne Jacobs

MEMORIAL BENCHES

Memorial benches are available for purchase. Please contact Bernie Lee for more information 520-409-8709

JANUARY 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																																																																												
1 New Year's Day Bingo 2:00	2 Hand & Foot 1pm Crafts/Workshop 1-3pm Texas Hold'em 2:15pm Ping Pong 7-8pm	3 Coffee 8:00pm Yoga Riverfront 9-10am Resv.Plan Info 10:30 Texas Hold'em 1:15 Gourd Class 1-4:00pm	4 Chair Yoga 10am Hand & Foot 1pm Cards & Games 6pm	5 Yoga Riverfront 9-10am Pickle Ball Riverfront 10am Quilting Club 1pm Cards & Games 6pm	6 Texas Hold'em 2:15 Social Hour 4pm	7 Texas Hold'em 2:15																																																																																												
8 Bingo 2:00	9 Book Club 10:00am Crafts/Workshop 1-3pm Hand & Foot 1pm Texas Hold'em 2:15pm Ping Pong 7-8pm	10 Coffee 8:00am Yoga Riverfront 9-10am Resv.Plan Info 10:30 International Lunch 12pm Gourd Class 1-4:00pm Potluck 5:00pm	11 Men's Breakfast 8am Chair Yoga 10am Hand & Foot 1pm Cards & Games 6pm	12 Yoga Riverfront 9-10am Quilting Club 1pm Cards & Games 6pm	13 Texas Hold'em 2:15 Social Hour 4pm	14 Kaffee Klatch 9am Texas Hold'em 2:15																																																																																												
15 Bingo 2:00	16 ML King Day Hand & Foot 1pm Crafts/Workshop 1-3pm Texas Hold'em 2:15pm Ping Pong 7-8pm	17 Coffee 8:00pm Yoga Riverfront 9-10am Gourd Class 1-4:00pm Resv.Plan Info 10:30	18 Board Meeting 10am Hand & Foot 1pm Cards & Games 6pm	19 Yoga Riverfront 9-10am Quilting Club 1pm Cards & Games 6pm	20 Social Comm.Mtg 9:00am Texas Hold'em 2:15 Social Hour 4pm	21 Texas Hold'em 2:15																																																																																												
22 Chinese New Year Bingo 2:00 Pizza & Karaoke 5:00pm	23 Hand & Foot 1pm Crafts/Workshop 1-3pm Texas Hold'em 2:15pm Ping Pong 7-8pm	24 Coffee 8:00pm Yoga Riverfront 9-10am Gourd Class 1-4:00pm	25 Chair Yoga 10am Hand & Foot 1pm Cards & Games 6pm	26 Yoga Riverfront 9-10am Ladies Luncheon 11:30 Quilting Club 1pm Cards & Games 6pm	27 Social Hour 4pm Texas Hold'em 2:15	28 Kaffee Klatch 9am Texas Hold'em 2:15																																																																																												
29 Bingo 2:00	30 Hand & Foot 1pm Crafts/Workshop 1-3pm Texas Hold'em 2:15pm Ping Pong 7-8pm	31 Coffee 8:00pm Yoga Riverfront 9-10am	1	2 Groundhog Day	3	4																																																																																												
5	6	<div>December 2022</div> <table><tr><td>S</td><td>M</td><td>T</td><td>W</td><td>T</td><td>F</td><td>S</td></tr><tr><td></td><td></td><td></td><td></td><td>1</td><td>2</td><td>3</td></tr><tr><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td></tr><tr><td>11</td><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td><td>17</td></tr><tr><td>18</td><td>19</td><td>20</td><td>21</td><td>22</td><td>23</td><td>24</td></tr><tr><td>25</td><td>26</td><td>27</td><td>28</td><td>29</td><td>30</td><td>31</td></tr></table>			S	M	T	W	T	F	S					1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	<div>February 2023</div> <table><tr><td>S</td><td>M</td><td>T</td><td>W</td><td>T</td><td>F</td><td>S</td></tr><tr><td></td><td></td><td></td><td></td><td>1</td><td>2</td><td>3</td><td>4</td></tr><tr><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td><td></td></tr><tr><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td><td>17</td><td>18</td><td></td></tr><tr><td>19</td><td>20</td><td>21</td><td>22</td><td>23</td><td>24</td><td>25</td><td></td></tr><tr><td>26</td><td>27</td><td>28</td><td></td><td></td><td></td><td></td><td></td></tr></table>			S	M	T	W	T	F	S					1	2	3	4	5	6	7	8	9	10	11		12	13	14	15	16	17	18		19	20	21	22	23	24	25		26	27	28						All Activities Held in the Clubhouse/Pool EXCEPT: Green= Resource Room Red= Off Site Activity	
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FEBRUARY EVENTS

Fri.- Feb. 3rd

Annual Open Board Meeting
1:00 p.m.

Tues. Feb. 7th

Tan & Tunes Concert
2:00 pm

Wed. Feb. 8th

Men's Breakfast 8:00 a.m.

Sat. Feb. 11th

Kaffee Klatch/Angel Care
9:00 a.m.

Tues. Feb. 14th

Potluck 5:00 p.m.

Thurs. Feb. 16th

International Lunch 11:30 a.m.

Fri. Feb. 17th

Social Club Meeting 9:00 a.m.

Sat. Feb. 18th

Community Yard Sale
7:00 a.m.

Sun. Feb. 19th

Celebration of Life 2:00 p.m.

Tues. Feb. 21st

Music from Within 6:00 p.m.

Thurs. Feb. 23rd

Quilters Tea 2:00 p.m.

Sat. Feb. 25th

White Elephant Sale
8:00 a.m.

**PLEASE SIGN UP IN
THE POKER ROOM AT
THE CLUBHOUSE!**

MEETING

The Annual Open Board meeting will be held Feb. 3rd at 1:00.

FOUND

Gold locket, found on Matterhorn near the office. Please contact the office.



FEBRUARY BIRTHDAYS

Ray Scantlan	2/2
Rosie Bussman	2/6
Jack Nunez	2/11
Donna Smith	2/15
Meredith Hentschel	2/16
Chris Fargo	2/17
Cindy Bennett	2/19
Cheryl Sommer	2/20
Ron Baumbeck	2/21
Joan Clow	2/23
Linda Nix	2/23
Laura Nelson	2/27
Linc Keilman	2/29

HOA MAINTENANCE FEE CHANGES

Effective 04/01/2023, the HOA Maintenance fee will increase to \$66.00 per month/\$198.00 per quarter.

DIRECTORY/EMAIL

A reminder to notify the office by Friday, Feb. 3rd, if you

would like to have your email placed in the phone directory.

CARDS SENT

Paul Ganoff - Sympathy loss of his mother
Bud Bates - Sympathy loss of his sister in-law
LaNelma Johnson - Thinking of you.
Jerry Ferrill- Get Well
Judy Pope - Get Well
LaNelma Johnson - Sympathy, loss of her husband, Ray

ATTENTION HIGHLANDS' BAKERS

The bake sale is held annually in conjunction with the White Elephant Sale. Gather your favorite recipes and start baking. Plan to drop off your treats at the Clubhouse on February 25th at 8:00 a.m. You can also call Cheryl Stafford at 586-876-4589 for pick up. IMPORTANT: Please be sure to mark items that are perishable. Also list ingredients on baked goods for those with allergies to nuts, wheat, etc. THANK YOU to all our gifted bakers who always do a wonderful job making this a tasty and enjoyable event!

KAFFEE KLATCH


On Saturday, February 11th, a person from Angel Care Home Health is coming to talk with us about trips & falls.

COMMUNITY AND WHITE ELEPHANT SALES

The annual Community Yard Sale will be held Saturday February 18, 2023, from 7:00 a.m. to 1:00 p.m. If you have items to sell, Please PRINT your name and address on the sign-up sheet located in the poker room in the Clubhouse. You can also note on that sheet with a "yes" in the last column that tells us you'll have a balloon attached to your mailbox for prospective buyers to see. This sale will also be listed on Craig's List but will not be in the newspaper or Explorer as this was cost prohibitive. The following Saturday, February 25th, the White Elephant Sale will be held at the Clubhouse from 8:00 a.m. until noon. This is your opportunity to donate any items that you have too many of or that you are no longer in need of (but NO clothes, bedding, hats or shoes). Please make sure any items that you're donating are Clean and SUITABLE for sale. Here are some examples: women's accessories such as purses, belts & jewelry are very popular; tools of any kind; household items such as furniture, rugs, curtains, decorative pillows, dishes, small appliances, towels, plants, books, movies, craft

supplies, etc. Drop off time at the Clubhouse for all items is Friday February 24th between 8:00 a.m. and 11:00 a.m. which allows our volunteers to get everything priced and the Clubhouse locked up by noon. If you need help with large items, call Steve Horst (309-781-5154) or Jamie Horst (309-230-0233) to schedule a time and identify what the item/items are that need to be picked up. If you want to volunteer or help at this wonderful event, please call one of your co-chairs (Steve & Jamie) and they'll be happy to add your name to their list. PLEASE NOTE: The Clubhouse will be CLOSED to all residents who are not helping with the sale all day Friday.

WHATS COOKIN'GOOD LOOKIN'?

Come share the LOVE and you're COOKING at our VALENTINE'S DAY POTLUCK, Tuesday February 14th at 5pm. Celebrating great FOOD, FRIENDS and FAMILY...and great music too  Sign up at the clubhouse.

MEN'S BREAKFAST

The next Men's breakfast will be on Feb. 8th at 8 a.m. at Jerry Bob's, 7939 N Oracle Rd. Please sign up on the sheet located in the poker room of the Clubhouse. If you need a ride, be at the Clubhouse by 7:40 on the 8th.

Looking forward to seeing you on the 8th!

HIGHLANDS BOOK CLUB

Lisa Wingate is "author of the month" for the discussion on February 13. She has penned more than 30 novels, including the 2017 best seller "Before We Were Yours." Her most recent volume is "The Book of Lost Friends."

The book club meets in the clubhouse at 10 a.m. on the 2nd Monday of the month. For this informal discussion, readers are free to choose their own selection around a general theme. The theme for March 13 is ROYALTY. All are welcome - no sign-up needed.

INTERNATIONAL LUNCHEON

The next luncheon will be held Feb. 16th at Grain River Asian Bistro, 12985 N Oracle Rd, Rancho Vistoso Center. Meet at 11:30 a.m. at the Clubhouse. Sign up at the Clubhouse. Please contact Suzan Wilkinson @suzzzwilk@gmail.com with any further questions.

PANCAKE BREAKFAST

The pancake breakfast will be held on March 4th from 7 a.m. to 9:30 a.m. 2 pancakes, 2 sausage patties, scrambled eggs, orange juice and coffee. \$7.00 per person. **Tickets only.** For tickets, call Bernie Lee 520-409-8709. **Cutoff date for ticket sales February 26th.**

ART COMMITTEE'S OFFERINGS

February 13, 1 PM - Fun with watercolor pencils.

Play with this medium to learn what you can do. Watercolor pencils are like other colored pencils but are activated with water and can produce art similar to watercolor paints. Instructor: Patti Triplett. Fee \$15 includes your own set of 12 watercolor pencils, a water pen and paper. Registration limited. Sign up in the clubhouse.

February 27, 1 PM - Watercolor painting on Yupo paper.

Learn how to use this fascinating substrate to produce a free-flowing painting. Instructor: Suzan Wilkinson. Fee: \$15 includes all supplies needed. Registration limited. Sign up in the clubhouse.

February 6 and 20 are Artist Hangout days. Bring your unfinished artwork or craft project to the resource room to work on in the company of others. No registration or fee required. Jewelry Making class with Jeanie Wehl is full. Watch for future openings. The Art Committee will be working for several weeks on filling in the details for the approved design of a mural on the block wall next to the mini golf course. Be patient while the work is in progress. Highland Artists, mark your calendars for the annual **Art Show on March 24**. Get your artwork ready for submission and watch for information on deadlines and forms. We want to showcase all the amazing talent in the park!

VACATION SHARE

Have you ever been to Antarctica? Have you ever wanted to go to Antarctica? Have you wondered why anyone would want to go to Antarctica? Do you like to cruise? Do you think penguins are adorable?

If you answered yes to any of these questions, you might want to see photos and videos from Sara Danville-Gelhaus' recent trip on the Viking Polaris Ship hit by a rogue wave. Sara will tell her story on **Tuesday, January 31, 2023, at 2 PM in the THL Clubhouse.**

H.O.R.A.C UPDATE

The first "Tuesday Tunes" Concert was a great success, with 116 tickets sold. We will be sponsoring the next concert featuring "Red Feather", on Tuesday, February 7 at 2 p.m. Tickets are \$6. Contact Ron Wehl (231)292-2554 for more information/tickets. Two March concerts are also being planned.

The Pickle Ball kick-off was also well attended with 14 eager participants. Pickle Ball will now be scheduled for every Tuesday & Thursday morning at 10 a.m. at Riverfront Park, and has been added to the calendar. Join us to learn this fun game and get some exercise!

Cheryl Stafford has agreed to be the coordinator for our Hiking Group. The goal is to do 1-2 hikes per month with 2 levels of difficulty. The first hike is

tentatively scheduled for January 30. Look for sign-up sheets in the Clubhouse.

Thank you, Cheryl!

We are still in search of a coordinator for the Biking Group. Please contact Ron Wehl (231)292-2554 or Brian Tomac (920)819-7795 if interested.

The base colors for the mural on the wall next to the mini golf course have been completed. Watch for some beautiful artwork developing in the upcoming weeks thanks to the Art Committee!

A big thank you to Mary Rausch and John Pangburn who have joined H.O.R.A.C. Our next regular meeting will be held Thursday, February 2 at 3 p.m. in the Resource Room.

RENTERS REGISTRATION

A reminder to please have tenants register with the office.

HIGHLANDS QUILTERS

Heartful thanks message Supervisor Suzanne Coffey shared with her manager and co-workers how one child's gratitude to receive a used blanket during a removal from the home, touched this child so much, that this story had to be shared. Prior to joining the DDD District South team, Suzanne worked as a child protection investigator with the Department of Child Safety on the after-hours investigative team. Suzanne shared one of her most memorable investigations (without disclosing name and details of the incident) with

her mother regarding a removal of two children from a home, where they had been sleeping on a mattress with no blanket. Suzanne shared with her mother how this event was traumatic for these two children until they were both given a used blanket to wrap themselves in as they were transported to the placement center. The little girl hugged Suzanne and thanked her for this blanket, her brother intervened and reminded his sister that they could not keep these blankets, however Suzanne told them they could. Their expression and happiness that these old blankets brought to these two children, touched both Suzanne and her mother. Suzanne's mother was so touched by this incident that she shared with her quilting group from Oro Valley, "The Highlands" how they too can help touch other children(s) lives by making homemade quilts and donate to the placement center. Suzanne coordinated with DCS placement center coordinator and the after-hours investigative team supervisor to bring over 60+ handmade quilts and pillowcases for the children's center.

Now THAT'S a heart warming story! Gives me a sense of pride for all the years I served in social services/health care organizations before coming here. Thank you, Suzanne and The Highlands Quilters. J.J



AFTERNOON TEA

*Afternoon Tea
The Highland Quilters
Request the pleasure of your
company
for an afternoon Tea
Thursday, February 23rd-
Highlands Club House
Between 2 and 4 pm –
PROGRAM - TRUNK SHOW OF QUILTS BY
MICHELL TURNER
Music will be provided.
Bring your favorite Teacup.*

*Tickets - \$7 a person
Deadline to purchase tickets
February 16th.
Contact Lori at 605-323-8009*

or Sheila at 920-619-8074

*Raffle tickets will be sold for chances to win a
gift basket.*

**The money from the raffle tickets sales
will enable our quilting group to buy
supplies to make quilts for our charity
project chosen. We are presently making
quilts for Child Protective Services.**

SAVE THE DATE CRAFT FAIR

Mark your calendars, crafters
get ready March 11,
will be the craft fair at the
clubhouse from
9:00 a.m. to 12:00 p.m.

MARIACHI ASTLAN NIGHT

This event is March 16, tickets
will be going on sale at the
clubhouse on Friday's at 4:00
pm.

This year we ask you to bring
your own beverage and a
Tapas to share. Tickets are
\$10.00 and we
will sell out fast.

"MUSIC FROM WITHIN"



INSTRUMENTAL

**"Play what you know and learn
what you don't"**

GET TOGETHER

**To those in the park that play a
musical instrument or sing.**

1. Do you play a musical instrument?
2. Are you a closet musician that only plays alone?
3. Do you think you're not that good at playing?
4. Can you play many tunes, or only one?
5. Would you like to learn more or just get together with other enthusiasts?

If your answer is yes to any of the above, then drag that dusty old instrument out of the closet and come join the new, improved, musical get together at the clubhouse. Come share as many notes, cords or songs you may know. An opportunity to enjoy an evening producing musical notes with like-minded others in the park. Held the third Tuesday of the month Feb 21st at 6:00 p.m.

Call Morris Coville (541) 754-2261 or Brian Tomac (920) 819-7795 if you have any questions.

FEBRUARY 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																																																																					
29	30	31	1 Chair Yoga 10am Hand & Foot 1pm Cards & Games 6pm	2 Groundhog Day Yoga Riverfront 9-10am Pickle Ball Riverfront 10 am Quilting Club 1pm Cards & Games 6pm	3 Annual Board Meeting 1pm Texas Hold'em 2:15 Social Hour 4 pm	4 Texas Hold'em 2:15																																																																																					
5 Bingo 2pm	6 Hand & Foot 1 pm Crafts/Artists' Hangout 1 pm Texas Hold'em 2:15 pm Ping Pong 7-8 pm	7 Coffee 8 am Yoga Riverpointe 9-10 am Pickle Ball Riverfront 10 am Texas Hold'em 1:15 p.m Tans & Tunes 2:00 p.m	8 Men's Breakfast 8am Chair Yoga 10am Hand & Foot 1pm Cards & Games 6pm	9 Yoga Riverfront 9-10am Pickle Ball Riverfront 10 am Gourd Class 1:00 p.m. Quilting Club 1pm	10 Texas Hold'em 2:15 Social Hour 4 pm	11 Kaffee Klatch/Angel Care 9:00 a.m. Texas Hold'em 2:15																																																																																					
12 Super Bowl Bingo	13 Book Club 10am Crafts/Wclr Pencil Class 1-3 Hand & Foot 1 pm Texas Hold'em 2:15 pm Ping Pong 7-8 pm	14 Valentine's Day Coffee 8 am Yoga Riverpointe 9-10 am Pickle Ball Riverfront 10 am Texas Hold'em 1:15 p.m Pot Luck 5:00 p.m.	15 Chair Yoga 10am Hand & Foot 1pm Cards & Games 6pm	16 Yoga Riverfront 9-10 am Pickle Ball Riverfront 10 am International Lunch 11:30 am Gourd Class 1:00 p.m. Quilting Club 1pm Cards & Games 6pm	17 Social Committee Mtg 9 am Texas Hold'em 2:15 Social Hour 4 pm	18 CommunityYard Sale 7 am Texas Hold'em 2:15																																																																																					
19 Celebration of Life 2pm	20 Presidents' Day Book Club 10am Crafts/Artists' Hangout 1-3 Hand & Foot 1 pm Texas Hold'em 2:15 pm Ping Pong 7-8 pm	21 Coffee 8 am Yoga Riverpointe 9-10 am Pickle Ball Riverfront 10 am Texas Hold'em 1:15 Music from Within 6:00 p.m.	22 Ash Wednesday Chair Yoga 10am Hand & Foot 1pm Cards & Games 6pm	23 Yoga Riverfront 9-10am Pickle Ball Riverfront 10 am Quilters Tea 12 pm Gourd Class 1:00 p.m. Cards & Games 6pm	24 Clubhouse Closed Texas Hold'em 2:15	25 White Elephant Sale 8am Texas Hold'em 2:15																																																																																					
26 Bingo	Crafts/Yupo Paint Class 1-3 Hand & Foot 1 pm Texas Hold'em 2:15 pm Ping Pong 7-8 pm	28 Coffee 8 am Yoga Riverpointe 9-10 am Pickle Ball Riverfront 10 am Texas Hold'em 1:15	1	2	3	4																																																																																					
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THE HIGHLANDS FLING

www.thehighlandsmhp.com

March 2023

520-297-2722



MARCH EVENTS

Sat.- March 4th

Pancake Breakfast
7:00 a.m.

Tues. March 7th

International Luncheon
11:15 a.m.

Tan & Tunes Concert
2:00 p.m.

Wed. March 8th

Men's Breakfast 8:00 a.m.

Sat. March 11th

Kaffee Klatch
9:00 a.m.

Sat. March 11th

Craft Fair
9:30 a.m.

Tues. March 14th

Potluck 5:00 p.m.

Wed. March 15th

Open Board Meeting 10:00

Thur. March 16th

Mariachi Band 4:30 p.m.

Fri. March 17th

Social Club Meeting
9:00 a.m.

Sun. March 19th

Dinner & Karaoke
5:00 p.m.

Thur. March 23rd

Clubhouse Closed

Friday March 24th

Art Exhibit 10:00 a.m.

Sat. March 25th

Kaffee Klatch/Adult Care
9:30 a.m.

Tues. March 28th

Tan & Tunes 2:00 p.m.

Thurs. March 30th

Golf Banquet 4:30 p.m.

PLEASE SIGN UP IN

OPEN BOARD MEETING

The Open Board meeting will be held March 15th at 10:00 a.m. Please submit agenda items by Monday, March 6th.

MARCH BIRTHDAYS



Colleen Nolan - 3/1
Joann Lieder - 3/5
Kathy Zeleznik - 3/8
Darlene Sand - 3/10
Barbara Moe - 3/13
Dan Wojdyla - 3/19
Lela Krohn - 3/24

HOA MAINTENANCE FEE CHANGES

Effective 04/01/2023, the HOA Maintenance fee will increase to \$66.00 per month/\$198.00 per quarter.

NEW AUTOMATIC CLUBHOUSE DOOR

The outside door next to the kitchen is now automatic. When button is pushed the door will stay open for 30 seconds to allow folks with walkers and canes to enter before the door starts closing. Do not try to pull the door closed. The new library door is on order.

THE HIGHLANDS LIBRARY

Here's how our Highlands' library works:

1. The library is run by volunteers who give time almost daily. Decisions are made by the group. Volunteers are always welcome.
2. Books are not banned nor censored.
3. Shelf space in the library is limited.
4. Donations of books, DVDs, puzzles are accepted in the basket. Donations that are duplicates, over twenty years old or that are not circulating are recycled @ Oro Valley Public Library Book Shop, Big-Brothers - Big Sisters, & some church libraries. At the present time several genres of books have been packed in storage in preparation for the upcoming installation of the new handicapped entrance through our library in the Clubhouse great room. Concerns, questions or to volunteer, give me a call. Jane Force, 520-245-4164 Librarian most of the time since April 2014

KAFFEE

KLATCH/ADULT CARE

Adult Care will be here to speak at Kaffee Klatch on March 25th from 9:30-10:30. Adult Assistance is here for you, so you will not have to leave your home. Living at home empowers independence and keeping you out of an assisted living home. You will learn of all the services offered by Adult Care Assistance and you can ask any questions regarding specific needs.

THANK YOU, COMMUNITY

The entire Johnson family sends heartfelt thanks to The Highlands community for the many ways you have shown so much kindness with cards, flowers, and words of sympathy and condolences for the passing of our beloved husband, father, grandfather, and great grandfather. He will be greatly missed, but his huge heart and spirit lives on. Love, Lanelma and family.

CLUBHOUSE WIFI

Wi-Fi is now available in the clubhouse.

Highlands_guest_2,4

Highlands_guest_5G

Password: 10700highlands

CARDS SENT

Paul King - Get Well

Janice Pepperdine -

Sympathy loss of husband

Joann Lieder - Get Well

Annabella & Rob, Lynn &

Denise- Sympathy loss of mother DeDe Venot.

THANK YOU

Thank you to all the community members who put their trust in me and voted for me to serve on the HOA Board. Communications is my role and I want to bring consistency and fairness to this role. I am also maintaining and updating our website. <http://www.thehighlandsmhp.com/> And I want to help bring us into the digital realm by emailing the Fling to residents who request this convenience. Please email me any time with feedback and suggestions for improvement and ideas. Put 'resident' in the subject line. Thanks. Connie Rose
CroseHighlands23@gmail.com

CLUCK, CLUCK, CLUCK!!

Chicken and Karaoke again. March 19th, at 5:00 pm for Chicken and Karaoke/Sing-Along. Join your friends and neighbors for a nice chicken meal, then stick around to help entertain or be entertained by those same friends and neighbors. Only \$5.00 each will get you fried chicken, potato wedges, salad, and coffee (or bring your own beverage). Please sign up in the poker room so we know how much to buy. Don't forget to bring your own table service. Also, we'll give you 4 chances to win back your \$5.00 with a few trivia

questions. See ya there. Join us Sunday,

MEN'S BREAKFAST

The next Men's Breakfast will be on March 8th at 8 a.m. at Jerry Bob's, 7939 N Oracle Rd (Magee & Oracle). Please sign up on the sheet located in the poker room of the Clubhouse. If you need a ride, be at the Clubhouse by 7:40 on the 8th.

HIGHLANDS BOOK CLUB

The Highlands Book Club meets in the clubhouse at 10 a.m. on the 2nd Monday of the month. It is an informal discussion, where readers are free to choose their own selection around a general theme. The theme for March 13 is ROYALTY. Whether you are dying to read that current best-selling memoir, find another of Philippa Gregory's historical fiction, or appreciate a biography - this month has plenty of selections! All are welcome - no sign-up needed.

INTERNATIONAL LUNCHEON

The next luncheon will be held Tuesday, March 7th at Saffron Indian Bistro, 7607 N Oracle Rd, Meet at 11:15 a.m. at the Clubhouse. Sign up at the Clubhouse. Please contact Suzan Wilkinson
@suzzzwilk@gmail.com with any further questions.

FRUIT GLEENING

If you are overburdened with fruit, I would like to coordinate a fruit picking with the local immigrant group: Iskashitaa Refugee Network Iskashitaa is the Somali and Maay Maay word for "working cooperatively together." They drive up here with a crew of people and pick the tree clean. I will accompany them around the neighborhood to other trees that have been signed up. There will be a small donation. Check them out at:

<https://www.iskashitaa.org/>
Please email me if you want to participate or donate.
Thanks. Connie.
CruseHighlands23@gmail.com

ARTWORK AND VOLUNTEERS NEEDED

The Annual Art Show seeking Artwork and Volunteers Artists, the annual Highlands Art show featuring never-before-seen artwork by Highlands artists is happening on Friday, March 24. The Art Committee is looking for submissions of all kinds of visual arts to display. You may choose to sell items or not. Application forms will be available in the clubhouse soon with a March 17 deadline for submission. Now is the time to finish up those projects! Volunteers, the committee is also looking for help on the morning of March 23 from someone with good handwriting who can print labels for artwork, and others to help in the kitchen serving refreshments on March 24.

Please call Terry at 520 219-2603 (landline, no texts) to volunteer

ART HAPPENINGS

Mondays at 1 PM in Resource Room:

March 6 Artist Hangout

March 13 Framing Workshop, free presentation by Sharon Dennis

March 20 Artist Hangout

March 27 Flower Arranging, free class by Patti Triplett.

Bring your own cut flowers (one or two bunches, Trader Joe's recommended) vase and sharp knife. And

everyone be sure to come to the annual Highlands Art Show on Friday, March 24 between 10 am and 3 PM in the clubhouse. No admission fee, lots of lovely artwork to admire and some to buy, home baked cookies, coffee, tea and lemonade.

MARIACHI ASTLAN NIGHT

Mark your calendars Thursday, March 16, at 4:30pm. Bring your own beverage and an appetizer to share. Mingling, food & then music. Tickets are SOLD OUT!

H.O.R.A.C UPDATE

The "Tuesday Tans and Tunes" Concert featuring Red Feather was well-attended, with 116 tickets sold. Because of the wonderful support H.O.R.A.C. has received, we would like to say "thank you" to the Highlands by having a **FREE CONCERT** featuring "KT Klassics" on Tuesday, March 7 at 2 p.m.

So spread the word, mark your calendars and let's have a big turnout! Please bring a chair and refreshments. Also, on Tuesday, March 28 at 2 p.m., the "Cochise County Allstars" (4 musicians) will perform. A meal of hot dog/bun/condiments, chips, water and cookies will be provided for an admission price of only \$10. Tickets will go on sale at the March 7 FREE concert. For more information, contact Ron Weihi (231)292-2554.

Pickle Ball continues to be very popular with many in the park. Due to crowded courts on Tuesdays, we will now be playing every Monday, Wednesday, Thursday, and Friday at 10 a.m. at Riverfront Park. So, there are a lot of opportunities to learn and enjoy this fun game.

Two hikes, coordinated by Cheryl Stafford, were done in February. The first was a little more difficult than planned, and the second was characterized as "very nice". Again, look for sign-up sheets in the Clubhouse for future hikes.

In case you haven't noticed, the mural is nearing completion and looks amazing! Thanks again to the Art Committee for their efforts. Once completed, a clear topcoat will be applied to help preserve the artwork. The west and north walls will also be painted in a sand color to complete the project.

Our next regular meeting will be held Thursday, March 2 at 3 p.m. in the Resource Room.

RENTERS REGISTRATION

A reminder to please have tenants register with the office.

OUR WEBSITE - AND HOW TO ACCESS IT.

<http://www.thehighlandsmhp.com/> Our website contains general information, various forms to download, a compendium of past Board Meeting minutes along with the current one, and past issues of the Fling, as well as the current one. There are a couple of ways to get to it. Once there, bookmark it for easier access. 1. Type in the address into the browser (Be sure you use the address with MHP in it (stands for Mobile Home Park). If you use the other INC address, you will reach the website after a confusing cautionary message.) 3. OR hover your camera phone over this graphic (QR code) and when a yellow square pops up, click on it. That takes you directly there and you'll have the website on your phone. If any of this information is foreign to you and you want to try to use it, email me and I'll help you. Connie.
CruseHighlands23@gmail.com



TOWN OF ORO VALLEY RENTAL ORDINANCE

On Jan.4, the Oro Valley town council approved an ordinance establishing rules, regulations and licensing requirements for short term and vacation rentals (e.g., Airbnb, Vrbo, etc). Short term or vacation rentals are dwelling units used as a rental term less than 30 days to transient guests. The ordinance went into effect on Feb. 3rd; however, understanding that some individuals may need time to become familiar with the licensing process, Town Council allowed for a 90-day implementation period during which time the ordinance will not be enforced. The deadline to register short term rental properties is May 5th, and enforcement of the ordinance begins May 6th. Town staff will be assisting short term and vacation rental owner as they navigate the licensing system and requirements during the 90-day time frame. Registering for short term rental license will be similar to the online

process for applying for a business license. Owner will need to prepare a list of required documents, provide neighbors notification of intent to rent, evidence of insurance, evidence that the property is registered with the Pima County Assessor as a short-term rental and a form of personal identification to apply. Short term rental license will be \$80 a year- the same as a Town of Oro Valley business license.

For more information call Sara Cox at (520) 229-4831 or email scox@orovalleyaz.gov

MARCH 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																																																																														
26	27	28	1 Chair Yoga 10am Hand & Foot 1pm Cards & Games 6pm	2 Yoga Riverfront 9-10am Pickle Ball Riverfront 10 am Quilting Club 1pm Cards & Games 6pm	3 Texas Hold'em 2:15 Social Hour 4 pm	4 Pancake Breakfast 7:00 Texas Hold'em 2:15																																																																																														
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THE HIGHLANDS FLING

www.thehighlandsmhp.com

April, 2023

520-297-2722



APRIL EVENTS

Sun.- April 2nd

Ice Cream Social

1:00 pm

Tues. - April 11th

International Luncheon

11:00 am

Potluck

5:00 pm

Weds. - April 12th

Men's Breakfast 8:00 am

Sat.- April 15th

Grill your own Meat

5:00 pm

Weds. - April 19th

Open Board Meeting

10:00 am

Friday - April 21st

Social Committee

Meeting 9:00 am

OPEN BOARD MEETING

The Open Board meeting will be held March 19th at 10:00 a.m. Please submit agenda items by Monday, April 7th.

APRIL BIRTHDAYS



Dianne Jacobs - April 1

Morris Coville - April 4

Donna Baumbach - April 17

Jim McManus - April 21

Lucy Phelan - April 26

Bud Bates -- April 27

Gary Wilkenson - April 28

Marg Rehnberg - April 30

HOA MAINTENANCE FEE CHANGES

Effective 04/01/2023, the HOA Maintenance fee will increase to \$66.00 per month/\$198.00 per quarter.

ART NEWS

There will be a repeat of the popular Flower Button Class by Sharon Dennis on April 3 at 1 PM in the resource room. The fee is \$5, payable at class. Please sign up in the clubhouse.

The Art Committee is celebrating completion of the Highlands community mural after more than a year in the

making. Here is the story from our perspective:

During the winter of 2021/2022 the idea of painting a mural on the east side of the block wall facing the mini golf course was born. Ron Wehl, member of HORAC (Highlands Outdoor Recreational Activities Committee) approached the Art Committee about their willingness to design and paint such a mural. The committee was enthusiastic about the idea and set about to draw conceptual sketches to submit to HORAC and the Highlands Board of Directors for approval and funds.

Members felt the original wall was very long and would be way too much to tackle all at once but thought it would be reasonable to begin in the middle and work in both directions, gradually tapering off, so that the project would look finished even with only a portion of the wall painted.

The basic idea was approved, but by that time it was spring, and several members of the Art Committee had left for cooler climates. In the early winter of 2022/2023, the idea was resurrected, and funds were approved. HORAC got the wall patched, washed and

**PLEASE SIGN UP IN
THE POKER ROOM AT
THE CLUBHOUSE!**

painted with three basic colors representing the sand, the background and the sky. The artists then got to work making the divisions between the three parts more varied and then chalked in some desert plants and animals. Cold wet weather slowed down progress more than had been anticipated. Wind and sun dried out paints quickly, and the rough surface was challenging, as was the frequent squatting and kneeling required to reach low areas, but the artists persisted. After painting from one end of the east wall to the other with many positive comments from appreciative Highland residents, the artists became inspired to continue around to the south wall, which is first seen when people drive into the Highlands. So, the artists rolled up their sleeves again and kept painting more of the same types of desert plants and animals. In mid-March of 2023, the painting work was finally finished, and a good sealer recommended by Tucson muralist Joe Pagac is to be professionally applied by the end of March to protect our efforts from the elements. You are encouraged to come and take a close look at the work and admire the many details. The names of the artists who participated can be found on the leaves of the agave where the two painted walls meet. A Mural Treasure Hunt, a game of discovery at two levels of difficulty, will be available inside the mini golf storage shed.

Thanks to HORAC for their inspiration and support; members of the Art Committee and other volunteers for painting; Steve Horst for his daily encouragement; Jonathan Kosakoff for his suggestions; Mary and Al Rausch, Bill and Louise Bohrer, John Pangburn and Ron Wehl for putting on the base coat; and Ron Wehl for getting the ball rolling, adding extra blocks on top and providing half a golf ball for Kokopelli. The project was a joint effort of many that will enhance our community for years to come. A total of 88 feet of wall reaching almost 6 feet high was painted with a total of 440 volunteer hours. The cost came in at under \$1000. Volunteer mural artists were Sharon Dennis, Patti Triplett, Terry Wojdyla, Kay DeLong, Vonnie Lincoln, Ginny Tanner, Chris Ardingo, Nancy Clark, Marg Rehnberg, and Joyce Emory.

THE HIGHLANDS BOOKCLUB

"... there are good books which are only for adults, because their comprehension presupposes adult experiences, but there are no good books which are only for children." W. H. Auden The April book discussion topic is "children's and young adult literature." You are invited to revisit a children's classic, check out a Newbery winner, get a recommendation from a grandchild or branch out to an author biography or something else of your choice. This informal

conversation group meets the second Monday, April 10, at 10 a.m in the clubhouse.

APPRECIATION ICE CREAM SOCIAL

Mark your calendar April 2, The Highlands appreciate all volunteers! Please come at, 1:00 pm in the Clubhouse, for a FREE ice cream sundae. And stay and play BINGO at 2:00. Be sure to sign up so we know how much ice cream to buy!

GRILL YOUR OWN MEAT

Come to the clubhouse on Saturday, April 15, at 5:00 pm for this popular event. We provide the grill, you bring the meat of your choice and grill it yourself. Salad, baked beans and dessert will be provided for \$3.00 per person. Please be sure to bring your table service.

INTERNATIONAL LUNCHEON

Tuesday, April 11, 2023

Polish Cottage

4520 E Broadway

Tucson

Meet at the Clubhouse at 11 am and we will carpool over. Quaint, homey eatery with colorful decor serving pierogi & other handcrafted Polish recipes & beers. polishcottageaz.com to check out the menu.

DON'T FORGET TO SIGN UP IN THE CLUBHOUSE ! TEXT. Suzan @ 575-937-3737

Email. suzzzwilk@gmail.com with questions.

CELEBRATION OF LIFE

A celebration of life will be held for DeDe Venot on Sunday, April 30th from 2-4. All are welcome!

CLUBHOUSE WIFI

CLUBHOUSE WIFI Wi-Fi is now available in the clubhouse and around the pool. Highlands_guest_2,4
Highlands_guest_5G
Password: 10700Highlands
NOTE: The password for the WIFI - is case sensitive. The correct password is: 10700Highlands (with a capital H).

CARDS SENT

Ron Baumbach- Get Well
Jan Pepperdine- Get Well

WELCOME, NEW NEIGHBORS

Nancy Goebel & Yvonne Becker –
10716 Rainier
Timothy & Donell Forrest-
10725 Everest
Robert & Karen Peck-
310 Adirondack
Mathew & Margaret Roth-
225 Appalachian

HOSTS NEEDED

We need Hosts for Potlucks. No Hosts, no potlucks.

H.O.R.A.C UPDATE

The "Tuesday Tans and Tunes" Free Concert with KT Klassics was attended by 102 people and thoroughly enjoyed. A few folks from Desert Springs attended the concert as well.

The outdoor equipment shed near the shuffleboard area was blown over and nearly destroyed in a windstorm in early March. The Highlands Board has approved funding to build a new wood-frame shed directly on the existing concrete slab. Construction will be completed in early April. The "Highlands Mural" is now complete. The thought, effort, artistry, and detail put into this masterpiece is really quite remarkable! Special thanks to the artists: Patti Triplett, Sharon Dennis and Terrya Wojdyla. Also, thanks to Chris Ardingo, Joyce Emory, Kay DeLong, Nancy Clark, Marg Rehnberg, Vonnie Lincoln and Ginny Tanner for their assistance with the project. The clear topcoat has been applied so the mural can be enjoyed for years to come. We encourage all residents (and their guests) to take an up-close look at our beautiful mural to truly understand how special it is. A few minor repairs were needed for some of the obstacles on the mini golf course and were completed in mid-March. Some of the obstacles will also be given a coat of touch-up paint to assure they are protected from the elements as much as possible. Our next regular meeting will be held Thursday, April 6 at 3 p.m. in the Resource Room.

MEN'S BREAKFAST

The April Men's Breakfast will be at 8 AM on April 12th at Jerry Bob's located at 7939 N Oracle Rd (Magee &

Oracle). If you need a ride, be at the Clubhouse by 7:40 that morning. The sign-up sheet is in the Poker Room of the Clubhouse. See you in April.

THANK YOU!

The Highland's Quilter's would like to thank everyone for attending the tea and supporting us at the craft show. We greatly appreciate your support for our service project making kids quilts and pillowcases for Child Protective Services. With your support we are able to continue buying supplies for making more quilts. We made 38 quilts and pillowcases this winter for the kids. This project warms our hearts by giving these blankets to these children being taken out of their homes. We truly appreciate your generosity for this cause. Thanks again for your support.

A NOTE FROM DESERT SPRINGS

Desert Springs Independent Living would like to thank Ron, from the H.O.R.A.C. Our residents had a wonderful afternoon of music on March 7th with KT Klassics for this free concert. Thank you. Cheryl, Activity Director, Desert Springs

SLOWING DOWN IN THE HIGHLANDS

During the last two Open Board Meetings there was discussion regarding the fast rate of speed many of us are

witnessing in our community. While we are looking at options to respond to this concern, we have been active in observing the carriers (UPS, FedEx, Amazon and others) delivering packages and looking at cars and golf carts driving our streets. I will be contacting some of the carrier companies shortly to make them aware of our speed limit, but it was surprising to observe that many of the people speeding and driving through STOP signs are actually residents of "The Highlands". We are an active Community with many walking, biking and socializing as we greet neighbors and friends every day. As we continue to work through the best options needed to keep everyone safe, I am asking everyone to be aware of their speed as they drive through the community. Thanking you all for your cooperation in advance for Slowing Down. Chuck Ardingo

KUDOS KORNER

Thank you to Sandy Mrotek for donating a new Brothers Sewing machine to the quilters!! We are so excited to have a new sewing machine to share with our sewing ladies. We really appreciate your generosity. Kudos to you Sandy!

SIGN UP SHEETS IN POKER ROOM

Anything from potlucks, luncheons, activities, and other communications — like sign up with your email if you

want the Fling in electronic form...sign up if you want to contribute to a memorial tree planting...sign up your opinions on this or that...

DID YOU KNOW?

There is a free medical equipment loan chest in our main office. We have loads of stuff - from walkers of all kinds and sizes, wheelchairs, crutches, bedside commodes, even a knee scooter (to get around when you can't use one foot). Just come in and see Lynne during regular office hours.

INCORRECT EMAIL

The email for Board Secretary Yvonne Kulman is incorrect on The Highlands Board of Directors page of the 2023 directory. Yvonne's correct email is kuhlmayv@luther.edu

FRUIT GLEENING

The immigrant organization is coming on Saturday April 8 to pick fruit. If you have some trees to pick, please email me for further information. Thanks, Connie Rose at crosehighlands23@gmail.com

NEW... THE BACK PAGE

Here we list to connect with activities and services.

DISPOSE-A-MED

Next date: Saturday, April 22, 2023 10:00 AM to 02:00 PM
his includes veterinarian medications and vitamins. Please keep all pills in their original containers. All the work is done for you! Please do NOT bring batteries or household hazardous waste. You can drop off any medications and it is completely anonymous. **We will no longer be accepting metal or glass inhalation aerosol containers, syringes, epi-pens, gels, creams or liquid medications. ONLY pill and powder medications will be accepted.** Medical businesses and doctors offices are not allowed to utilize this program for disposing medications. All medications and labels are incinerated with the help of the DEA.

MEDICATIONS ARE ONLY ACCEPTED DURING DISPOSE-A-MED EVENTS AT THE DESIGNATED EVENT LOCATION.

When Saturday, April 22, 2023, 10:00 AM - 02:00 PM

Location

Oro Valley Police Department
- Main Station, 11000 N. La Canada Dr., Oro Valley, 85737

APRIL 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	29	30	31	1 April Fool's Day
2 Ice Cream Social 1:00pm Bingo 2pm	3 Pickle Ball 9:00am Hand & Foot 1pm Crafts 1pm Ping Pong 7-8 pm	4 Coffee 8am Yoga Riverfront 9-10 am Texas Hold'em 2:15 pm	5 Chair Yoga 10am Hand & Foot 1pm Cards & Games 6pm	6 Passover Pickle Ball 9:00am Yoga Riverfront 9-10am Quilting Club 1pm Cards & Games 6pm	7 Good Friday Pickle Ball 9:00am Texas Hold'em 2:15 Social Hour 4 pm	8 Kaffee Klatch 9am Texas Hold'em 2:15 Clubhouse Reserved 5pm-9pm
9 Easter No Bingo	10 Pickle Ball 9:00am Book Club 10am Hand & Foot 1pm Crafts 1pm Ping Pong 7-8 pm	11 Coffee 8am Yoga Riverfront 9-10 am International Lunch 11am Texas Hold'em 2:15 pm Potluck 5:00pm	12 Chair Yoga 10am Hand & Foot 1pm Men's Breakfast 8am Cards & Games 6pm	13 Pickle Ball 9:00am Yoga Riverfront 9-10am Quilting Club 1pm Cards & Games 6pm	14 Pickle Ball 9:00am Texas Hold'em 2:15 Social Hour 4 pm	15 Grill your own Meat 5pm Texas Hold'em 2:15
16 Bingo 2pm	17 Pickle Ball 9:00am Hand & Foot 1pm Crafts 1pm Ping Pong 7-8 pm	18 Coffee 8am Yoga Riverfront 9-10 am Texas Hold'em 2:15 pm	19 Board Meeting 10am Chair Yoga 10am Hand & Foot 1pm	20 Pickle Ball 9:00am Yoga Riverfront 9-10am Quilting Club 1pm Cards & Games 6pm	21 Pickle Ball 9:00am Social Comm. Meeting 9am Texas Hold'em 2:15 Social Hour 4 pm	22 Earth Day Texas Hold'em 2:15 Kaffee Klatch 9am
23 Bingo 2pm	24 Pickle Ball 9:00am Hand & Foot 1pm Crafts 1pm Ping Pong 7-8 pm	25 Coffee 8am Yoga Riverfront 9-10 am Texas Hold'em 2:15 pm	26 Chair Yoga 10am Hand & Foot 1pm Cards & Games 6pm	27 Pickle Ball 9:00am Yoga Riverfront 9-10am Quilting Club 1pm Cards & Games 6pm	28 Pickle Ball 9:00am Texas Hold'em 2:15 Social Hour 4 pm	29 Clubhouse Reserved 1-6 pm
30 Clubhouse Reserved 12:00pm-6:00pm No Bingo	1	March 2023 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31		May 2023 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31		All Activities Held in the Clubhouse/Pool EXCEPT: Green= Resource Room Red= Off Site Activity

THE HIGHLANDS FLING

www.thehighlandsmhp.com

May, 2023

520-297-2722



MAY EVENTS

Tues.- May 9th
Potluck 5:00 pm

Wed.- May 10th
Men's Breakfast

Sat.- May 13th
Kaffee Klatch
9:00 am

May 18th
International Lunch
11:30 am

Sat.- May 27th
Kaffee Klatch
9:00 am

**PLEASE SIGN UP IN
THE POKER ROOM AT
THE CLUBHOUSE!**

MAY BIRTHDAYS



Ed Triplett - May 3
Donna Fritz - May 5
Jean Jackson - May 5
Carol Nadeau - May 6
Tyann Wallace - May 11
Connie Rose - May 15
Bob Wallace - May 15
Jerry Dennis - May 16
Reed Snell - May 16
Shirley Tomac - May 16
Larry Clow - May 22
Lee Olson - May 22
Alicia Gatti - May 23
Susan Weber - May 23
Bernie Lee - May 24
Helen Keilman - May 26
Bill Kuhlman - May 30

H.O.R.A.C Update

The "Tuesday Tans and Tunes" Concert with the Cochise County Allstars and meal was attended and enjoyed by 103 people. We will be planning two concerts for next year; tentative dates are January 16 and March 12 (with food).

We will be organizing a new event for next February initially dubbed "The Highlands Olympics". The

idea is to field 4 teams of 8 residents to compete in 4 games available in the recreation area (shuffleboard, horseshoes, bocce ball, mini golf or cornhole). The hope is that residents on the teams will practice the games prior to the competition and maybe find a new interest in one or all of them. No details have been determined as of yet, so stay tuned!

The new outdoor equipment shed near the shuffleboard area has been built and painted. Construction went well and came in under the budget approved by the Board. Thanks to all who helped with this important project (Ron Weihl, Chuck Ardingo, Gary Wilkinson and Brian Tomac).

Ladies, we now have a nice set of women's golf clubs and bag in the equipment shed. If you would like to learn to play golf and/or spare the cost of renting clubs, please check them out. Thanks to Dennis and Jeanne Thate for this nice donation!

Pickleball will now be limited to Mondays and Thursdays due to limited participation when there were 4 days scheduled. Times will be

dependent on the weather/temperature. We would like to have at least two additional members on our committee. If you are interested in helping, please contact Ron Weihl ((231)292-2554. We have a lot of fun new initiatives we would like to get going next year, so please consider joining us. Our next regular meeting will be held Thursday, December 14, 2023, at 3 p.m. in the Resource Room.

THANK YOU!

The family of Lloyd Tomac would like to sincerely thank the residents of The Highlands for their wonderful outpouring of support both before and following the passing of Lorraine Tomac; wife, mother and grandmother. Your amazing generosity and love was shown in the form of great food, cards, prayers, flowers, heartfelt personal condolences, hugs and great attendance at the funeral. We are blessed to call each and every one of you our friends. May God Bless You All!

SUMMER POTLUCKS

There will be potlucks each month on the second Tuesday at 5:00 p.m., except in July when it will be on July 4th at 1:00 p.m. Jane Force will be chairing them. If you can help at one or more, please call Jane at 520-245-4164

HIGHLANDS BOOK CLUB

Who says you can't judge a book by the cover? *

This month you are *invited* to choose a book based on the cover (whatever that means for you) Will it live up to your expectations?

Come share it with the group on Monday, May 8 at 10 a.m. in the clubhouse.

Looking ahead -- We plan to discuss the popular novel "West with Giraffes," by Lynda Rutlege. There is a long "hold" list at the library so get signed up there or see if you can borrow a copy ahead of the discussion in June or July...

* (Well, it was Bo Diddley who sang that in 1962....)

CARDS SENT

Lloyd Tomac- Sympathy
Larry & Joan Clow- Thinking of you.

Ken and Elizabeth Hinds- Thinking of you.

INTERNATIONAL LUNCH

Thursday, May 18, at Scordato's Pizzeria
4911 N. Stone Ave, Tucson
Contemporary eatery with artisanal pizza and Italian entrees, in warm, wood-accented quarters. Meet at clubhouse at 11:15 am and carpool to the restaurant.

MEN'S BREAKFAST

The April Men's Breakfast will be at 8 AM on May 10th at Jerry Bob's located at 7939 N Oracle Rd (Magee & Oracle). If you need a ride, be at the Clubhouse by 7:40 that morning. The sign-up sheet is in the Poker Room of the Clubhouse.

EMPLOYMENT OPPORTUNITY:

Is there anyone in our community who knows a person they would recommend for a part time position helping with pool and ground chores on the weekends? Or would a resident themselves care to apply? Contact Gary Wilkinson for further information and job description. Thanks. Gary Wilkinson:

garrwilk@msm.com

NEW RESIDENTS:

310 Adirondack, Robert and Margaret Stafford
223 Weissshorn, Suzanne Kreger and Ed Saunders
10667 N. Everest Avenue, Dennis & Jeanne Thate

ISKASHITTAA FRUIT PICKING

Thanks to all who participated and donated to this effort. On April 8 they filled up one whole van on the west side of the property and will return to

pick the east side later in the month.

E-MAILING THE FLING

Several people have requested this service. They find it handy for a variety of reasons. If you would like the Fling emailed each month, please
EMAIL:CROSEHIGHLANDS23@GMAIL.COM

A REMINDER

We do have a loan chest in the office of medical equipment. Before going to that expense, come see what we have.

ONE SAD REPORT

Use poison in your pest control. Has anyone seen those beautiful great Horned owls who live here? You can hear them for sure. Well - you used to see and hear them. Recently two owls were found dead on our property, obviously the victims of poisoned rodents. Please, please, please think twice before putting out poison for these rodent critters. The poisoned pack rats and mice will be eaten by the next beautiful animal in the food chain. Thank you for thinking about and acting on this issue.

FALL BUS TRIP

We're going to try and do another bus trip in the

fall. We'll be heading to Canyon Lake (above Apache Junction) for a Dolly Steamboat Tour of the lake. It's about an hour and 40-minute narrated trip covering 6.5 to 7 miles around the lake. We'll then leave and head down to the Organ Stop Pizza for a buffet lunch of pizza, salad and soft drinks. Signup sheet is located in the 'poker room' at the clubhouse and when signing up there's a \$35 nonrefundable charge per person. Make your check out to T.H.I. and give it to Bernie Lee as I'll be back in Illinois until September. The **TOTAL** cost of the trip is \$81 per person. You can call me with any questions Jamie @ 309-230-0233.

KUDOS CORNER

ONE RESIDENT WRITES — KUDOS!!

I would like to say kudos to Dave Armstrong (and the Maintenance team per Dave) for fixing the dryer! It cuts almost an hour off of my laundry day each week! Having use of the laundry facilities, including the clothes drying area, is a wonderful amenity for those of us snowbirds who don't have our own washer and dryer (not to mention guests who may use the RV lot).

ANOTHER RESIDENT

WRITES: April 8, 2023, Dear Highlands Board, I went up to

look at the wall that the Art Committee painted for our park. It is absolutely beautiful, and we are so fortunate to have all these great people who contributed their talent to the painting of the wall. I studied it very diligently and I think every creature and plant of our desert has been recognized on the wall. It is just breathtaking. I have not been quite up to par emotionally or physically lately and the wall really helped to raise my spirits. I wish to thank the committee who did this work. They all should be well honored for their time, talent, and effort. I have lived here now for over 30 years and this addition to our park is one of the best pieces of work anyone has done besides our beautiful landscape project. Oh - the golf course looks very nice too. Sincerely, Addie Everett

PLEASE TURN TO THE BACK PAGE

BACK PAGE

This section is a communication between the board and the residents – and the residents and the board.

THE DISCUSSION OF WEEDS VS WILDFLOWERS.

Wildflowers are beautiful and there were some beautiful displays in our park. They can also spread all over into neighbor's yards and, When finished for the season, can leave behind a mess and a fire hazard. If you like wildflowers, please incorporate them into your landscape nicely and clean them up when they're finished.
Thank you.

NEIGHBORHOOD WATCH

We have our own neighborhood watch group here at the Highlands, in addition to the Oro Valley Dark House program. The Dark House Program is well utilized in the entire Oro Valley town and is staffed by a few volunteers. Our own Neighborhood Watch gives very specific watch to our specific community with our own resident volunteers. Email Elizabeth Hinds at drelizfortin@aol.com

[HTTPS://WWW.OROVALLEY AZ.GOV/HOME](https://www.orovalleyaz.gov/home) This is where you find a page.

to register your home vacant for a period of time.
<https://www.orovalleyaz.gov/Government/Departments/Police/Services/>

Request-a-Free-Dark-HouseHome-Check
OR hover your camera over this QR code and it will take you to that page.



MAY 2023

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THE HIGHLANDS FLING

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June 2023

520-297-2722



JUNE EVENTS

Wed. – June 7th
Men's Breakfast 8:00 am

Mon.- June 12th
Book Club
10:00 am

Tues.- June 13th
Potluck 5:00 pm

Tues. – June 20th
Game Day 3:00 pm

Thurs. – June 22nd
International Dinner
4:30 pm

**PLEASE SIGN UP IN
THE POKER ROOM AT
THE CLUBHOUSE!**

JUNE BIRTHDAYS



6/1 Larry Day
6/4 Jo Galli
6/5 Terri Sebastian
6/9 Jane Force
6/9 Judi Olson
6/11 Andy Gerry
6/12 Valerie Day
6/19 Laurie Hartman
6/20 Jim Tomac
6/21 Paul DeLong
6/22 Judy Pope
6/24 Lloya Osier
6/26 Mike Cook

HIGHLANDS BOOK CLUB

"Ideas are like rabbits. You get a couple and learn how to handle them, and pretty soon you have a dozen." ~ John Steinbeck. Noble Laureate John Steinbeck authored 33 books including fiction, nature writing, memoir, and collections of short stories. Readers are invited to choose one of his works and join us for informal conversation in the club house at 10 a.m. Monday, June 12.

INTERNATIONAL DINNER

Mr. An's Teppan Steak & Seafood 6091 N Oracle Rd
Thursday, June 22, we will be dining out for dinner. Mr. An's take pride in serving you the best quality Japanese cuisine. The Master Tappan Chefs perform dazzling shows and prepare your food right at your table. We will be leaving the clubhouse at 4:30 pm and carpooling to the restaurant. Sign up at the clubhouse. Questions call Suzan at 575-937- 3737.

GAME DAY

Tuesday, June 20, 3:00 pm
Are you ready to play some games? We will be playing games inside the clubhouse to beat this heat. What games you ask, we were thinking cornhole and lasso golf throwing. Bring your drink & a snack if you like, mark your calendar!

AQUAFIT

Aquafit has begun. We meet at 9:00 Mon., Tues, Thur., Fri., Sat., at 9:00 am and Wed., at 10:00 am.

THANK YOU, COMMUNITY!

I'm grateful for all your thoughts and prayers. Your kindness made the hours of uncertainty manageable and strengthened me daily. Lynne Jordan

THE HIGHLANDS ASSISTANCE DOG SUPPORT GROUP

A new social group has been formed in The Highlands. The purpose of the group is to support owners of Assistance and Emotional Support Dogs here in The Highlands. Activities will include group meetings to discuss dog care, sharing information on community issues, and planning fun events with our dogs. We would encourage any Highland residents that love dogs or want to get one of these wonderful companions to join us. There is a sign-up sheet in the club house.

MEN'S BREAKFAST

The April Men's Breakfast will be at 8 AM on June 7th at Jerry Bob's located at 7939 N Oracle Rd (Magee & Oracle). If you need a ride, be at the Clubhouse by 7:40 that morning. The sign-up sheet is in the Poker Room of the Clubhouse.

E-MAILING THE FLING

Several people have requested this service. They find it handy for a variety of reasons. If you would like the Fling emailed each month, please EMAIL:CROSEHIGHLANDS23@GMAIL.COM

FALL BUS TRIP

We're going to try and do another bus trip in the fall. We'll be heading to Canyon Lake (above Apache Junction) for a Dolly Steamboat Tour of the lake. It's about an hour and 40-minute narrated trip covering 6.5 to 7 miles around the lake. We'll then leave and head down to the Organ Stop Pizza for a buffet lunch of pizza, salad and soft drinks. Signup sheet is located in the 'poker room' at the clubhouse and when signing up there's a \$35 nonrefundable charge per person. Make your check out to T.H.I. and give it to Bernie Lee as I'll be back in Illinois until September. The **TOTAL** cost of the trip is \$81 per person. You can call me with any questions Jamie @ 309-230-0233.

KUDOS CORNER

Kudos to Chuck Ardingo for working two days cleaning up brush & Debris at our entrance off Lambert.

Thanks, Chuck, for making our community a beautiful place to live.

Kudos to Jane Force for initiating the article about the Art Mural in the Loving Life after 50 and The Explorer news publications.

Kudos to Sharon Dennis and Patti Tripplett for completing the four walls of the mural.

[HTTP://WWW.THEHIGHLANDSMHP.COM/](http://WWW.THEHIGHLANDSMHP.COM/) Hover your camera phone over this graphic (QR code) and when a yellow square pops up, click on it. That takes you directly to our website and you'll have the website on your phone.



MARKETPLACE

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(This will not be publicized outside of the park).

So: If you would like to participate, email CROSEHIGHLANDS23@GMAIL.COM and put Marketplace in subject line. You can send a brief description and your contact information.

A REMINDER

We do have a loan chest in the office of medical equipment. Before going to any expense, come see what we have.

NEIGHBORHOOD WATCH - report

BEWARE of RATTLESNAKES on the warm roadway - in the evenings. One 'watcher' has seen people walking, talking on their cells, and nearly stepping on snakes - in the low light of evening.

From the website: Rattlesnake HQ

Exercise extreme caution! You don't want to move around too much or you'll risk stepping on it and will most certainly be bitten. Once you have located the snake, either stay still and allow it to move or else start to back away slowly.

SO YES - THE SNAKE CAN STRIKE WITHOUT BEING COILED - IF YOU STEP ON IT, MOST CERTAINLY.

But, any snake will probably strike you if you step on it.

HTTP://WWW.THEHIGHLANDSMHP.COM/

Hover your camera phone over this graphic (QR code) and when a yellow square pops up, click on it. That takes you directly to our website and you'll have the website in the palm of your hand.



LAST PAGE

This section is a communication between the board and the residents – and the residents and the board.

ORGANIC WEED CONTROL

Yes, there is a homemade recipe which combines vinegar, salt and liquid dish soap.

Read more about it at:

<https://nativeplantherald.prairienursery.com/2019/01/how-to-make-a-homemade-weed-killer/>

The Recipe

Pour 1 gallon of white vinegar into a bucket. 5-percent household white vinegar is fine. It may take two or three days longer to kill the weeds with the lower concentration, but it does work.

Add 1 cup of table salt. Stir the solution with a long-handled spoon until all the salt dissolves completely.

Stir in 1 tablespoon of liquid dish washing soap. The soap helps the vinegar and salt solution coat and adhere to the weeds.

Blend all thoroughly and then funnel the weed killer into a plastic spray bottle.

This site says that household vinegar (which is 4% acetic acid) is sufficient - but takes longer. A resident emailed me that industrial vinegar is 45% concentrated and is ideal.

Correction from May Fling. On the report of using poison in pest control. The first sentence read "Use poison in your pest control." Should have read, "DO NOT use poison in your pest control."

JUNE 2023

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THE HIGHLANDS FLING

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July 2023

520-297-2722



JULY EVENTS

Tues - July 4th
4th of July BBQ 1 pm

Mon. - July 10th
Book Club 10 am

Thurs.- July 13th
International Luncheon
11:30 am

No Men's Breakfast until Fall

No Kaffe Klatch in July

No potluck in July

JULY BIRTHDAYS



7/2 Bob Beck
7/2 Louise Freker
7/13 Ken Reinking
7/17 Kelly Gelhaus
7/18 Laurie Tandler
7/20 Kathy Ahlberg
7/20 Kathy Reagan
7/21 Sharon Dennis
7/21 Deanna Lederer
7/27 Dan Wallace
7/28 Linda Wilcoxson

HIGHLANDS BOOK CLUB

In celebration of our Independence, readers are free to choose any book they would like to read and share with the group at our next gathering, Monday July 10 at 10 a.m. in the clubhouse. This informal conversation about books happens the second Monday of every month year-round. Everyone is welcome, no sign up.

4th OF JULY BBQ

After the June potluck, a group of us residents were brainstorming ideas for the 4th of July. The idea of a Brisket BBQ was born.

Volunteers met and lunch was planned. The menu along with BBQ beef brisket on bun, baked beans, Cole slaw, watermelon, and homemade ice cream. Place settings are included, bring your own beverages. Local and live music will be provided after lunch. Tickets are \$10.00, there are a few tickets available.

INTERNATIONAL LUNCHEON

GREEK FOOD IN JULY...

Hope you will join us for fun and good food. Great way to meet new people who live in the Highlands!

LOCATION: IT'S GREEK TO ME 15920 N Oracle

#120, Catalina, AZ

DATE: Thursday, July 13th

TIME: 11:30 am meet at

Highlands Clubhouse

SIGN UP: Sign up list is in the clubhouse in the Poker table area. Questions?? Call Suzan Wilkinson 575-937-

3737. Please leave a message if I don't answer.

AQUAFIT

The Aquafit schedule has changed. We now meet Monday through Saturday at 9:00. am.

MARKETPLACE

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SCHWINN recumbent exercise bike.

I paid \$450 will part for \$180.

Pedego electric bike. Paid \$3,400. Will sell for \$1,800. Only had 60 miles on it. Virtually new. Very dusty though. Could use a good bath.

Text interest at 847-431-0232.
Rich Vertel.

GRAPHIC DESIGN

Want to self publish a book, prepare a business document, advertise an event? I can help.

Text Connie at: 520-343-5965

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LAST PAGE

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A/C, FURNACE REPLACEMENT:

Yikes - the 100 degree heat has come for good it seems (well for the next 3-4 months anyway). What a time for our antique A/C system in the office to give out! Luckily the Reserve Fund had proactively allocated this expense so it was replaced in short order - and Gary Wilkinson even coaxed an extra year warranty out of it. Thank you maintenance crew!

A REMINDER

We do have a loan chest in the office of medical equipment. Before going to any expense, come see what we have.

NEW RESIDENTS:

Gary Jones:

301 W Andes

Craig & Lisa Johnson:

10734 N Kilimanjaro

JULY 2023

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THE HIGHLANDS FLING

www.thehighlandsmhp.com

August 2023

520-297-2722



AUGUST EVENTS

Tues – August 8th
Potluck

Mon – August 14th
Book Club 10 am

No Men's Breakfast until Fall

No Kaffee Klatch in August

AUGUST BIRTHDAYS

8/4 Jerry Ferrill
8/10 Marilyn Staley
8/11 Terry Reagan
8/14 Ginny Tanner
8/19 Addie Everett
8/26 Kathy Wallace
8/29 Dave Freker

AUGUST POTLUCK

*A regular potluck is
scheduled for Tuesday,
August 8th at 5 pm. Please
sign up in the Poker Room.*

HIGHLANDS BOOK CLUB

Readers in our community meet for informal conversation about books on the second Monday of the month at 10 a.m. in the clubhouse. The topic for the August 14 gathering will be Books with the subject "Frontier and Pioneer Life." You are invited to select your own book on this topic and share it with the group. On September 11, we will discuss "West with Giraffes" by Linda Rutledge

GUIDELINES FOR THE HIGHLANDS

In April of this year at the Open Board Meeting some guidelines were presented for growing Wildflowers within The Highlands Community. We recognize that many of our residents like flowers and the colors they provide, especially in spring. We offer the following guidelines for 2023/2024: Please keep all wildflowers in groupings or in flowerbeds; raised beds or bordered beds are acceptable. Please keep

flowers approximately 18 inches from road pavement or curbing depending upon where you reside. Do not let your flowers spread outside the perimeter of your property unless you have spoken to and have permission from neighbors that may be impacted. Please exercise caution when planting close to your home. In dry hot weather fire hazards are possible. It is also recommended that you remove dried flowers at the end of the season. Should you have any questions, comments or suggestions please feel free to contact Chuck Ardingo or Linc Keilman Thank You!

SCRAPBOOKING

Do you have boxes of photos or memorabilia you want to preserve, but you just don't know where to begin? Do you have a creative side, bursting to try something new? Do you like color, shapes, textures and dimension? If you are interested in learning how to scrapbook or make cards, please call Sara Danville-Gelhaus at (951) 453-1035.

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Email CROSEHIGHLANDS23@GMAIL.COM and *put Marketplace in subject line.* Then send a brief description and your contact information.

7 piece drum set w/accessories.

Used only twice. Paid \$700. Will sell for \$400.00.

Wall hugger electric recliner.

1 year old. Paid \$1250. Will sell for \$700.00

Recliner. 1 year old \$300.00

Text Naomi at 520-204-6673

WINTER RENTAL. Fully furnished 2 bedroom, 2 bath home for rent at 10734 Kilimanjaro. Available for the winter months October to May. Call 520-241-0822

SCHWINN recumbent exercise bike.

I paid \$450 will part for \$180.

Pedego electric bike. Paid \$3,400. Will sell for \$1,800. Only had 60 miles on it. Virtually new. Very dusty though. Could use a good bath.

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Rich Vertel.

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LAST PAGE

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HYDRATE HYDRATE HYDATE HYDRATE and then hydrate some more!

If you are walking without water or run low on water, you can stop into the clubhouse. We have a cool, refreshing water fountain.

A REMINDER

We do have a loan chest in the office of medical equipment. Before going to any expense, come see what we have.

HTTP://WWW.THEHIGHLANDSMHP.COM/

If you Google The Highlands, you get an aggravatingly long list of “The Highlands” hits. To avoid that, search for The Highlands MHP (Mobile Home Park) or put our exact address into the search bar. Or - you

.....
can point you phone camera at the QR code here and click on the connecting link that appears. That takes you directly to our website where you can find current and old Flings, the CC&Rs,
downloadable forms and updated info.



CORRECTIONS CORNER

In the May ('23) issue under new residents I received a correction from Peg Stafford: *Margaret (Peg) Stafford lives at 326 W Appalachian St and there isn't a Robert with me.*

I'm sorry for the error, Peg and welcome to our community.

AUGUST 2023

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THE HIGHLANDS FLING

www.thehighlandsmhp.com

September 2023

520-297-2722



SEPTEMBER EVENTS

Sat.- September 9th
Kaffee Klatch

Mon.- September 11th
Book Club

Tues.- September 12th
Potluck

Sat.- September 23rd
Kaffee Klatch

No Men's Breakfast until fall

HIGHLANDS BOOK CLUB

The Highlands Book Club meets on Monday September 11 at 10 a.m. in the clubhouse. We will discuss "West with Giraffes," by Lynda Rutledge.

SEPTEMBER BIRTHDAYS

9-6 Larry Wilcoxson
9-8 Suzan Wilkinson
9-9 Lynn Fuller
9-9 Elizabeth Hinds
9-10 Charlotte Marshall
9-13 David Cruz
9-13 Craig Bennett
9-18 Chris Horst
9-18 John Sands
9-20 Gail Horst
9-21 Madeline Hurley
9-23 Mary Rausch
9-23 Alan Ahlberg
9-29 Bill Krohn

DOLLY STEAMBOAT BUS TRIP

The Highlands Day Trippers bus trip to Canyon Lake & Organ Stop Pizza is sold out, but you can call Jamie (309-

230-0233) to get your name on the waiting list. The date of the trip is Tuesday October 17th, and the cost is \$81/person which includes your seat on the bus, an hour and half narrated paddle wheel boat ride around Canyon Lake, a pizza & salad lunch @ Organ Stop Pizza with an amazing show on the Wurlitzer Organ and "bus bingo" on the way up with the chance to win **VALUABLE** prizes!! More info will follow in the October Fling.

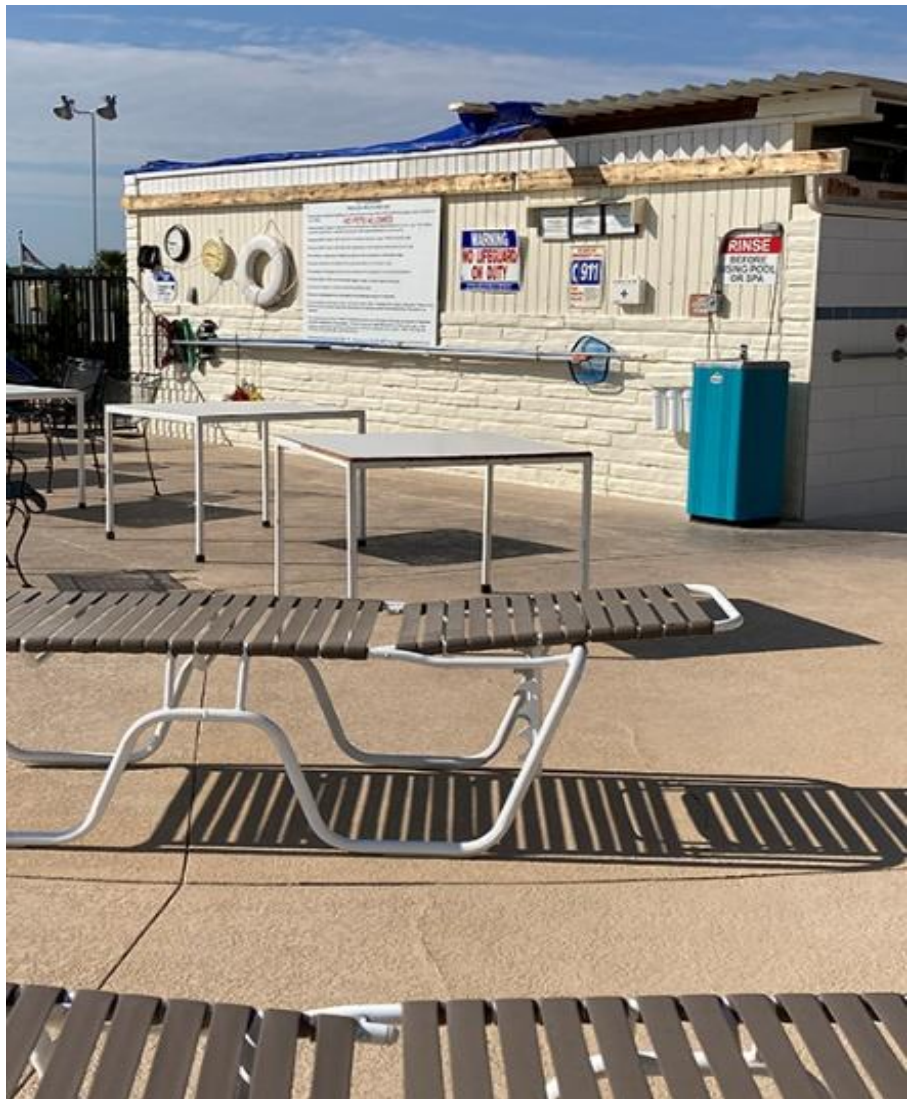
INTERNATIONAL LUNCHEON

Thursday, September 14th
Saffron Indian Bistro
7607 N Oracle Rd, Oro Valley, AZ 85704
WE WILL MEET AT THE CLUBHOUSE AT 11:15 am and carpool to luncheon. Men and women are all welcome to join us. Please sign up in the clubhouse. The signup sheets are along the windows next to the poker table.

WE HAD QUITE A STORM ON AUGUST 16TH.

The winds were unofficially clocked at 80 MPH near the clubhouse! There was widespread damage - but the good news is that no one was injured. That storm also brought out the goodness in our neighbors, as we see people pitching in to help clean up debris, advise, recommend...

It also can bring out predators and solicitors (sharks as some call them). We have a sign posted at the entrance: No soliciting allowed - so if you are approached by someone wanting your work, remind them of this policy. There is a resource bulletin board at the clubhouse. If you have a good contractor/handyman/roofer/house cleaner, etc. please place their card, and a note who is recommending them, there.



MARKETPLACE

It has been discussed that we offer a Marketplace section in the Fling. Residents can buy/sell items or services to other residents of the Highlands.

(This will not be publicized outside of the park).

Email CROSEHIGHLANDS23@GMAIL.COM and *put Marketplace in subject line.* Then send a brief description and your contact information.

ESTATE SALE • 10668 N. Kittatinny Ave.(DeDe Venott's home)
Thurs., Sept. 28th • 9:00 a.m.–noon
Open only to The Highlands residents. This is a resident private sale on this day only.

Fri., Sept. 29 & Sat., Sept. 30
7:00 a.m.– 2:00 p.m.
Vintage, one-of-a-kind items, household items, handmade quilts, outdoor furniture and much more. Everything goes!

WINTER RENTAL. Fully furnished 2 bedroom, 2 bath home for rent at 10734 Kilimanjaro. Available for the winter months from mid Dec. or January 2024 to May. Call 520-241-0822 or Lisa Johnson at 785-787-4787.

SCHWINN recumbent exercise bike.

I paid \$450 will part for \$180.

Pedego electric bike. Paid \$3,400. Will sell for \$1,800. Only had 60 miles on it. Virtually new. Very dusty though. Could use a good bath.
Text interest at 847-431-0232.
Rich Vertel.

LAST PAGE

This section is a communication between the board and the residents – and the residents and the board.

GRAPHIC DESIGN

Want to self publish a book, prepare a business document, advertise an event or product? I can help.

Text Connie at: 520-343-5965

FOR YOUR SAFETY AND CONVENIENCE

I think we will be protecting ourselves from the COVID virus for a long, long time. I personally have friends and family who continue to relax their precautions and are coming down with the virus. We have decided to place antibacterial soap and hand sanitizer in convenient, touch-free dispensers throughout the clubhouse and at the office. Not all the soaps in the restrooms have been replaced yet, nor at the pool, but will be when we install automatic paper towel dispensers later in the fall. They are touch free - just place your hand under the dispenser and a dollop of soap or sanitizer is dispensed. Feel free to use these - to protect yourselves and others. Thanks.

A REMINDER

We do have a loan chest in the office of medical equipment. Before going to any expense, come see what we have.

SEPTEMBER 2023

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THE HIGHLANDS FLING

www.thehighlandsmhp.com

October 2023

520-297-2722



OCTOBER EVENTS

Sat.- Oct. 7th

Tusong Sing-Along 6:30-8:00
pm

Tues. - Oct 10th

Potluck 5pm

Sat.- Oct. 14th

Kaffee Klatch 9 am

Tues.- Oct. 17th

Boat Trip 7am

Friday- Oct. 20th

Social Club Meeting 9am

Sun.- Oct. 22nd

Donato Valdivia's Birthday
Please wish him a Happy
Birthday

Sat. - Oct 28th

Kaffee Klatch 9 am

Tues.- Oct. 31st

Halloween Potluck 5pm
**Dress accordingly if you
choose, let's get scary!**

OCTOBER BOARD MEETING

Please submit agenda items to
the office by Monday, Oct. 9th.
Board meeting Oct. 18th at
10.00 am.

OCTOBER BIRTHDAYS

10/1 Terry Tendler
10/2 Jerry Lederer
10/7 Ken Giallombardo
10/8 Mae Giallombardo
10/8 Tere Nunez
10/9 Barbara Mort
10/9 Al Rausch
10/11 Steve Horst
10/16 Patti Triplett
10/22 Donato Valdivia
10/29 Javier Valdivia

BOARD OF DIRECTORS RESUMES NEEDED

*The Highlands annual
election will be held Friday,
Feb. 2nd, 2024. We are
seeking 3 members to
replace outgoing directors.
Please email or drop
resumes off at the office.
Please call Sara Danville-
Gelhaus with any questions
that you may have. 951-
453-1035*

kbgsld@sbcglobal.net

INTERNATIONAL LUNCHEON

On Thursday, October 28th,
we will be dining at a cozy
little European restaurant.
Sign up in the club house
over by the poker table.

We will carpool from the
clubhouse at 11:15 am.

Location: CHEF ALISHA'S
Address: 5931 N Oracle Rd
Tucson, AZ .

Time: 11:15 meet at the
clubhouse and we will
carpool Please call me if you
have any questions.

Suzan Wilkinson
575-937-3737

Please leave a message if I
don't answer.

TUSONG SING- ALONG

Do you like to sing? Tusong, a
local sing-along band, will be
at the clubhouse Saturday,
Oct. 7th from 6:30-8:00. They
will lead us in some popular
and simple sing-along songs.
Singing and dancing to the
music is encouraged.

HIGHLANDS DAY TRIPPERS

Our bus trip to the **Dolly
Steamboat** and **Organ Stop
Pizza** is scheduled for the
17th of October. All seats on
the bus have been paid for so
if you **CANNOT** make the trip,
please let **Jamie Horst (309-
230-0233)** know as he has a
waiting list. We will leave
from the clubhouse @ 7:00
a.m. on the 17th of October
as we have to be ready to

board the vessel by 9:30 a.m. Our cruise will start at 10:00 a.m. and they do have an 'onboard' concession which is CASH only at your cost. We'll head to the Organ Stop Pizza after our hour and half cruise around Canyon Lake for a pizza & salad bar buffet and of course the amazing entertainment done on the nearly 100-year-old Wurlitzer Organ. Soft drinks are included in your ticket price, but they do have wine and beer for sale at YOUR cost. I'll be arriving back in the Highlands on the 27th of September and will be around to collect the additional money owed. TOTAL price per person is \$81.00 and while some of you have already paid this, the majority of you still owe \$46.00 per person. Looking forward to a wonderful trip and if you have any questions, please give me a call. Thanks, Jamie Horst

ARTS & CRAFTS

The resource room will be open again for Arts & Crafts on Mondays at 1:00-3:00 in October for anyone wanting to paint rocks or work on their own projects. We will not begin classes until later in the season. Keep a look out in the Fling and at the Clubhouse for updates.

HIGHLANDS BOOK CLUB

- Pulitzer Prize winner, Geraldine Brooks will be the featured author for

our discussion October 9, 10 a.m. in the clubhouse. Her 2022 best-seller, *HORSE* is based on a true story of the record-breaking thoroughbred, Lexington. Readers are invited to choose from any of her novels. Other subjects include: *Caleb's Crossing*, the first Native American graduate of Harvard; *People of the Book*, a 15th century illuminated manuscript; *The Secret Chord*, the Biblical King David; *March*, the absent father in Little Women; and *The Year of Wonder*, a novel of the plague of 1666.

- Looking ahead.... In honor of Veteran's Day, our November topic will be "WAR and PEACE." Not the Russian novel (whew!) - just choose a book from any genre on those topics. For December, select a book with "Red" or "Green" in the title. These informal book-ish conversations happen the second Monday of every month... no sign up required.
- The Book Club would like to hear from

authors who are part of the Highlands Community. Please contact V. Day 607-565-9387.

HELP

We need help, chair people are stepping down! At this time, we are looking for someone to do Saturday morning Kaffee Klatch at 9:00 am, 2nd & 4th Saturday of every month. Next we are looking for someone who would like to chair the Ladies Lunch (you pick the day). And last, we need someone to step up and do the Marquee. If you are interested, even a little bit please contact Cindy Bennett (810) 599-8929 Social Committee Chair. These social events effect many people, and we can't do them without.

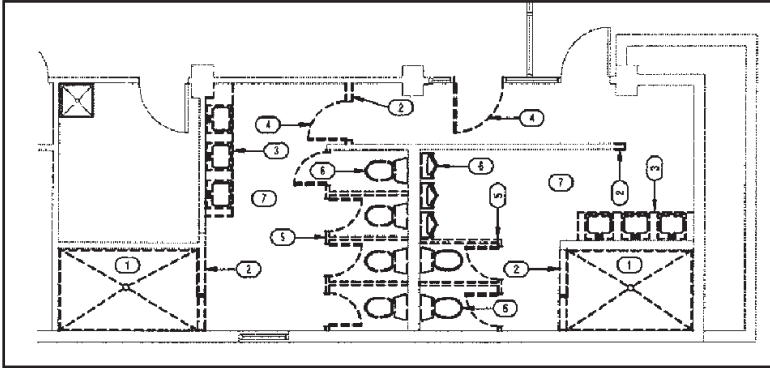
CHEMO CAPS

I would like to form a group of ladies that would meet every Monday from @ 1:00 p.m. - 2:00 p.m. at the Club House to crochet or knit Chemo Caps to donate to the BAGITCANCER.org. Once we have 12 or more we can put them in a Ziplock bag with a note that says: MADE WITH CARE BY (your name). I will call for them to be picked up and delivered to the patients. I do have a very easy pattern to follow. Mark your calendar to meet me starting October 16th.

Tere' Nuñez@520-647-1166

Floor plans for the Clubhouse Bathrooms Remodel

October 2023



Architect Chuck Meyer, who was hired by the THI Board last spring, has submitted his final draft for our Clubhouse Bathrooms Remodel to the Town of Oro Valley for approval.

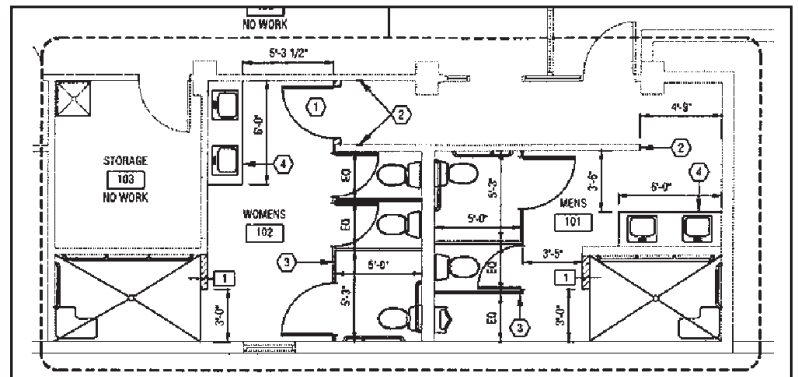
Hopefully several bids will be presented at the October Board meeting.

Existing Clubhouse bathrooms -
Women's room on left, men's room on right.
September 2023

(Basically: 3 sinks reduced to two in both,
 4 toilets in women's reduced to 3
 - one large handicap toilet.

Men's two toilets remain, one large handicap,
 reducing urinals to one.

Enlarging the opening to both showers and
 removing the entrance block and resurfacing
 and resloping the shower floors.)



Revised Clubhouse bathrooms -
Women's room on left, men's room on right.
September 2023

Memorial Tree Project

Remember the tree project we started last May? The project to replace the Palo Verdes?

We had a very long, dry, very hot summer and planting trees was put on hold. Thankfully - new trees wouldn't have survived the wind on Aug. 16. That day, two established Palo Verde trees were violently uprooted, leaving 2 new spots to fill. There were 3 individuals who signed the sheet for providing memorial funds for the trees, thank you to them. I put the sign up sheet back in the poker room for anyone else who would like to donate - to increase that Tree Project budget. Lynne will set up a tree fund with any money donated.

I have definite ideas and will be tree shopping as it is fall!!
 Join me if you can and learn all about it. I think there's only one or two of us on the committee.

Connie Rose. Email me at: crosehighlands23@gmail.com - put "trees" in the subject line.

Thanks.



August 16, 2023 storm

MARKETPLACE

Email CROSEHIGHLANDS23@GMAIL.COM and *put Marketplace in subject line.* Then send a brief description and your contact information.

ESTATE SALE • 10668 N. Kittatinny Ave.(DeDe Venott's home)

Thurs., Sept. 28th • 9:00 a.m.–noon

Open only to The Highlands residents. *This is a resident private sale on this day only - Thursday Sept. 28.*

Fri., Sept. 29 & Sat., Sept. 30

7:00 a.m.– 2:00 p.m.

Vintage, one-of-a-kind items, household items, handmade quilts, outdoor furniture and much more. Everything goes!

SCHWINN recumbent exercise bike. I paid \$450 will part for \$180.

Pedego electric bike. Paid \$3,400. Will sell for \$1,800. Only had 60 miles on it. Virtually new. Very dusty though. Could use a good bath.

Text interest at 847-431-0232.

Rich Vertel.

FOR SALE

2019 TOYOTA COROLLA. Red. About 94,000 miles. Perfect condition with a few scratches. Call or text Helen. 520-235-7086

FOR SALE

Women's Schwinn 21 Speed Bike with extras. Nice Ride, Excellent Condition \$100. Contact Terri Sebastian 231 W Matterhorn

A VIEWPOINT FROM ANOTHER

RESIDENT: regarding weeds and keeping up your property.

"Those who do not live here year round have to understand that many of us are full-time residents. You might not have to look at your yards for 4-5 months, but we have to look at it

LAST PAGE

This section is a communication between the board and the residents – and the residents and the board.

every day." Please consider that when you are leaving. Have in place someone who can tame the weeds in your absence. Thanks.

HIGHLANDS MAINTENANCE WILL PICK UP SMALL AMOUNTS OF STORM DEBRIS IN OCTOBER. Bundle the debris and put on curb. The trash company has also volunteered to pick up small amounts on trash day. Thank you for your considerations.

YOU CALL IT WEEDS, I CALL IT WILDFLOWERS!

WILDFLOWER GUIDELINES (Reprinted from the August 2023 Fling)

In April of this year [2023] at the Open Board Meeting some guidelines were presented for growing Wildflowers within The Highlands Community. We recognize that many of our residents like flowers and the colors they provide, especially in spring. We offer the following guidelines for 2023/2024: Please keep all wildflowers in groupings or in flowerbeds; raised beds or bordered beds are acceptable. Please keep flowers approximately 18 inches from road pavement or curbing depending upon where you reside. Do not let your flowers spread outside the perimeter of your property unless you have spoken to and have permission from neighbors that may be impacted. Please exercise caution when planting close to your home. In dry hot weather fire hazards are possible. It is also recommended that you remove dried flowers at the end of the season. Should you have any questions, comments or suggestions please feel free to contact Chuck Ardingo or Linc Keilman Thank You!

OCTOBER 2023

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THE HIGHLANDS FLING

www.thehighlandsmhp.com

November 2023

520-297-2722



NOVEMBER EVENTS

Wed. - Nov. 8th
Men's Breakfast 8 am

Sat.- Nov. 11th
Coffee Klatch 9 am

Tue.- Nov. 14th
Vaccine Clinic 9:30 am

Wed.- Nov. 15th
Board Meeting 10 am

Fri. - Nov. 17th
Social Club Meeting 9am

Thur. – Nov. 23rd
Thanksgiving Potluck 2:30

Sat. – Nov. 25th
Coffee Klatch 9 am

NOVEMBER BOARD MEETING

Please submit agenda items to the office by Monday, Nov. 6th.
Board meeting Nov. 15th at 10.00 am.

**PLEASE SIGN UP IN THE
POKER ROOM AT THE
CLUBHOUSE!**

NOVEMBER BIRTHDAYS

11/1 Paul Gerleman
11/01 Mont Hartman
11/03 Janet Reed
11/04 Claudia Jensen
11/04 Patty James
11/09 Karen Molique
11/10 Don Hall
11/15 George Tanner
11/16 Barbara Scantlan
11/20 Kathy Garver
11/20 Kay Morgan
11/20 Dori Zeilin
11/23 Diane Leigh
11/24 Yvonne Kuhlman
11/29 Donell Forest
11/29 Jan Hamilton

BOARD OF DIRECTORS RESUMES NEEDED

The Highlands annual election will be held Friday, Feb. 2nd, 2024. We are seeking 3 members to replace outgoing directors. Please email or drop resumes off at the office. Please call Rich Vertel- with any questions that you may have. 847-431-0232

MENS BREAKFAST

The Men's Breakfast will resume on 11/08/2023 As many of you know Jerry Bob's on Magee has closed.

We will be looking for a new place. On the 8th we will head to Ole Mexican Grill located at: 2080 W Orange Grove Rd. They open at 8AM so there is no need for early arrival. The signup sheet will be in the Clubhouse so please sign the list. It is important we give the owners an accurate count so that they can assign their staff accordingly. See you there ... Steve Horst

THANKSGIVING POTLUCK

When attending a Potluck at The Highlands, you should bring a dish to share; something that will serve 8-10 people. Also, please bring your own place setting and SIGN UP at the clubhouse. There will be limited seating and turkey will be supplied by the Social Committee. It's everyone's responsibility to clean after themselves when using the clubhouse. There is always a broom and dustpan in the laundry room.

RV LOT RENTERS

Please remove weeds in your lot.

RECENT ARIZONA SUPREME COURT RULING REGARDING CC&R AMENDMENTS

The following information is about the challenge of amending CC&Rs in Arizona. The Arizona Supreme Court issued an opinion last March that may require consent of 100% of the owners to make any changes "of substance" likely including all of the use restrictions. But at a minimum, the Arizona Supreme Court's opinion cast doubts on the validity of most new amendments, unless they have 100% consent approval of the owners UNLESS the amendments apply only to future buyers. Despite the language CC&Rs about amending the CC&Rs, the Arizona Supreme Court has said that a general amendment provision IS NOT ADEQUATE NOTICE to inform buyers what types of changes by vote of their neighbors. Things like changing whether pets are allowed or imposing a cap on the number of rental units. A SINGLE OBJECTING OWNER COULD POTENTIALLY UNDO ANY AMENDMENT ON THESE TOPICS.

In the case of capping the number of rentals all we have to do is apply the cap to incoming new owners—preventing LLCs from swooping up future homes for the purpose of renting them. Current owners would be grandfathered in. The pet issue is totally different. If we were restricting

pets it would apply to new owners only if a current owner had a pet. If we are originally restricting pets, we can't all of the sudden allow pets unless we had 100% agreement of all owners.

CORK PUMPKINS

Come join us to make a Fall Cork Pumpkin decoration November 13th Cost \$5 Sign up in the clubhouse on the clipboards.

BATHROOM REMODEL- REED SNELL

The building code requires that if a bathroom has an accessible stall and a shower, the shower must also be accessible. Unfortunately, the drawing shown in the October Fling has been rejected by the Town of Oro Valley after they submitted it to the U.S. Access Board. There is also the issue of having a dressing space available which further complicates the available space for the accessible shower. A copy of this letter has been given to all board members and may be viewed in the office if anyone wishes to understand some of the specifics. After meeting with Dave Willett and having a conversation with Chuck Meyer, the architect selected for this project, the best solution from a cost standpoint would be to eliminate the showers and convert the area into storage space. Trying to keep showers would add tens of thousands of dollars and require essentially gutting the restrooms and starting from

scratch. There is no code requirement to have the showers, nor is it practical to keep them and so the committee recommends the showers be eliminated and converted into storage. An argument was presented that we have a responsibility to provide showers to guests that stay at the RV lot. There are only a couple of spaces available to rent and our agreement only covers a base fee and power hookup. There is no mention of showers being a part of that agreement. Anyone staying at the lot is a relative or guest of a member here and we feel certain that they could shower at their host's place. We all wish that keeping the showers would be feasible, but the committee doesn't believe it would be cost effective for the little usage they would get. Please let your board member know that you would like to proceed with the remodel despite losing the showers. Delaying this only adds more cost to the project. Thank you everyone for helping to make this a reality!

HISTORY LOVERS COFFEE KLATCH NOV. 11TH

We have a guest speaker: Douglas Woodard who is now serving as the Historical Advisor to the San Angelo NAACP Buffalo Soldiers Memoria Project. He is also a life member of the Tuskegee Airman National Organization.

GOLF CART CHRISTMAS PARADE

Our 12th annual Golf Cart Parade is scheduled for December 10th, all are welcome just decorate your golf cart, your bicycle, yourself, and join us. The parade will start at 4:15, so meet at the clubhouse at 4:00.

After the parade we will meet at the clubhouse for a social event, *all are welcome*.

Please bring your own drinks and some snacks to share.

There will be a sing-along led by Linc and Helen Keilman. Between 6:30-7:00 those who have lights, and wish to, we will tour the parade route one more time. Any questions call Bill Behrendsen at (916) 798-7733.

CHEMO CAPS

Chemo Cap Creators: Knit, crochet, sew, or donate yarn. We are meeting in the Resource Room every Monday 1:00-3:00 not in the Club house as mentioned in the October Fling.

HOLIDAY SALE

Mark your calendar we will be having a Holiday Sale at Saturday morning Coffee Klatch on Nov 25.

MARK YOUR CALENDARS

As we approach the Thanksgiving and Christmas Seasons, this is your first reminder that it's time to start gathering and putting your "treasures" together for the

Community and White Elephant Sales coming in February.

You'll be seeing more info coming in December, January, and February, but you can start by marking your calendars for the community sale on Feb. 17th and the W.E. Sale on the 24th. More information on these two events will be seen in the months to follow. Any questions please feel free to contact either of the co-chairs, Steve, or Jamie Horst.

CLUBHOUSE WIFI

Wi-Fi is now available in the clubhouse.

Highlands_guest_2,4

Password: 10700Highlands

NOTE: The password for the WIFI - is case sensitive. The correct password is: 10700Highlands (with a capital H).

NEIGHBORHOOD WATCH

Hello neighbors, and welcome back to our returning seasonal residents! We have seen quite a few rattlesnakes around lately and wanted to remind you that they are very active this time of year and for the next few weeks because they are eating up all they can find to prepare for their winter hibernation. So, as always please be careful and don't walk without a flashlight at night. The beam hits them and lights them up and you will see those sparkly diamonds on their back and realize it's not a stick you see up there in the road. They like

to lay in the road and soak up the remaining heat once it cools down at night.

Also, anyone who would like to help with Neighborhood Watch, even if it's just for the winter to give a little time off to those who watched your property in the summer heat, please give me a call. We have lost quite a few members over the last few years, from folks moving or passing away. Thanks! Elizabeth Hinds 520-440-7056

CHAIR/OFFICE YOGA

A gentle class for anyone who prefers not to be down on the floor. All yoga postures will be done seated or standing, using the chair as a prop for support and balance. The class will be well-rounded with a variety of stretches and breathing techniques to help you feel more flexible, relaxed, stronger, and energized! All welcome, guys included!

Led by Susan Weber, Highland's resident. I have been a certified yoga instructor since 2001.

Class is approximately 45 minutes, donations accepted. Call me at 505-927-4216 to register or questions. Every Wednesday, beginning November 8, 11 am. Hope to see you!

RIVERFRONT YOGA with SUSAN WEBER.... BSW, LMT, LYI

Stretch into your day and enhance your week with mindful yoga! You will feel refreshed, energized, stronger and more peaceful to face your challenges in these turbulent times. My style is accessible for all levels (beginners & beyond), all body types with variations for many postures to fit your body, and not force your body to fit the posture. I begin with some fun warm-ups, (5-8 minutes), then a flowing asana practice and guided resting pose (sivasana) with occasional pranayama practices (breathing exercises). Class runs 45-60 minutes. Bring your amazing self, invite a friend, and bring a mat or large towel, & blocks if you have them. We will meet at the picnic tables to sign in and begin at a flat area near the tables at Riverfront Pk. The first class is November 7 & 9, Tuesday & Thursdays thereafter. Donations kindly accepted (suggest \$5-10). Questions? Call or text me at 505-927-4216. Susan has been teaching yoga since 2001 at Ghost Ranch Conference Center in NM, aboard National Geographic Ships for 7 years, and her own studio in NM. I have a social work background, and also am a licensed massage therapist. I look forward to having you in my class!
Namaste'
Susan Weber

RENTERS REGISTRATION

A reminder to please have tenants register with the office.

CARDS SENT

Jan Pepperdine	Get Well
Sara Danville	
Gelhaus	Sympathy
on loss of her brother	
Bill Franklin	Get Well
Karen Lason	Sympathy
Loss of her husband	
Gene Malik	Get Well
Jan Pepperdine	Get Well

SOCIAL HOUR & GAMES

Come meet some neighbors, bring a beverage, a snack to share and a few dollars for some games of chance. Afterwards you can join in on some games, Euchre, Farkle, Five Crown, Uno...

KUDOS CORNER

Kudos to Ray and Barbara Scantlan for getting our Tree Project kitty rolling. There are several other residents to thank who have signed on to this project. Wendy Pickar, Dee Farris-Morelli, Helen & Linc Keilman, Jerry and Sharon Dennis, Charlotte Marshall & Ken Kemerling, the Knudsens. Email me for further info. Connie.
crosehighlands23@gmail.com

Kudos to Dave and Shelly Armstrong for the use of their tractor and trailer. It saved the Highlands hundreds of dollars and many hours of backbreaking labor!

IN MEMORY OF...

*Bill Lason
Yvonne Schultz*

MARKETPLACE

*Here is our Marketplace section.
Residents can buy/sell/items or services
to other residents of the Highlands.*

Email CROSEHIGHLANDS23@GMAIL.COM and *put Marketplace in subject line.*
Then send a brief description and your contact information.

For Sale By Owner

Home located at 10668 N Kittatinny Ave. in The Highlands Community. 1968 square feet; 2 bedrooms, 2 baths, 500 square foot stick built addition, 3 evaporative cooling units, work shop. Washer, dryer and all kitchen appliances included. Sold as is. Shown & information by appointment only.
Please call or text 520-471-4729.

Ford Ranger 2008 XLT Supercab 4x2.
165,000 miles
Call Nancy 780-608-6792 (on Rainier)

.....
VACCINES. TUESDAY NOV. 14. Have you had all the vaccines you want? Sick of running around trying to find the Pharmacies that offer them? Karen Molique had this idea of a vaccination clinic, she researched the details and help set it up. Safeway will offer a vaccination clinic at the Clubhouse NOVEMBER 14. It will start at 9:30 am after the Tuesday morning coffee. If interested, PLEASE sign up in the card room on the clipboard and indicate which vaccine you are interested in getting. **Most, but not all, vaccines are free.** Just bring your insurance card, medicare card or credit card. Also take and fill out the Informed Consent form. And indicate a time slot too.

WE NEED YOUR INPUT!!!

The bathroom remodel committee is recommending major structural changes, including eliminating the showers and converting them to storage areas. I'll let Reed - the chairman of this committee for 3 years at least - explain this better on the inside pages.

LAST PAGE

This section is a communication between the board and our residents, plus a Marketplace to list sale/rent/trade/services in the neighborhood.

Please provide your input regarding the bathroom shower sacrifice to the board by email, phone call, text and/or please attend the Wednesday, November 15, 2023 at 10:00AM.

Further, a new Arizona Supreme Court case impacts changing HOA CC&Rs. Our HOA Attorney, Jason Smith, will address our membership at our next open board meeting regarding the Supreme Court ruling on handling CC&R changes. **So please attend the Open Board Meeting on Wednesday, November 15, 2023 at 10:00AM to hear about these implications from Jason Smith, our attorney.**

WE DO HAVE A MEDICAL EQUIPMENT LOAN CHEST in the office. Before going to any expense, come see what we have.

THOSE OF YOU THAT BACK UP TO THE WASH - Please do not throw your debris into the wash as it can 'wash' down stream and create a dam and potential flooding for residents!!

BRAINIAC IDEA: Photos in our directory.

Yvonne brought up an idea - for any of us who are name/face challenged - to have our photos in the phone directory. Nothing like a glamour shot, just think school yearbook size, black and white, with accompanying name, grouped many on the page.

If you want to participate you can email a photo to Connie (include your name and put "directory photo" in subject line) before the February '24 printing. I am right organized to store them on my computer. Connie - CROSEHIGHLANDS23@GMAIL.COM

NOVEMBER 2023

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THE HIGHLANDS FLING

www.thehighlandsmhp.com

December 2023

520-297-2722



DECEMBER EVENTS

Thurs.- Dec 7th
International Lunch 11:15

Sat.- Dec. 9th
Coffee Klatch 9 am

Wed.- Dec. 13th
Men's Breakfast 8 am

Wed.-Dec. 20th
Open Board Meeting 10 am

Mon.- Dec. 25th
Christmas Potluck 2:30 pm

Sun.- Dec. 31st
New Year's Eve Party 6:00 pm

DECEMBER BOARD MEETING

Please submit agenda items to the office by Monday, Dec 6th.
Board meeting Dec. 20th at 10.00 am.

**PLEASE SIGN UP IN THE
POKER ROOM AT THE
CLUBHOUSE!**

DECEMBER BIRTHDAYS

12/2 Reggie Wenaas
12/2 Teresa Wojdyla
12/3 Sara Danville-Gelhaus
12/6 Willis Jackson
12/8 Elaine Reed
12/9 Dave Calkins
12/9 Lynne Jordan
12/16 Karen Reinking
12/22 Carol Coville
12/22 Dee Farris
12/25 Dave Knudson
12/29 Helen Knudson
12/ 29 Jim Rehnberg

BOARD OF DIRECTORS RESUMES NEEDED

The Highlands annual election will be held Friday, Feb. 2nd, 2024. We are seeking 3 members to replace outgoing directors. Please email or drop resumes off at the office by Dec 10th. Please call Rich Vertel- with any questions that you may have. 847-431-0232

MENS BREAKFAST

The next Men's Breakfast will be On December 13th at the Ole Mexican Grill located at 2080 W Orange Grove Rd. Sign-up sheet is located in the Clubhouse. Please

sign up by December 11th so that we may give the restaurant an accurate headcount ... the November breakfast at Ole went very well. Look forward to seeing you there. Steve Horst

CHRISTMAS POTLUCK

Dec 25 at 2:30 pm.
Please sign up early, the sign-up sheet will be taken down on Dec 18 so the Social Committee will have time to buy the hams. Once again this is a POTLUCK so bring your own place setting & a dish to share for 8-10 people.

GOLF CART CHRISTMANS PARADE

Our 12th annual Golf Cart Parade is scheduled for December 10th, all are welcome just decorate your golf cart, your bicycle, yourself and join us. The parade will start at 4:15 so meet at the clubhouse at 4:00. After the parade we will meet at the clubhouse for a social event, all are welcome. Please bring your own drinks and some snacks to share. There will be a sing along led by Linc & Helen Keilman. Between 6:30 and 7:00 those who have

lights, and wish to, we will tour the parade route one more time. **SPECIAL NOTE:** For those of us that have lights on our carts we will meet at the clubhouse on Dec. 17th and 22nd at 6:15 and tour the park at 6:30, then meet at Bernie and Anita's for a get-together around their fire pit. (byob) Any questions call Bill Behrendsen at (916) 798-7733

HIGHLANDS BOOK CLUB

HIGHLANDS BOOK CLUB meets in the clubhouse at 10 a.m. on the second Monday of the month, for an informal discussion of books. At the December 11 gathering readers will share a personal selection with "RED" or "GREEN" in the title or on the cover. This "open format" makes for lively conversation across genres. For January, we will read a book in common, "Snow Flower and the Secret Fan," by Lisa See. Everyone is welcome - no sign up necessary.

INTERNATIONAL LUNCHEON

December 7th at Bottega Michelangelo's 420 W Magee Rd. **WE WILL LEAVE THE CLUBHOUSE AT 11:15 a.m.** Limited seating, so sign up quickly please. Call or text Suzan with any questions. 575-937-3737

ARTS & CRAFTS

We will be making Terra Cotta Santas. Come join on Dec 13th us at our usual time of 1:00 in The Resource Room

to make this fun and easy craft. The cost of \$5 to offset the materials will be collected at the time of class. Sign-up on the clipboard located in the Clubhouse card/poker.

COMMUNITY AND WHITE ELEPHANT SALES

This year the Community Yard Sale will be held on Saturday, Feb. 17th, 2024. If you have any items that you're looking to sell there will be a "Sign-up" sheet in the Clubhouse (Dec. 1st) for you to put your name and address on. We will post the sale on Craig's List, but you can also purchase a RED helium balloon at Dollar Tree or Fry's for \$1.50 to help identify your address for those looking to buy items. We will post a sign on the road by the office that advises prospective buyers to look for those balloons as they drive through The Highlands. The White Elephant Sale will be held Saturday, Feb. 24th, 2024 from 8:00 to noon. The money brought in on this day is used to help support our Social Committee activities. We will be looking for donations of household items, tools, jewelry, yard tools, lawn chairs, ...almost anything **EXCEPT** clothing, bedding, hats, and shoes. Any items that are **NOT** sold will be boxed up and set aside where "Tucson HelpVets" will come and pick them up and use them for their facility supporting area Veterans.

CHRISTMAS TOY DRIVE

To donate new, unwrapped toys, just put them under the tree in our clubhouse by Monday, December 18th. Kathy and Terry Reagan will deliver them to the Gospel Rescue Mission. Thanks, to you. Jane Force

COAT, HAT, MITTEN DRIVE

To donate warm clothing, put under the tree in the clubhouse unwrapped. Kathy and Terry Reagan will deliver to the Gospel Rescue Mission.

JOLLY QUILTERS

The quilt club will be offering free Christmas wrapping at the Coffee Klatch on Dec. 9th. Any donations are appreciated but not required. The donations help offset our current service project, Child Protection Services.

NEW YEAR'S EVE PARTY

Sunday Dec. 31 at 6:00 pm Bernie Lee is selling tickets or get them at Friday's Socials. \$20. per person this includes a dinner, and music by Gus D' Oldie & Ms. Gina. BYOB

ATTENTION HIGHLAND BAKERS

Just thinking ahead to our White Elephant/Bake Sale. We need your favorite recipes for Feb 24, 2024. More info in Jan. Fling!

MARKETPLACE

Residents can buy/sell/items or services to other residents of the Highlands.

Email CROSEHIGHLANDS23@GMAIL.COM and put *Marketplace* in subject line. Then send a brief description and your contact information.

FOR SALE BY OWNER

10668 N Kittatinny Ave.

Situated on a full & true double lot (8276 SF.). Interior of 1968 SF inclusive of a 500 SF. stick-built family room addition w/ a walk-in closet & office. Family room with outstanding mountain views has potential to become a fabulous master suite. Extra large patio with spectacular mountain views. 2 BRs; 2 BAs; A/C plus a 3-evap cooler system; Gas furnace & new hot water heater; All electric kitchen; Washer & Dryer; Workshop. "Home Will Sell As Is"

Shown & Information by appointment only
Call or text Robb Gray @ 520-471-4729

FORD RANGER 2008 XLT Supercab 4x2.
165,000 miles

Call Nancy 780-608-6792 (on Rainier)

SCHWINN recumbent exercise bike.

I paid \$450, will part for \$130. Text interest at 847-431-0232. Rich Vertel.

THANKS TO DAVE ARMSTRONG FOR THIS DELICIOUS RECIPE!

(Only joking - but don't tell the pack rats that!)

Poisoning rodents will poison other animals up the food chain. Please consider this and try this tried-and-true alternative: **1 to 1 mix of jiffy corn muffin mix to Baking Soda**, the Jiffy mix will attract the rat and the baking soda is what kills the rat. Mix it up, pile it near activity.

NEIGHBORHOOD ALERT. We had about 12 mature cactus specimens stolen around the Clubhouse grounds Fri.or Sat. (11/24-25) night. I know residents here would not do that - but perhaps fly-by-night landscapers. If you have any ideas, hired someone you didn't know or saw anything suspect, **please contact us. Thank you.**

LAST PAGE

This section is a communication between the board and our residents, plus a Marketplace to list sale/rent/trade/services in the neighborhood.

BOARD OF DIRECTORS RESUMES NEEDED

The Highlands annual election will be held Friday, Feb. 2nd, 2024. We are seeking 3 members to replace outgoing directors. **There is a December 10th deadline to apply.** Please email or drop resumes off at the office by Dec. 10th. Please call Rich Vertel - with any questions that you may have. 847-431-0232

Email: Highlands332@gmail.com

PHOTOS IN OUR DIRECTORY.

If you want to participate you can email a photo to Connie (include your name and put "directory photo" in subject line) before the February '24 printing. Connie - **crosehIGHLANDS23@gmail.com**.

Don't have a digital photo? Connie can scan one. **Also - Sara offered to take photographs at the next Board Meeting (December 20).**

WE NEED HELP. Just a little bit of muscle and commitment. This time of year we cover and uncover the pool. If you can help with this - there will be a sign up sheet in the poker room. As Elizabeth Hinds pointed out, our gas bills for keeping the pool at a balmy temperature is really costing us. We definitely need to attend to the pool cover, if you like the use of our beautiful pool all winter. Thanks to Rodney McBride for coordinating this chore.

QUESTIONS ABOUT THE RENTAL CAP BALLOT PROPOSAL?

Contact Chuck Ardingo via email or phone. He will hold an informational meeting in January at the clubhouse, the date to be determined. dingo457@msn.com or 206-919-7487.

DECEMBER 2023

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31 New Year's Eve New Year's Eve Party 6:00 PM	1	<div> <div>November 2023</div> <table> <tr><td>S</td><td>M</td><td>T</td><td>W</td><td>T</td><td>F</td><td>S</td></tr> <tr><td></td><td></td><td></td><td>1</td><td>2</td><td>3</td><td>4</td></tr> <tr><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td></tr> <tr><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td><td>17</td><td>18</td></tr> <tr><td>19</td><td>20</td><td>21</td><td>22</td><td>23</td><td>24</td><td>25</td></tr> <tr><td>26</td><td>27</td><td>28</td><td>29</td><td>30</td><td></td><td></td></tr> </table> </div> <div> <div>January 2024</div> <table> <tr><td>S</td><td>M</td><td>T</td><td>W</td><td>T</td><td>F</td><td>S</td></tr> <tr><td></td><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td></tr> <tr><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td></tr> <tr><td>14</td><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td><td>20</td></tr> <tr><td>21</td><td>22</td><td>23</td><td>24</td><td>25</td><td>26</td><td>27</td></tr> <tr><td>28</td><td>29</td><td>30</td><td>31</td><td></td><td></td><td></td></tr> </table> </div>			S	M	T	W	T	F	S				1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30			S	M	T	W	T	F	S		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31				All Activities in the Clubhouse/Pool EXCEPT <u>Green= Resource Room</u> <u>Red= Off Site Activity</u>	
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THE HIGHLANDS FLING

January, 2022

www.thehighlandsinc.com

520-297-2722



JANUARY EVENTS

Sun – Jan 9

Celeb of Life 2:00 pm
Brenda Henderson

Tue – Jan 11

Potluck 5:30 pm

Wed – Jan 12

Men's Breakfast 8:00 am

Sun – Jan 16

Karaoke & Pizza 5:00 pm

Wed – Jan 19

Open Board Meeting
10:00 am

Fri – Jan 21

Social Committee
Meeting 9:00 am

Sat – Jan 22

Dinner & Dance with
Clear Country 5:00 pm

Tue – Jan 25

Jam Session 6:00 pm

**PLEASE SIGN UP IN
THE POKER ROOM AT
THE CLUBHOUSE!**

ATTENTION GOLFERS

On Monday, January 10th at 2:30 p.m., there will be an informational meeting for all Highlands' golfers who may be interested in a golf league/ outings, or just meeting other golfers in our community. The meeting will be held in the Clubhouse and is open to men and women of all skill levels. If you cannot attend the meeting but would like additional information, call Al Rausch at (319) 350-2117.

HORAC REPORT

The Highlands' Outdoor Recreational Activities Committee conducted a survey last spring. After reviewing results of the survey, we presented the following potential upgrades to THI Board on December 15, 2021.

Based on potential use, we need a RAMADA (a covered area with open sides) for some classes and events. This is a long-range, high cost item to repurpose part of the laundry drying area. The following are based on popularity:

BOCCE BALL – ready for play now, but will be upgraded when money is available.

CORNHOLE – two games ready to play.

Equipment for Bocce Ball and Cornhole is kept in the shed which can be opened with your pool key.

MINI GOLF will be redesigned using \$1000 provided by THI Board. Volunteers are needed for constructing and painting this project. The coordinator is Ron Weihl (231) 292-2554.

DID YOU KNOW?

The Conditions, Covenants and Restrictions (CC&Rs) of The Highlands prohibit yard sales except for the annual Community Yard Sale in late February. This information can be found in Section 6, Solicitation. The only exception is for a moving or estate sale when you sell your home and are leaving The Highlands.

JANUARY BIRTHDAYS

Jan & Ron Pepperdine – Jan 3
John Osier – Jan 7
Sue Cook – Jan 11
Sarah Yoakum – Jan 13
Mary Pasquini – Jan 15
Jamie Horst – Jan 17
Judy Calkins – Jan 18
Kent Hinds – Jan 18
Louise Adams – Jan 21
Anita Lee – Jan 31

ART COMMITTEE OFFERINGS

The Highlands' Art Committee will be offering five workshops this winter. All are suitable for beginners at minimal cost. Most materials will be furnished. The number of participants for each workshop will be limited for the safety and comfort of all. Watch for sign-up sheets in the clubhouse before each event. If you are an artist who prefers to work at home, please submit something for the art show scheduled for March 24.

Workshops happen on Monday afternoons at 1:30 in the Resource Room next to the office. Unscheduled weeks are open craft days where you can bring your own project to work on or complete.

Schedule (subject to change)

Jan 10 – Basic Jewelry Making with Jeanie Wehl. Complete an aluminum or copper pendant using basic techniques. Use of tools and materials provided. Limit six participants. Cost \$20

Jan 24 – A second Basic Jewelry Making for six new participants.

Feb 7 – Intro to Zentangle with Kay DeLong and Vonnie Lincoln.

Feb 21 – Clay pot painting with Sharon Dennis.

Mar 7 – Dipped mugs with Patti Triplett.

Mar 24 – Thursday Evening Art Show for all to enjoy and be inspired by our Highlands' artists.

Because of limited space, we encourage only fully vaccinated individuals to register for the workshops.

Other art happenings are the popular gourd decorating classes with Ginny Tanner and Helen Keilman, plus an intensive oil painting class in February with Char Sax, details to be announced.

WINTER POOL HOURS

The pool will be open from 10:00 a.m. until 5:00 p.m. during the winter months. If the outside temperature is below 65 degrees, the pool will remain closed.

WELCOME BACK QUILTERS

The Highlands' quilting group will meet again on Thursday afternoons beginning January 6th at 1:00 p.m. in the Clubhouse. Anyone who is interested in coming to check out the group is welcome. Questions should be directed to Sheila Tomac at (920) 619-8074 or Lori Tendler at (605) 323-8009.

EXERCISE CLASS

Shelly Whitlatch, exercise physiologist, is back teaching balance and fitness classes. Same time, same place: every Monday and Thursday from 8:00 a.m. until 8:55 a.m. beginning January 3 at the Highlands' Clubhouse. The fee is \$5 per class or \$30 a month. The first class is free. For additional information, call Shelly at (520) 349-3037.

CELEBRATION OF LIFE

A celebration of the life of Brenda Henderson will be held in the Clubhouse on January 9th from 2:00 to 4:00 p.m.

DINNER & DANCING!

Grab your cowboy hat and dust off your boots. On Saturday, January 22nd, we'll be dancing to the music of "Clear Country Band". Dinner will be served at 5:15 p.m. We'll have pulled pork, beans, coleslaw, coffee and dessert. Tickets are \$15 each, but buy early because seating is limited. Questions can be directed to Cindy Bennett at (810) 599-8929 or Bernie Lee at (520) 409-8709.

STRESS MANAGEMENT WORKSHOP

There will be a new class starting January 12th. Learn and practice new skills for handling stress, substituting old habits with more effective ones, in a supportive group of Highlanders. Scientists have proven, in fact there are many reports of, changed brains.

Tools taught will include Mindfulness, EFT/Tapping, Meditation, Journaling, Breathing Techniques, Body Scan, Visualization, etc.

Dr. Christina Gilman, a full-time Highlands' owner, earned her doctorate in Counseling from Boston University. She has been facilitating Personal Growth Skills with individuals and groups for years.

Meetings will be held in the Resource Room next to the office on Wednesdays from 2:00 to 3:30 p.m. beginning January 12. The fee is \$5. Please wear a mask. For more information, call (808) 754-7894 or email drchristinagilman@gmail.com



IT'S BAAAACK!

Pizza and Karaoke is back, Sunday, January 16th, at 5:00 p.m. Join your friends and neighbors for a nice meal, then stick around to help entertain or be entertained by those same friends and neighbors. Just \$5 each will get you Domino's Pizza, salad and coffee (or bring your own beverage). Please sign up and mark your choice of pizza so we know how much to buy. We'll provide the table service (plates and plastic ware). And, you'll have four chances to win back your \$5 with a few trivia questions. See ya all there!

CARDS SENT

Marilyn Staley reported the following cards were sent:

Florence Dutton, Get Well
Kent Hinds, Get Well
Lynn Nix, Get Well
Eleanor Spiker, Sympathy
Loss of her husband,
Charles

If you know of someone who should receive a card from The Highlands, please contact Marilyn at (520) 484-8532.

Note From Marilyn: I want to thank all those who donated cards to me. **THANK YOU!** The cards are greatly appreciated and will be put to good use.

TAI CHI AT THE HIGHLANDS New Class Starting Soon!

Tai Chi is proven to have a positive effect on one's overall health. Studies show that the practice of Tai Chi improves and prevents many chronic conditions including arthritis, heart disease and diabetes. It also improves balance and reduces stress!

The Tai Chi for Health program was created by Dr. Paul Lam of the Tai Chi for Health Institute (taichiforhealthinstitute.org), and is endorsed by the Arthritis Foundation and the Center for Disease Control and Prevention. The movements are gentle and beneficial. They can even be performed seated!

Starting January 6, 2022, certified instructors Andy Gerrie and Meredith Hentschel will offer a beginning class in Tai Chi for Health at the Highlands' Clubhouse. Classes will be on Thursday mornings at 10:00 on a donation basis. All proceeds benefit the program. For more information, e-mail highlandstaichi@hotmail.com.



Walter Kauz
Charles Spiker

COZI YOGI CHAIR

My Gift to the Highlands Community, in celebration of my one year residency – your January sessions will be complimentary!

New Beginnings – give your breath and Cozi Yogi Chair a chance.

New Time – Tuesdays and Fridays from 9:30 a.m. to 10:30 a.m.

New Relationships – In union with your body, your breath and your balance.

New Neighbors – meet me.

New Newbies – no excuses.

We supply the chair – just bring your derriere.

Hope to see you there!

Thank you for your support!
Dianne Jacobs (520) 403-1815.

MEN'S BREAKFAST

This month's Men's Breakfast will be held on January 12th at 8:00 a.m. The men will meet at their favorite place, Jerry Bob's at Magee and Oracle.

INFORMATION FROM THE EDITOR

You may have noticed that we have several new events here at The Highlands. I have had to add many lines to the calendar and it's almost impossible to fit everything in. If I need additional lines in the future, I will have to omit Aquafit from one or more days. Since Aquafit is held Monday through Saturday at 10:00 a.m., it is most logical to leave off.

The Fling Newsletter will be delivered to your home beginning in November and continue through April. During the summer months, we ask that you pick it up in the Clubhouse or Resource Room because we don't know which residents are on vacation or have left for the season.



COMMUNITY YARD SALE AND WHITE ELEPHANT SALE

The annual Community Yard Sale is scheduled for February 19th and the White Elephant Sale is scheduled for February 26th. Additional details for signing up, etc. will be given in the February Fling. For those of you who are new to the community, we recommend displaying your unwanted items at the Yard Sale and donating any unsold items to the White Elephant Sale. We do not accept clothing or shoes for the White Elephant Sale, but most household items sell well. Just make sure the items are clean and suitable for sale. Proceeds of the sale help support activities of the Social Committee. For additional information, please call Jamie Horst (309) 230-0233 or Steve Horst (309) 781-5154.

The deadline for Fling articles is the 20th of each month. Please send information to Carol Nadeau at cboydna@aol.com. Please indicate "Fling Article" or something similar in the subject line.

JANUARY 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																																																																				
						1 New Year's Day Aquafit 10:00 am																																																																																				
2 Bingo 2:00 pm	3 Exercise 8:00 am Aquafit 10:00 am Hand & Foot 1:00 pm Crafts 1:30 pm Chess 2:00 pm Ping Pong 7:00 pm	4 Coffee 8:00 am Riverfront Yoga 9:00 am Chair Yoga 9:30 Aquafit 10:00 am Tai Chi 10:45 am Tai Chi 1:30 pm	5 Aquafit 10:00 am Chair Yoga 10:00 am Hand & Foot 1:00 pm Cards/Games 6:00 pm	6 Exercise 8:00 am Riverfront Yoga 9:00 am Tai Chi 10:00 am Aquafit 10:00 am Quilt Group 1:00 Gourd Class 1:00 pm Cards/Games 6:00 pm	7 Chair Yoga 9:30 Aquafit 10:00 am 5 Crowns 1:00 pm Social Hour 4:00 pm	8 Kaffee Klatsch 9:00 am Aquafit 10:00 am																																																																																				
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THE HIGHLANDS FLING

February, 2022

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520-297-2722



FEBRUARY EVENTS

Fri – Feb 4

Annual Open Board
Meeting 1:00 pm

Sun – Feb 6

Celebration of Life
2:00 pm

Tue – Feb 8

Potluck 5:00 pm

Fri – Feb 11

Dinner and Entertainment by
Manny Herrera 5:00 pm

Sat – Feb 19

Community Yard Sale
7:00 am

Mon – Feb 21

Outdoor Games Grand
Opening 2:00 pm

**PLEASE SIGN UP IN
THE POKER ROOM AT
THE CLUBHOUSE!**

ANNUAL OPEN BOARD MEETING FEBRUARY 4th

The Annual Open Board Meeting will be held in the Clubhouse on Friday, February 4th at 1:00 p.m. Newly elected Directors will be announced and other Highlands' business will be discussed. All members are encouraged to attend this important meeting.

Note: If you did not return your absentee ballot and wish to vote in person, you may do so between 8:00 and 10:00 a.m. at the Clubhouse. The Clubhouse will be closed from 10:00 a.m. until noon to allow the committee to count the votes.

WELCOME NEW RESIDENTS

Kathleen Hurlbert –
325 Shenandoah
Rodney McBride –
125 Matterhorn

DINNER & ENTERTAINMENT

February 11 at 5:00 p.m.
Entertainment by Manny Herrera. Tickets are \$15 each and sales are limited; no sales at the door. Purchase tickets at the Friday Social Hour from 4:00 to 5:00 p.m.

FEBRUARY BIRTHDAYS

Ray Scantlan – Feb 2
Rosie Bussman – Feb 6
Jack Nunez – Feb 11
Meredith Hentschel – Feb 16
Chris Fargo – Feb 17
Cindy Bennett – Feb 19
Cheryl Sommer – Feb 20
Ron Baumbeck – Feb 21
Joan Clow – Feb 23
Linda Nix – Feb 23
Laura Nelson – Feb 27
Linc Keilman – Feb 29

ATTENTION READERS!

Interested in an ongoing book group? Join us in the Clubhouse at 10:00 a.m., Monday, February 7, for an informational conversation and possibilities. Bring your ideas, experiences and be prepared to note a favorite book or author. Questions should be directed to Valerie Day at (607) 565-9387.

SCHEDULE CHANGES

Potlucks will be at 5:00 pm from now on.

Quilters' Tea CANCELLED
White Elephant Sale
CANCELLED

Char Saxe regrets that she is unable to come and offer a painting class this year.

FEBRUARY POTLUCK

This month's potluck will be hosted by Bill and Louise Bohrer, but it will be a regular potluck, not the usual baked potatoes. Be sure to bring your place settings and a dish to share. Please sign up and note that it starts at 5:00.

HIGHLANDS' GOLFERS GROUP

The golf group is now active weekly and open to new members. We play on Wednesdays, starting at 11:00 a.m., at Silverbell, and we play a best shot. When there is a Board Meeting, we play on Tuesday. Sign-up sheets are in the Clubhouse each week for the following week. Come meet your fellow residents and enjoy a relaxing round of golf! Questions can be directed to Al Rausch at (319) 350-2117 or Terry Tendler at (605) 360-1761.

MEN'S BREAKFAST

The Men's Breakfast will be held on February 9th at Jerry Bob's on Oracle and Magee at 8:00 a.m. Please be sure to sign up so we can make a reservation.

HIGHLANDS' PROUD?

If you like living here, how about showing our pride by wearing a shirt with our logo? HORAC members will soon be selling shirts at coming events as a fundraiser toward future outdoor projects. Cheryl Haggard is our contact at (520) 609-1340.

LET OUR GAMES BEGIN!!

On Monday afternoon, February 21, from 2:00 to 5:00 p.m., we'll be celebrating the grand reopening of the Highlands' Outdoor Activities area. We will have live music by KT Classics.

At 4:00 a supper of a frank with a bun or hamburger with a bun, condiments, chips, cupcake or brownie will be offered at a cost of \$7 per person. We will also be serving lemonade and water or BYOB. The ticket chairperson is Ron Weihi at (231) 292-2554.

You are encouraged to bring your chair.

Currently, the equipment for five games including mini-golf, bocce ball, cornhole, shuffleboard and horseshoes, is in the sheds which can be opened with your pool key.

COMMUNITY YARD SALE

Our Community Yard Sale will be held on February 19, from 7:00 a.m. until 1:00 p.m. If you have items you want to sell and want your house listed on the map, there is a sign-up sheet at the Clubhouse. Please print your name and address on the sheet. There will be maps at the entrance; however, we recommend everyone with items to sell purchase a balloon for their mailbox. Helium balloons can be purchased for \$1 at Frys or the Dollar Store.

The sale will be advertised in the local newspaper. Please contact John Sand at (520) 270-2688 with questions.

ART COMMITTEE OFFERINGS FOR FEBRUARY

Activities listed require participants to be fully vaccinated and boosted. There is no charge for either activity.

The Zentangle workshop scheduled for February 7 has been changed to individual outdoor lessons. Please contact Vonnie Lincoln at (541) 990-0998 or sign up to make arrangements.

For the clay pot painting on February 21, please bring your own pot. Paints, brushes and ideas will be provided. Watch for the sign-up sheet.

Char Saxe regrets that she is unable to offer a painting class this year.



Florence Dutton
Bob Marshall

Note: A memorial for Florence Dutton will be held on Saturday, February 12, at 11:00 a.m., at Shepherd of the Hills Lutheran Church, 8799 Northern Avenue, Tucson 85704. A luncheon will follow. All are welcome.

CARDS SENT

Marilyn Staley reported the following cards were sent:

Julie Loughridge, Get Well
Patti Triplett, Get Well
Dennis Weber, Get Well
Florence Dutton, Get Well
Cheryl Marshall, Sympathy
Loss of her husband, Bob
Florence Dutton Family,
Sympathy at Florence's
passing.

If you know of someone who should receive a card from The Highlands, please contact Marilyn at (520) 484-8532.

COZI YOGI CHAIR

Happy Heart Day! Instead of taking your breath away, Cozi Yogi wants to give you your breath back.

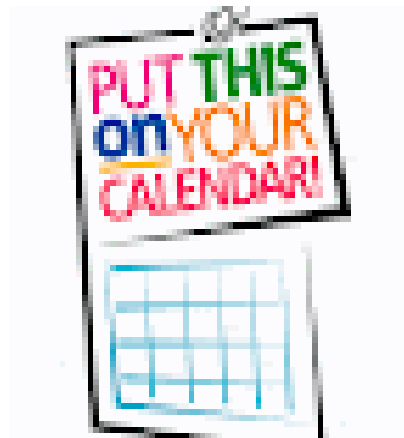
Thanks to those who supported me last month. It was my joy to share in the benefits to your well-being. Let's keep feeling better and better.

In the beginning of my Yoga journey, my instructor gave me encouragement with three simple messages.

- (1) Keep coming.
- (2) Breathe
- (3) Relax your shoulders

Chair Yoga in the Clubhouse on Tuesdays and Fridays from 9:30 to 10:15 a.m. Bring Water; Donations Appreciated!

Thank you for your support!
Dianne Jacobs (520) 403-1815.



March 5, 9:00 to 1:00
Craft Fair

March 9, Bus Trip
Barleen's \$68/person
Sign up in the Clubhouse
Jamie Horst is the contact

RETARDED GRANDPARENTS

(Submitted by Chuck Miller)

After Christmas, A teacher asked her young pupils how they spent their holiday away from school. One child wrote the following:

We always used to spend the holidays with Grandma and Grandpa. They used to live in a big house, but Grandpa got retarded and they moved to Arizona. Now they live in a tin box and have rocks painted green to look like grass. They ride around on their bicycles and wear name tags because they don't know who they are anymore. They go to a building called the wreck center, but they must have got it fixed because it is okay now. They do exercises there, but they don't do them very well. There's a swimming pool too, but they all jump up and down in it with their hats on. At their

gate, there is a doll house with a little old man sitting in it. He watches all day so nobody can escape. Sometimes they sneak out and go cruising in their golf carts. Nobody cooks, they just eat out. And, they eat the same thing every night... early birds. Some of the people who can't get out, bring food to the wrecked center for potluck. My Grandma says that Grandpa worked all his life to earn his retardment and says I should work hard so I can be retarded someday too. When I earn my retardment, I want to be the man in the doll house. Then, I will let people out so they can visit their grandchildren.

HOME DELIVERY OF THE FLING

The Fling Newsletter will be delivered to your home beginning in November and continue through April. During the summer months, we ask that you pick it up in the Clubhouse or Resource Room because we don't know which residents are on vacation or have left for the season.

The deadline for Fling articles is the 20th of each month. Please send information to Carol Nadeau at cboydna@aol.com. Please indicate "Fling Article" or something similar in the subject line.

FEBRUARY 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Coffee 8:00 am Riverfront Yoga 9:00 am Chair Yoga 9:30 Tai Chi 10:45 am Gourd Class 1:00 pm Tai Chi 1:30 pm	2 Aquafit 10:00 am Chair Yoga 10:00 am Hand & Foot 1:00 pm Holdem Tournamt 1:30 Stress Mgmt 2:00 pm Cards/Games 6:00 pm	3 Riverfront Yoga 9:00 am Chair Yoga 10:00 am Hand & Foot 1:00 pm Stress Mgmt 2:00 pm Cards/Games 6:00 pm	4 Chair Yoga 9:30 am Open Board Mtg 1:00 Aquafit 10:00 am 5 Crowns 1:00 pm Social Hour 4:00 pm	5 Aquafit 10:00 am
6 Celebration of Life 2:00 pm 8-Ball Tournament 5:00 pm	7 Aquafit 10:00 am Hand & Foot 1:00 pm Crafts 1:30 pm Chess 2:00 pm Ping Pong 7:00 pm	8 Coffee 8:00 am Riverfront Yoga 9:00 am Chair Yoga 9:30 Tai Chi 10:45 am Tai Chi 1:30 pm Potluck 5:00 pm	9 Hand & Foot 1 pm Men's Breakfast 8:00 am Chair Yoga 10:00 am Holdem Tournamt 1:30 Stress Mgmt 2:00 pm Cards/Games 6:00 pm	10 Riverfront Yoga 9:00 am Chair Yoga 10:00 am Hand & Foot 1:00 pm Stress Mgmt 2:00 pm Cards/Games 6:00 pm	11 Chair Yoga 9:30 am Aquafit 10:00 am 5 Crowns 1:00 pm Dinner/Entertainment 5:00 PM	12 Kaffee Klatsch 9:00 am Aquafit 10:00 am
13 Bingo 2:00 pm 8-Ball Tournament 5:00 pm	14 Aquafit 10:00 am Hand & Foot 1:00 pm Crafts 1:30 pm Chess 2:00 pm Ping Pong 7:00 pm	15 Coffee 8:00 am Riverfront Yoga 9:00 am Chair Yoga 9:30 Aquafit 10:00 am Tai Chi 10:45 am Tai Chi 1:30 pm	16 Aquafit 10:00 am Chair Yoga 10:00 am Hand & Foot 1:00 pm Holdem Tournamt 1:30 Stress Mgmt 2:00 pm Cards/Games 6:00 pm	17 Riverfront Yoga 9:00 am Chair Yoga 10:00 am Hand & Foot 1:00 pm Stress Mgmt 2:00 pm Cards/Games 6:00 pm	18 Social Comm. 9:00 am Chair Yoga 9:30 am Aquafit 10:00 am 5 Crowns 1:00 pm Social Hour 4:00 pm	19 Community Yard Sale Aquafit 10:00 am
20 Bingo 2:00 pm 8-Ball Tournament 5:00 pm	21 Aquafit 10:00 am Hand & Foot 1:00 pm Crafts 1:30 pm Chess 2:00 pm Ping Pong 7:00 pm	22 Coffee 8:00 am Riverfront Yoga 9:00 am Chair Yoga 9:30 Tai Chi 10:45 am Tai Chi 1:30 pm Jam Session 6:00 pm	23 Aquafit 10:00 am Chair Yoga 10:00 am Hand & Foot 1:00 pm Holdem Tournamt 1:30 Stress Mgmt 2:00 pm Cards/Games 6:00 pm	24 Riverfront Yoga 9:00 am Chair Yoga 10:00 am Hand & Foot 1:00 pm Stress Mgmt 2:00 pm Cards/Games 6:00 pm	25 Chair Yoga 9:30 am Aquafit 10:00 am 5 Crowns 1:00 pm Social Hour 4:00 pm	26 Kaffee Klatsch 9:00 am Aquafit 10:00 am Community Yard Sale CANCELLED
27 Bingo 2:00 pm 8-Ball Tournament 5:00 pm	28 Aquafit 10:00 am Hand & Foot 1:00 pm Crafts 1:30 pm Chess 2:00 pm Ping Pong 7:00 pm				NOTE: Aquafit is every day Monday thru Saturday at 10:00 a.m. Sometimes it won't fit on a date!	
		January 2022 S M T W T F S 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31		March 2022 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31		All Activities Held in Clubhouse/Pool Area EXCEPT: Green = Resource Room/Office Red = Off Site Activity

THE HIGHLANDS FLING

March, 2022

www.thehighlandsinc.com

520-297-2722



MARCH EVENTS

Sat – Mar 5

Craft Fair 9 am to 1pm

Tue – Mar 8

Potluck 5:00 pm

Wed – Mar 9

Barleen's Opry 9:30 am

Wed – Mar 16

Open Board Meeting
10:00 am

Fri – Mar 18

Social Committee
Meeting 9:00 am

Sun – Mar 20

Chicken & Karaoke 5:00 pm

Fri – Mar 25

Annual Art Exhibit
Open House 10 am to 4 pm

Sun – Mar 27

Bus Trip to Renaissance
Festival & Windmill Winery

Tue – Mar 29

Jam Session 6:00 pm

**PLEASE SIGN UP IN
THE POKER ROOM AT
THE CLUBHOUSE!**

CRAFT FAIR

Come to the Clubhouse on Saturday, March 5, between 9:00 a.m. and 1:00 pm.

Residents have signed up to sell handcrafted items.

Please make time to stop by and support your neighbors.

ART SHOW

The Art Show is back as an Open House! After two years of cancellations, the Art Show has been redesigned with public health in mind. Instead of one short evening with crowds of people, the Clubhouse will be open from 10 a.m. to 4 p.m. on Friday, March 25, so everyone can come when they please. Refreshments will be served. Some art will be for sale, other pieces will be just for admiring. Come and support your local artists, find inspiration and see never-before displayed works in many styles and mediums.

Artists: pick up submission forms in the Clubhouse and return to Sharon Dennis by March 16. The committee needs time to make labels and plan how to best display the works.

MARCH BIRTHDAYS

Colleen Nolan – Mar 1

Joann Leider – Mar 5

Kathy Zeleznik – Mar 8

Darlene Sand – Mar 10

Barbara Moe – Mar 13

Dan Wojdyla – Mar 19

Lela Krohn – Mar 24

MARCH ART WORKSHOPS

The following Art Workshops will be held at 1:30 p.m. in the Resource Room.

On March 7, Patti Triplett will teach a workshop on mug dipping to create beautiful designs on coffee mugs. Cost is \$5 per person with all materials provided. Participation is limited. Sign up at the Clubhouse.

On March 21, Sharon Dennis will offer everyone a chance to try coloring designs for adults as a relaxing mindfulness practice. Printed pages will be available at no cost, and there is no need to sign up in advance. Just bring your own colored pencils.

MEN'S BREAKFAST

This month's Men's Breakfast will be held on March 9 at 8:00 a.m. The men will meet at their favorite place, Jerry Bob's at Magee and Oracle.

BOOK GROUP

The Highlands' Book Group meets at 10 a.m. on the second Monday of each month, in the Clubhouse. March 14 discussion will be a biography or memoir of your choice. All are welcome.

MONTHLY MONDAY MUSIC

After the great response to our first outdoor concert, our second one is planned with KT Klassics on Monday, March 28, from 2 to 5 p.m. Tickets are \$5 and can be purchased from Ron Wehl (231) 292-2554. Please bring your own drink and a chair.

CARDS SENT

Marilyn Staley reported the following cards were sent:

Ernie Lehner, Get Well
Randy Shouse, Get Well
Jean Jackson, Get Well
Robert Jeffery, Get Well
Jim Coffee, Thinking of You
Nancy Clark, Thinking of You
Stan Petterson, Thinking of You

Paul Gerleman, Thinking of You

Bob Williams, Sympathy
Loss of his wife, Doris

If you know of someone who should receive a card from The Highlands, please contact Marilyn at (520) 484-8532.

Note From Marilyn: Thanks again folks for all the cards donated.

CLUCK, CLUCK, CLUCK!

Join us Sunday, March 20th at 5:00 p.m. for Chicken and Karaoke/Sing-Along. Meet with your friends and neighbors for a nice chicken meal, then stick around to help entertain or be entertained by those same friends and neighbors. Only \$5 will get you fried chicken, potato wedges, salad and coffee (or bring your own beverage). Please sign up in the poker room so we know how much to buy. Don't forget to **bring your own table service**. Also, we'll give you four chances to win back your \$5 with a few trivia questions. See ya there!

FROM HORAC

The Highlands' Outdoor Activities Committee is sponsoring tournaments in March and April. Please sign up in the Poker Room.

When the Highlands' Logo shirts arrive, we will put up the sandwich board at the four-way stop!

Thank you all for your support! Highlands' Proud!

LADIES' LUNCH

The Ladies' Lunch will be on March 24, at Olive Garden in the Oro Valley Marketplace. Meet at 11:30 a.m. at the Clubhouse. Questions should be directed to Lucy Phelan at (970) 290-4007.

NEIGHBORHOOD WATCH

Hello neighbors! Here are a couple of things you should know. First, Neighborhood Watch Patrol will NEVER be in your yard at night. The only time we enter anyone's yard is when someone asks us to keep an eye out while they are away. We do perimeter patrols in the daytime only, for the safety of our members. If someone is in your yard after sunset, call 911 immediately. The police urge you to do so.

Please lock your vehicles and house doors at ALL TIMES. We had a vehicle robbed in the community this week, and the police say they are likely to return because they weren't caught. Two different neighbors have seen someone looking in their windows in the middle of the night and multiple trespass incidents have been reported between and behind homes after sunset.

Various neighboring communities have reported peeping Toms, burglaries and vehicle break-ins. Recently police had the entire neighborhood next to us on watch, urging residents to stay inside as they sought a criminal. Please, please be vigilant. Crime in Oro Valley is up 1500 percent. We will continue to do what we can to help keep our neighborhood safe.

Elizabeth Hinds, Neighborhood Watch Coordinator
(520) 440-7056 text or message.

WINTER POOL HOURS

The pool will be open from 10:00 a.m. until 5:00 p.m. during the winter months. If the outside temperature is below 65 degrees, the pool will remain closed.

VOTING RESULTS

Here are the results of the votes cast for the Annual Meeting in February. Four people were elected to the Board of Directors:

Gary Wilkinson
Yvonne Kuhlman
Richard Vertel
David Cruz

The three proposed changes to the CC&Rs all passed.

HOME DELIVERY OF THE FLING

The Fling Newsletter will be delivered to your home beginning in November and continue through April. During the summer months, we ask that you pick it up in the Clubhouse or Resource Room because we don't know which residents are on vacation or have left for the season.

The deadline for Fling articles is the 20th of each month. Please send information to Carol Nadeau at cboydna@aol.com. Please indicate "Fling Article" or something similar in the subject line.

MARCH 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Coffee 8:00 am Riverfront Yoga 9:00 am Chair Yoga 9:30 Tai Chi 10:45 am Texas Hold'em 1:15 pm Tai Chi 1:30 pm	2 Ash Wednesday Aquafit 10:00 am Chair Yoga 10:00 am Hand & Foot 1:00 pm Cards / Games 6:00 pm	3 Riverfront Yoga 9:00 am Tai Chi 10:00 am Aquafit 10:00 am Quilt Group 1:00 Cards/Games 6:00 pm	4 Chair Yoga 9:30 am Aquafit 10:00 am 5 Crowns 12:30 pm Social Hour 4:00 pm	5 Craft Fair 9:00am -1pm Aquafit 10:00 am
6 Bingo 2:00 pm 8-Ball Tournament 5:00 pm	7 Aquafit 10:00am Hand & Foot 1:00 pm Crafts 1:30pm Chess 2:00 pm Ping Pong 7:00 pm	8 Coffee 8:00 am Riverfront Yoga 9:00 am Chair Yoga 9:30 Tai Chi 10:45 am/1:30 pm Texas Hold'em 1:15 pm Potluck 5:00 pm	9 Aquafit 10:00 am Men's Breakfast 8:00 am Barleens Opry 9:30 am Chair Yoga 10:00 am Hand & Foot 1:00 pm Cards / Games 6:00 pm	10 Riverfront Yoga 9:00 am Tai Chi 10:00 am Aquafit 10:00 am Quilt Group 1:00 Cards/Games 6:00 pm	11 Chair Yoga 9:30 am Aquafit 10:00 am 5 Crowns 12:30 pm Social Hour 4:00 pm Mariachi Night 5:00 pm	12 Kaffee Klatsch 9:00 am Aquafit 10:00 am
13 Daylight Saving Bingo 2:00 pm 8-Ball Tournament 5:00 pm	14 Aquafit 10:00am Book Club 10:00 -11:00 am Hand & Foot 1:00 pm Crafts 1:30 pm Chess 2:00 pm Ping Pong 7:00 pm	15 Coffee 8:00 am Riverfront Yoga 9:00 am Chair Yoga 9:30 Tai Chi 10:45 am Texas Hold'em 1:15 pm Tai Chi 1:30 pm	16 Aquafit 10:00 am Board Meeting 10:00 am Hand & Foot 1:00 pm Cards / Games 6:00 pm	17 St. Patrick's Day Riverfront Yoga 9:00 am Tai Chi 10:00 am Aquafit 10:00 am Quilt Group 1:00 Cards/Games 6:00 pm	18 Social Comm. 9:00 am Chair Yoga 9:30 am Aquafit 10:00 am 5 Crowns 12:30 pm Social Hour 4:00 pm	19 Aquafit 10:00 am
20 Vernal equinox (GMT) Bingo 2:00 pm Chicken & Karaoke 5:00 PM	21 Aquafit 10:00am Hand & Foot 1:00 pm Crafts 1:30pm Chess 2:00 pm Ping Pong 7:00 pm	22 Coffee 8:00 am Riverfront Yoga 9:00 am Chair Yoga 9:30 Tai Chi 10:45 am Texas Hold'em 1:15 pm Tai Chi 1:30 pm	23 Aquafit 10:00 am Chair Yoga 10:00 am Hand & Foot 1:00 pm Cards / Games 6:00 pm	24 Riverfront Yoga 9:00 am Ladies Lunch 11:30 am Art Committee All Day	25 8th Annual Art Exhibit 10:00 am - 4:00 pm Open House No Social Hour	26 Kaffee Klatsch 9:00 am Aquafit 10:00 am
27 8:00 am Renaissance Festival & Windmill Winery Bingo 2:00 pm 8-Ball Tournament 5:00 pm	28 Aquafit 10:00am Hand & Foot 1:00 pm Crafts 1:30 pm Chess 2:00 pm Ping Pong 7:00 pm	29 Coffee 8:00 am Riverfront Yoga 9:00 am Chair Yoga 9:30 Tai Chi 10:45 am Texas Hold'em 1:15 pm Tai Chi 1:30 pm	30 Aquafit 10:00 am Chair Yoga 10:00 am Hand & Foot 1:00 pm Cards / Games 6:00 pm	31 Riverfront Yoga 9:00 am Tai Chi 10:00 am Aquafit 10:00 am Quilt Group 1:00 Cards/Games 6:00 pm		NOTE: Aquafit is every day Monday thru Saturday at 10:00 a.m. Sometimes it won't fit on a date!
		February 2022 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28		April 2022 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30		All Activities Held in Clubhouse/Pool Area EXCEPT: Green = Resource Room/Office Red = Off Site Activity

THE HIGHLANDS FLING

April, 2022

www.thehighlandsinc.com

520-297-2722



APRIL EVENTS

Sat – Apr 2

Pancake Breakfast
7:00 am to 9:15 am

Sun – Apr 3

Ice Cream Social 1:00 pm

Sat – Apr 9

Grill Meat 5:00 pm

Tue – Apr 12

NO POTLUCK

Fri – Apr 15

Social Committee
Meeting 9:00 am
(last one this season)

Wed – Apr 20

Open Board Meeting
10:00 am

Tue – Apr 26

Jam Session 6:00 pm
(last one)

**PLEASE SIGN UP IN
THE POKER ROOM AT
THE CLUBHOUSE!**

PANCAKE BREAKFAST

Saturday, April 2, 2022

Serving from 7:00 to 9:15 am

**Come One Come All
No Sign-up Needed !**

All You Can Eat Pancakes,
Sausage, Orange Juice,
Coffee and Real Butter
Bring your own cup, plate &
silverware
Just \$5.00

HUGHES BILL

You have probably noticed that your bill for trash pickup by Hughes Sanitation has a \$3.00 fuel surcharge. Our contract with Hughes states that if gas prices go above \$4.00 we will be charged \$1.00 per month surcharge. This is temporary and will be removed if/when gas prices go below \$4.00.

GRILL YOUR OWN MEAT

Come to the Clubhouse on Saturday, April 9, at 5:00 for this popular event. We provide the grill, you bring the meat of your choice and grill it yourself. Potato salad, baked beans and dessert will be provided for \$3.00 per person. Please be sure to bring your table service.

ICE CREAM SOCIAL

There will be an Ice Cream Social on April 3, 2022, at 1:00 p.m. in the Clubhouse. This event is FREE. Be sure to sign up so we know how much ice cream to buy!

APRIL BIRTHDAYS

Dianne Jacobs – Apr 1
Morris Coville – Apr 4
Donna Baumbach – Apr 17
Lucy Phelan – Apr 27
Bud Bates – Apr 27
Gary Wilkenson – Apr 28
Marg Rehnberg – Apr 30

WELCOME NEW RESIDENTS

Josephine Galli
309 W Andes
Robert & Diane Hurley
10666 N Everest
Paul & Ann Hines
121 W Vesuvius
Mary Sims
229 W Shenandoah



Stan Petterson

MEN'S BREAKFAST

This month's Men's Breakfast will be held on April 13 at 8:00 a.m. The men will meet at their favorite place, Jerry Bob's at Magee and Oracle.

GOT WEEDS?

Please be sure to take care of weeds on your property before you leave town. We would hate to have to send you a weed letter!

BOOK GROUP

The Highlands' Book Group meets in the Clubhouse at 10 a.m. on the second Monday of the month. We do not read a specific book, but share our reading around a theme for the month. On April 11, we will discuss books set in Arizona or written by Arizona authors. Choose a new book from any genre, or report on one you have read previously. Our Highlands' library has several choices available including books by Zane Grey, J.A. Jance and Barbara Kingsolver. Men and women are participating and no sign up is required.

CARDS SENT

Marilyn Staley reported the following cards were sent:

David Knudsen, Get Well
Bernie Lee, Get Well
Morris Coville, Sympathy
Loss of his mother
Joan Petterson, Sympathy
Loss of her husband, Stan

If you know of someone who should receive a card from The Highlands, please contact Marilyn at (520) 484-8532.

COZI YOGI CHAIR

Beginning May 1st, Cozi Yogi Chair classes will be suspended until The Fall.

Thank You to those supporters of self-care and sharing in the presented breath and wellness exercises;

and especially our mutual meditation sessions.

I have greatly appreciated being Your Guide on this Journey!

Enjoy Your Summer!

Dianne

SNOW BIRDS

Have a great summer and we'll see you in the fall!

HOME DELIVERY OF THE FLING

This is the last month the Fling Newsletter will be delivered to your home until November. During the summer and early fall months, we ask that you pick it up in the Clubhouse or Resource Room because we don't know which residents are on vacation or have left for the season. Thanks so much!

The deadline for Fling articles is the 20th of each month. Please send information to Carol Nadeau at cboydna@aol.com. Please indicate "Fling Article" or something similar in the subject line.

APRIL 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 April Fool's Day Chair Yoga 9:30 am Aquafit 10:00 am 5 Crowns 12:30 pm Social Hour 4:00 pm	2 Pancake Breakfast 7 am Aquafit 10:00 am Texas Hold'em 2:15 pm
3 Ramadan begins Ice Cream Social 1 pm Bingo 2:00 pm 8-Ball Tournament 5:00 pm	4 Aquafit 10:00am Hand & Foot 1:00 pm Crafts 1:30pm Chess 2:00 pm Ping Pong 7:00 pm	5 Coffee 8:00 am Riverfront Yoga 9:00 am Chair Yoga 9:30 Tai Chi 10:45 am Texas Hold'em 1:15 pm Tai Chi 1:30 pm	6 Aquafit 10:00 am Chair Yoga 10:00 am Hand & Foot 1:00 pm Cards / Games 6:00 pm	7 Riverfront Yoga 9:00 am Tai Chi 10:00 am Aquafit 10:00 am Quilt Group 1:00 Cards/Games 6:00 pm	8 Chair Yoga 9:30 am Aquafit 10:00 am 5 Crowns 12:30 pm Social Hour 4:00 pm	9 Kaffee Klatsch 9:00 am Aquafit 10:00 am Texas Hold'em 2:15 pm Grill Your Own 5 pm
10 Bingo 2:00 pm 8-Ball Tournament 5:00 pm	11 Aquafit 10:00am Book Club 10:00 am Hand & Foot 1:00 pm Crafts 1:30 pm Chess 2:00 pm Ping Pong 7:00 pm	12 Coffee 8:00 am Riverfront Yoga 9:00 am Chair Yoga 9:30 Tai Chi 10:45 am/1:30 pm Texas Hold'em 1:15 pm NO Potluck	13 Aquafit 10:00 am Men's Breakfast 8:00 am Chair Yoga 10:00 am Hand & Foot 1:00 pm Cards / Games 6:00 pm	14 Riverfront Yoga 9:00 am Tai Chi 10:00 am Aquafit 10:00 am Quilt Group 1:00 Cards/Games 6:00 pm	15 Good Friday Social Comm. 9:00 am Chair Yoga 9:30 am Aquafit 10:00 am 5 Crowns 12:30 pm NO Social Hour	16 Passover Aquafit 10:00 am Texas Hold'em 2:15 pm
17 Easter Bingo 2:00 pm 8-Ball Tournament 5:00 pm	18 Taxes Due Aquafit 10:00am Hand & Foot 1:00 pm Crafts 1:30pm Chess 2:00 pm Ping Pong 7:00 pm	19 Coffee 8:00 am Riverfront Yoga 9:00 am Chair Yoga 9:30 Tai Chi 10:45 am Texas Hold'em 1:15 pm Tai Chi 1:30 pm	20 Aquafit 10:00 am Board Meeting 10:00 am Hand & Foot 1:00 pm Cards / Games 6:00 pm	21 Riverfront Yoga 9:00 am Tai Chi 10:00 am Aquafit 10:00 am Quilt Group 1:00 Cards/Games 6:00 pm	22 Earth Day Chair Yoga 9:30 am Aquafit 10:00 am 5 Crowns 12:30 pm Social Hour 4:00 pm	23 Kaffee Klatsch 9:00 am Aquafit 10:00 am
24 Bingo 2:00 pm 8-Ball Tournament 5:00 pm	25 Aquafit 10:00am Hand & Foot 1:00 pm Crafts 1:30pm Chess 2:00 pm Ping Pong 7:00 pm	26 Coffee 8:00 am Riverfront Yoga 9:00 am Chair Yoga 9:30 Tai Chi 10:45 am/1:30 pm Texas Hold'em 1:15 pm Jam Session 6:00 pm	27 Admin Assist Day Aquafit 10:00 am Chair Yoga 10:00 am Hand & Foot 1:00 pm Cards / Games 6:00 pm	28 Riverfront Yoga 9:00 am Tai Chi 10:00 am Aquafit 10:00 am Quilt Group 1:00 Cards/Games 6:00 pm	29 Chair Yoga 9:30 am Aquafit 10:00 am 5 Crowns 12:30 pm Social Hour 4:00 pm	30 Aquafit 10:00 am Texas Hold'em 2:15 pm
		March 2022 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31		May 2022 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31		All Activities Held in Clubhouse/Pool Area EXCEPT: Green = Resource Room/Office Red = Off Site Activity

THE HIGHLANDS FLING

May, 2022

www.thehighlandsinc.com

520-297-2722



MAY EVENTS

Thu – May 5

Cinco De Mayo
Potluck 4:00 pm

Tue – May 10

NO POTLUCK

**PLEASE SIGN UP IN
THE POKER ROOM AT
THE CLUBHOUSE!**

HIGHLANDS' DIRECTORY

We would like to include residents' email addresses in the 2023 edition of the Highlands' Directory. If you choose to have your email address included in the directory, please submit it to Lynne Jordan, Office Manager, at highlands332@gmail.com or to Yvonne Kuhlman, Board Secretary at kuhlmayv@luther.edu

CINCO DE MAYO POTLUCK

Come to the Clubhouse on Thursday, May 5, at 4:00 for a Cinco De Mayo Potluck. Cocktails (bring your own) at 4:00 p.m.; dinner at 5:00 p.m. Please sign up in the Clubhouse. Bring a dish to share and don't forget your table setting!

BOOK GROUP CHAT

"I'm Not Old – I'm a Classic!" You are invited to join other readers to share a book published in the year of your birth. From "Nancy Drew" to "1984", from Agatha Christie to Winston Churchill – a book

of your choice from any genre. All are welcome to join this informal conversation in the Clubhouse at 10:00 a.m., the second Monday of the month. Next gathering May 9.

MAY BIRTHDAYS

Ed Triplett – May 3
Donna Fritz – May 5
Jean Jackson – May 5
Carol Nadeau – May 6
Tyann Wallace – May 11
Bob Wallace – May 15
Jerry Dennis – May 16
Reed Snell – May 16
Shirley Tomac – May 16
Larry Clow – May 22
Lee Olson – May 22
Bernie Lee – May 24
Helen Keilman – May 26
Jean Sellers – May 29
Bill Kuhlman – May 30

WELCOME NEW RESIDENTS

David Ihrig
233 W Appalachian

MEN'S BREAKFAST

April was the last outing of the H.O.M.E. Boys Breakfast this spring. Watch the Fling for startup in the fall. Thanks to all who participated, and we always have room for more.

Steve Horst.



CARDS SENT

Marilyn Staley reported the following cards were sent:

Ken & Karen Reinking,
Sympathy, Loss of their Son

Kathy Bentler Zeleznik,
Thinking of You

If you know of someone who should receive a card from The Highlands, please contact Marilyn at (520) 484-8532.

ATTENTION DOG OWNERS

We have had several complaints regarding people bringing their dogs into the Clubhouse. We are aware that the Federal Guidelines say that service, assistance and emotional support animals are allowed in common areas. For the sake of those with allergies and/or who are afraid of dogs, we respectfully request you keep dogs in the outdoor common areas. Thank you for your consideration.

5 CROWNS

5 Crowns is discontinued until fall.



In Memory Of Joe Zeleznik

The deadline for Fling articles is the 20th of each month. Please send information to Carol Nadeau at cboydna@aol.com. Please indicate "Fling Article" or something similar in the subject line.

MAY 2022

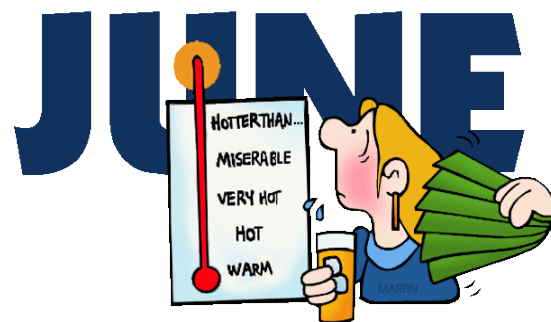
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Bingo 2:00 pm	2 Aquafit 10:00am Hand & Foot 1:00 pm Ping Pong 7:00 pm	3 Coffee 8:00 am Riverfront Yoga 8:30 am Texas Hold'em 1:15 pm Tai Chi 1:30 pm	4 Aquafit 10:00 am Hand & Foot 1:00 pm Cards / Games 6:00 pm	5 Cinco de Mayo Riverfront Yoga 8:30 am Aquafit 10:00 am POTLUCK 4:00 pm	6 Aquafit 10:00 am Social Hour 4:00 pm	7 Aquafit 10:00 am Texas Hold'em 2:15 pm
8 Mother's Day NO BINGO	9 Aquafit 10:00am Book Club 10:00 am Hand & Foot 1:00 pm Ping Pong 7:00 pm	10 Coffee 8:00 am Riverfront Yoga 8:30 am Texas Hold'em 1:15 pm Tai Chi 1:30 pm NO POTLUCK	11 Aquafit 10:00 am Hand & Foot 1:00 pm Cards / Games 6:00 pm	12 Riverfront Yoga 8:30 am Aquafit 10:00 am Cards / Games 6:00 pm	13 Aquafit 10:00 am Social Hour 4:00 pm	14 Kaffee Klatsch 9:00 am Aquafit 10:00 am Texas Hold'em 2:15 pm
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22 Bingo 2:00 pm	23 Aquafit 10:00am Hand & Foot 1:00 pm Ping Pong 7:00 pm	24 Coffee 8:00 am Texas Hold'em 1:15 pm Tai Chi 1:30 pm	25 Aquafit 10:00 am Hand & Foot 1:00 pm Cards / Games 6:00 pm	26 Aquafit 10:00 am Cards / Games 6:00 pm	27 Aquafit 10:00 am Social Hour 4:00 pm	28 Kaffee Klatsch 9:00 am Aquafit 10:00 am Texas Hold'em 2:15 pm
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THE HIGHLANDS FLING

June, 2022

www.thehighlandsinc.com

520-297-2722



JUNE EVENTS

Wed – June 8

Men's Breakfast
8:00 a.m.

Tue – June 14

Potluck – 5:00 p.m.

**PLEASE SIGN UP IN
THE POKER ROOM AT
THE CLUBHOUSE!**

HOMEOWNER LANDLORDS – IT'S THE LAW!

If you rent out your home in an HOA community, Arizona Revised Statutes state that you must provide the following information to your HOA (our office): The name and contact number of any adults occupying the property, the time period of the lease, including the beginning and ending dates, a description and license plate numbers of the tenants' vehicles and a government issued identification with a photo to confirm the tenant(s) meet the community's age restriction. Failure to comply may result in fines.

MEN'S BREAKFAST

Some of the men have expressed interest in continuing the Men's Breakfast throughout the summer. Ed Pearlberg (520) 404-8486, has volunteered to host the popular event. The breakfast will be held at Jerry Bob's on Magee and Oracle on the second Wednesday of the month, June 8, at 8:00 a.m. Meet at the Clubhouse at 7:45 if you need a ride. Don't forget to sign up so we can make a reservation.

JUNE BOOK CHAT: MYSTERIES

"As far as I'm concerned, you can't beat a good whodunit; the twists and turns, the clues and the red herrings and then, finally, the satisfaction of having everything explained to you in a way that makes you kick yourself because you hadn't seen it from the start." – ANTHONY HOROWITZ

Come discuss that wide-ranging genre of "mystery" reading. Share a favorite author, a classic re-read, cozy plot or psychological thriller. This is intentionally a "no-stress" book club. Read what you choose.

Monday, June 13, 10 a.m. in the Clubhouse. No sign-up needed. Everyone is welcome!

WELCOME NEW RESIDENTS

Jack and Michelle McCarthy
10684 N. Stromboli Ave.
Dorie Zelen
318 W. Appalachian St.

JUNE BIRTHDAYS

Larry Day – June 1
Jo Galli – June 4
Terri Sebastian – June 5
Judi Olson – June 9
Lorraine Tomac – June 10
Andy Gerrie – June 11
Bill Behrendsen – June 12
Valerie Day – June 12
Sandy Fiordalis – June 12
Carol Behrendsen – June 17
Vonnice Lincoln – June 19
Jim Tomac – June 20
Judy Pope – June 22
Lloya Osier – June 24
Mike Cook – June 28
Bob Nolan – June 26

NEIGHBORHOOD WATCH ALERT

Recently we have had some late-night prowlers in our community. They have been seen by residents, but not yet apprehended by police. The culprits have knocked on the outside of homes, tapped on windows, and even rung doorbells between 9:00 p.m. and 4:00 a.m. These pranks could be an attempt to get residents to unlock their door or even come outside. NEVER go outside if this happens, call 911 immediately; don't wait until morning because the police want to establish a pattern. It is a good idea to invest in a ring doorbell or other video device. The police are capable of transferring the video from your phone to theirs. Be Alert; Stay Safe!

Elizabeth Hinds
Neighborhood Watch
Coordinator
(520) 440-7056

CARDS SENT

Marilyn Staley reported there were no cards sent this past month.

If you know of someone who should receive a card from The Highlands, please contact Marilyn at (520) 484-8532.

SYNOPSIS OF GOLDER RANCH SAFETY PRESENTATION

By Elizabeth Hinds

Three representatives of Golder Ranch Fire Department's Community Assistance Program came to the Clubhouse and gave a presentation on fire safety. The information is beneficial to all residents.

*All outside electrical should be ground-fault circuit interrupter protected and all electric tools should be stored out of the weather.

*Cooking safety includes staying in the kitchen when the stove is on and keeping anything flammable away from the cooktop. For a small grease fire, turn off the burner and cover the pan with a lid. If fire is in the oven, turn it off and keep the door closed.

*Grilling should be done out from under the eaves and tree branches, and away from patio railings. Never use lighter fluid or other flammable liquids. Check the hoses on your gas grill tank each year prior to use.

*Smoke alarms should be changed every ten years and their batteries should be changed every year.

*It was suggested that seasonal residents turn off their power before leaving. Always unplug items after use, including phone chargers, to avoid electrical fires.

*A free fire safety inspection is available from the fire department. You may purchase a resident lockbox so the fire fighters or paramedics can enter your home without breaking down your door during an emergency.

*Wildfire risk management was discussed due to the recent fires in the mountains. Red, yellow and green readiness door hangers were distributed.

*If you were unable to attend, you can pick up a pocket refrigerator magnet to hold your medication list for paramedics to access during a medical emergency.

SAVE THE DATE

A potluck is planned for July 4 at 12:30 p.m. Please sign up in the Clubhouse.

The deadline for Fling articles is the 20th of each month. Please send information to Carol Nadeau at cboydna@aol.com. Please indicate "Fling Article" or something similar in the subject line.

JUNE 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																																																																											
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THE HIGHLANDS FLING

July, 2022

www.thehighlandsinc.com

520-297-2722



JULY EVENTS

Mon – July 4

Potluck – 12:30 p.m.

Wed – July 13

Men's Breakfast
8:00 a.m.

**PLEASE SIGN UP IN
THE POKER ROOM AT
THE CLUBHOUSE!**

HOMEOWNER'S INSURANCE INFO

I recently received my annual statement for my homeowners' insurance and realized the total home replacement payout was only \$108,000 and personal property (clothes, furniture, etc.) was \$60,000.

I contacted my insurance company, Oakley Insurance Group on Oracle Road in Tucson, and had them run the numbers on the three Manufactured Home insurance providers they represent for the best price on increasing my homeowner's insurance.

The best coverage they could find was with my current provider, American Summit. I upped my coverage to \$160,000 with an additional \$40,000 for a complete rebuild, and personal property to \$80,000 with a total cost replacement adder (insurance companies discount personal property claims to garage sale prices without this provision).

I also upped my personal liability from \$100,000 to \$300,000. My deductible went from \$500 to \$1,000.

All of this was about \$100 extra for the year.

That's a "no brainer" as my property has increased in value about 50% (maybe more) in the last year.

Let me know if I can answer any questions.

Gary Wilkinson
116 W. Matterhorn
(575) 937-6783
garrwilk@msn.com

MEN'S BREAKFAST

This month's breakfast will be held at Jerry Bob's on Magee and Oracle, July 13, at 8:00 a.m. Meet at the Clubhouse at 7:45 if you need a ride. Don't forget to sign up so we can make a reservation.

Questions should be directed to Ed Pearlberg (520) 404-8486.

JULY BOOK CHAT

Join the discussion of "Killers of the Flower Moon: The Osage Murders and the Birth of the FBI". True crime and U.S. history are explored in this acclaimed 2017 bestseller – soon to be released as a movie directed by Martin Scorsese.

Monday, July 11, 10 a.m. in the Clubhouse. No sign-up needed. Everyone is welcome!

WELCOME NEW RESIDENTS

David & Cheryl McCaskey
425 W. Matterhorn
Nancy Nunez
301 W. Matterhorn
Walter Ranson
465 W. Matterhorn
Gerald Freund & Ann Highum
254 W. Adirondack

JULY BIRTHDAYS

Bob Beck – July 2
Ed Pearlberg – July 4
Ken Reinking – July 13
Kelly Gelhaus – July 17
Chris Baumbach – July 18
Lori Tandler – July 18
Kathy Ahlberg – July 20
Kathy Reagan – July 20
Sharon Dennis – July 21
Deanna Lederer – July 21
Lloyd Tomac – July 27
Dan Wallace – July 27
Linda Wilcoxson – July 28

Belated June Birthday

Jane Force – June 9

The deadline for Fling articles is the 20th of each month. Please send information to Carol Nadeau at cboydna@aol.com. Please indicate "Fling Article" or something similar in the subject line.

CARDS SENT

Marilyn Staley reported the following cards were sent during the past month:
Barbara Scantlan – Thinking of You
Lucy Phelan – Thinking of You
Kathy Reagan – Get Well
Kelly Gelhaus – Get Well
Jerry Dennis – Get Well
Elizabeth Hinds – Get Well
Marv Billings – Sympathy Loss of his wife Deb
Sarah Yoakum – Sympathy Loss of her sister
Connie Rose – Sympathy Loss of her mother, Jean

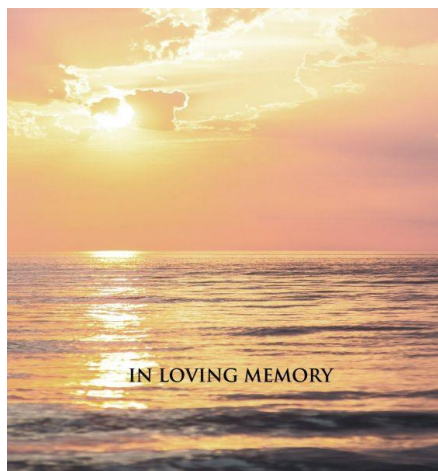
If you know of someone who should receive a card from The Highlands, please contact Marilyn at (520) 484-8532.



If you live on the west side of The Highlands, you have seen this mother/daughter walking duo. In fact, you've seen them almost daily. That was Jean Rose and her daughter, Connie. Sadly, Jean passed away shortly after her 97th birthday. She walked up to the gazebo with my brother on her birthday, May 19. She died peacefully at home on June 6, after congestive heart failure retired her.

I want to thank the community of The Highlands for their support, encouragement and friendship as we pursued this trek almost every single day since 2013. Mom agreed that this is the best community to live in – both for the people and walking safely.

Connie Rose



**Jean Rose
Nancy Muzzy**

JULY 2022

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THE HIGHLANDS FLING

August, 2022

www.thehighlandsinc.com

520-297-2722



AUGUST EVENTS

Tue – August 9
Potluck – 5:00 p.m.

Wed – August 10
Men's Breakfast
8:00 a.m.

Saturday
August 13 & 27
NO COFFEE

Sun – August 14
NO BINGO

**PLEASE SIGN UP IN
THE POKER ROOM AT
THE CLUBHOUSE!**

COMPLIANCE CORNER

The speed limit (15 mph) applies to all moving vehicles, cars, golf carts and bicycles. Please drive carefully as we are a 55+ community and don't move as swiftly as when we were younger.

Assistance animals are to be kept on a leash no longer than six (6) feet. Make sure you have your neighbor's permission to allow your animal to trespass onto their property. And thanks for picking up after their deed is done.

AUGUST BIRTHDAYS

Jerry Ferrill – August 4
Marilyn Staley – August 10
Terry Reagan – August 11
Dan Lincoln – August 11
Ginny Tanner – August 14
Addie Everett – August 19
Kathy Wallace – August 26

TEXAS HOLD'EM

Everyone is welcome. Tuesday, Thursday and Saturday at 2:15 in the Clubhouse. Please email Rich Vertel at rvertel@gmail.com 24 hours in advance if interested in playing. Please enter POKER in the email subject line.

WELCOME NEW RESIDENTS

Andrew & Cecelia Brannon
10718 Kilimanjaro
Cynthia Wolfe
309 Andes

HIGHLANDS' BOOK CHAT

BOOK or MOVIE – which was best??

*Monday, August 8
*10 a.m. in the Clubhouse
*Informal – No sign up needed
From "The Wizard of Oz" to "Anatomy of a Scandal" books find their way to the screen. This month, choose a book that has been made into a movie or series. Check out the book and/or movie and come join the conversation. Classics or modern; comedy, tragedy or mystery; silver screen, Netflix or Amazon Prime. A list of possibilities is posted in the library.

MEN'S BREAKFAST

The men's breakfast will be on August 10, at their favorite place, Jerry Bob's at Magee and Oracle. Meet at the Clubhouse at 7:45 if you need a ride. Don't forget to sign up!

AUGUST 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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21 Bingo 2:00PM	22 Aquafit 10:00am Hand & Foot 1:00pm	23 Coffee 8:00am Aquafit 10:00am Texas Hold 'em 2:15pm	24 Aquafit 10:00am Hand & Foot 1:00pm Cards & Games 6:00pm	25 Aquafit 10:00am Texas Holdem 2:15pm Cards & Games 6:00pm	26 Aquafit 10:00am Social Hour 4:00pm	27 Aquafit 10:00am Texas Hold 'em 2:15pm
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THE HIGHLANDS FLING

September 2022

www.thehighlandsinc.com

520-297-2722



SEPTEMBER EVENTS

Tue - September 13
Potluck – 5:00 p.m.

Wed - September 14
Men's Breakfast
7:45 a.m.

Fri - September 16
9:00 Social Committee
Meeting

Thurs - September 22
Lady's Luncheon
11:30 a.m.

**PLEASE SIGN UP IN
THE POKER ROOM AT
THE CLUBHOUSE!**

NEW FLING KEEPER

Starting this month, Lynne Jordan will be editing The Highlands Fling. Please send all information to Highlands332@gmail.com. Thank you, Carol Nadeau for many years of service!

CHAIR/OFFICE YOGA

A gentle class for anyone who prefers not to be down on the floor. All yoga postures will be done seated or standing, using a chair as a prop for support and balance. The class will be well-rounded with a variety of stretches and breathing techniques to help you feel more flexible, relaxed, and stronger and energized! All Welcome, guys included! Led by Susan Weber, Highland's resident. Susan has been a certified yoga instructor since 2001.

Class is approximately 45 minutes, donations accepted. Call Susan at 505-927-4216 to register or for any questions that you may have. First class is Wednesday, 9/7/22 10:00 a.m. & each Wednesday in September.

BOARD OF DIRECTORS RESUMES NEEDED

The Highlands annual election will be held Friday, Feb. 3rd, 2023. We are seeking 4 members to replace outgoing directors. Please email or drop resumes off at the office. Please call or email Sara Danville- Gelhaus with any questions that you may have. 951-453-1035 kbgsld@sbcglobal.net

WELCOME NEW RESIDENTS

Paul & Angie Carbone
300 W. Matterhorn
Sharon Caruso
240 W. Matterhorn

LADYS LUNCHEON

The lady's luncheon will be on Sept. 22, at Cracker Barrel, 8400 N Cracker Barrel Rd, Tucson. Meet at the Clubhouse at 11:30, if you need a ride. Don't forget to sign up!

MEN'S BREAKFAST

The men's breakfast will be on Sept 14th, at their favorite place, Jerry Bob's at Magee and Oracle. Meet at the Clubhouse at 7:45 if you need a ride. Don't forget to sign up!

CARDBOARD BOXES

Please break down cardboard boxes for the trash. It may increase our trash rates if we don't.

HIGHLANDS' BOOK CHAT

Meets the 2nd Monday at 10:00 a.m., in the clubhouse. No signup required. We choose a "Theme", you choose a book. We offer brief reviews and conversation ensues. NEXT MEETING: Monday 9/12/22 at 10:00 a.m. THEME: Presidents. Any genre works from Four volumes on LBJ by Robert Caro to The President is missing, by Bill Clinton. Oct. 10th theme: Travel.

SEPTEMBER BIRTHDAYS

Larry Wilcoxson- 9/6
Suzanne Wilkinson- 9/8
Lynn Fuller- 9/9
Myrna Wenaas- 9/10
Craig Bennett- 9/13
David Cruz- 9/13
Chris Horst- 9/18
John Sands- 9/18
Gail Horst- 9/20
Madeline Hurley- 9/21
Mary Rausch- 9/23
Alan Ahlberg- 9/23
DeDe Venott- 9/27
Bill Krohn- 9/29

CARDS SENT

Cards sent by Marilyn Staley:

Andrew Brannen- Get Well
Donato Valdivia- Get Well
Joan Clow- Get Well
Kelly Gelhaus- Get Well
Vonnie Lincoln- Get Well
Kathy Bentler- Get Well
Lucy Phelan- Get Well
Ursula Forssell- Get Well

NOTE: If you know of someone who should receive a card, please call Marilyn at (520) 484-8532.

SAVE THE DATE

Oct. 1st, 2022, Clubhouse 7-10 p.m.
Baba Marimba! World Beat Music.
Come dance or just listen to this multi-talented Tucson Group. You will hear saxophone, trumpet, flute, viola, guitar, bass, drums percussion and kalimbas for a fun evening of exciting music!

Mark your calendars, invite your friends & come out! BYOB & kindly asking \$10.00 per person to reimburse all this talent!

Oct. 19th, 2022, The Highlands Community will be 62 years old. We will be celebrating with a party in the clubhouse on Oct. 12th. Entertainment by Joe Bourne. Later this month tickets will be sold at Social Hour on Fridays in the Clubhouse from 4:00-5:00. This is where tickets can be purchased for future events.

SEPTEMBER 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																																																																													
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4 Bingo 2:00PM	5 Labor Day	6 Coffee 8:00am Texas Hold 'em 2:15pm	7 Chair Yoga 10am Cards & Games 6pm	8 Texas Hold 'em 5:30pm	9 Social Hour 4pm	10 Kaffee Klatsch 9:00am Texas Hold 'em 2:15pm																																																																																													
11 Patriot Day Grandparents Day Bingo 2:00PM	12 Book Club 10am	13 Coffee 8:00am Texas Hold 'em 2:15pm Potluck 5pm	14 Men's Breakfast 8:00am Chair Yoga 10am Cards & Games 6pm	15 Texas Hold 'em 5:30pm	16 Social Committee 9am Social Hour 4pm	17 Constitution Day Texas Hold 'em 2:15pm																																																																																													
18 Bingo 2:00PM	19	20 Coffee 8:00am Texas Hold 'em 2:15pm	21 Chair Yoga 10am Cards & Games 6pm	22 Ladies Lunch 11:30 a.m Texas Hold 'em 5:30pm	23 Autumnal equinox (GMT) Social Hour 4pm	24 Kaffee Klatsch 9:00am Private Party 12:30pm-4pm																																																																																													
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THE HIGHLANDS FLING

October 2022

www.thehighlandsinc.com

520-297-2722



OCTOBER EVENTS

Sat- Oct. 1

CANCELLED: Baba Marimba

Tues.- Oct. 11

Potluck 5:00 p.m.

Wed.- Oct. 12

Men's Breakfast

Wed.- Oct.12

Anniversary Party
4:00 p.m.

Tues.- Oct.18

International Luncheon 12:00

Wed.- Oct.19

NO YOGA

Wed. - Oct.19

Board Meeting

Fri. – Oct. 21

Social Committee Meeting
9:00 a.m.

Sat.- Oct 22

Donato Valdivia's Birthday,
please wish him a Happy
Birthday.

Thurs. – Oct. 27

Ladies Luncheon

**LEASE SIGN UP IN THE
POKER ROOM AT THE
CLUBHOUSE!**

VOTER REGISTRATION

Hi Neighbor! As your Legislative District 17 Precinct Committeewoman, I have some information to share with you, regarding our state redistricting. Your Voter I.D. card has changed, so take a good look at it. Every 10 years Arizona has a redistricting, therefore, the Legislative District (LD) for Oro Valley use to be District 11 and now it is District 17. Also, the Congressional District (CD) has changed from District 1 to District 6. Deadline to register is October 11. If you have moved, or have had a name change, you will need to re-register to vote. I have the Voter registration forms if you need one. Please call me Tere Nunez 520-647-1166 if you need a form. Your Welcome Representative at The Highlands. Note: Nearest place to vote is Oro Valley Library on Niranja. **VOTE PROUD! REGISTER TODAY!**

OCTOBER BOARD MEETING

Please submit agenda items to the office by Oct.5th. Board meeting Oct. 19th at 10:00 a.m.

2023 PHONE DIRECTORY

We will now have emails listed in the community phone directory, please contact Lynne at the office if you would like to have your email included or if you need to update your information.

HIGHLANDS ANNIVERSARY PARTY



ENTERTAINMENT AND DINNER

Oct.12th at 4:00 p.m.
Entertainment and dinner. This year "The Highlands" is 62 years old. Come out and meet your neighbors and friends for a good time! We will be entertained by Joe Bourne by the pool, so bring your own chair & drink, immediately following, dinner will be at the clubhouse. Tickets will be sold at Social Hours on Fridays at the CLUBHOUSE from 4:00-5:00 p.m. Cost is \$15.00 per person.

INTERNATIONAL LUNCHEON

October's luncheon will be held at The Persian Room Fine Dining, 9290 N. Thornydale Rd, Tucson on Tuesday, Oct.18th. Meet at the Clubhouse at 11:30 **sharp** for carpool. If you will be driving yourself, please be at the restaurant by 12:00. Sign up in the Clubhouse, for further information, contact Suzan Wilkinson at suzzzwilk@gmail.com

LADYS LUNCHEON

The lady's luncheon will be on Oct.27th, Olive Garden, Market Place, Oro Valley. Meet at the Clubhouse at 11:30, if you need a ride. Don't forget to sign up!

COZI YOGI CHAIR

Welcome back to Cozi Yogi at the Clubhouse, beginning Oct. 4th & each Tuesday thereafter from 10:00 a.m. to 10:45 a.m. Chair poses, deep breathing exercise & To the Moon Mindful Meditation! On Tuesday, Nov. 1st New Journey Meditation with Crystal Singing bowl, come and experience sound healing. This will be after our regular class and part of our To the Moon Mindful Meditation! This is a special uplifting experience! All are welcomed! First class is complimentary to new students. Donations accepted! Contact Diane Jacobs for additional information (520)-403-1815.

MEN'S BREAKFAST

The men's breakfast will be on Oct.12th, at their favorite place, Jerry Bob's at Magee and Oracle. Meet at the Clubhouse at 7:45 if you need a ride. Don't forget to sign up!

WELCOME NEW RESIDENTS

Virginia Brooks
317 W. Weisshorn St.
Naomi Osgood
317 W. Weisshorn St.

POTLUCK HOST NEEDED FOR 2023 SEASON

The Social committee needs volunteers to host our monthly potlucks. If we have no Host for a particular month, the potluck will be cancelled for that month. Please consider volunteering to be on the list of hosts willing to be available. If interested, please contact Ed Triplett at (520-887-4120).

HIGHLANDS BOOK CHAT

HALE TO THE CHIEF!

10 a.m. Monday, Oct. 10th
Come to discuss a book with a presidential affiliation: Biography, memoir, historical fiction president as author. Example: The Bill Clinton/James Patterson mystery series available at The Highlands Library. We decide on a category and each reader chooses a book that fits that theme. The conversations are guaranteed to add books to your "TBR" list.

FROM THE COMPLIANCE CORNER

- Walkers- Walk against oncoming traffic in case you need to get out of the way quickly
- Cyclists and golf carts- Be aware of the speed limit. Many of us are not as fast as we used to be.

OCTOBER BIRTHDAYS

Terry Tendler 10/1
Jerry Lederer 10/2
Patty Ganoff 10/3
Ken Giallombardo 10/7
Mae Giallombardo 10/8
Tere Nunez 10/8
Barbara Mort 10/9
Al Rausch 10/9
Steve Horst 10/11
Patty Triplett 10/16
Donato Valdivia 10/22

BOARD OF DIRECTORS RESUMES NEEDED

The Highlands annual election will be held Friday, Feb.3rd, 2023. We are seeking 4 members to replace outgoing directors. Please email or drop resumes off at the office. Please call or email Sara Danville- Gelhaus with any questions that you may have. 951-453-1035
kbgsld@sbcglobal.net

SAVE THE DATE

In November we will be having a **CONTEST**: Decorate your golf cart, bike, or surrey in Hawaiian theme. Prizes will be awarded. November 14th, HAWAIIAN LUAU. Tickets will be sold at Social Hours on Fridays from 4:00-5:00.

OCTOBER 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																																																																				
25	26 Rosh Hashanah	27	28	29	30	1																																																																																				
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9 Bingo 2:00PM	10 Columbus Day Book Club 10am	11 Coffee 8:00am Chair Yoga 10am Texas Hold 'em 2:15pm Potluck 5:00pm	12 Men's Breakfast 8am Chair Yoga 10am Anniversary Party 4pm	13 Texas Hold 'em 4:30pm Cards & Games 6:00pm	14 Social Hour 4pm	15 Sweetest Day Texas Hold 'em 2:15																																																																																				
16 Boss's Day Bingo 2:00PM	17	18 Coffee 8:00am Chair Yoga 10am International Lunch 12PM Texas Hold 'em 2:15pm	19 Board Meeting 10am Cards & Games 6pm	20 Gourd Class 1:00-4:00 Texas Hold 'em 4:30pm Cards & Games 6:00pm	21 Social Committee 9am Social Hour 4pm	22 Kaffee Klatsch 9:00am Texas Hold 'em 2:15																																																																																				
23 Bingo 2:00PM	24 United Nations Day	25 Coffee 8:00am Chair Yoga 10am Texas Hold 'em 2:15pm	26 Chair Yoga 10am Cards & Games 6pm	27 Ladies Lunch 11:30am Gourd Class 1:00-4:00 Texas Hold 'em 4:30 Cards & Games 6:00pm	28 Social Hour 4pm	29 Texas Hold 'em 2:15																																																																																				
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THE HIGHLANDS FLING

November 2022

www.thehighlandsinc.com

520-297-2722



NOVEMBER EVENTS

Wed.- Nov. 9

Men's Breakfast
8:00 a.m.

Wed. – Nov. 9

Reserve Plan Informational
meeting 11:00

Sat. – Nov. 12

Decorate your cart, surrey, or
bike contest
9:15 a.m.

Mon. - Nov. 14

Hawaiian Lua
4:00 p.m.

Tues. - Nov. 15

International Luncheon
11:00 (meet at Clubhouse)

Wed.- Nov. 16

Board Meeting
10:00 a.m.

Thurs.- Nov. 17

Ladies Luncheon 11:30 a.m.

Fri. - Nov. 18

Social Committee Meeting
9:00 a.m.

Thurs. - Nov. 24

Thanksgiving Potluck
2:30 p.m.

**PLEASE SIGN UP IN
THE POKER ROOM AT
THE CLUBHOUSE!**

**VOTE LOUD!!
VOTE PROUD!!**

URGENT VOLUNTEERS NEEDED!

The Highlands is seeking people to run for the Board of Directors. If interested, please submit your resume by Dec. 3rd, 2022, for the February election.

POOL CLOSURE

The pool will be closed as of 11/15/22 for pool renovation. The project is estimated to take 30 days.

NOVEMBER BOARD MEETING

Please submit agenda items to the office by Nov 3rd. Board meeting will be Nov. 16th at 10:00 a.m.

DO YOU LIKE SPREAD SHEETS?

Bob Beck would like to train someone to manage our reserve plan. The work involves updating a spreadsheet of all capital equipment that we maintain. Want more info? Call Bob at 520-461-9540.

INFORMATIONAL MEETING: POSSIBLE CHANGE TO RESERVE PLAN SAVINGS

The Highlands current CCRs require that our Reserve Savings Plan satisfies a "100% Full Funding" equation. Bob Beck, in charge of the Reserve Plan, believes only an 80% Plan Savings approach is necessary. Bob will host an informational meeting in the Clubhouse to explain and justify the 80% approach, before recommending the Board propose a change to 80% for approval in the 2023 HOA elections. The meeting will occur on November 9th at 11:00 a.m. If you plan to attend, please sign up in the clubhouse, so we know how many handouts to make.

MILITARY VETERANS

Please check the clipboard in the clubhouse regarding Military Veterans. Please sign your name if you do not see it on the list. Names are listed by street. Call Colleen if you have questions or need further information 520-576-7804.

HANDICAP RESTROOM INFORMATIONAL MEETING

Reed Snell will host a meeting regarding the proposed Handicap Restroom Project. The meeting will be held on Tuesday, Nov. 15th, 11:00 a.m. at the Clubhouse.

NOTARY SERVICES

Notary services are now available at The Highlands office. This service is free to The Highlands Community. Please contact Lynne in the office for more information.

RENTAL REGISTRATION

According to Arizona Statutes 33-1806.01, you must notify the HOA when your home is being rented. Please provide name and contact number of tenants, time period of lease and proof of age.

NOVEMBER BIRTHDAYS

Paul Gerleman 11/01
Janet Reed 11/03
Claudia Jensen 11/04
Patty James 11/04
Karen Molique 11/09
George Tanner 11/15
Barbara Scantlan 11/16
Kathy Garver 11/20
Dori Zelin 11/20
Diane Leigh 11/23
Yvonne Kuhlman 11/24
Jan Hamilton 11/29
Javier Valdivia 11/29



LADIES LUNCHEON

The ladies' luncheon will be on Thurs. 11/17/22 at The Outback Steak House. Meet at the Clubhouse at 11:30.

INTERNATIONAL LUNCHEON CAFE DESTA

This is a lovely little Ethiopian food restaurant. The Ethiopian way to eat is with a bread and scoop it up and eat it. However, if you're not up to that you can request silverware. Hope you'll join us. We had lots of fun at the Persian Fine Dining. SIGN UP AT THE CLUBHOUSE to make your reservation. Men and Women are both invited. Tuesday, Nov. 29th. Meet at the Clubhouse at 11:00 a.m. to get people in as few cars as possible. We will have only a limited number of spaces. Hope you will join us for the fun! Gary and Suzan Wilkinson. If you have any questions, please text 575-937-3737.

GOLF CART CHRISTMAS PARADE

Our 11th Annual Golf Cart Christmas parade is Dec. 4th. All are welcome, just decorate your Golf Cart, bike, yourself, your car and join us. The parade will start at 4:15, so meet at the Clubhouse at 4:00. After the parade we will meet at the Clubhouse for a social event *all are welcome*. Please bring your own drinks and some snacks to share. There will be a sing along led by Linc and Helen Keilman, between 6:00 and 6:30 those who have lights, and wish to, we will tour the parade route one more time. For those of us that have lights on their carts, we will meet at Bernie Lee's home on Dec. 11th, 18th, and 23rd at 6:00 to tour the

park around 6:30. Any questions, please call Bill Behrendsen (916) 798-7733.

HAWAIIAN LUAU

November 14th at 4:00. Entertainment by Chuck Moses by the pool, so bring your own chair and drink, immediately following, dinner will be served at the Clubhouse. Tickets will be sold at the CLUBHOUSE on Fridays from 4:00-5:00 p.m. Cost is \$20.00 per person. Make sure you bring your ticket stub, this is a test, you need it for a chance to a chance to win a prize.

LUAU THEMED GOLF CART CONTEST

To get ready for our luau, we are having a cart, surrey or bike decorating CONTEST (Hawaiian themed). Bring your decorated vehicle to the Clubhouse on Nov. 12th, by 9:15 (Kaffee Klatch) judging will start at 9:30 a.m. Prizes will be handed out. Also, at Kaffee Klatch on Nov. 12th, there will be crafts for sale. These are made by our Community Members.

MEN'S BREAKFAST

The men's breakfast will on Nov. 9th at their favorite place, Jerry Bob's at Magee, and Oracle. Meet at the Clubhouse at 7:45 if you need a ride. Don't forget to sign up.

Are you on Facebook? Check us out "The Highlands of Oro Valley", you must live or own in the Highlands to join.

HIGHLANDS BOOK CLUB

Meets 2nd Mondays at 10 a.m. in the Clubhouse. At the gathering on Nov. 14th readers are invited to present a travel book of your choice. We also will be planning our selections for the next few months, so participants are asked to bring recommendations of two books they would suggest for a group read AND a topic or theme for our "Fun and Flexible" selections. For example, this year we read "Killers of the Flower Moon" as a group. Last month we chose a topic "Presidents" and previously a flexible theme was "a book published the year you were born." This is a "no-stress" informal conversation about books. Everyone is welcome. No sign up needed. **DON'T FORGET TO STOP IN OUR COMMUNITY LIBRARY- THERE IS SOMETHING NEW EVERYDAY!**

THANKSGIVING POTLUCK

When attending a Potluck at The Highlands, you should bring a dish to share; something that would serve 6-8 people. Also, please bring your own place setting and **SIGN UP** at the Clubhouse. There will be limited seating and turkey will be supplied by the Social Committee. It's everyone's responsibility to clean after themselves when using the Clubhouse. There is always a broom and dustpan in the laundry room. At times, the tables have been

left sticky and there are crumbs on the floor.

HOME DELIVERY OF THE FLING

The Fling newsletter will be delivered to your home beginning in November and continue through the month of April. If you like to walk, we are looking for people to pass the Fling out once a month and just a section of the Highlands.

WE'RE BACK AND GETTING READY

As we approach the Thanksgiving and Christmas Seasons, this is your first reminder that it's time to start gathering and putting your "treasures" together for the Community and White Elephant Sales coming in February. It's been two plus years since our last sales even took place and you'll be seeing more info coming in December, January, and February. You can start by marking your calendars for the community sale on Feb. 25th. More information on these two events will be seen in the months to follow. Any questions please feel free to contact either of the co-chairs, Steve, or Jamie Horst.

SAVE THE DATE

The Christmas Parade and Social will be held Sunday, December 4th starting at 4:00 p.m. at the Clubhouse, bring a snack. The parade will end at a Christmas Tree outside, so please bring a plastic ornament so we can all decorate the tree before

lighting. After decorating we will be going to the Clubhouse for snacks and a Christmas Sing-Along.

NEW RV LOT RATES

Effective 01/01/23
15'-20' \$15.00 month
21'-50' \$20.00 month
51' over \$25.00 month

CARDS SENT

Jane Force- Thinking of you
Yvonne Kuhlman- Get Well
Helen Keilman- Get Well
Steve Horst- Get Well
Barbara Scantlan- Get Well
Barbara Moe- Get well
De De Venot- Thinking of you.

NOTE: If you know of someone who should receive a card, please call Marilyn at (520) 484-8532

KUDOS KORNER

My name is Naomi Osgood and I just moved into The Highlands with my friend Ginny Brooks. We had a visit from The Highlands Welcome lady, Tere Nunez. She presented each of us with a Welcome packet. I would like to thank Tere and give her Kudos for the excellent job she did on the Welcome packets, for someone new to Oro Valley, they were very informative and helpful. Thank you for a great job. Naomi Osgood and Ginnie Brooks.

NEW.....

KUDOS KORNER

Do you know of someone that you would like to give Kudos to? Please contact Lynne in the office by the 20th of each month.

NOVEMBER 2022

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6 Daylight Saving Bingo 2:00PM	7 Aquafit 10am Hand & Foot 1pm Texas Hold'em 2:15	8 Coffee 8:00am Aquafit 10am	9 Men's Breakfast 8am Aquafit 10am Reserve Info Meeting 11am Hand & Foot 1pm Cards & Games 6:00pm	10 Aquafit 10am Gourd Class 1:00-4:00 Texas Hold 'em 6pm Cards & Games 6:00pm	11 Veterans Day Aquafit 10am Texas Hold 'em 2:15pm Social Hour 4pm	12 Kaffee Klatsch 9:00am Aquafit 10am Texas Hold 'em 2:15pm																																																																																																					
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THE HIGHLANDS FLING

December 2022

www.thehighlandsinc.com

520-297-2722



DECEMBER EVENTS

Sun. – Dec. 4th

No Bingo

Sun.- Dec. 4th

Cart Parade

4:00 p.m.

Tree Lighting

5:15 p.m.

Sun. – Dec. 11th

Cart Parade

6:00 p.m.

Wed. – Dec. 14th

Men's Breakfast

8:00 a.m.

Thurs.- Dec. 15th

Ladies Luncheon

11:30

Sun.- Dec. 18th

Cart Parade

Wed. – Dec. 21st

Board Meeting

10:00 a.m.

Fri.- Dec. 23rd

Cart Parade

6:00 p.m.

Sat.- Dec. 24th

Kaffee Klatsch

9:00 a.m.

Sun. – Dec. 25th

NO BINGO

Sun. – Dec. 25th

Christmas Potluck

Sat. – Dec. 31st

New Year's Eve Party

**PLEASE SIGN UP IN
THE POKER ROOM AT
THE CLUBHOUSE!**

URGENT VOLUNTEERS NEEDED!

We are seeking people to run for the Board of Directors.

Four Directors will be stepping down in February 2023. If we are unable to fill the four vacancies, we may have to turn the responsibilities over to a management company; this would increase our maintenance fees considerably. If interested, please submit your resume to the office no later than Dec. 8th, 2022, for February election.

POOL CLOSURE

The pool will be closed as of 11/15/22 for pool renovation. The project is estimated to take 30 days.

DECEMBER BOARD MEETING

Please submit agenda items to the office by Dec. 8th. Board meeting will be Dec. 21 at 10:00 a.m.

RENTAL REGISTRATION

According to Arizona Statutes 33-1806.01, you must notify the HOA when your home is being rented. Please provide

Contact Information such as name/phone number, vehicle information and proof of age.

DECEMBER BIRTHDAYS



Reggie Wenaas	12/02
Teresa Wojdyla	12/02
Sara Danville-Gelhaus	12/03
Willis Jackson	12/06
Elaine Reed	12/08
Dave Calkins	12/09
Karen Reinking	12/16
Carol Coville	12/22
Dee Morelli	12/22
Dave Knudson	12/25
Florence Dutton	12/26
Helen Knudson	12/29
Jim Rehnberg	12/29

CHRISTMAS TOY DRIVE

To donate new, unwrapped toys, just put them under the tree on our clubhouse stage before Monday, Dec. 19th. Kathy & Terry Reagan will deliver them to Gospel Rescue Mission. Thank you.

LIGHTING OF THE CHRISTMAS TREE

December 4th at 5:15 p.m. Please bring a plastic ornament to the Christmas Tree by the flagpole, located at the south end of the commons area.

NO SOCIAL COMMITTEE IN DECEMBER.

CHRISTMAS POTLUCK

The Christmas Potluck sign up deadline is December 21, 2022.

HIGHLANDS GOLF LEAGUE

Our League will start on Jan. 4th and continue each Wednesday afternoon until mid-April. This year we are lucky enough to have our league at El Conquistador, which gives us access to two great 18 hole courses at a great price, not to mention it is only a couple minutes away. Our format will again be a 4-person best shot. We work to balance the teams so that an individual's skill is not important. Each week we rotate individuals, which is a great way to meet your fellow Highlands residents. We Encourage all golfers to attend our informational meeting on Friday, Dec. 30th at 10:00 a.m. in the Highlands Clubhouse. Please email us with any questions.

Al araus@netins.net

Te terry@tendelerfinacial.com

GOLF CART CHRISTMAS PARADE

Our 11th Annual Golf Cart Christmas parade is Dec. 4th. All are welcome, just decorate your Golf Cart, bike, yourself, your car and join us. The

parade will start at 4:15, so gather at the Clubhouse at 4:00. After the parade we will meet at the Clubhouse for a social event *all are welcome*. Please bring your own drinks and some snacks to share. There will be a sing along led by Linc and Helen Keilman, between 6:00 and 6:30 those who have lights, and wish to, we will tour the parade route one more time. For those of us that have lights on their carts, we will meet at Bernie Lee's home on Dec. 11th, 18th, and 23rd at 6:00 to tour the park around 6:30. Any questions, please call Bill Behrendsen (916) 798-7733.

YOGA IN THE PARK

Yoga in the park is back. Please feel free to join me at Riverfront Park on Tuesday & Thursday at 9-10 a.m. Bring a mat and blocks if you have them & meet behind the tennis courts. All levels welcome, donations accepted. Call or text for questions. Susan Weber 505-927-4216.

LADIES LUNCHEON

The ladies' luncheon will be on Thurs, 12/15/22 at El Charro Restaurant, 7725 N. Oracle at 12:00. Please bring a \$10 Gift for exchange. Meet at the clubhouse at 11:30.

MEN'S BREAKFAST

The men's breakfast will be at 8 a.m. on Dec. 14th at Jerry Bob's located near Magee and Oracle. Meet at the Clubhouse at 7:45 if you need a ride. Please remember to sign up as it helps the restaurant staff accordingly.

The sign-up sheets come down on the Tuesday preceding the breakfast date.

Are you on Facebook? Check us out "The Highlands of Oro Valley", you must live or own in the Highlands to join.

HIGHLANDS BOOK CLUB

Meets Dec. 12th, 10 a.m. in the Clubhouse. **AUTHORS OF THE MONTH:** Richard Russo, Pulitzer Prize winner and University of Arizona Alumnus. He has written several volumes of fiction, short stories, memoir, and screenplays. Choose any one and come prepared to share your response to the work. Informal conversation, no sign up needed.

INTERNATIONAL LUNCHEON

There will be no International Luncheon in December. The next luncheon will be held at Mojo, 1929 E Grant Rd., Tucson, a new Cuban restaurant with great reviews, on Jan. 10th, 2023. Sign up for the luncheon in the clubhouse by the poker tables on or before Jan. 6th, 2023. Please contact Suzan Wilkinson @suzzzwilk@gmail.com with any further questions.

COMMUNITY AND WHITE ELEPHANT SALES

This year the Community Yard Sale will be held on Saturday, Feb. 18th, 2023. If you have any items that you're looking to sell there will be a "Sign-up" sheet in the Clubhouse (Dec. 1st) for you to put your name and address on. We will post the sale on Craig's List; you can also purchase a RED helium balloon at the Dollar Tree or Fry's for \$1.50 to help identify your address for those looking to buy items.

We will post a sign on the road by the office that advises prospective buyers to look for those balloons as they drive through The Highlands. The White Elephant Sale will be held Saturday, Feb. 25th, 2023 from 8:00 to noon. The money brought in on this day is used to help support our Social Committee activities. We will be looking for donations of household items, tools, jewelry, yard tools, lawn chairs, ...almost anything **EXCEPT** clothing, bedding, hats, and shoes. Any items that are NOT sold will be boxed up and set aside where The Gospel Rescue Mission will come and pick them up and use them for their facility.

NEW RV LOT RATES

Effective 01/01/23

15'-20' \$15.00 month

21'-50' \$20.00 month

51' over \$25.00 month

CARDS SENT

Larry & Joan Clow- Sympathy on the loss of their son, Stewart.

NOTE: If you know of someone who should receive a card, please call Marilyn at (520) 484-8532

HEADING BACK TO BARLEENS

We're planning a February 22, 2023, bus trip back to the BALEENS AZ OPRY. There will be a signup sheet at the Clubhouse, in the poker room for you to sign up and remember you will need to pay \$35.00 for your seat on the bus when signing up to Jamie.

This is a non-refundable payment as we need to make sure the bus cost of \$1600 is covered before we go. Please make out checks payable to T.H.I. obviously if we do not go, your \$35.00 seat payment will be returned to you. The total for each person for the bus, dinner and show is \$83.00. Thank you, Jamie

KUDOS KORNER

- Kudos to Cindy Bennett and all the great workers, servers, decorators, and all behind the scenes for a wonderful luau. The food was delicious and thank you Cindy so much for cooking it all! Jamie, you did a great job on the bell. Even though it was too cold for me to sit outside and listen to the music, I could hear it from where I live, and it sounded great! Again, thank you all. I look forward to the next one. Hopefully, it will be warmer.

Naomi Osgood

- The Social Committee would like to thank Sharon Dennis, Patti Triplett and Theresa Wojdyla for the beautiful work in decorating the clubhouse for the Hawaiian Luau. Thanks to both of you.

Cindy B.

NEW.....

KUDOS KORNER

Do you know of someone that you would like to give Kudos to? Please contact Lynne in the office by the 20th of each month.

NEIGHBORHOOD WATCH

For those unable to attend the last board meeting, Watch Patrol Captain, Terry Reagan, wanted to point out a few things. Residents and patrol who have night video cams have noticed cars not belonging to residents and strangers on foot going through the neighborhood after midnight and before dawn, on multiple occasions. Since the OV police have notified the residents that there have been a lot of vehicle break-ins and bike/scooter robberies in nearby neighborhoods, please lock up any outdoor valuables. Call 911 if you see suspicious people at night. Better to be safe than sorry according to local police. There has also been a lot of wildlife activity recently. Please take caution when walking at night with lights and/or reflective apparel and be sure to secure your service animals. If you have any questions or would like to volunteer, contact Elizabeth Hinds, Neighborhood Watch Coordinator: 520-440-7056

QUILT CLUB

The Highlands Quilt Club will be doing free Christmas gift wrapping at the Kaffee Klatch on Dec. 10th. Bring any gifts you would like to have wrapped! They will also have some holiday aprons and other popular items for sale to help raise money for next year's service project.

DECEMBER 2022

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4 No Bingo Cart Parade 4:00pm Tree Lighting 5:15pm	5 Hand & Foot 1pm Texas Hold'em 2:15pm	6 Coffee 8:00am Yoga Riverfront 9-10am	7 Pearl Harbor Chair Yoga 10am Hand & Foot 1pm Cards & Games 6pm	8 Yoga Riverfront 9-10am Texas Hold 'em 6pm	9 Social Hour 4pm	10 Kaffee Klatsch 9:00am Texas Hold'em 2:15pm																																																																																							
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18 Hanukkah begins Bingo 2:00PM Cart Parade 6:00pm	19 Hand & Foot 1pm Texas Hold'em 2:15pm	20 Coffee 8:00am Yoga Riverfront 9-10am	21 Dec. Solstice (GMT) Board Meeting 10am Hand & Foot 1pm Cards & Games 6pm	22 Yoga Riverfront 9-10am Texas Hold 'em 6pm	23 Social Hour 4pm Cart Parade 6:00pm	24 Christmas Eve Kaffee Klatsch 9:00am Texas Hold'em 2:15pm																																																																																							
25 Christmas Day Christmas Potluck 2:30pm No Bingo	26 Kwanzaa begins Hand & Foot 1pm Texas Hold'em 2:15pm	27 Coffee 8:00am Yoga Riverfront 9-10am	28 Chair Yoga 10am Hand & Foot 1pm Cards & Games 6pm	29 Yoga Riverfront 9-10am Clubhouse Reserved 4-9pm	30 Social Hour 4pm	31 New Year's Eve Texas Hold'em 2:15pm New Year's Party 6:00pm																																																																																							
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THE HIGHLANDS FLING

December, 2021

www.thehighlandsinc.com

520-297-2722



DECEMBER EVENTS

Fri – Dec 3

Decorate Clubhouse
For Christmas 9:00 am

Sun – Dec 5

Golf Cart Parade and
Social 4:00 pm

Wed – Dec 8

Men's Breakfast
8:00 am

Sat – Dec 11

Music by Carol Coville
Kaffee Klatsch - 9:00 am

Wed – Dec 15

Open Board Meeting
10:00 am

Wed – Dec 15

Ladies Lunch 11:30 am

Sat – Dec 25

Christmas Potluck
2:30 pm

Fri – Dec 31

New Year's Eve Party
8:00 pm

**PLEASE SIGN UP IN
THE POKER ROOM AT
THE CLUBHOUSE!**

URGENT VOLUNTEERS NEEDED

We are seeking people to run for the Board of Directors. Four Directors will be stepping down in February, 2022. If we are unable to fill the four vacancies, we may have to turn our responsibilities over to a management company; this would increase our maintenance fees considerably. If interested, please have your resume to the office by December 3, 2021, for the February 4th election.

GOLF CART CHRISTMAS PARADE

This is our 10th Annual Golf Cart Christmas Parade. We will meet at the Clubhouse before 4:00 p.m. and start the parade shortly thereafter. The parade will run a little faster this year, with no stopping. After the parade, all are invited to a sing-a-long led by Linc and Helen Keilman. Please bring a snack to share! Last year we had 23 golf carts...let's make this one our best ever! Questions should be directed to Bill Behrendsen at (916) 798-7733.

**NO SOCIAL COMMITTEE
MEETING IN DECEMBER!**

DECEMBER BIRTHDAYS

Reggie Wenaas – Dec 2
Sara Danville-Gelhaus – Dec 3
Willis Jackson – Dec 6
Elaine Reed – Dec 8
Dave Calkins – Dec 9
Karen Reinking – Dec 16
Carol Coville – Dec 22
Dee Morelli – Dec 22
Dave Knudson – Dec 25
Florence Dutton – Dec 26
Helen Knudson – Dec 29

COZI YOGI CHAIR

As a wisdom seeker, "this newbie to The Highlands" is open and willing to be guided by other elders in the community. Let's endeavor to get to know each other, and the best way to do this is through direct contact. If there are concerns, questions and/or objections, I hope to hear from you.

Chair Yoga in the Clubhouse on Mondays and Thursdays from 8:00 a.m. to 9:00 a.m. Bring Water; Donations Appreciated!

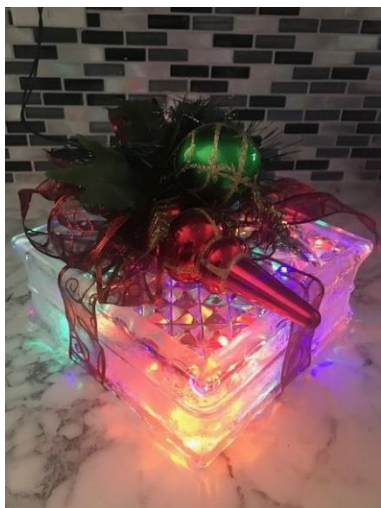
Thank you for your support!
Dianne Jacobs (520) 403-1815.

CORRECTION!

Last month I inadvertently spelled Dianne Jacobs' name with only one "n".

CHRISTMAS BLOCK

Carol Coville will be hosting a craft class on December 8th at 1 p.m. at the Clubhouse to make Christmas lighted glass blocks for decorating your home. The cost is \$20 with all supplies provided. You will go home with a finished block to enjoy (see photo below). There will be a variety of ribbon and embellishments for you to choose from, so you can personalize your block to suit your own taste. Please sign up in the Clubhouse. Questions may be directed to Carol at (541) 990-2743.



MEN'S BREAKFAST

The Men's Breakfast will be held on December 8th at Jerry Bob's on Oracle and Magee at 8:00 a.m. Please be sure to sign up so we can make a reservation.

FROM THE NEIGHBORHOOD WATCH

Happy Holidays everyone, and welcome back to our seasonal residents! Your

Neighborhood Watch has been diligently patrolling the community during the hot summer months and would like to give you an update.

First, someone commented on our use of flashlights. When patrol members walk the community at night, we use flashlights to see the rattlesnakes on the roads and to check dark areas between houses for two or four legged beings. Javelinas and coyotes often run out from between houses or out of the wash, sometimes straight at patrol members. We may also shine flashlights into empty houses to make sure there aren't uninvited visitors.

One final note is that we have seen some strangers in the community and in the washes and desert behind the community. Please keep your doors locked at all times, don't leave valuables in your cars or carports. There have been some "snatch and grab" robberies in the surrounding areas. Stay alert and safe.

If you would like to volunteer for the Neighborhood Watch, please contact Elizabeth Hinds, Neighborhood Watch Patrol Coordinator at (520) 440-7056.

LADIES' LUNCH

The Ladies' Lunch will be held at El Charro on December 15. Meet at the Clubhouse at 11:30 a.m. We will leave at 11:35. Bring a small gift for a grab bag. Questions should be directed to Lucy Phelan at (970) 290-4007.

TAI CHI AT THE HIGHLANDS New Class Starting Soon!

Tai Chi is proven to have a positive effect on one's overall health. Studies show that the practice of Tai Chi improves and prevents many chronic conditions including arthritis, heart disease and diabetes. It also improves balance and reduces stress!

The Tai Chi for Health program was created by Dr. Paul Lam of the Tai Chi for Health Institute (taichiforhealthinstitute.org), and is endorsed by the Arthritis Foundation and the Center for Disease Control and Prevention. The movements are gentle and beneficial. They can even be performed seated!

Starting January 4, 2022, certified instructors Andy Gerrie and Meredith Hentschel will offer a beginning class in Tai Chi for Health at the Highlands' Clubhouse. Classes will be on Thursday mornings at 10:00 on a donation basis. All proceeds benefit the program. For more information, e-mail highlandstaichi@hotmail.com.



Larry Staley
Brenda Henderson

NEW YEAR'S EVE PARTY

The New Year's Eve Party will be held at the Clubhouse with a disk jockey from 8:00 p.m. until midnight. Bernie Lee will be selling the tickets which will stay at \$20 per couple.



CARDS SENT

Marilyn Staley reported the following cards were sent:

Mont Hartman, Get Well

Bill Franklin, Get Well

Stan Petterson, Thinking of You

Rick & Jennifer Henderson, Sympathy, loss of his Mother, Brenda

LLoya & John Osier, Sympathy Loss of her Aunt, Brenda Henderson

If you know of someone who should receive a card from The Highlands, please contact Marilyn at (520) 484-8532.

Note From Marilyn: On October 29, I lost my husband of 57 years, Larry. I want to thank those who sent sympathy cards, made phone calls and attended his memorial at the Clubhouse. My family and I are grateful for your support; it meant so much to all of us.

NO JAM SESSION IN DECEMBER

HOME DELIVERY OF THE FLING

The Fling Newsletter will be delivered to your home beginning in November and continue through April. During the summer months, we ask that you pick it up in the Clubhouse or Resource Room because we don't know which residents are on vacation or have left for the season.



MONDAY CRAFTS

Beginning December 6th, bring your projects to the Resource Room at 1:30 p.m. We meet each Monday to share ideas and information.

STRAIGHT 8-BALL TOURNAMENT

Open to all Highlands' Residents and Guests!

When – 5:00 p.m. Sunday January 9th

(and the same time every Sunday)

Where – The Highlands' Clubhouse

Entry Fee - \$10.00

Format – Double Elimination

Winner Take All

Maximum 12 Players (due to Only one table)

Contact: Dennis Carder

Phone (203) 906-6775

SOUP AND SALAD POTLUCK

On January 11, 2022, Tere Nunez will host this popular Potluck starting at 5:30 p.m. She needs three volunteers to help set up. Please call Tere at (520) 647-1166 to volunteer.

The deadline for Fling articles is the 20th of each month. Please send information to Carol Nadeau at cboydna@aol.com. Please indicate "Fling Article" or something similar in the subject line.

DECEMBER 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Aquafit 10:00 am Chair Yoga 10:00 am Hand & Foot 1:00 pm Cards/Games 6:00 pm	2 Chair Yoga 8:00 am Riverfront Yoga 9:00 am Aquafit 10:00 am Gourd Class 1:00 pm Cards/Games 6:00 pm	3 Aquafit 10:00 am 5 Crowns 1:00 pm Social Hour 4:00 pm Cards/Games 6:00 pm	4 Aquafit 10:00 am
5 Bingo 2:00 pm Christmas Parade and Social 4:00 pm	6 Chair Yoga 8:00 am Aquafit 10:00 am Hand & Foot 1:00 pm Ping Pong 7:00 pm	7 Pearl Harbor Coffee 8:00 am Riverfront Yoga 9:00 am Tai Chi 9:30 am Aquafit 10:00 am Chess 1:00 pm	8 Aquafit 10:00 am Men's Breakfast 8:00 am Chair Yoga 10:00 am Christmas Block 1:00 pm Hand & Foot 1:00 pm Cards/Games 6:00 pm	9 Chair Yoga 8:00 am Riverfront Yoga 9:00 am Aquafit 10:00 am Gourd Class 1:00 pm Cards/Games 6:00 pm	10 Aquafit 10:00 am 5 Crowns 1:00 pm Social Hour 4:00 pm Cards/Games 6:00 pm	11 Kaffee Klatsch 9:00 am Aquafit 10:00 am
12 Bingo 2:00 pm	13 Chair Yoga 8:00 am Aquafit 10:00 am Hand & Foot 1:00 pm Ping Pong 7:00 pm	14 Coffee 8:00 am Riverfront Yoga 9:00 am Tai Chi 9:30 am Aquafit 10:00 am Chess 1:00 pm	15 Aquafit 10:00 am Open Board Mtg 10 am Chair Yoga 10:00 am Ladies' Lunch 11:35 am Hand & Foot 1:00 pm Cards/Games 6:00 pm	16 Chair Yoga 8:00 am Riverfront Yoga 9:00 am Aquafit 10:00 am Gourd Class 1:00 pm Cards/Games 6:00 pm	17 NO Social Comm. Aquafit 10:00 am 5 Crowns 1:00 pm Social Hour 4:00 pm Cards/Games 6:00 pm	18 Aquafit 10:00 am
19 Bingo 2:00 pm	20 Chair Yoga 8:00 am Aquafit 10:00 am Hand & Foot 1:00 pm Ping Pong 7:00 pm	21 Dec. Solstice (GMT) Coffee 8:00 am Riverfront Yoga 9:00 am Tai Chi 9:30 am Aquafit 10:00 am Chess 1:00 pm	22 Aquafit 10:00 am Chair Yoga 10:00 am Hand & Foot 1:00 pm Cards/Games 6:00 pm	23 Chair Yoga 8:00 am Riverfront Yoga 9:00 am Aquafit 10:00 am Cards/Games 6:00 pm	24 Christmas Eve Aquafit 10:00 am 5 Crowns 1:00 pm Social Hour 4:00 pm Cards/Games 6:00 pm	25 Christmas Day Aquafit 10:00 am Christmas Potluck 2:30 PM
26 Kwanzaa begins Bingo 2:00 pm	27 Chair Yoga 8:00 am Aquafit 10:00 am Hand & Foot 1:00 pm Ping Pong 7:00 pm	28 Coffee 8:00 am Riverfront Yoga 9:00 am Tai Chi 9:30 am Aquafit 10:00 am Chess 1:00 pm	29 Aquafit 10:00 am Chair Yoga 10:00 am Hand & Foot 1:00 pm Cards/Games 6:00 pm	30 Chair Yoga 8:00 am Riverfront Yoga 9:00 am Aquafit 10:00 am Cards/Games 6:00 pm	31 New Year's Eve Aquafit 10:00 am 5 Crowns 1:00 pm Social Hour 4:00 pm New Year Party 8:00 pm	
		November 2021 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30		January 2022 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31		All Activities Held in Clubhouse/Pool Area EXCEPT: Green = Resource Room/Office Red = Off Site Activity

THE HIGHLANDS FLING

November, 2021

www.thehighlandsinc.com

520-297-2722



NOVEMBER EVENTS

Wed – Nov 10

Men's Breakfast
8:00 am

Sat – Nov 13

Kaffee Klatsch - 9:00 am
**YOU MUST SIGN UP IF
YOU WANT DONUTS**

Wed – Nov 17

Open Board Meeting
10:00 am

Fri – Nov 19

Social Committee Meets
9:00 am

Thur – Nov 25

Thanksgiving Potluck
2:00 pm

Sat – Nov 27

Kaffee Klatsch and
Craft Fair - 9:00 am

Tue – Nov 30

Jam Session - 6:00 pm

**PLEASE SIGN UP IN
THE POKER ROOM AT
THE CLUBHOUSE!**

URGENT VOLUNTEERS NEEDED

We are seeking people to run for the Board of Directors. Four Directors will be stepping down in February, 2022. If we are unable to fill the four vacancies, we may have to turn our responsibilities over to a management company; this would increase our maintenance fees considerably. If interested, please have your resume to the office by December 1, 2021, for the February 4th election.

DID YOU KNOW?

When attending a Potluck at The Highlands, you should bring a dish to share; something that would serve 6-8 people. Also, please bring your own place setting.

It is everyone's responsibility to clean up after themselves when using the Clubhouse. There is always a broom and dustpan in the laundry room. At times the tables have been left sticky and there are crumbs on the floor.

THANKSGIVING POTLUCK

We need help cooking turkeys for the Thanksgiving Potluck. Cindy Bennett will deliver a roasting pan, the turkey and bag to cook it in. Look for a sign-up sheet in the Clubhouse.

NOVEMBER BIRTHDAYS

Paul Gerleman – Nov 1
Janet Reed – Nov 3
Claudia Jensen – Nov 4
George Tanner – Nov 15
Barbara Scantlan – Nov 16
Kathy Garver – Nov 20
Diane Leigh – Nov 23
Yvonne Kuhlman – Nov 24
Jan Hamilton – Nov 29

ATTENTION VETERANS

If you are a veteran, please sign up in the Clubhouse so you can be thanked for your service on Veterans' Day, November 11. A flag will be placed in the ground in front of your home.

FIVE CROWNS CARD GAME

Same Game – New Time.
Friday at 1:00 p.m. in the Clubhouse. Easy to learn; fun to play. Bring 12 dimes and one quarter for each of two games.

FALL CRAFT FAIR

Crafters get ready! Please sign up for a Fall Craft Fair.

Come to the Clubhouse on Saturday, November 27, 9:00 a.m. to 1:00 p.m. where handcrafted items by Highlands' residents will be for sale. The sale may be inside or out depending on the weather.

BINGO IS BACK!

Bring your bingo daubers and come join the fun! Every Sunday at 2:00 p.m. in the Clubhouse. Questions should be directed to Donna Fritz at (509) 690-4953.

WEEKLY CHESS

Come to the Clubhouse on Tuesdays at 1:00 p.m. and play Chess. Everyone is Welcome! Call Reed Snell at (520) 668-0135 for additional information.

MEN'S BREAKFAST

The Men's Breakfast will resume on November 10. It will be held at Jerry Bob's on Oracle and Magee at 8:00 a.m. Please be sure to sign up so we can make a reservation.

TEXAS HOLD'EM?

Some of us are considering starting a weekly afternoon Texas Hold'em tournament. If you like Poker and are interested in trying it, please contact Bob Beck at (520) 461-9540.

WI-FI PASSWORD

The password for the Clubhouse Wi-Fi is posted on the Clubhouse bulletin board.

YOGA AT RIVERFRONT PARK & CHAIR YOGA AT THE HIGHLANDS

Please join me, Susan Weber, for yoga at Riverfront Park on Tuesday and Thursday mornings at 9:00 a.m. Stretch into your day and you will feel refreshed, energized and stronger, yet relaxed. My style is accessible to all levels and all body types. Bring your own mat and blocks if you have them. Classes run 45 to 60 minutes; donations accepted.

Fit Chair Yoga is for anyone wanting to feel good without getting down on the floor. We will start with some warm-ups, then yoga stretches on a chair, standing balance poses and guided breathing exercises. Class will be in the Resource Room on Wednesday at 10:00 a.m. Each class is approximately 45 minutes; donations accepted.

Call or text Susan Weber at (505) 927-4216 with questions. I have been teaching yoga since 2001. I look forward to seeing you in class.

VOLUNTEER COMPUTER OPERATORS NEEDED

Some members would like to participate in Open Board Meetings from a remote location. This requires an "operator" in the Clubhouse controlling the connections. If you could tackle this function, please call Bob Beck at (520) 461-9540.

CHAIR YOGA CLASS

Diane Jacobs will be conducting a Chair Yoga class on Mondays and Thursdays from 8:00 a.m. to 9:00 a.m. in the Clubhouse. She recommends you bring water. The first class is complimentary; thereafter the cost is \$7 per session. For additional information, please contact Diane Jacobs at (520) 403-1815.

TAI CHI AT THE HIGHLANDS New Class Starting Soon!

Tai Chi is proven to have a positive effect on one's overall health. Studies show that the practice of Tai Chi improves and prevents many chronic conditions including arthritis, heart disease and diabetes. It also improves balance and reduces stress!

The Tai Chi for Health program was created by Dr. Paul Lam of the Tai Chi for Health Institute (taichiforhealthinstitute.org), and is endorsed by the Arthritis Foundation and the Center for Disease Control and Prevention. The movements are gentle and beneficial. They can even be performed seated!

Starting January 4, 2022, certified instructors Andy Gerrie and Meredith Hentschel will offer a beginning class in Tai Chi for Health at the Highlands' Clubhouse. Classes will be on Tuesday mornings at 9:30 on a donation basis. All proceeds benefit the program. For more

information, e-mail
highlandstaichi@hotmail.com.



CARDS SENT

Marilyn Staley reported the following cards were sent:

Carrie Lett, Get Well
George Tanner, Get Well
Brenda Henderson, Get Well
Kathy Reagan, Get Well
Barbara Scantlan, Get Well
Jimmy Coffey, Thinking of You
Brenda Henderson, Thinking
of You

If you know of someone who should receive a card from The Highlands, please contact Marilyn at (520) 484-8532.

Note: Many charities often send out packets of assorted cards. If you don't want them, please donate them to The Highlands.

HOME DELIVERY OF THE FLING

The Fling Newsletter will be delivered to your home beginning in November and continue through April. During the summer months, we ask that you pick it up in the Clubhouse or Resource Room because we don't know which residents are on vacation or have left for the season.



The Christmas Parade and Social will be held Sunday, December 5, starting at 4:00 p.m. After enjoying the parade, bring a snack and your voices to the Clubhouse for a Christmas Sing-A-Long.

The deadline for Fling articles is the 20th of each month. Please send information to Carol Nadeau at cboydna@aol.com. Please indicate "Fling Article" or something similar in the subject line.

NOVEMBER 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Chair Yoga 8:00 am Aquafit 10:00 am Hand & Foot 1:00 pm Ping Pong 7:00 pm	2 Coffee 8:00 am Riverfront Yoga 9:00 am Tai Chi 9:30 am Aquafit 10:00 am Chess 1:00 pm	3 Aquafit 10:00 am Chair Yoga 10:00 am Hand & Foot 1:00 pm Cards/Games 6:00 pm	4 Chair Yoga 8:00 am Riverfront Yoga 9:00 am Aquafit 10:00 am Gourd Class 1:00 pm Cards/Games 6:00 pm	5 Aquafit 10:00 am 5 Crowns 1:00 pm Social Hour 4:00 pm Cards/Games 6:00 pm	6 Aquafit 10:00 am
7 Daylight Saving Bingo 2:00 pm	8 Chair Yoga 8:00 am Aquafit 10:00 am Hand & Foot 1:00 pm Ping Pong 7:00 pm	9 Coffee 8:00 am Riverfront Yoga 9:00 am Tai Chi 9:30 am Aquafit 10:00 am Chess 1:00 pm	10 Men's Breakfast 8:00 am Aquafit 10:00 am Chair Yoga 10:00 am Hand & Foot 1:00 pm Cards/Games 6:00 pm	11 Veterans Day Chair Yoga 8:00 am Riverfront Yoga 9:00 am Aquafit 10:00 am Gourd Class 1:00 pm Cards/Games 6:00 pm	12 Aquafit 10:00 am 5 Crowns 1:00 pm Social Hour 4:00 pm Cards/Games 6:00 pm *No Trash Today	13 Kaffee Klatsch 9:00 am Aquafit 10:00 am *Trash Pickup Today
14 Bingo 2:00 pm	15 Chair Yoga 8:00 am Aquafit 10:00 am Hand & Foot 1:00 pm Ping Pong 7:00 pm	16 Coffee 8:00 am Riverfront Yoga 9:00 am Tai Chi 9:30 am Aquafit 10:00 am Chess 1:00 pm	17 Open Board Mtg 10 am Aquafit 10:00 am Chair Yoga 10:00 am Hand & Foot 1:00 pm Cards/Games 6:00 pm	18 Chair Yoga 8:00 am Riverfront Yoga 9:00 am Aquafit 10:00 am Gourd Class 1:00 pm Cards/Games 6:00 pm	19 Social Comm. 9:00 am Aquafit 10:00 am 5 Crowns 1:00 pm Social Hour 4:00 pm Cards/Games 6:00 pm	20 Aquafit 10:00 am
21 Bingo 2:00 pm	22 Chair Yoga 8:00 am Aquafit 10:00 am Hand & Foot 1:00 pm Ping Pong 7:00 pm	23 Coffee 8:00 am Riverfront Yoga 9:00 am Tai Chi 9:30 am Aquafit 10:00 am Chess 1:00 pm	24 Aquafit 10:00 am Chair Yoga 10:00 am Hand & Foot 1:00 pm Cards/Games 6:00 pm	25 Thanksgiving Aquafit 10:00 am Pot Luck 2:30 pm	26 Aquafit 10:00 am 5 Crowns 1:00 pm Social Hour 4:00 pm Cards/Games 6:00 pm **No Trash Today	27 Kaffee Klatsch and Craft Fair 9:00 am Aquafit 10:00 am **Trash Pickup Today
28 Hanukkah begins Bingo 2:00 pm	29 Chair Yoga 8:00 am Aquafit 10:00 am Hand & Foot 1:00 pm Ping Pong 7:00 pm	30 Coffee 8:00 am Riverfront Yoga 9:00 am Tai Chi 9:30 am Aquafit 10:00 am Chess 1:00 pm Jam Session 6:00 pm				
		October 2021 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31		December 2021 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31		All Activities Held in Clubhouse/Pool Area EXCEPT: Green = Resource Room/Office Red = Off Site Activity *Trash Pickup 11/13 due to Veterans Day **Trash Pickup 11/27 due to Thanksgiving

THE HIGHLANDS FLING

October, 2021

www.thehighlandsinc.com

520-297-2722



OCTOBER EVENTS

Sat – Oct 9 & 23

Kaffee Klatsch - 9:00 am

**YOU MUST SIGN UP IF
YOU WANT DONUTS**

Tue – Oct 12

Potluck – 5:30 pm

Fri – Oct 15

Social Committee Meets
9:00 am

Wed – Oct 20

Open Board Meeting
10:00 am

Tue – Oct 26

Jam Session - 6:00 pm

**PLEASE SIGN UP IN
THE POKER ROOM AT
THE CLUBHOUSE!**

****PLEASE WEAR A
MASK FOR YOUR
SAFETY****

VOLUNTEERS NEEDED

Currently the community is in need of someone to take charge of the Ladies' Lunch and the Men's Breakfast. Each event is held once monthly. If you are interested in either activity, please contact Cindy Bennett at (810) 599-8929, or come to the next Social Committee Meeting or a Kaffee Klatsch.

Additionally, we are seeking people to run for the Board of Directors. This is a three year term to replace outgoing directors. Questions may be directed to current Board members. If interested, please have your resume to the office by December 1, 2021, for the February election.

UPCOMING EVENTS

Fall is here and that means sign-up sheets are in the Clubhouse for upcoming events. Check the attached calendar to see what's happening that might interest you.

Co-hosts are always needed for our monthly potluck dinners. Many people are willing to help and there are written directions with simple steps to follow.

Everyone is welcome to join in on a Social Committee Meeting. Get active and meet new people. Our next meeting is October 15 in the Clubhouse.

WELCOME NEW RESIDENTS

Laura Reeb
Javier Valdiva
Gary & Susan Wilkinson

HAPPY BIRTHDAY

Wish "Happy Birthday" to your friends and neighbors. The names and dates (not the year) will be in the Fling each month. Sign up in the Clubhouse or leave a message with Colleen at (520) 576-7804.

OCTOBER BIRTHDAYS

Barbara Mort – Oct 9
Al Rausch – Oct 9
Steve Horst – Oct 11
Patti Triplett – Oct 16

FIVE CROWNS CARD GAME

Play will resume on Sunday, October 17 at 1:00 p.m. in the Clubhouse. Coins needed: 12 dimes and one quarter for each of three games. Easy to learn; fun to play.

ATTENTION VETERANS

If you are a veteran, please sign up in the Clubhouse so you can be thanked for your service on Veterans' Day, November 11.



CARDS SENT

Marilyn Staley reported the following cards were sent:

Richard Alberda, Get Well
Jimmy Coffey, Get Well
Joan Petterson, Get Well
Carrie Lett, Get Well
Paul Gerleman, Get Well
Yvonne Kuhlman, Get Well
Jean Layton, Get Well
Donna Smith, Thinking of You
Nancy Muzzy, Sympathy, loss
of her husband, Dick
George & Ginny Tanner,
Sympathy, loss of their
son-in-law, Edmund



Donald Ruel Johnson

Don and his wife Virginnia were residents of The Highlands' for several years. Don was 93 and had recently been a resident of the MN Veterans' Home. Virginnia passed away last year. Don's obituary and funeral service may be seen online at the Morris Nilsen Funeral Chapel, Bloomington, MN website.

FRIDAY SOCIAL HOUR

The Friday Social Hour has resumed. The event is held in the Clubhouse every Friday at 4:00 p.m.

HOME DELIVERY OF THE FLING

The Fling Newsletter will be delivered to your home beginning in November and continue through April. During the summer months, we ask that you pick it up in the Clubhouse or Resource Room because we don't know which residents have left for the season.

The deadline for Fling articles is the 20th of each month. Please send information to Carol Nadeau at cboydna@aol.com. Please indicate "Fling Article" or something similar in the subject line.

OCTOBER 2021

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THE HIGHLANDS FLING

September, 2021

www.thehighlandsinc.com

520-297-2722



SEPTEMBER EVENTS

Fri – Sept 17

Social Committee
9:00 am

Sat – Sept 18

Memorial Service for
Harry Nix – 2:00 pm

****PLEASE WEAR A
MASK****

MEMORIAL SERVICE

A memorial service celebrating the life of Harry Nix will be held in the Clubhouse on Saturday, September 18, from 2:00 to 4:00 p.m. Harry's wife, Lynn, has invited anyone who wishes to come and pay their respects.

SOCIAL COMMITTEE

The first Social Committee Meeting of the season will be held in the Clubhouse on Friday, September 17, at 9:00 a.m. Come and bring your ideas for future social events.



Dick Muzzy - former
resident and Board
Member.

Expressions of Sympathy
may be sent to:
Nancy Muzzy
4001 Ivanhoe Blvd.
Columbia, MO 65203

The deadline for Fling articles is the 20th of each month. Please send information to Carol Nadeau at cboydna@aol.com. Please indicate "Fling Article" or something similar in the subject line.

SEPTEMBER 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																																																																														
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12 Grandparents Day	13 Aquafit 9:00 am Tai Chi 9:30 am Hand & Foot 1:00 pm Ping Pong 7:00 pm	14 Coffee 8:00 am Aquafit 9:00 am	15 Aquafit 9:00 am Tai Chi 9:30 am Hand & Foot 1:00 pm Cards/Games 6:00 pm	16 Yom Kippur Aquafit 9:00 am Cards/Games 6:00 pm	17 Constitution Day Aquafit 9:00 am Social Comm. 9:00 am Cards/Games 6:00 pm	18 Aquafit 9:00 am																																																																																														
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TENTATIVE schedule only--ALL events subject to lifting of COVID-19 restrictions/closures

THE HIGHLANDS FLING

August, 2021

www.thehighlandsinc.com

520-297-2722



AUGUST EVENTS

Tue – Aug 3

Potluck – 5:30 pm

Wed – Aug 18

Meet & Greet – 4:00 pm

PLEASE SIGN UP!

****PLEASE WEAR A
MASK IF YOU HAVE
NOT BEEN FULLY
VACCINATED AGAINST
COVID****

The deadline for Fling articles is the 20th of each month. Please send information to Carol Nadeau at cboydna@aol.com. Please indicate "Fling Article" or something similar in the subject line.

MEET & GREET

Come and meet some new folks. Join us at the August Meet and Greet, Wednesday, August 18, from 4:00 to 5:00 p.m. Bring your beverage and a snack to share. No need to sign up.

POTLUCK

Our August potluck will be held Tuesday, August 3, at 5:30 p.m. Please sign up on the sheet in the Clubhouse, bring a dish to share and your place setting. Looking forward to seeing you there.

CARDS SENT

Marilyn Staley reported the following cards were sent:

Barbara Scantlan - Get Well
Harry Nix - Thinking of You
Gail Franklin - Get Well
Morris Coville - Get Well
Lynn Nix - Sympathy, Loss of
Her husband, Harry

If you know of someone who should receive a card, please call Marilyn at (520) 484-8532.

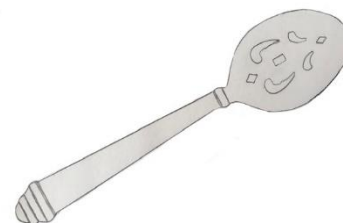
Note from Marilyn:

I want to thank everyone who donated cards for our community mailings. Last week someone left beautiful Sympathy Cards in the

Clubhouse for giveaway and my neighbor, DeDe Vannot brought them to me. THANKS TO ALL WHO DONATE THEIR CARDS!

ATTENTION!

To anyone who went to the July Meet and Greet. I lost a large slotted serving spoon that goes to my set of silverware. It apparently went home with someone else. If you find it, please leave it on the counter in the clubhouse with my name on it, or give me a call at (520) 887-4120. Here's a drawing of the spoon.



Thank you so much,
Patti Triplett



Barbara Davis
Harry Nix

AUGUST 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Aquafit 9:00 am Tai Chi 9:30 am Hand & Foot 1:00 pm Ping Pong 7:00 pm	3 Coffee 8:00 am Aquafit 9:00 am Potluck 5:30 pm	4 Aquafit 9:00 am Tai Chi 9:30 am Hand & Foot 1:00 pm Cards/Games 6:00 pm	5 Aquafit 9:00 am Cards/Games 6:00 pm	6 Aquafit 9:00 am Cards/Games 6:00 pm	7 Aquafit 9:00 am
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22	23 Aquafit 9:00 am Tai Chi 9:30 am Hand & Foot 1:00 pm Ping Pong 7:00 pm	24 Coffee 8:00 am Aquafit 9:00 am	25 Aquafit 9:00 am Tai Chi 9:30 am Hand & Foot 1:00 pm Cards/Games 6:00 pm	26 Aquafit 9:00 am Cards/Games 6:00 pm	27 Aquafit 9:00 am Cards/Games 6:00 pm	28 Aquafit 9:00 am
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TENTATIVE schedule only--ALL events subject to lifting of COVID-19 restrictions/closures

THE HIGHLANDS FLING

July, 2021

www.thehighlandsinc.com

520-297-2722



JULY EVENTS

Sunday – July 4

Potluck – 4:30 pm

Golf Cart Parade - After the
Potluck

Wed – July 14

Meet & Greet – 4:00 pm

Wed – July 21

Ladies Luncheon – 11:30 am

****PLEASE WEAR A
MASK IF YOU HAVE
NOT BEEN FULLY
VACCINATED AGAINST
COVID****

PLEASE SIGN UP!

NOTICE!

All articles published in The Fling have been approved by the President of the Board.

CELEBRATE OUR INCEPENDENCE!

All residents are welcome to attend the 4th of July Potluck at 4:30 p.m. in the Clubhouse. Please sign up in the poker room at the Clubhouse. Bring a dish to share, your table service and a drink if desired. The Wellness Golf Cart Parade will resume after dinner. Let's decorate those golf carts! Questions should be directed to Jane Force at (520) 245-4164.

NEW, NEW, NEW!

Recently some changes have taken place at our office. The office is now open Tuesday, Wednesday and Thursday from 10:00 a.m. until 1:00 p.m. It has been updated with new furniture, flooring and paint. Lynne Jordan will be greeting us at the office and handling our transactions. Lynne has lived in the Tucson area for 13 years. She enjoys cooking, aviation and the outdoors.

TAI CHI CLASS

Rick Anderson will be teaching Tai Chi at the Clubhouse on Monday and Wednesday at 9:30 a.m. Questions should be directed to Rick at (970) 245-8001.

MEET AND GREET

Come to the Clubhouse on July 14 from 4:00 to 5:00 p.m. and meet your neighbors. The meet and greet is open to all residents. Bring your beverage and a snack to share.

CARDS SENT

Marilyn Staley reported the following cards were sent:

Louise Adams – sympathy,
loss of her sister

Phyllis Lynde – get well

Bill Lynde – sympathy,

loss of his mother, Phyllis

Lucy Phelan – sympathy, loss
of her caregiver & friend,
Barbie

NOTE: If you know of someone who should receive a card, please call Marilyn at (520) 484-8532.

LADIES' LUNCHEON

The Ladies' Luncheon will be July 21 at Ole Mexican Grill, 2080 Orange Grove Road. Meet at the Clubhouse at 11:30. Please sign up in the poker room at the Clubhouse. Provide your first and last name, your phone number and indicate whether or not you can drive. Your phone number is necessary in case we have to cancel due to Covid. Questions should be directed to Kathy Zeleznik/Bentler at (440) 821-5591.

UPDATED RESERVE PLAN

An updated reserve plan, dated April 2021, is on file in the office. A PDF version may be requested by members.

The deadline for Fling articles is the 20th of each month. Please send information to Carol Nadeau at cboydna@aol.com. Please indicate "Fling Article" or something similar in the subject line.



Phyllis Lynde

FROM THE HIGHLANDS' NEIGHBORHOOD WATCH

The Oro Valley Police have asked us to share information regarding the recent rise in thefts of catalytic converters. The cost of replacing a catalytic converter will be very expensive, and the thieves can pocket about \$200 per converter.

Here are some steps you can take to help prevent theft of your catalytic converter:

- Park in a garage or well-lit area.
- Add a commercial catalytic theft prevention device.
- Install an under-vehicle alarm system.
- Etch the vehicle VIN number on the converter.
- Report the theft to law enforcement immediately.

Oro Valley Police Department is asking that you watch for anything suspicious, particularly anyone working on the undercarriage of a vehicle. Please call OVPD at (520) 229-4900 and allow them to investigate. Without the public's help, they will have difficulty stopping this crime.

Questions should be directed to Elizabeth Hinds, Neighborhood Watch Coordinator, at (520) 440-7056 or drelizfortin@aol.com.

JULY 2021

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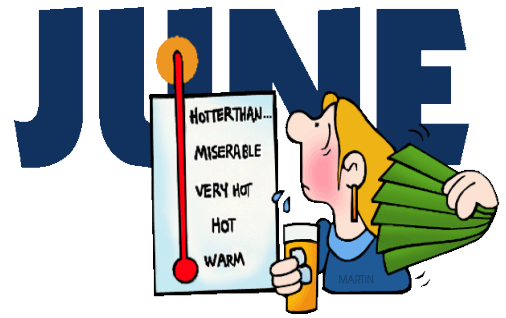
TENTATIVE schedule only--ALL events subject to lifting of COVID-19 restrictions/closures

THE HIGHLANDS FLING

June, 2021

www.thehighlandsinc.com

520-297-2722



ATTENTION DOG OWNERS

Some residents (myself included) have witnessed dog waste on their property or the curbs of our streets. We have a NO PETS POLICY in The Highlands and many of us chose to live here because of that policy. The paperwork you signed regarding "Rules for Reasonable Accommodation of Service or Assistance Animals" clearly states that you are required to carry a trash bag and immediately pick up any waste deposited by your animal (Rule 6). The Fair Housing Act, Section 504, indicates that you must be in control of your animal at all times, which includes cleaning up any waste left by the animal. The Federal Government also gives us the right to require your animal be removed from the community if you refuse to follow the guidelines. **PICK UP AFTER YOUR DOG!**

The deadline for Fling articles is the 20th of each month. Please send information to Carol Nadeau at cboydna@aol.com

NEIGHBORHOOD WATCH

Many residents have left for the summer, but we are keeping watch over your property. In the past, we have caught water leaks/irrigation breaks and called police to report suspicious persons in the community. Oro Valley Police have told us crime is up 150 percent. One of our patrol members discovered a vagrant camped out in the RV lot after 3 a.m. At 12:30 a.m. a resident heard someone running in their yard. A patrol member saw a stranger near the RV lot at 3:15 a.m.

We strongly advise you to keep your cars and houses locked, even during daylight hours. Never open the door to strangers. Call 911 if they refuse to leave.

Stay safe by being aware and careful at all times. If you notice something suspicious, call 911.

Elizabeth Hinds
Neighborhood Watch
Coordinator (520) 440-7056

CARDS SENT

Marilyn Staley reported the following cards were sent:

Carrie Letts – get well
Jeff Thomas – get well
Ray Ghiselline – get well
Jerry Dennis – get well
Anita Lee – get well

NOTE: If you know of someone who should receive a card, please call Marilyn at (520) 484-8532.

WELCOME NEW RESIDENTS

Glen & April Hulstrand
Neil & Sarah Poesse

PARADES

Wellness Parades will resume July 4.



Ray Ghiselline

JUNE 2021

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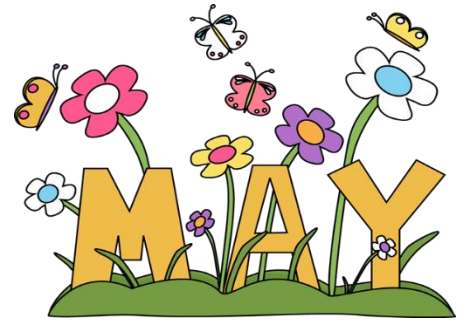
TENTATIVE schedule only--ALL events subject to lifting of COVID-19 restrictions/closures

THE HIGHLANDS FLING

May, 2021

www.thehighlandsinc.com

520-297-2722



MAY EVENTS

Thursdays

Golf Cart Parade - 6:00 pm

****PLEASE WEAR A
MASK****

**MANY SOCIAL EVENTS
ARE CANCELLED UNTIL
FURTHER NOTICE**

PLEASE SIGN UP!

URGENT

It doesn't seem possible that any grandparent or parent would intentionally injure their child. On April 3, several residents observed a very small child (3-4 years old) standing up driving a golf cart, which even appeared to be exceeding the speed limit.

We've all seen stories on TV about freak accidents that happened because someone wanted to allow a child to "have some fun". No child under 16 should be driving a motorized vehicle. STOP – think how you will feel if your grandchild or child gets hurt.

FROM THE BOARD OF DIRECTORS

A three-year contract has been signed with Hughes Sanitation, so please note the following changes:

The monthly rate goes from \$13.00 to \$13.50, which means the quarterly payment will be \$40.50.

If gas reaches \$4.00 per gallon, our monthly rate will immediately go up \$1.00 until the gas price goes down.

Doubling up with a neighbor is strictly **PROHIBITED** and if caught will result in \$100 fine; back payments will also be assessed.

FROM HORAC

Most residents should have received the survey from the newly formed Highlands' Outdoor Recreation Committee (or HORAC) asking for your input regarding existing and possible future outdoor activities at The Highlands. Your input is very important. If you did not receive a survey, please contact Cheryl Haggard at (520) 609-1340.

WELCOME NEW RESIDENTS

Martin Wolf
Daniel & Joyce Emery
Edward & Christina Gilman

PARADE TIME CHANGE

Effective May 1, the Golf Cart Parade will begin at 6:00 p.m. on Thursdays.

LIGHT POLE CREDIT

If you are supposed to receive a 'light pole credit' it will appear on the FIRST quarter invoice, which means your quarterly amount owed to The Highlands will be \$6.00 less (\$174 - \$6 = \$168). This same credit would apply if you were paying bi-annually or yearly as well.

CARDS SENT

Marilyn Staley reported the following cards were sent:

Judy Pope – get well
Florence Dutton – get well
Linda Wilcoxson – get well
Addie Everett – get well
Bernie Lee – get well
Rich Staska – sympathy
Loss of his mother, Jane

NOTE: If you know of someone who should receive a card, please call Marilyn at (520) 484-8532.

SING-A-LONG

Morris Coville is interested in leading some Sing-A-Longs. He will provide the lyrics and music. If you are interested or have questions, please contact Morris at (541) 990-0263.



Jane Staska
Bill Hullfish

SUBMITTED BY A RESIDENT



NOTE OF THANKS

Thank you to everyone for the cards and prayers after the passing of my mother.

Jan Cason

REMINDER

The Fling will not be delivered to your home from May until November. There will be copies in the Clubhouse and Resource Room. It can also be found on our website.

The deadline for Fling articles is the 20th of each month. Please send information to Carol Nadeau at cboydna@aol.com

MAY 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																																																																				
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TENTATIVE schedule only--ALL events subject to lifting of COVID-19 restrictions/closures

THE HIGHLANDS FLING

April, 2021

www.thehighlandsinc.com

520-297-2722



APRIL EVENTS

Wed, Apr 21

Open Board Mtg - 10:00 am

****PLEASE WEAR A
MASK****

**MANY SOCIAL EVENTS
ARE CANCELLED UNTIL**

FURTHER NOTICE

PLEASE SIGN UP!

FROM THE BOARD OF DIRECTORS

The office has medical equipment available for residents to borrow. There is no cost for the service.

We are looking for a committee to suggest ideas for outdoor activity areas... should we keep them? change them? update them? etc. Please sign up in the Clubhouse by April 5.

WELCOME NEW RESIDENTS

Kelly & Sarah
Danville Gelhaus
Norma Jean Sellers
Mark & Regina Linsalata
Laura Nelson
Thomas & Nancy Clark
Lisa Stiller
Dianne Jacobs
James & Margaret Rehnberg
Michael Faron
Chuck & Chris Ardingo

VOLUNTEER OPPORTUNITY

The Board is looking for someone who would be interested in serving as Assistant Secretary. For additional information, please contact Mary Rausch at (319) 560-5258.

TUESDAY COFFEE

Come to the Clubhouse for coffee at 8:30 a.m. each Tuesday. All are welcome. Cost is \$1 for sweets and coffee.

CARDS SENT

Marilyn Staley reported the following cards were sent.

Louise Adams – get well
Joseph Luoma – sympathy
Loss of his mother
Eila Waterland – sympathy
Loss of husband, Sonny
Addie Everett – get well

NOTE: If you know of someone who should receive a card, please call Marilyn at (520) 484-8532.

THE HIGHLANDS' DIRECTORY

Just before her untimely passing, Georgia called me with an article for the Fling. She wanted to thank Cindy Bennett and the others who helped her create the phone directory. She wanted anyone whose information is incorrect to let us know so that we can make up a list to be included with a future issue of the Fling. If your information is incorrect, please drop a note in the box on the office door. I will get the information in the Fling.

HIGHLANDS' NEIGHBORHOOD WATCH

The faithful members of the Highlands' Neighborhood Watch have been patrolling regularly. We have members who patrol on foot, by scooter, golf cart, car and truck. All members have been issued a fluorescent yellow vest to identify them as members of the Highlands' Security Patrol.

We usually have five to six patrols during a 24-hour period focusing on the hours when personal property is most susceptible to crime. We have a new member who patrols in the wee hours between 2:30 and 4:30 a.m. We can't be all places at all times, but we try to make our presence known.

We have communicated with the Oro Valley police and they have agreed to step up their patrols between midnight and 5:00 a.m. Our police liaison suggests you put all valuables away where they can't be seen.

Theft has increased in Oro Valley due to a number of factors such as pandemic unemployment, etc. Lock your cars and your doors! Install a motion detector!

If you have questions, please contact Elizabeth Hinds, Neighborhood Watch Coordinator, at (520) 440-7056.

NOTE OF THANKS

Many thanks for the calls, cards, and concerns. I am doing well so far.

Linda Wilcoxson



Georgia Pfleiderer

The deadline for Fling articles is the 20th of each month. Please send information to Carol Nadeau at cboydna@aol.com

APRIL 2021

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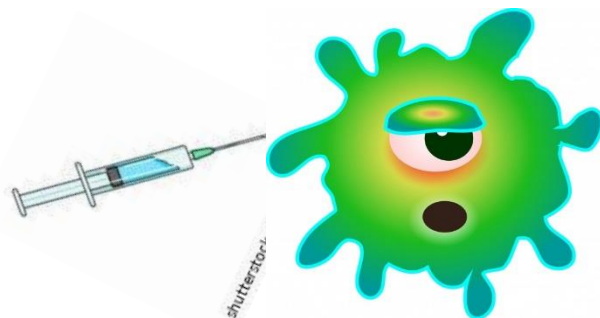
TENTATIVE schedule only--ALL events subject to lifting of COVID-19 restrictions/closures

THE HIGHLANDS FLING

March, 2021

www.thehighlandsinc.com

520-297-2722



MARCH EVENTS

Sat, Mar 6

Craft Show & Sale
9:00 am - 12:00 noon

Sun, Mar 14

Celebration of Life - 2:00 pm

Wed, Mar 17

Open Board Mtg - 10:00 am

Fri, Mar 19

Social Comm Mtg - 9:00 am

****PLEASE WEAR A
MASK****

**MANY SOCIAL EVENTS
ARE CANCELLED UNTIL
FURTHER NOTICE**

PLEASE SIGN UP!

REMINDER

If you wish to have "The Fling" delivered to your home, please make sure you have a tube available. Your mailbox can only be used for US Mail.

THE POOL

Recent revelations from the CDC have surfaced regarding community pools. They believe that an outside pool has enough air circulation and chemicals to mitigate the spread of germs.

The Board of Directors has discussed this and voted unanimously to immediately open the pool to guests and children. Social distancing is required and children must be under the supervision of an adult.

Please be considerate of others when using the pool.
Enjoy, Craig

CRAFT SHOW & SALE

Come to the Clubhouse on Saturday, March 6, between 9:00 a.m. and 12:00 noon. We have nine residents signed up to sell handcrafted items. The show and sale will be set up outside next to the Clubhouse. Please make time to stop by and support your neighbors.

NEW YOGA CLASS

You are invited to a chair yoga class for anyone not wanting to stretch on the floor. All yoga poses will be done either seated or standing using a chair for support and balance. The class will be well rounded for strength, flexibility and breathing techniques. You will feel relaxed and energized! Class will begin on Tuesday, March 2, at 11:00 a.m. for 45 to 60 minutes. Classes will be held at the Clubhouse. Please wear a mask and we will socially distance our chairs. Suggested donation is \$5. Call or text Susan Weber at (505) 927-4216 to register, or just show up.

CELEBRATION OF LIFE

On Sunday, March 14, at 2:00 p.m. there will be a Celebration of Life to honor those residents who passed away during the last year. This event will be held outside near the shuffleboard court.

CARDS SENT

There was no report of cards sent this month.

NOTE: If you know of someone who should receive a card, please call Marilyn Staley at (520) 484-8532.

NEW PAINT COLOR WHEEL

In an effort to allow home-owners to view ALL the colors and numbers that can be used when painting a house, a "new" color wheel has been placed in the Resource Room. The new wheel is not attached to the wall; therefore, if you take it home, PLEASE sign the clipboard on the table. Kindly include your address and phone number on the sign-out sheet so we know where the wheel is located. Sherwin-Williams makes minor changes to their paint colors and numbers every few years, so we will be able to update ours as well.

Please Note: You are not required to use Sherwin-Williams brand paint. If you take their color number to your supplier, they will be able to create a similar color.

A HUGE thank you to Sharon and Jerry Dennis who spent a lot of time updating the color wheel.

THI Compliance

SING WHILE YOU DRIVE

45 MPH - "Highways Are
Happy Days"

55 MPH - "I'm But a Stranger
Here, Heaven Is
My Home"

65 MPH - "Nearer My God to
Thee"

75 MPH - "When the Roll is
Called Up Yonder,
I'll Be There"

85 MPH - "Lord I'm Coming
Home"

Submitted by a Resident

THE BOARD OF DIRECTORS

For those of you who have asked about positions held by the 2021-2022 Board of Directors, here is the information.

President

Craig Bennett
(810) 923-9236

Vice President & Contracts

Sara Danville-Gelhaus
(951) 453-1035

Treasurer

Jamie Horst
(309) 230-0233

Secretary

Mary Rausch
(319) 560-5258

Maintenance/Compliance

Bernie Lee
(520) 409-8709

Morris Coville
(541) 754-2261

Compliance

Jimmy Clark
(520) 484-3336

Kent Hinds
(520) 444-1107

Director

Bob Beck
(520) 461-9540

A SPECIAL NOTE OF THANKS

Dear Highlands Friends
and Family,

After living in the Highlands for 26 years without an issue, I really could not believe it when my tricycle was stolen. I enjoyed it so much!

To my amazement, I received money to replace the tricycle from the wonderful group here in The Highlands.

I thank you all so very much. Words cannot express my appreciation for such wonderful people.

Sincerely,
Shirley Nicodemus

The deadline for Fling articles is the 20th of each month.

Please send information to Carol Nadeau at cboydna@aol.com

MARCH 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Aquafit 10:00 am Hand & Foot 1:00 pm Crafts 1:30 pm Ping Pong 7:00 pm	2 Riverfront Yoga 9:00 am Aquafit 10:00 am Chair Yoga 11:00 am Hand & Foot 1:00 pm	3 Aquafit 10:00 am Hand & Foot 1:00 pm Cards/Games 6:00 pm	4 Riverfront Yoga 9:00 am Aquafit 10:00 am Cards/Games 6:00 pm	5 Aquafit 10:00 am Cards/Games 6:00 pm	6 Craft Show/Sale 9:00:00 am Aquafit 10:00 am
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14 Daylight Saving Celebration of Life 2:00:00 pm	15 Aquafit 10:00 am Hand & Foot 1:00 pm Crafts 1:30 pm Ping Pong 7:00 pm	16 Riverfront Yoga 9:00 am Aquafit 10:00 am Chair Yoga 11:00 am Hand & Foot 1:00 pm	17 St. Patrick's Day Aquafit 10:00 am Open Bd Mtg 10:00 am** Hand & Foot 1:00 pm Cards/Games 6:00 pm	18 Riverfront Yoga 9:00 am Aquafit 10:00 am Cards/Games 6:00 pm	19 Social Comm 9:00 am Aquafit 10:00 am Cards/Games 6:00 pm	20 Aquafit 10:00 am
21	22 Aquafit 10:00 am Hand & Foot 1:00 pm Crafts 1:30 pm Ping Pong 7:00 pm	23 Riverfront Yoga 9:00 am Aquafit 10:00 am Chair Yoga 11:00 am Hand & Foot 1:00 pm	24 Aquafit 10:00 am Hand & Foot 1:00 pm Cards/Games 6:00 pm	25 Riverfront Yoga 9:00 am Aquafit 10:00 am Cards/Games 6:00 pm	26 Aquafit 10:00 am Cards/Games 6:00 pm	27 Aquafit 10:00 am
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TENTATIVE schedule only--ALL events subject to lifting of COVID-19 restrictions/closures

THE HIGHLANDS FLING

February, 2021

www.thehighlandsinc.com

520-297-2722



Covid 19 is in
The Highlands.
Mask up, Stay 6
feet apart and
Wash your
hands!!

FEBRUARY EVENTS

Fri, Feb 5

Annual Open Board Meeting
1:00 pm

Wed, Feb 17

Open Board Mtg 10:00 am

****PLEASE WEAR A
MASK****

**MANY SOCIAL EVENTS
ARE CANCELLED UNTIL
FURTHER NOTICE**

PLEASE SIGN UP!

CANCELLED!!

Due to ongoing issues with the pandemic, we have decided to cancel the Community Yard Sale (2/20) and White Elephant Sale (2/27) for this year. There will, however, be a 20 yard dumpster placed in the RV Lot for homeowners' use the week of February 22nd. This dumpster can be used to eliminate any "treasures" including yard waste, branches, old screens, etc. You **CANNOT** put the following items in the dumpster: **tires, fuels, batteries or anything that ever contained Freon!!** We would like to continue using a dumpster in the future, but it depends **solely** on homeowners following the rules. If you have any items that can't be placed in the dumpster, you can take them to the Catalina Transfer Station which is on Oracle Road. We believe the cost to do this is \$25 per load.

Best Regards,
Steve & Jamie Horst

RV LOT HOURS

There is a new gate at the entrance to the RV Lot. The gate will be locked from 9 p.m. until 6 a.m. If you need access to your unit, please be aware of the new hours.

CRAFT SHOW & SALE

Come to the Clubhouse grounds on Saturday, March 6, between 9:00 a.m. and 12:00 noon. Handcrafted items by Highlands' residents will be for sale. More information to follow.

CELEBRATION OF LIFE

On Sunday, March 14, at 2:00 p.m. there will be a Celebration of Life to honor those residents who passed away during the last year. This event will be held outside.

COVID VACCINE

Here is the website to sign up for the Covid Vaccine and see if/when you qualify:
pima.gov/covid19vaccine

NEED HELP PICKING FRUIT?

I will help pick your fruit in exchange for some. Contact Susan Weber at (505) 927-4216. Thank you.

CARDS SENT

Linda Ortiz – Sympathy
Loss of Mother,
Georgiana Wallace
Judy Pope - Get Well
Jane Force – Get Well
Kathy Reagan – Get Well
Lloya Ossier – Get Well
Sharon Dennis – Get Well
Gene Malik – Get Well
Sharon Malik – Get Well
Barbara Moe – Sympathy
Loss of Sister
Marcia Pritikin

NOTE: If you know of someone who should receive a card, please call Marilyn Staley at (520) 484-8532.



Harry Farris

THE POOL

The pool is open at 10:00 a.m. if the temperature is reported to be 65 degrees or higher. It will be closed at 5:00 p.m. We still need volunteers to cover and uncover the pool. If you can help, please call Louise Bohrer at (715) 448-3301. Let's all do what we can to keep the pool open. Thank you.

TUCSON PHONE BOOKS

If you need a Tucson Phone Book, there are several in the library. If you enter the library from the sliding glass door, they are on the bottom shelf just before you enter the main room of the Clubhouse.

The deadline for Fling articles is the 20th of each month. Please send information to Carol Nadeau at cboydna@aol.com

FEBRUARY 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																																																																											
31	1 Aquafit 10:00 am Hand & Foot 1:00 pm Crafts 1:30 pm Ping Pong 7:00 pm	2 Groundhog Day Riverfront Yoga 9:00 am Aquafit 10:00 am Hand & Foot 1:00 pm	3 Aquafit 10:00 am Hand & Foot 1:00 pm Cards/Games 6:00 pm	4 Riverfront Yoga 9:00 am Aquafit 10:00 am Cards/Games 6:00 pm	5 Aquafit 10:00 am ANNUAL OPEN BOARD MEETING 1:00 pm** Cards/Games 6:00 pm	6 Aquafit 10:00 am																																																																																											
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TENTATIVE schedule only--ALL events subject to lifting of COVID-19 restrictions/closures

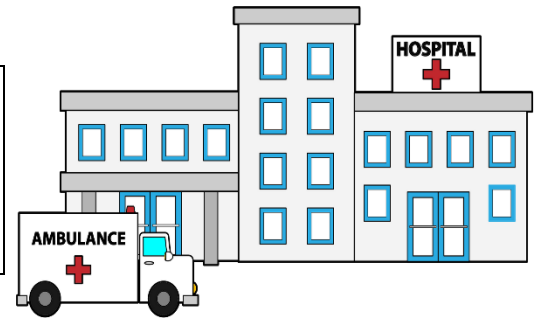
THE HIGHLANDS FLING

January, 2021

www.thehighlandsinc.com

520-297-2722

SOCIAL
DISTANCE &
WEAR YOUR
MASK...DON'T
END UP HERE



JANUARY EVENTS

Wed, Jan 20

Open Board Mtg - 10:00 am

****PLEASE WEAR A
MASK****

**MANY SOCIAL EVENTS
ARE CANCELLED UNTIL
FURTHER NOTICE**

PLEASE SIGN UP!

SPEED BUMPS COULD BE COMING!!

The topic of speeding in The Highlands was brought up and discussed at the Board Meeting on December 16.

Cars and Trucks traveling on our roads at unsafe speeds has been an ongoing problem. We are fortunate that there have not been any accidents or injuries YET! We are asking residents to be mindful of their speed while driving in The Highlands and remind any guests or friends to do the same.

We will be contacting many delivery companies, contractors, utilities and other commercial drivers to remind them of our 15 miles per hour speed limit. We are also requesting that the local police patrol our streets to stop speeders and ticket them if necessary.

Anyone who is walking, riding a bike or just standing on the side of the road has a responsibility to allow vehicles to pass safely. Wear bright clothing and carry a flashlight at night so you can be seen.

One final note, STOP is not a suggestion or recommendation, it means...STOP! That goes for cars, trucks, golf carts and bicycles!

Please be safe and remember...ONLY YOU CAN PREVENT SPEED BUMPS!
Craig Bennett
HOA President

WELCOME NEW RESIDENT

Terri Sebastian, Matterhorn

CARDS SENT

Jerry Dennis - Get Well

Lynn Nix - Get Well

Herb Johnson - Sympathy

Loss of wife

Al Rausch - Sympathy

Loss of mother

NOTE: If you know of someone who should receive a card, please call Marilyn Staley at (520) 484-8532.



Georgiana Wallace, age 93 ³/₄
Mother of Linda Ortiz

The deadline for Fling articles is the 20th of each month. Please send information to Carol Nadeau at cboydna@aol.com

JANUARY 2021

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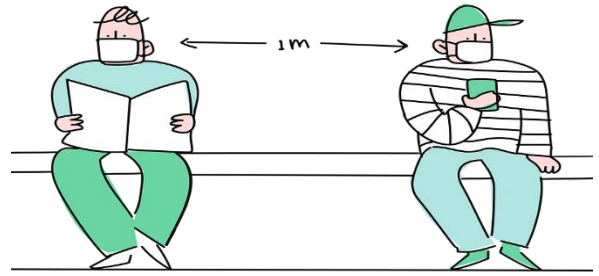
TENTATIVE schedule only--ALL events subject to lifting of COVID-19 restrictions/closures

THE HIGHLANDS FLING

December, 2020

www.thehighlandsinc.com

520-297-2722



DECEMBER EVENTS

Sun, Dec 6

Christmas Parade - 4:00 pm

Thu, Dec 10

Holiday Market - 10:00 am

Wed, Dec 16

Open Board Mtg - 10:00 am

****PLEASE WEAR A
MASK****

**MANY SOCIAL EVENTS
ARE CANCELLED UNTIL
FURTHER NOTICE**

PLEASE SIGN UP!

TIME IS RUNNING OUT!

Although our annual election isn't until February 5th, the ballots must go out no later than December 22nd and we need at least two weeks to print and prep the ballots for mailing. We're extending the deadline for submitting resumes to December 8th. We need at least three names to fill the three openings on the Board. If we don't get three names, openings can be filled by appointment, but that requires consent by the proposed appointees. If we don't fill the nine member Board, we may have to turn over our responsibilities to a management company which will raise our maintenance fees considerably. And...if you've heard any of the horror stories about management companies...enuf said! Please consider running for the Board of Directors, write up a simple resume and submit it to the office or any Board member.

CHRISTMAS PARADE

Our Golf Cart Christmas Parade is scheduled for Sunday, December 6th. All are welcome; just decorate your golf cart, your bicycle,

yourself, your car and join us. This year there will be no walkers in front so the parade will move a little faster. The parade will start at 4:15, so meet at the Clubhouse at 4:00. There will not be a party after the parade this year due to the Covid outbreak. We will also join the Wellness Parade on Thursdays...check the marquee for times. Call Bill Behrendsen at (916) 798-7733 with any questions.

HIGHLANDS' HOLIDAY MARKET

We are planning a Holiday Market on Thursday, December 10, 2020, from 10:00 a.m. to 2:00 p.m. The market will be located outside the Clubhouse and will be for our residents by our residents. It will not be advertised or open to the outside community. Come and support your friends and neighbors.

Artists and Crafters: If you are interested in participating, call Jeanie Wehl at (231) 981-2535 for more details and to reserve your spot.

FYI – PAINT WHEEL

The paint wheel containing approved colors for all outside homes and trim has been moved from the office carport bulletin board back to the Resource Room. Please consult this before planning outside painting. **Remember** to submit an Improvement Request form (available in the Resource Room) for **ANY** outside projects.

FROM THE NOVEMBER BOARD MEETING

Only 20 residents attended the meeting.

The Highlands' draft budgets for 2021 are available by email from the office, or you can stop by and pick up a copy.

The annual review status report for the Reserve Plan is available by email from the office, or you can stop by and pick up a copy.

The Board is looking for copies of minutes from old Board Meetings. If you have any available, please take them to the office. Georgia will make copies as necessary.

Nov and Dec Social Committee Meetings cancelled.

Repair of the pool is ongoing. Some issues were found which increased the original estimate.

Several changes were approved regarding spaces in the RV lot. The current policy is available in the office.

We don't know whether or not we will be able to hold the White Elephant Sale in 2021. The Board approved providing a dumpster during the week of

Feb 22 to Feb 27 to allow residents to dispose of unwanted items.

SLOW DOWN!!

All residents are being asked to tell your guests and contractors to watch their speed. We have more residents walking and riding bikes and we need to keep them safe.

URGENT

Does the office know where to reach you in case of an emergency? Where should we send your ballot for the February election?

We will be sending out ballots and updating the community directory in the near future. If you are a renter, we are happy to include your contact information in the directory at your request.

Please let the office know your wishes as soon as possible. Just drop a note with the information in the slot at the office. Thank you.

CARDS

NOTE: If you know of someone who should receive a card, please call Marilyn Staley at (520) 484-8532.



Joe Termes

Some of you may not be aware that Joe passed away in June 2020.

The deadline for Fling articles is the 20th of each month. Please send information to Carol Nadeau at cboydna@aol.com

DECEMBER 2020

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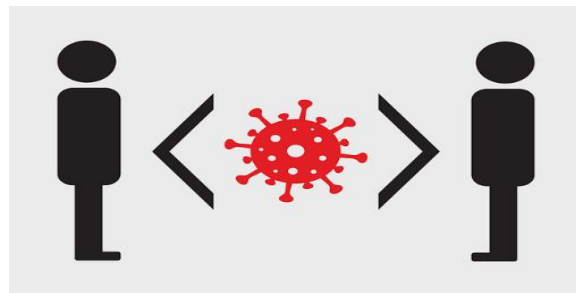
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THE HIGHLANDS FLING

November, 2020

www.thehighlandsinc.com

520-297-2722



NOVEMBER EVENTS

Wed, Nov 18

Open Board Mtg - 10:00 am

Fri, Nov 20

Social Comm - 9:00 am

****PLEASE WEAR A
MASK****

**MANY SOCIAL EVENTS
ARE CANCELLED UNTIL
FURTHER NOTICE**

PLEASE SIGN UP!

URGENT

Does the office know where to reach you in case of an emergency? Where should we send your ballot for the February election?

We will be sending out ballots and updating the community directory in the near future. If you are a renter, we are happy to include your contact information in the directory at your request.

Please let the office know your wishes as soon as possible. Just drop a note with the information in the slot at the office. Thank you.

ATTENTION DOG OWNERS

Neither you nor your dog is allowed on anyone's private property unless invited. Some residents are afraid of dogs, allergic to dogs or just don't like dogs. Our community has a "no pets" policy; however, federal law states that we must allow service, emotional and assistance animals. Most animals remain inside a home and don't infringe on the rights of others. Dogs have to be walked and thus can cause issues. Please respect your neighbors by keeping your dog off private property.

RIVERFRONT YOGA

You are invited to join Susan Weber for an all levels yoga class at Riverfront Park on Tuesdays and Thursdays beginning November 3 at 9:00 a.m. The class will last for one hour and you will feel refreshed, energized, and stronger, yet relaxed!

Bring a mat or big towel and meet at the picnic table area to sign in. We will do the class in an adjacent flat area.

Donations are accepted. I have taught chair yoga at the Highlands and hope to begin again soon. Questions should be directed to Susan at (505) 927-4216 or susankweber@icloud.com.



Spike McMurtrie
Mina Natzmer*

***Note:** Mina Natzmer, a long-time resident of The Highlands, passed away on September 26, 2020. Her family has decided to purchase a 'matching' bench to be placed next to her husband's below the American Flag. If

you would like to make a donation "in memory of Mina", please send your check to Dawn Curtis, 1210 Shevchenko Drive, Ann Arbor, Michigan 48103, and note Natzmer Bench in the memo line. Thank you for all the love and friendship you have shared with our Aunt over the years. Take care and stay healthy!

The Family of Mina Natzmer

SOCIAL COMMITTEE

The Social Committee meets on the 3rd Friday of each month at 9:00 a.m. in the Clubhouse. All are welcome. This is your opportunity to present your ideas for upcoming events or entertainment.

In October, we agreed that it is still too soon to hold social events inside. So no Saturday Kaffeeklatsch, Potluck, etc. until further notice.

WELCOME NEW RESIDENTS!

Christine Fargo
133 W Vesuvius
Lela & William Krohn
232 W Andes
Walter Krauz
301 W Matterhorn
Kathleen Hurlburt
325 W Shenandoah
Stanley & Robin Tenpenny
10725 N Kilimanjaro

IT'S NOT TOO EARLY!

Our annual election isn't until February, 2021, but it's not too early to think about running for a Board position. This is your opportunity to help keep The Highlands a wonderful place to live! Notify a Board member or the office of your intention to run for election, write a resume with your personal information and reason for running, turn it into the office by December 1, and we'll get your name on the ballot.



CARDS SENT

Marilyn Staley reported the following cards were recently sent:

- *Paul Gerleman - get well
- *Joann Lieder - get well - two cards sent 10/5, 10/19
- *Ron Baumbach - get well
- *Anita Lee - thinking of you

NOTE: If you know of someone who should receive a card, please call Marilyn at (520) 484-8532.

The deadline for Fling articles is the 20th of each month. Please send information to Carol Nadeau at cboydna@aol.com

NOVEMBER 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Daylight Saving	2 Aquafit 10:00 am Hand & Foot 1:00 pm Crafts 1:30 pm Ping Pong 7:00 pm	3 Riverfront Yoga 9:00 am Aquafit 10:00 am Hand & Foot 1:00 pm	4 Aquafit 10:00 am Cards/Games 6:00 pm	5 Riverfront Yoga 9:00 am Aquafit 10:00 am Cards/Games 6:00 pm	6 Aquafit 10:00 am Cards/Games 6:00 pm	7 Aquafit 10:00 am
8	9 Aquafit 10:00 am Hand & Foot 1:00 pm Crafts 1:30 pm Ping Pong 7:00 pm	10 Riverfront Yoga 9:00 am Aquafit 10:00 am Hand & Foot 1:00 pm	11 Veterans Day Aquafit 10:00 am Cards/Games 6:00 pm	12 Riverfront Yoga 9:00 am Aquafit 10:00 am Cards/Games 6:00 pm	13 Aquafit 10:00 am Cards/Games 6:00 pm	14 Aquafit 10:00 am
15	16 Aquafit 10:00 am Hand & Foot 1:00 pm Crafts 1:30 pm Ping Pong 7:00 pm	17 Riverfront Yoga 9:00 am Aquafit 10:00 am Hand & Foot 1:00 pm	18 Aquafit 10:00 am Open Bd Mtg 10:00 am** Cards/Games 6:00 pm	19 Riverfront Yoga 9:00 am Aquafit 10:00 am Cards/Games 6:00 pm	20 Aquafit 10:00 am Social Comm 9:00 am** Cards/Games 6:00 pm	21 Aquafit 10:00 am
22	23 Aquafit 10:00 am Hand & Foot 1:00 pm Crafts 1:30 pm Ping Pong 7:00 pm	24 Riverfront Yoga 9:00 am Aquafit 10:00 am Hand & Foot 1:00 pm	25 Aquafit 10:00 am Cards/Games 6:00 pm	26 Thanksgiving Aquafit 10:00 am	27 Aquafit 10:00 am Cards/Games 6:00 pm	28 Aquafit 10:00 am
29	30 Aquafit 10:00 am Hand & Foot 1:00 pm Crafts 1:30 pm Ping Pong 7:00 pm					
		October 2020 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31		December 2020 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31		All Activities Held in Clubhouse/Pool Area EXCEPT: Green = Resource Room/Office Red = Off Site Activity **BE SURE TO WEAR A MASK

TENTATIVE schedule only--ALL events subject to lifting of COVID-19 restrictions/closures

THE HIGHLANDS

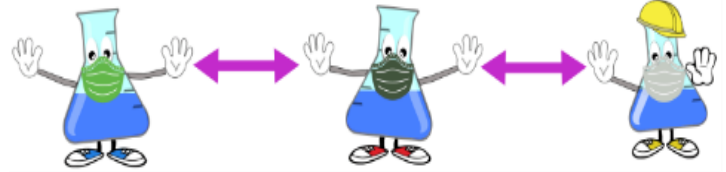
FLING

October, 2020

www.thehighlandsinc.com

520-297-2722

Social distance, please



OCTOBER EVENTS

Fri, Oct 16

Social Comm - 9:00 am

Wed, Oct 21

Open Board Mtg - 10:00 am

Wed, Oct 28

Ladies Lunch - 12:00 Noon

Thur, Oct 29

Gourd Class 1:00 - 4:00 pm

****PLEASE WEAR A
MASK****

**MANY SOCIAL EVENTS
ARE CANCELLED UNTIL
FURTHER NOTICE**

PLEASE SIGN UP!

URGENT

Does the office know where to reach you in case of an emergency? Where should we send your ballot for the February election?

We will be sending out ballots and updating the community directory in the near future. If you are a renter, we are happy to include your contact information in the directory at your request.

Please let the office know your wishes as soon as possible. Just drop a note with the information in the slot at the office. Thank you.

IT'S NOT TOO EARLY!

Our annual election isn't until February, 2021, but it's not too early to think about running for a Board position. Three Board members' terms expire in February...Craig Bennett, Linc Keilman and Bill Bohrer. Craig has not announced a decision to run or not run for re-election; Linc will not run for re-election; Bill has fulfilled the two term limit meaning he cannot run for re-election. During the early onset of COVID-19

restrictions, several residents voiced their opinions that "this Board is out of control", so this is your opportunity to put your words into action. The pay is...OOppppps, sorry folks this is a volunteer job, but the satisfaction of keeping The Highlands a wonderful place to live is priceless! Notify a Board member or the office of your intention to run for election, write a resume with your personal information and reason for running, turn it into the office by December 1, and we'll get your name on the ballot.

FROM THE MAINTENANCE DEPARTMENT

If you are a dog owner, please be respectful of the common grounds of The Highlands and clean up after your animal. **DO NOT use the common area trash cans to dispose of dog waste.** Stop it immediately and put it in your own trash. Having a dog here is a privilege and should be treated as such. We are not here to clean up after residents or your animals.

HIGHLANDS LIBRARY

Thank you Jane Force for many years of service as the Highlands' Librarian. Welcome Louisa Sadler who will be taking over the function. If you are interested in helping, please contact Louisa at (520) 343-9248.

LADIES' LUNCHEON

The ladies are planning to hold a luncheon on October 28, at The Parish Restaurant, 6453 N Oracle Road.

Please either sign up or call Kathy Zeleznik at (440) 821-5591 to let her know you will be attending. If she doesn't answer, leave a message.

TUESDAY COFFEE

The Tuesday Coffee group will begin meeting again starting October 6. The group meets at 8:00 a.m. in the Clubhouse. All are welcome.

SOCIAL COMMITTEE

The Social Committee will begin meeting monthly starting Friday, October 16, at 9:00 a.m. in the Clubhouse. This is your opportunity to present your ideas for upcoming events or entertainment.



CARDS SENT

Marilyn Staley reported the following cards were recently sent:

- *Cindy Bennett - get well
- *Gail Franklin - get well
- *Kathy Zeleznik - get well
- *Kathy Reagan - get well
- *Anita Coffey - get well

NOTE: If you know of someone who should receive a card, please call Marilyn at (520) 484-8532.

FROM THE NEIGHBORHOOD WATCH PATROL

Please watch out for rattlesnakes, especially when you are taking your evening walk. This is the time of year when snakes are seeking warmth on the cement and asphalt as the nights get cooler. Also, look before you leap into the swimming pool. Rattlesnakes have been known to skim over the surface of the water!!

We've also observed several raccoons in the community recently. It's important that you don't put your trash out early. If you don't have a covered can, lightly spray the bags with ammonia or diluted bleach to help deter animals. You can also put moth balls around the garbage bags or in your cans. Don't do anything to attract hungry animals to our community.

The deadline for Fling articles is the 20th of each month. Please send information to Carol Nadeau at cboydna@aol.com

OCTOBER 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Aquafit 10:00 am Cards/Games 6:00 pm	2 Aquafit 10:00 am Cards/Games 6:00 pm	3 Aquafit 10:00 am
4	5 Aquafit 10:00 am Hand & Foot 1:00 pm Crafts 1:30 pm Needlecrafts 1:30 pm Ping Pong 7:00 pm	6 Coffee 8:00 am Aquafit 10:00 am Hand & Foot 1:00 pm	7 Aquafit 10:00 am Cards/Games 6:00 pm	8 Aquafit 10:00 am Cards/Games 6:00 pm	9 Aquafit 10:00 am Cards/Games 6:00 pm	10 Aquafit 10:00 am
11	12 Columbus Day Aquafit 10:00 am Hand & Foot 1:00 pm Crafts 1:30 pm Needlecrafts 1:30 pm Ping Pong 7:00 pm	13 Coffee 8:00 am Aquafit 10:00 am Hand & Foot 1:00 pm	14 Men's Breakfast 8:00 am Aquafit 10:00 am Cards/Games 6:00 pm	15 Aquafit 10:00 am Cards/Games 6:00 pm	16 Boss's Day Aquafit 10:00 am Social Comm 9:00 am Cards/Games 6:00 pm	17 Sweetest Day Aquafit 10:00 am
18	19 Aquafit 10:00 am Hand & Foot 1:00 pm Crafts 1:30 pm Needlecrafts 1:30 pm Ping Pong 7:00 pm	20 Coffee 8:00 am Internat'l Lunch 12 N Aquafit 10:00 am Hand & Foot 1:00 pm	21 Aquafit 10:00 am Open Bd Mtg 10:00 am** Cards/Games 6:00 pm	22 Aquafit 10:00 am Cards/Games 6:00 pm	23 Aquafit 10:00 am Cards/Games 6:00 pm	24 United Nations Day Kaffeeeklatsch 9:00 am Aquafit 10:00 am
25	26 Aquafit 10:00 am Hand & Foot 1:00 pm Crafts 1:30 pm Needlecrafts 1:30 pm Ping Pong 7:00 pm	27 Coffee 8:00 am Aquafit 10:00 am Hand & Foot 1:00 pm	28 Ladies Lunch 12 noon Aquafit 10:00 am Cards/Games 6:00 pm	29 Aquafit 10:00 am Gourd Class 1:00 pm Cards/Games 6:00 pm	30 Aquafit 10:00 am Cards/Games 6:00 pm	31 Halloween Aquafit 10:00 am
		September 2020 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30		November 2020 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30		All Activities Held in Clubhouse/Pool Area EXCEPT: Green = Resource Room/Office Red = Off Site Activity **BE SURE TO WEAR A MASK

TENTATIVE schedule only--ALL events subject to lifting of COVID-19 restrictions/closures

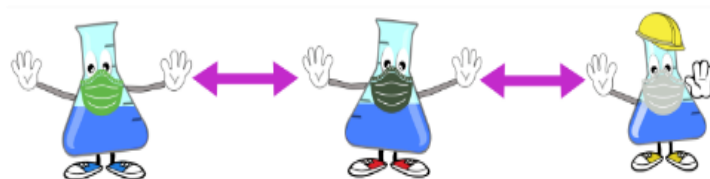
THE HIGHLANDS FLING

September, 2020

www.thehighlandsinc.com

520-297-2722

Social distance, please



**SEPTEMBER EVENTS
ALL SOCIAL EVENTS
ARE CANCELLED UNTIL
FURTHER NOTICE**

DID YOU KNOW?

Just a reminder that we are required to get approval from the Board of Directors for any changes made outside our homes. The required form is in a box to the left of the office door. Instructions are on the form.

NOTE OF THANKS

Thank you all so much for your generous gifts, warm friendship, support, prayers and love.

Anita Lee

CARDS SENT

Marilyn Staley reported the following cards were recently sent:

- *Harold Haas - get well
- *Steve Johnson - sympathy for the loss of his mother Virginia Johnson

NOTE: If you know of someone who should receive a card, please call Marilyn at (520) 484-8532.

Please don't forget your mask! Us older folks are trying to stay safe!!

PLEASE SIGN UP!

SEPTEMBER 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Coffee 8:00 am Aquafit 9:00 am Hand & Foot 1:00 pm	2 Aquafit 9:30 am Cards/Games 6:00 pm	3 Aquafit 9:00 am Cards/Games 6:00 pm	4 Aquafit 9:00 am Social Hour 4:00 pm Cards/Games 6:00 pm	5 Aquafit 9:00 am
6	7 Labor Day Aquafit 9:00 am Hand & Foot 1:00 pm Crafts 1:30 pm Needlecrafts 1:30 pm Ping Pong 7:00 pm	8 Coffee 8:00 am Aquafit 9:00 am Hand & Foot 1:00 pm Potluck 5:30 pm	9 Men's Breakfast 8:00 am Aquafit 9:30 am Cards/Games 6:00 pm	10 Aquafit 9:00 am Cards/Games 6:00 pm	11 Patriot Day Aquafit 9:00 am Social Hour 4:00 pm Cards/Games 6:00 pm	12 Kaffeeklatsch 9:00 am Aquafit 9:00 am
13 Grandparents Day	14 Aquafit 9:00 am Hand & Foot 1:00 pm Crafts 1:30 pm Needlecrafts 1:30 pm Ping Pong 7:00 pm	15 Coffee 8:00 am Internat'l Lunch 12 N Aquafit 9:00 am Hand & Foot 1:00 pm	16 Aquafit 9:30 am Cards/Games 6:00 pm	17 Constitution Day Aquafit 9:00 am Cards/Games 6:00 pm	18 Aquafit 9:00 am Social Hour 4:00 pm Cards/Games 6:00 pm	19 Rosh Hashanah Aquafit 9:00 am
20	21 Aquafit 9:00 am Hand & Foot 1:00 pm Crafts 1:30 pm Needlecrafts 1:30 pm Ping Pong 7:00 pm	22 Autumnal equinox (GMT) Coffee 8:00 am Aquafit 9:00 am Hand & Foot 1:00 pm	23 Ladies Lunch 12 noon Aquafit 9:30 am Cards/Games 6:00 pm	24 Aquafit 9:00 am Cards/Games 6:00 pm	25 Aquafit 9:00 am Social Hour 4:00 pm Cards/Games 6:00 pm	26 Kaffeeklatsch 9:00 am Aquafit 9:00 am
27	28 Yom Kippur Aquafit 9:00 am Hand & Foot 1:00 pm Crafts 1:30 pm Needlecrafts 1:30 pm Ping Pong 7:00 pm	29 Coffee 8:00 am Aquafit 9:00 am Hand & Foot 1:00 pm	30 Aquafit 9:30 am Cards/Games 6:00 pm			
		August 2020 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31		October 2020 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31		All Activities Held in Clubhouse/Pool Area EXCEPT: Green = Resource Room/Office Red = Off Site Activity

TENTATIVE schedule only--ALL events subject to lifting of COVID-19 restrictions/closures

THE HIGHLANDS FLING

August, 2020

www.thehighlandsinc.com

520-297-2722

Don't
forget
your mask!



**AUGUST EVENTS
ALL SOCIAL EVENTS
ARE CANCELLED UNTIL
FURTHER NOTICE**

DID YOU KNOW?

Just a reminder that we are required to get approval from the Board of Directors for any changes made outside our homes. The required form is in a box to the left of the office door. Instructions are on the form.



Joe Carder

NOTICE

The Highlands sent quarterly statements to homeowners in July. Please remember that if your "Amount Due" is in (parenthesis) or has a minus (-) in front of it, you currently have a credit balance and no payment is required.

PLEASE SIGN UP!

CARDS SENT

Marilyn Staley reported the following cards were sent during late May and early June:

- *Louise Adams - get well
- *Lucy Phelan - get well
- *Bud Bates - get well
- *Anita Lee - get well
- *Kathy Zeleznik - get well
- *Bernie Lee - get well

NOTE: If you know of someone who should receive a card, please call Marilyn at (520) 484-8532.

LADIES' LUNCHEON

The ladies are planning to hold their luncheon on August 19, at Charred Pie, 12125 North Oracle Road, Oro Valley Marketplace. We will leave the Clubhouse at 11:35. Please contact Kathy Zeleznik at (440) 821-5591 with any questions.

AUGUST 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																																																																				
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TENTATIVE schedule only--ALL events subject to lifting of COVID-19 restrictions/closures

THE HIGHLANDS FLING

July, 2020

www.thehighlandsinc.com

520-297-2722

Don't
forget
your mask!



**JULY EVENTS
ALL SOCIAL EVENTS
ARE CANCELLED UNTIL
FURTHER NOTICE**

SAVE THE HUMMINGBIRDS!

Many of us in The Highlands enjoy feeding and watching the hummingbirds. Please remember to change the food every day when it is so hot. If you are going to leave town, take the feeders down while you're gone. Thanks.



Joe Termes

PAGE 2 -

Read the Pandemic Letter

PLEASE SIGN UP!

CARDS SENT

Marilyn Staley reported the following cards were sent during late May and early June:

- *Anna Pufahl - get well
- *Eugene Malik - get well
- *Anita Coffey - get well
- *DeDe Venott - get well
- *Bud Bates - get well
- *Phoebe Hart - get well
- *Lacy Termes - sympathy

NOTE: If you know of someone who should receive a card, please call Marilyn at (520) 484-8532.

A NOTE OF THANKS

I want to thank everyone who participates in the Thursday Night Wellness Parade. We even made KGUN 9 News on May 7 and 8. You can see the TV clip on "The Highlands of Oro Valley" social committee Facebook page. Sometimes we hand out candy; sometimes we receive candy (thank you Randy). One resident named us "Electro-glide Roadsters". Hope we keep up the good work and stay safe!

Cindy Bennett
Social Committee Chair

From: Highlands Board of Directors
To: Highlands Membership
Date: 6/30/2020
Subject: Highlands Pool Status Update

When the COVID-19 Pandemic broke out, closing the pool and clubhouse was considered by the board. After several weeks, COVID-19 began to spread rapidly throughout the country and some states began to put social distancing into required practice. The CDC began to issue protocols to help curb the spread of the virus.

Shortly after that, the governor of Arizona issued a shut down order for all non-essential businesses throughout the State. This included all public and semi-public swimming pools until further notice. CDC guidelines were put into effect and compliance was expected. Gatherings of ten people or more was prohibited and Social Distancing became mandatory.

At that time, the Highlands Board of Directors made the decision to close the pool and clubhouse to follow the Governor's directive and better safeguard the Highlands Community. They were to remain in force until further directives were issued by the Governor, the City of Oro Valley and Pima County.

The pool and clubhouse remained closed until the Governor made the statement pools could be reopened. On May 20th the Governor said, pools could be re-opened. However Oro Valley remained closed until June 1st. The Board had an executive meeting on the 22nd of May about re-opening the pool and clubhouse. A committee was formed and met to obtain more information.

Signs, sanitization materials, equipment and cleaning protocols needed according to CDC, City and County recommendations were discussed and acted upon.

Signage was designed and ordered while sanitization dispensers, paper towels spray bottles, etc. were procured and put in place prior to opening the pool and clubhouse. Some items were unavailable due to high demand or had long lead times which resulted in delays in getting the pool and clubhouse ready for opening.

It was a lengthy process getting everything ready for the opening and it was accomplished on June 6th. Contrary to negative rumors being spread about the Highlands community that the Board was ineffective and nonproductive the pool and clubhouse were opened in a safe and timely manner.

The Board has worked tirelessly at making sure the pool and clubhouse were brought up to current expectations of the various governmental institutions and done so with community safety and wellbeing in mind.

In closing, we would like to point out that additional posted rules and regulations along with Social Distancing are required at the pool and clubhouse for the safety of the individual as well as the community. COVID-19 is serious and it will take everyone being cooperative and vigilant to keep us all safe.

In the short time the pool has been opened, we have already had problems with those that refuse to comply. Social Distancing was not followed, more than one person was in the hot tub, and children were swimming in the pool along with their dog. This is unacceptable behavior and it puts us all at risk.

Please be considerate, follow the posted rules, and sanitize after yourself. Thank You.

JULY 2020

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TENTATIVE schedule only--ALL events subject to lifting of COVID-19 restrictions/closures

THE HIGHLANDS FLING

June, 2020

www.thehighlandsinc.com

520-297-2722

Don't
forget
your mask!



**JUNE EVENTS
ALL SOCIAL EVENTS
ARE CANCELLED UNTIL
FURTHER NOTICE**

EMERGENCY MEETING HELD BY BOARD

On May 22, the Highlands' Board of Directors held an emergency meeting by e-mail to discuss how to open the pool for member use. The minutes of this meeting will be posted on the bulletin boards and on the website.

WELCOME NEW RESIDENTS

We have been trying to welcome all new residents during the winter months so that winter visitors will see the article. The following people have moved into The Highlands since the February notice:

- *Liza & Leonard Beyer
232 Weissshorn
- *Alicia Gatti
301 Adirondack
- *Donna Fritz
134 Matterhorn
- *Richard Vertel
10730 Mont Blanc
- *William & Mary Lee Vincent
110 Olympus
- *Roger & Arlene Pelton
40 Matterhorn
- *Robert Wallace & Kathleen
Kouzmanoff
10761 Highlands
- *Heidi Straub
301 Andes

WELCOME!!

CARDS SENT

Marilyn Staley reported the following cards were sent during late April and early May:

- *Eila Waterland - sympathy for the loss of her daughter
- *Family of Frank Slezak
Sympathy for loss
- *Family of Marita Hufnagl
Sympathy for loss
- *Phoebe Hart - get well

NOTE: If you know of someone who should receive a card, please call Marilyn at (520) 484-8532.

IN MEMORIAM

Frank Slezak
Marita Hufnagl

Note: Marita Hufnagl passed away at Catalina Springs Memory Care, where she had been living since leaving The Highlands. Marita's family is planning to place a fountain in the courtyard in her memory. If you would like to send a donation, please make the check payable to Catalina Springs Memory Care, indicate "Courtyard Fountain" in the "memo" area and send to the following address:
9685 N Oracle Road
Oro Valley, AZ 85740
Thank you from the family of Marita.

PLEASE SIGN UP!

JUNE 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																																																																														
	1 Aquafit 9:30 am Hand & Foot 1:00 pm Crafts 1:30 pm Needlecrafts 1:30 pm Ping Pong 7:00 pm	2 Coffee 8:00 am Aquafit 9:30 am Hand & Foot 1:00 pm	3 Aquafit 9:30 am Cards/Games 6:00 pm	4 Aquafit 9:30 am Cards/Games 6:00 pm	5 Aquafit 9:30 am Social Hour 4:00 pm Cards/Games 6:00 pm	6 Aquafit 9:30 am																																																																																														
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TENTATIVE schedule only--ALL events subject to lifting of COVID-19 restrictions/closures

THE HIGHLANDS

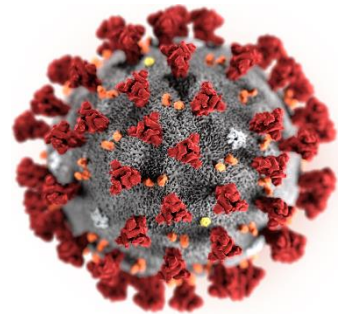
FLING

May, 2020

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Stay 6
feet
apart



**MAY EVENTS
ALL SOCIAL EVENTS
ARE CANCELLED UNTIL
FURTHER NOTICE**

PLEASE SIGN UP!

FROM THE MONDAY & THURSDAY EXERCISE GROUP

The Monday and Thursday Exercise Group sessions ended as of April 16. Thanks to all of you who attended and we look forward to seeing you again in the fall. Have a safe and happy summer!

DID YOU KNOW?

Did you know that it is every homeowner's responsibility to have some general knowledge of the CC&Rs? For example, you must submit a written request for any and all changes to the outside of your property; you cannot have clotheslines on your property (all clothes drying is to be done on the lines provided near the Clubhouse); all property must be kept clean and maintained (this includes free from weeds, unsightly items in your carport, etc).

COMPLIANCE REQUEST

We know this has been a dreadful year for weeds and grass in the Highlands, but we're asking that everyone

PLEASE keep your yards, carports and surrounding areas in respectable condition. We also know that there are a few homes which are extremely overgrown, and we are doing everything in our power to get these yards cleaned up. If your neighbor has some health issues or can't get out, perhaps you could offer to help them with their yards. We appreciate everyone who has spent countless hours and dollars keeping their yards and surrounding areas in good shape. Thanks from your Compliance Directors.

PLEASE REPORT SPEEDERS!!

The speed limit in The Highlands is 15 miles per hour for a reason. Many of our residents are disabled, using walkers, wheel chairs, bicycles, etc. We have an agreement with Oro Valley Police to issue citations to speeders, so please call (520) 229-4933 and report the license number, location, date and time of the incident. I personally see someone speeding every day. It is easy to tell the difference between 15 MPH and 40+ MPH.

HIGHLANDS' STATEMENTS

In the past, we only sent statements to members who were behind on their payments. This year, the state of Arizona enacted a new law requiring us to send **all** members a quarterly statement. Don't forget, a zero balance on your statement indicates we show you as "currently paid in full". A helpful tip for reading your statement: If your balance shows a negative number, congratulations! Your account has a credit.



CARDS SENT

Marilyn Staley reported there were no cards sent during the past month. She hopes everyone stays well and safe!

NOTE: If you know of someone who should receive a card, please call Marilyn at (520) 484-8532.

The deadline for Fling articles is the 20th of each month. Information should be sent to Carol Nadeau at cboydna@aol.com



THANKS FOR THE MASKS!

The Highlands' Quilters have been busy making masks to help protect from the virus. Elizabeth Hinds made over 200...then gave them out to the Neighborhood Watch Group and donated to places in need. The rest of the group have also donated to those in need. **PLEASE NOTE:** If you have caregivers coming into your home, be sure they wear a mask. They have visited other homes and could be carrying the virus.

REMINDER

Beginning May 1, the Fling will be available for pick-up and on the website. Since both the Clubhouse and Resource Room are closed, please pick up copies in the laundry room or outside the office.

ROSIE'S BEST EVER RUM CAKE

1 or 2 Quarts Rum
1 Cup Butter
1 Tsp. Sugar
1 Large Egg
1 Cup Dried Fruit
Lemon Juice
Brown Sugar
Baking Powder

Before you start, sample the rum to check for quality (good isn't it?). Now go ahead. Select a large mixing bowl, measuring cup, etc. Check the rum again, it must be just right. To be sure of the highest quality, pour 1 level cup of rum into a glass and drink it as fast as you can. Repeat.

Beat 1 cup of butter in a large fluffy bowl. Add seaspoon of thugar and beat again. Meanwhile, try another cup of rum. Open second quart if necessary. Add 2 large leggs, 2 cups fried druit and beat till high. If druit gets stuck in beaters, pry loose with a drewscraver. Sample rum again checking for tonscisticity.

Sift 3 cups pepper or salt (it doesn't matter which). Sample the rum again. Sift ½ pint of lemon juice. Fold in chipped butter and strained nuts. Add 1 babblespoon of brown thugar (or whatever color you can find). Wix mell. Grease oven and turn cake pan to 350 gredees. Now pour the mess into the coven and ake. Check the rum again and go to bed.

MAY 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Aquafit 9:30 am Social Hour 4:00 pm Cards/Games 6:00 pm	2 Aquafit 9:30 am
3	4 Aquafit 9:30 am Hand & Foot 1:00 pm Crafts 1:30 pm Needlecrafts 1:30 pm Ping Pong 7:00 pm	5 Cinco de Mayo Coffee 8:00 am Aquafit 9:30 am Hand & Foot 1:00 pm	6 Aquafit 9:30 am Cards/Games 6:00 pm	7 Aquafit 9:30 am Cards/Games 6:00 pm	8 Aquafit 9:30 am Social Hour 4:00 pm Cards/Games 6:00 pm	9 Kaffeeklatsch 9:00 am Aquafit 9:30 am
10 Mother's Day If you can't visit her, please call your Mom	11 Aquafit 9:30 am Hand & Foot 1:00 pm Crafts 1:30 pm Needlecrafts 1:30 pm Ping Pong 7:00 pm	12 Coffee 8:00 am Aquafit 9:30 am Hand & Foot 1:00 pm Potluck 5:30 pm	13 Men's Breakfast 8:00 am Aquafit 9:30 am Cards/Games 6:00 pm	14 Aquafit 9:30 am Cards/Games 6:00 pm	15 Aquafit 9:30 am Social Hour 4:00 pm Cards/Games 6:00 pm	16 Armed Forces Day Aquafit 9:30 am
17	18 Aquafit 9:30 am Hand & Foot 1:00 pm Crafts 1:30 pm Needlecrafts 1:30 pm Ping Pong 7:00 pm	19 Coffee 8:00 am Internat'l Lunch 12 N Aquafit 9:30 am Hand & Foot 1:00 pm	20 Aquafit 9:30 am Cards/Games 6:00 pm	21 Aquafit 9:30 am Cards/Games 6:00 pm	22 Aquafit 9:30 am Social Hour 4:00 pm Cards/Games 6:00 pm	23 Kaffeeklatsch 9:00 am Aquafit 9:30 am
24	25 Memorial Day Aquafit 9:30 am Hand & Foot 1:00 pm Crafts 1:30 pm Needlecrafts 1:30 pm Ping Pong 7:00 pm	26 Coffee 8:00 am Aquafit 9:30 am Hand & Foot 1:00 pm	27 Ladies Lunch 12 noon Aquafit 9:30 am Cards/Games 6:00 pm	28 Aquafit 9:30 am Cards/Games 6:00 pm	29 Aquafit 9:30 am Social Hour 4:00 pm Cards/Games 6:00 pm *No Trash Today	30 Aquafit 9:30 am
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TENTATIVE schedule only--ALL events subject to lifting of COVID-19 restrictions/closures

THE HIGHLANDS FLING

April, 2020

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**APRIL EVENTS
ALL SOCIAL EVENTS
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FURTHER NOTICE**

LET'S HAVE SOME FUN! (or RESIDENT WELL-CHECK)

This coronavirus issue has us all in a bit of 'funk', so we thought it might be nice to have a little fun. Since all social events have been cancelled, weather permitting, – and if we get enough carts to have a parade – let's have one! On Mondays and Thursdays at 4:00 p.m. (happy hour) those of us who have a golf cart will meet at the Clubhouse (making sure we practice 'social distancing') and tour the community with an occasional horn honk. This will just be for FUN and could be an opportunity for our residents to get out of their homes, get the 'stink' blown off, enjoy some nice weather and maybe wave as we go by (no one finger salutes please)!!! Parades will start on April 2, which is the first Thursday in April.

DARK HOUSE PROGRAM

If you are a "snow bird/heat wimp" and filling out a 'Dark House Form', the Oro Valley Police have informed us that this program has been temporarily stopped because the volunteer patrols have

been temporarily stopped. You should let your neighbors and the Neighborhood Watch group know that you are leaving and when you might be returning. The police will keep the forms on file and will begin checking homes as soon as the patrols start up again.

COMPLIANCE REQUEST

We know this has been a dreadful year for weeds and grass in the Highlands, but we're asking that everyone PLEASE keep your yards, carports and surrounding areas in respectable condition. We also know that there are a few homes which are extremely overgrown, and we are doing everything in our power to get these yards cleaned up. If your neighbor has some health issues or can't get out, perhaps you could offer to help them with their yards. We appreciate everyone who has spent countless hours and dollars keeping their yards and surrounding areas in good shape. Thanks from your Compliance Directors.

PLEASE SIGN UP!



CARDS SENT

Marilyn Staley reported the following cards were sent:

Jerry Dennis - Get Well
Georgia Chase - Get Well

NOTE: If you know of someone who should receive a card, please call Marilyn at (520) 484-8532.

OFFER TO HELP

Susan Weber has graciously offered to help anyone with rides, errands, etc. during this month. Her phone number is (505) 927-4216.

Editor's Note: There are many of us who are willing to provide similar services for those in need. If you are unable to drive or need help running errands, please call me and I will help you find someone to assist you. Carol Nadeau (520) 742-2722

REMINDER

Beginning May 1, the Fling will be available for pick-up in the Resource Room or the Clubhouse. In the event the Clubhouse remains closed, please pick them up in the Resource Room. Home delivery will resume in October.

The deadline for Fling articles is the 20th of each month. Information should be sent to Carol Nadeau at cboydna@aol.com

HIGHLANDS' DIRECTORY

We are aware that some of you have been asking about the newest Highlands' Directories. Please note that we are working to get updates completed and sent off to the printer. We will let you know as soon as they are ready!!

LADIES' LUNCH

If we are lucky enough to be able to hold the Ladies' Lunch, it will be at noon on April 22, at Charred Pie, 12125 N. Oracle Road. Questions should be directed to Kathy Zeleznik on (440) 821-5591

BOARD SUMMER TRAVEL SCHEDULE

See the next page in this newsletter for this information.

APRIL 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																																																																												
29	30	31	1 April Fool's Day Aquafit 9:30 am Chair Yoga 11-12:00 n Cards/Games 6:00 pm	2 Exercise 8:00 am Aquafit 9:30 am Quilt Group 1:00 pm Cards/Games 6:00 pm	3 T Chi Bgn 8:30 am Tai Chi Interm 9:45 am Tai Chi Adv 11:00 am Aquafit 9:30 am Social Hour 4:00 pm Cards/Games 6:00 pm	4 Aquafit 9:30 am																																																																																												
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**ALL SOCIAL COMMITTEE EVENTS ARE CANCELED FOR APRIL, REMAINING CLASSES/GAMES ARE SUBJECT TO CHANGE BY VENUE HOST/HOSTES
WATCH MARQUEE FOR MEETING UPDATES OR CHANGES**

THE HIGHLANDS FLING

March, 2020

www.thehighlandsinc.com

520-297-2722



MARCH EVENTS

Sat, Mar 7

Mariachi & Tacos - 4:45 pm

Sun, Mar 8

Movie Night - 6:30 pm

Tue, Mar 10

Potluck - 5:30 pm

Sat, Mar 14

Kaffeeklatsch - 9:00 am

Sun, Mar 15

Dinner & Karaoke - 5:00 pm

Wed, Mar 18

Open Board Mtg - 10:00 am

Thur, Mar 19

Art Exhibit - 6:00 pm

Fri, Mar 20

Social Comm Mtg - 9:00 am

Sat, Mar 21

Bus Trip - 7:30 am

Sat, Mar 28

Kaffeeklatsch - 9:00 am

Sun, Mar 29

Ice Cream Social - 2:00 pm

Tue, Mar 31

Jam Session - 6:00 pm

PLEASE SIGN UP!

ATTENTION POTLUCK GOERS!!

Recently a resident became ill after one of our Potlucks due to a nut allergy. If your contribution contains nuts or other known allergens, please label it. Also, if your dish is gluten free, please let the hosts know. We want to make sure everyone enjoys the meal!

MARIACHI ASTLAN AND TACO NIGHT

A reminder to all who will be attending a night of mariachi music and fun food! La Hacienda Family Mexican Restaurant is catering the Taco Dinner. They will provide a buffet style Taco Bar at 5:00 p.m. Plates, forks and napkins will be provided. Bring your own beverage; coffee will be available.

Mariachi Astlan de Pueblo High School is Tucson's most popular youth mariachi. The group plays traditional mariachi music arranged and conducted by director, John Contreras. Mariachi Astlan is motivated by pride and dedication to their cultural heritage of Mexico.

8th ANNUAL ART SHOW AND MARCH ART CLASSES

Mark your calendar for the Highland's Annual Art Exhibition showcasing the varied talents of our own artists. Thursday, March 19, from 6:00 until 7:30 p.m. original works of many different mediums will be on display at the Clubhouse. Admission is free, and light refreshments will be served. Some works will be for sale. Come to be inspired and to support your local artists.

On Mondays in March at 1:30 p.m., the following workshops will be offered in the Resource Room. Sign up early to ensure your place.

*March 3, Fabric Painting using sponge stamps with Patti Triplett. Fee \$10; maximum 16 students. Bring a pre-washed t-shirt, apron, tote bag, etc.

*March 9 & 16, Ukrainian Egg Painting with Terry Wojdyla. Fee \$5; maximum 8. Includes all supplies; basic class, no experience needed.

*March 23, rock painting. No fee; no sign up. Bring your own rocks; paints and brushes supplied.

*March 30, TBA. Check for sign-up sheet later.

NOTE: See back of calendar for instructions on submitting your art to the art show.

MOVIE NIGHT

This month's movie is American Graffiti.

MEN'S BREAKFAST

The Men's Breakfast will be at Jerry Bob's, Magee and Oracle. Please remember to sign up! Meet at the Clubhouse at 7:45 a.m. if you would like to carpool.

INTERNATIONAL LUNCH GROUP

This month, the group has selected La Hacienda Family Mexican Restaurant at 11931 North First Avenue. Meet at the Clubhouse at 11:30 a.m. if you wish to carpool.

Questions should be directed to Carol Hastings (520) 989-9139 or Elaine Reed (520) 219-4504. Please sign up!

Note: Effective April 1, David Cruz will take over scheduling for the International Lunch Group. Questions may be directed to David at (347) 406-2825.

LADIES' LUNCH

At publication time, there is no information available regarding the March Ladies' Lunch. Please report to the Clubhouse at 11:30 a.m. before leaving for the restaurant. If you are going directly to the restaurant, please call Kathy Zeleznik at (440) 821-5591. Be sure to sign up!

FROM THE FEBRUARY OPEN BOARD MEETING

*All incumbent Directors were reelected. The Board will not change.

*Linc has been updating RV Park information and is 99% completed. There is one open spot available. Two places are reserved for contractors because they cannot park on residents' lots overnight.

*The changeover to Quick Books Online has been halted at the recommendation of our accountant.

*Morris Coville has sold his business and should be back at the Highlands (and part of the Board) in approximately 30 days.

*New pool covers have been installed.

*A new 1000 watt light has been installed in the RV lot.

*There is a binder in the office containing Treasurer's Reports and comments. Members may request an opportunity to review it.

*Volunteers from the community will be repairing the cracks in the road. Work will begin soon.

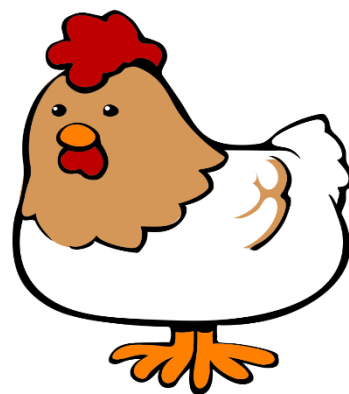
*Quotes for handicap bathrooms have been received. More discussion expected at March meeting.

*Policies and Procedures Committee is scheduled to meet on February 28. An update will be presented in March.

*Bob Beck discussed the need to write a policy regarding liens on property with accounts in arrears. If we don't file a declaration of lien, we could lose the delinquent amount if the property is sold.

CHANGE FOR CHAIR YOGA GOERS

Please note that Chair Yoga will be held on Wednesdays beginning March 4. The time, 11:00 a.m., and place, Resource Room, remain the same.



CLUCK, CLUCK, CLUCK !!

Chicken and Karaoke again. Come to the Clubhouse on Sunday, March 15th, at 5:00 p.m. for Chicken and Karaoke/Sing-Along. Join your friends and neighbors for a nice chicken meal, then stick around to be entertained by those same friends and neighbors. Only \$5.00 each will get you Fry's fried chicken, potato wedges, salad and coffee (or bring your own beverage). Please sign up in the poker room so we know how much food to buy. Don't forget to bring your own table service. Also, we'll give you four (4) chances to win back your \$5.00 with a few trivia questions. See ya there!



CARDS SENT

Marilyn Staley reported the following cards were sent:

Paul Gerleman - Get Well
and Thinking of You

NOTE: If you know of someone who should receive a card, please call Marilyn at (520) 484-8532.

ARTISTS' SUBMISSIONS TO ART SHOW

Artists, please pick up an application in the Clubhouse for submitting your work to the Art Show. The deadline for turning in an application is March 10, so that the committee can prepare labels and plan for the display. The work itself must be delivered the morning of March 19, and picked up at the close of the show. If you will be away, please arrange for delivery and pick up by a friend. We need all types of art: painting, sculpture, wood working, fabric art, mixed media and more! It should not be work that has been in previous Highlands' art shows. More information and contact info will be on the application itself. You may choose to offer your work for sale.



CHANGE IN OFFICE PERSONNEL

We recently hired a new Bookkeeper/Office Administrator. Her name is Georgia Pfeleiderer. If you have reason to visit the office, please make her feel welcome.

The deadline for Fling articles is the 20th of each month. Information should be sent to Carol Nadeau at cboydna@aol.com

MARCH 2020

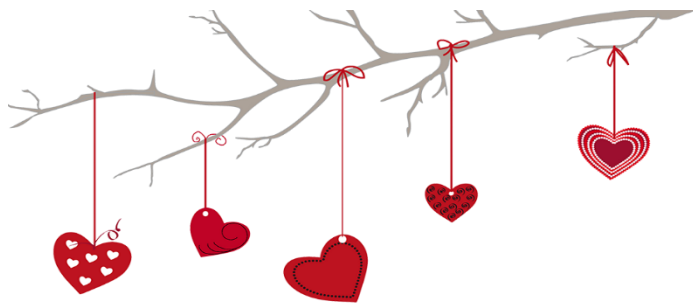
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 5 Crowns 1:00 pm	2 Exercise 8:00 am Aquafit 1:00 pm Hand & Foot 1:00 pm Crafts 1:30 pm Needlecrafts 1:30 pm Ping Pong 7:00 pm	3 Coffee 8:00 am Painting 10:00 - 12:00n Aquafit 1:00 pm Hand & Foot 1:00 pm	4 Chair Yoga 11-12:00 n Aquafit 1:00 pm Cards/Games 6:00 pm	5 Exercise 8:00 am Painting 10:00 - 12:00n Aquafit 1:00 pm Quilt Group 1:00 pm 5 Crowns 6:00 pm Cards/Games 6:00 pm	6 T Chi Bgn 8:30 am Tai Chi Interm 9:45 am Tai Chi Adv 11:00 am Aquafit 1:00 pm Social Hour 4:00 pm Cards/Games 6:00 pm	7 Aquafit 1:00 pm Mexican Dinner & Band 4:45 pm
8 Daylight Saving back home...not here!! 5 Crowns 1:00 pm Movie Night 6:30 pm	9 Exercise 8:00 am Aquafit 1:00 pm Hand & Foot 1:00 pm Crafts 1:30 pm Needlecrafts 1:30 pm Ping Pong 7:00 pm	10 Coffee 8:00 am Painting 10:00 - 12:00n Aquafit 1:00 pm Hand & Foot 1:00 pm Potluck 5:30 pm	11 Men's Breakfast 8:00 am Chair Yoga 11-12:00 n Aquafit 1:00 pm Low Carb Sprt 4:00 pm Cards/Games 6:00 pm	12 Exercise 8:00 am Painting 10:00 - 12:00n Aquafit 1:00 pm Quilt Group 1:00 pm 5 Crowns 6:00 pm Cards/Games 6:00 pm	13 T Chi Bgn 8:30 am Tai Chi Interm 9:45 am Tai Chi Adv 11:00 am Aquafit 1:00 pm Social Hour 4:00 pm Cards/Games 6:00 pm	14 Kaffeeeklatsch 9:00 am Aquafit 1:00 pm
15 5 Crowns 1:00 pm Chicken & Karaoke 5pm	16 Exercise 8:00 am Aquafit 1:00 pm Hand & Foot 1:00 pm Crafts 1:30 pm Needlecrafts 1:30 pm Ping Pong 7:00 pm	17 Coffee 8:00 am Painting 10:00 - 12:00n Internat'l Lunch 12 N Aquafit 1:00 pm Hand & Foot 1:00 pm	18 Open Bd Mtg 10:00 am Chair Yoga 11-12:00 n Aquafit 1:00 pm Cards/Games 6:00 pm	19 Exercise 8:00 am Art Exhibit set-up 9:30 - 6:00 pm Aquafit 1:00 pm 5 Crowns 6:00 pm Art Exhibit 6 - 7:30 pm	20 T Chi Bgn 8:30 am Tai Chi Interm 9:45 am Tai Chi Adv 11:00 am So Comm Mtg 9:00 am Aquafit 1:00 pm Social Hour 4:00 pm Cards/Games 6:00 pm	21 Bisbee Trip 7:30 am Aquafit 1:00 pm
22 5 Crowns 1:00 pm	23 Exercise 8:00 am Aquafit 1:00 pm Hand & Foot 1:00 pm Crafts 1:30 pm Needlecrafts 1:30 pm Ping Pong 7:00 pm	24 Coffee 8:00 am Aquafit 1:00 pm Hand & Foot 1:00 pm	25 Ladies Lunch 12 noon Chair Yoga 11-12:00 n Aquafit 1:00 pm Low Carb Sprt 4:00 pm Cards/Games 6:00 pm	26 Exercise 8:00 am Aquafit 1:00 pm Quilt Group 1:00 pm 5 Crowns 6:00 pm Cards/Games 6:00 pm	27 T Chi Bgn 8:30 am Tai Chi Interm 9:45 am Tai Chi Adv 11:00 am Aquafit 1:00 pm Social Hour 4:00 pm Cards/Games 6:00 pm	28 Kaffeeeklatsch 9:00 am Aquafit 1:00 pm
29 5 Crowns 1:00 pm Ice Cream Social 2 pm	30 Exercise 8:00 am Aquafit 1:00 pm Hand & Foot 1:00 pm Crafts 1:30 pm Needlecrafts 1:30 pm Ping Pong 7:00 pm	31 Coffee 8:00 am Aquafit 1:00 pm Hand & Foot 1:00 pm Jam Session 6:00 pm	1 April Fool's Day	2	3	4
5	6	February 2020 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29		April 2020 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30		All Activities Held in Clubhouse/Pool Area EXCEPT: Green = Resource Room/Office Red = Off Site Activity

THE HIGHLANDS FLING

February, 2020

www.thehighlandsinc.com

520-297-2722



FEBRUARY EVENTS

Fri, Feb 7

Annual Open Board - 1:00 pm

Sun, Feb 9

Celebration of Life - 2:00 pm

Movie Night - 6:30 pm

Tue, Feb 11

Potluck - 5:30 pm

Wed, Feb 12

Bus Trip - 7:30 am

Sat, Feb 15

Community Yard Sale - am

Valentine Dance - 5:00 pm

Thur, Feb 20

Quilter's Tea - 12:00 noon

Sock Hop - 3:00 pm

Fri, Feb 21

Social Committee - 9:00 am

Sat, Feb 22

White Elephant Sale - am

No Kaffeeklatsch

Tue, Feb 25

Jam Session - 6:00 pm

Sat Feb 29

Craft Fair - 9:00 am

PLEASE SIGN UP!

ANNUAL OPEN BOARD MEETING

FEBRUARY 7TH

The Annual Open Board Meeting will be held in the Clubhouse on February 7th at 1:00 p.m. Newly elected Directors will be announced and other Highland's business will be discussed. All members are encouraged to attend this important meeting.

Note: If you did not return your absentee ballot and wish to vote in person, you may do so between 8:00 and 10:00 a.m. at the Clubhouse. The Clubhouse will be closed from 10:00 a.m. until noon to allow the committee to count the votes.

ART ATTACKS FOR YOUR ENJOYMENT

Monday afternoons for the next five weeks, the Art Committee is offering the following workshops at 1:30 in the Multipurpose Room next to the office. Signup sheets are located in the Clubhouse. Sessions fill up fast, so don't delay. Check to see if additional workshops have been added.

*Feb 3, Rock Painting. BYOR (Bring your own rocks). All

materials provided. Drop-in activity; no fee; no signup.

*Feb 10, Watercolors – painting the Arizona Sky with Patti Triplett. Materials provided. Fee is \$5. Sign up. Class is limited to 8, but may be repeated.

*Feb 17, Zentangle – designed for beginners, but also suitable for intermediate level.

Zentangle is a relaxing and fun way to create beautiful images by drawing and combining patterns of lines and shapes.

Vonnie Lincoln, instructor. Materials provided. Fee \$5. Sign up, limited to 12 participants.

*Feb 24, Rock painting as above.

*Mar 2, Fabric Sponge Painting Bring something to paint on (a tote bag, apron, t-shirt, etc). Prewash items that will need future washing. All other materials provided. Patti Triplett, instructor. Fee \$10. Sign up, limited to 16.

*On-going painting classes with Char Saxe will continue through February.

COFFEE WITH A COP

Come to the Kaffeeklatsch on February 8 for some safety tips. **Please be sure to sign up!**

BAKED POTATO POTLUCK

This is one of our most popular events and seating is limited, so be sure to sign up early. Bring a salad, dessert or special toppings for the potatoes. Sour cream, bacon bits and butter will be provided. As always, bring your table settings.

HAPPY VALENTINE'S DAY CUTE-TEA!

Join us on February 15 for a night full of food, fun and music. Entertainment provided by Manny Herrera (many of you remember Manny singing for us last year). Bring your phone or camera so we can take a picture of you and your honey. **NO SIGN UP**, you need to buy your tickets from Bernie. Get them early; they will sell out. Where can you go to hear live entertainment and good food for \$15.00 per person?

FIVE CROWNS

Seventeen players came for the introductory session of Five Crowns. Games will be played on Sundays at 1:00 p.m. and Thursdays at 6:00 p.m., a scheduled game night. Bring 11 dimes and one quarter for each of the two games played. Would you like to be introduced to the game? Call Colleen at (520) 576-7804.

MEN'S BREAKFAST

The Men's Breakfast will be at Jerry Bob's, Magee and Oracle. Please remember to sign up! Meet at the Clubhouse at 7:45 a.m. if you would like to carpool. Please sign up.

LADIES' LUNCH

The February Ladies' Lunch will be held at Grumpy's Grill, 2960 West Ina Road. Please report to the Clubhouse at 11:30 a.m. before leaving for the restaurant. If you are going directly to the restaurant, please call Kathy Zeleznik at (440) 821-5591. Be sure to sign up!

CELEBRATION OF LIFE

On Sunday, February 9, at 2:00 p.m., there will be a Celebration of Life to honor those residents who passed away during the last year.

MOVIE NIGHT

This month's movie is Tombstone. February 9th at 6:30 p.m.

WELCOME NEW RESIDENTS

Don and Valerie Allen
David and Michele Armstrong
J R Clarke & Kimberly Picard
Larry and Valerie Day
David and Louise Freker
Kathryn Garver
Curtis and Janice Hagen
Polly Hardy
Diane Leigh & Janet Hamilton
Bob and Cheryl Marshall
Nancy Rodie
Clayton Springer

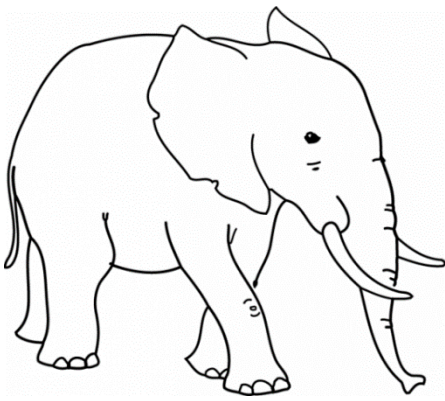
QUILTERS TEA, SOCK HOP AND CELEBRATION OF LIFE FOR JEANNE VISGAR

Last year Jeanne was a very active member of The Highlands. She planned a tea to earn funds for the Quilting Group's service project and was planning to chair the Sock Hop this year. Unfortunately, Jeanne passed away quite suddenly last August. The Quilting Group will be holding a tea in Jeanne's memory on Thursday, February 20, from noon until 2:00 p.m. The cost is \$5 per person. Casual dress is recommended. Then, from 3:00 to 6:00 p.m., Jeanne's daughters will be hosting a sock hop in her memory. There is no cost for the sock hop; however, please sign up for both events to allow for food planning. For additional information, please contact Sheila Tomac at (920) 619-8074 or Lori Tendler at (605) 323-8009.



CRAFT SHOW AND SALE

Come to the Clubhouse on Saturday, February 29, between 9:00 a.m. and 2:00 p.m. Handcrafted items by Highlands' residents will be for sale. Please come, bring a friend and shop.



COMMUNITY YARD SALES AND WHITE ELEPHANT SALE!

The annual Community Yard Sales will be held Saturday, February 15, from 7:00 a.m. until 1:00 p.m. If you have items to sell and want your house listed on the map, there are sign-up sheets at the Clubhouse. PLEASE print your name and address on the sheet and write "yes" in the last column if you are planning to buy a balloon to tie to your mailbox. Questions should be directed to John Sand at 520-270-2688. Please contact him before February 5. The sale will be advertised in the local newspaper.

The following Saturday, February 22, the White Elephant Sale will be held in the Clubhouse from 8:00 a.m. until noon. Check your belongings for items that you no longer need (no clothes or shoes please). Make sure the items are clean and suitable for sale.

Here are some examples: Women's accessories such as purses, belts and jewelry are very popular (even broken jewelry sells well); tools; household items such as

furniture, rugs, curtains, decorative pillows, dishes, small appliances, towels, bedding, plants, books, movies, craft supplies, etc.

Drop off time at the Clubhouse for all small items is Friday, February 21, between 8:00 and 11:00 a.m. If you need help with large items, call Steve Horst at (309) 781-5154 or Jamie Horst at (309) 230-0233 to arrange pick up.

If you would like to volunteer or help at the event, please call Steve or Jamie at the above phone numbers.

The Country Kitchen will be selling homemade baked goods for you to enjoy (see related article below).

Proceeds of this sale help support activities of the Social Committee.

PLEASE NOTE:

The tables will be set up on Friday for the sale and the hall will be locked at 7:00 p.m. until the sale begins on Saturday morning! Only workers will be admitted.



ATTENTION HIGHLANDS' BAKERS

The bake sale is held in conjunction with the White Elephant Sale. Gather your favorite recipes and start baking. Plan to drop off your

treats at the Clubhouse on February 22 at 8:00 a.m. You can also call Cheryl Stafford at (586) 876-4589 for pick up.

IMPORTANT: Please be sure to mark items that are perishable. Also list ingredients on baked goods for those with allergies to nuts, wheat, etc.

THANK YOU to all of our gifted bakers who always do a wonderful job making this a tasty and enjoyable event!

ATTENTION WHITE ELEPHANT COMMITTEE MEMBERS!

Please plan to attend two meetings regarding the White Elephant Sale. There will be a pre-sale meeting on Wednesday, February 19, and a post-sale meeting on Wednesday, February 26. Both meetings will be held at 10:00 a.m. in the Clubhouse. Please contact Jamie Horst with questions.

HIGHLANDS' DAY TRIPPERS

There is a sign-up sheet in the Clubhouse for a trip to the Musical Instrument Museum in Phoenix on February 12. The bus will leave the Clubhouse at 7:30 a.m. and return about 5:30 p.m. Lunch at the museum will be at your own cost and convenience between 11:30 and 2:00. The cost is \$62 per person; \$35 to be paid when signing up to hold your seat on the bus. See "Coming Soon" for information about a second trip in March.

FROM THE JANUARY OPEN BOARD MEETING

*One family with an underage resident has been given an exception to the CC&Rs. She will remain in The Highlands until she reaches age 25.

*The Board voted to remove the map and signs outside the office. The "Over 55

Community" and "Service Animals Only" signs will be incorporated into the Marquee.

*A new 1000 watt LED light has been purchased for outside the shop.

*The pool deck has been repaired and looks nice.

*There has been a major project in the office; we are converting from Quick Books to Quick Books on Line.

*There is a binder in the office containing Treasurer's Reports and comments. Members may request an opportunity to review it.

*The Board approved 100 chairs for the Clubhouse to be purchased by the Social Committee.

*17 Ballots for the February election were returned as undeliverable. They have been sent back out to an alternate address.

*Maintenance trailers may not be left on any home owner's property overnight.

*It was suggested we need to replace two of the pool covers.

*Kent Hinds will chair a committee to research the wash which goes behind the homes on the east side of Mont Blanc.

*Al Rausch will chair a committee to review the Policies and Procedures.

CARDS SENT

Marilyn Staley reported the following cards were sent:
Ron Pepperdine, Thinking of You

NOTE: If you know of someone who should receive a card, please call Marilyn at (520) 484-8532.

NOTE OF THANKS

In January, two Hilton Speakers were donated to the Clubhouse by Duane Steel. These speakers have traveled with Duane for many years to square and clogging dances in both Washington and Arizona. Thanks to Terry Reagan for installing them at the Clubhouse!

ATTENTION DOG OWNERS!!

Some residents have reported seeing dog poop on our streets. In fact, one person reported having to step over it three times during her walk. The droppings were not from a coyote, which looks quite different from dog droppings. Please respect our community and your neighbors by having your animal on a leash and picking up after it.

INTERNATIONAL LUNCH GROUP

This month, the group has selected Pappoule's at 7475 North LaCholla Blvd. Meet at the Clubhouse at 11:30 a.m. if you wish to carpool. Questions should be directed to Carol Hastings (520) 989-9139 or Elaine Reed (520) 219-4504. Please sign up!



TACO NIGHT

There will be Tacos and live entertainment on March 7. See attached flyer for details.

CALLING ALL ARTISTS

The Art Committee reminds you to get your artwork finished in order to exhibit it at our 8th annual Art Exhibition on March 19th. Deadline for submissions is March 12. All visual arts are welcome. Submission forms will be in the Clubhouse around March 1.

NOTE: If anyone has extra acrylic paints that you no longer use, please consider donating them to the Art Committee for our projects. We can also use old plastic tablecloths.

BISBEE TRIP

On Saturday, March 21, we'll be heading to the Bisbee Copper Queen Mine for a tour and spending the afternoon in Bisbee. Cost is \$45 per person with \$25 due when signing up to hold your seat on the bus. Lunch will be at your own cost at any of the downtown eateries. We will leave the Clubhouse at 7:30 a.m. and return around 6:00 p.m. The mine tour does NOT allow any heels or open toed shoes. It's always cool during the one hour tour, so a light jacket is suggested.

ASSISTANT TREASURER WANTED!

Our By-Laws allow us to appoint an Assistant Treasurer. This would be an individual who could train or take over the Treasurer position in the event the current Treasurer needed to retire. Essential qualifications are experience developing and managing budgets and reporting financials status. Interested parties should contact Bob Beck at (520) 461-9540.

The deadline for Fling articles is the 20th of each month. Information should be sent to Carol Nadeau at cboydna@aol.com

HOW TO FLY AND LIGHT THE AMERICAN FLAG AT NIGHT

I was asked to include this information in the "Fling" because a resident was out walking at night and noticed that many flags are not properly lit.

This report presents the Flag Code as found in Title 4 of the United States Code and section 36.

The American Flag is to be treated with respect as it is a representative of a living country and understood to be a living entity according to Section 8 of the "Flag Code". The flag should not be shown disrespect, dipped to any person or thing, never carried horizontally, never touch the ground, the floor, water or merchandise and never worn as apparel, bedding or drapery.

Section 6 of the Flag Code specifies appropriate times and occasions for displaying the flag. Traditionally, the flag has been flown only from sunrise to sunset on buildings and stationary flagstaffs. Explicit permission to use an all-weather flag is also stated in that same section. Synthetic fabrics like nylon and polyester are typical; flags made from these materials are commonly seen in rain, snow and other adverse weather that would normally and disrespectfully tatter or stain natural fabric flags.

The Flag Code also discusses the use of the

American Flag at night. "When a patriotic effect is desired, the flag may be displayed 24 hours a day if properly illuminated during the hours of darkness."

The code does not discuss any official methods for lighting the flag so long as the display of the flag does not violate the "spirit of the Flag Code". The code further explains that "the dignity accorded to the flag is preserved by lighting that prevents its being enveloped in darkness".

The American Legion has developed recommendations on lighting the American Flag at night. They have interpreted proper illumination to mean a light or lighting plan specifically placed to illuminate the flag. Alternatively, the Legion believes that having a light source sufficient to illuminate the flag so it is recognizable as such by the casual observer is also permissible.

FEBRUARY 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
26	27	28	29	30	31	1 Aquafit 1:00 pm Private Pty 3:00-6:00 pm		
2 Groundhog Day	3 Exercise 8:00 am Aquafit 1:00 pm Hand & Foot 1:00 pm Crafts 1:30 pm Needlecrafts 1:30 pm Ping Pong 7:00 pm	4 Coffee 8:00 am Painting 10:00 - 12:00n Gourd Class 1:00 pm Aquafit 1:00 pm Hand & Foot 1:00 pm	5 Aquafit 1:00 pm Cards/Games 6:00 pm	6 Exercise 8:00 am Painting 10:00 - 12:00n Gourd Class 1:00 pm Aquafit 1:00 pm Quilt Group 1:00 pm Cards/Games 6:00 pm	7 T Chi same as 2/14 Election 8:00 - 10:00 am Ann'l Board Mtg 1:00 pm Aquafit 1:00 pm Social Hour 4:00 pm Cards/Games 6:00 pm	8 Kaffeeklatsch 9:00 am *Coffee with a Cop* Priv. Pty 10:30-3:30 pm Aquafit 1:00 pm		
9 Celebration of Life 2:00 pm Movie Night 6:30 pm	10 Exercise 8:00 am Aquafit 1:00 pm Hand & Foot 1:00 pm Crafts 1:30 pm Needlecrafts 1:30 pm Ping Pong 7:00 pm	11 Coffee 8:00 am Painting 10:00 - 12:00n Gourd Class 1:00 pm Aquafit 1:00 pm Hand & Foot 1:00 pm B P Potluck 5:30 pm	12 Musical In'mt Trip 7:30 a Men's Breakfast 8:00 am Aquafit 1:00 pm Low Carb Sprt 4:00 pm Cards/Games 6:00 pm	13 Exercise 8:00 am Painting 10:00 - 12:00n Gourd Class 1:00 pm Aquafit 1:00 pm Quilt Group 1:00 pm Cards/Games 6:00 pm	14 Valentine's Day Tai Chi Begin 8:30 am Tai Chi Interm 9:45 am Tai Chi Adv 11:00 am Aquafit 1:00 pm Social Hour 4:00 pm Cards/Games 6:00 pm	15 Community Yard Sales 7:00 am - 1:00 pm Aquafit 1:00 pm Valentine's Dinner & Dance 5:00 pm		
16	17 Presidents' Day Exercise 8:00 am Aquafit 1:00 pm Hand & Foot 1:00 pm Crafts 1:30 pm Needlecrafts 1:30 pm Ping Pong 7:00 pm	18 Coffee 8:00 am Painting 10:00 - 12:00n Chair Yoga 11-12:00 n Internat'l Lunch 12 N Gourd Class 1:00 pm Aquafit 1:00 pm Hand & Foot 1:00 pm	19 Painting 10:00 - 12:00n Aquafit 1:00 pm Cards/Games 6:00 pm	20 Exercise 8:00 am So Comm Mtg 9:00 am Quilters Tea 12:00 noon Gourd Class 1:00 pm Aquafit 1:00 pm Visgar Memorial 3:00 pm Cards/Games 6:00 pm	21 Tai Chi Begin 8:30 am Tai Chi Interm 9:45 am Tai Chi Adv 11:00 am Aquafit 1:00 pm Clubhouse closed today White Elephant setup	22 NO Kaffeeklatsch White Elephant Sale 8:00 am - 12:00 n Aquafit 1:00 pm		
23	24 Exercise 8:00 am Aquafit 1:00 pm Hand & Foot 1:00 pm Crafts 1:30 pm Needlecrafts 1:30 pm Ping Pong 7:00 pm	25 Coffee 8:00 am Painting 10:00 - 12:00n Chair Yoga 11-12:00 n Gourd Class 1:00 pm Aquafit 1:00 pm Hand & Foot 1:00 pm Jam Session 6:00 pm	26 Ash Wednesday Ladies Lunch 12 noon Aquafit 1:00 pm Low Carb Sprt 4:00 pm Cards/Games 6:00 pm	27 Exercise 8:00 am Painting 10:00 - 12:00n Gourd Class 1:00 pm Aquafit 1:00 pm Quilt Group 1:00 pm Cards/Games 6:00 pm	28 T Chi Bgn 8:30 am Tai Chi Interm 9:45 am Tai Chi Adv 11:00 am Aquafit 1:00 pm Social Hour 4:00 pm Cards/Games 6:00 pm	29 Craft Fair 9:00 - 2:00pm Aquafit 1:00 pm		
1	2	January 2020 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31			March 2020 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31		All Activities Held in Clubhouse/Pool Area EXCEPT: Green = Resource Room/Office Red = Off Site Activity	

Note: Clubhouse will be closed 10:00 am to 12:00 noon after the election on Feb. 7 to facilitate ballot counting

THE HIGHLANDS FLING

January, 2020

www.thehighlandsinc.com

520-297-2722



JANUARY EVENTS

Wed, Jan 8

Men's Breakfast - 8:00 am

Sun, Jan 12

Pizza & Karaoke - 5:00 pm

Tue, Jan 14

Potluck - 5:30 pm

Wed, Jan 15

Open Board Mtg - 10:00 am

Fri, Jan 17

Social Committee - 9:00 am

Sat, Jan 18

Pancake Breakfast - 7:00 am

Sun, Jan 19

Movie Night - 6:30 pm

Tue, Jan 21

International Lunch Group
12:00 noon

Wed, Jan 22

Ladies' Lunch - 12:00 noon

Sat, Jan 25

Dinner & Dance - 5:15 pm

Tue, Jan 28

Jam Session - 6:00 pm

PLEASE SIGN UP!

WINTER POOL SCHEDULE

The winter pool hours will be 11:30 a.m. until 5:00 p.m. If the temperature is below 65 degrees, the pool will remain closed. If you use the hot tub after 5:00 p.m., please cover it before you leave. It is important to keep our costs as low as possible and still enjoy our facilities.

INVITING NEW AND FORMER CANVAS PAINTERS

All "wanna-be" artists, including oil, acrylic and watercolor painters are invited to join the classes offered at the Highlands. A schedule will be set up according to the number of interested persons and availability of the Clubhouse or Resource Room. Classes will begin at the end of January and continue through February. Painting supplies will be available for approximately \$4.00 per person. If interested, please sign up at the Clubhouse or call Char Saxe at (608) 484-0229.

ITTTT'S BAAAACK!!

Pizza and Karaoke is back. Come to the Clubhouse on Sunday, January 12th, at 5:00 p.m. Join your friends and neighbors for a nice meal, then stick around to help entertain or be entertained by those same friends and neighbors. \$5.00 each will get you Domino's Pizza, salad and coffee (or bring your own beverage). Please sign up and mark your choice of pizza so we know how much to buy. Table service (plates and plastic ware) will be provided and we'll give you four (4) chances to win back your \$5.00 with a few trivia questions. See ya all there!

SOUP AND SALAD POTLUCK

January 14th at 5:30 p.m. Sign up to bring your favorite soup, salad or dessert to our annual Soup and Salad Potluck. Hot bread and butter, coffee and water will be provided. Bring your empty bowls, plates and flatware (spoons too). Don't forget to sign up at the Clubhouse.

MOVIE NIGHT

This month's movie is Amadeus. January 19th at 6:30 p.m.

NEW CLASS CHAIR YOGA!

A gentle class for anyone who prefers not to be down on the floor. All yoga postures will be done seated or standing, using the chair as a prop for support or balance. The class will be well-rounded with a variety of stretches and breathing techniques to help you feel relaxed, stronger, more flexible and energized! Susan Weber, Highlands' resident, has been a certified yoga instructor since 2001 and is looking forward to offering the class here. Held in the Resource Room on Tuesday at 11:00 a.m., approximately 45 minutes. First class will be January 7. Suggested donation \$5. Call Susan at (505) 927-4216 to register or with questions.

DINNER & DANCING!

Grab your cowboy hat and dust off your boots. On Saturday, January 25th, we'll be dancing to the music of "Clear Country Band". Dinner will be served at 5:15 p.m. We'll have pulled pork, beef brisket, beans, coleslaw, coffee and dessert. Tickets are \$15.00 each, but buy early because seating is limited. Questions can be directed to Cindy Bennett at (810) 599-8929 or Bernie Lee.

ATTENTION CANDIDATES RUNNING FOR THE BOARD OF DIRECTORS

Please come to the Pancake Breakfast or either of the two Saturday Kaffee klatches to meet the residents.

NEW CARD GAME EASY TO LEARN EASY TO PLAY!

A five suited Rummy card game. Win dimes when you win any of the 11 rounds. Win quarters if you win the game! Sign the **FIVE CROWNS** interest list on the clipboard in the Clubhouse. Questions should be directed to Colleen Nolan at (520) 576-7804.

LOW CARB SUPPORT AND MORE!

January 8 and 22 (Wednesdays this year) the first meetings of the Low Carb Support and Information Group will be held in the Clubhouse at 4:00 p.m. Newcomers and the curious are all welcome. Our first meeting will include a presentation on oxalates (a natural compound found in plants which can contribute to many health problems in humans). Feel free to bring guests, questions and recipes of low-carb foods to share. No cost and no obligation. For additional information, call Vonnie at (541) 990-0998.

DID YOU KNOW?

If the County comes to inspect our pool and finds the gates unlocked, **THEY WILL CLOSE THE POOL** indefinitely. The locked gates are there for safety. The County does inspect community pools on a fairly regular basis. Don't be the one who causes ours to close!!

DON'T FORGET!

The Pancake Breakfast is January 18, serving from 7:00 until 9:15 a.m. No sign-up needed! All you can eat pancakes, sausage, orange juice, coffee and **REAL BUTTER**. Bring your own cup, plate and silverware. Cost is just \$5.00 each.

MEN'S BREAKFAST

The Men's Breakfast will be at Jerry Bob's, Magee and Oracle. Please remember to sign up! Meet at the Clubhouse at 7:45 a.m. if you would like to carpool.

INTERNATIONAL LUNCH GROUP

This month, the group has selected Senae Thai Bistro, 63 East Congress Street. Meet at the Clubhouse at 11:30 a.m. if you wish to carpool. Questions should be directed to Carol Hastings (520) 989-9139 or Elaine Reed (520) 219-4504. Please sign up!

LADIES' LUNCH

The January Ladies' Lunch will be held at Sauce Pizza and Wine, 7117 Oracle Road. Please report to the Clubhouse at 11:30 a.m. before leaving for the restaurant. If you are going directly to the restaurant, please call Kathy Zeleznik at (440) 821-5591.

The deadline for Fling articles is the 20th of each month. Information should be sent to Carol Nadeau at cboydna@aol.com.

KEEP UP-TO-DATE

It is important that our office be kept up-to-date when residents' information changes. Please note that it is the homeowner's responsibility to advise the office when they rent to someone new. Seven volunteers recently spent time calling all owners for current information! Going forward, please notify the office of changes in your phone, address, e-mail or renter by calling (520) 297-2722, e-mailing highlands332@gmail.com or stopping by the office.

FROM THE DECEMBER OPEN BOARD MEETING

*A letter has been sent to homeowners thought to have underage children living with them

*A committee recommended getting rid of the map and sign next to the office. Contact the Board with your comments.

*Board voted to spend an additional \$1500 to increase our liability insurance coverage

*The budget for 2020 was accepted

*There is a "Financials" binder in the office

*261 envelopes were completed for the February election

*Pima County Pool Inspector found no violations

For additional information, the minutes are available on our website and on the bulletin boards in the clubhouse and outside the office.



CARDS SENT

This month Marilyn reported two cards were sent: A get well card to herself. She also sent a sympathy card to herself and her husband Larry for the loss of their son.

Marilyn and Larry, please accept this note of sympathy from the Highlands Community for the loss of your son, Daniel.

NOTE: If you know of someone who should receive a card, please call Marilyn at (520) 484-8532.

ASSISTANT TREASURER WANTED!

Our By-Laws allow us to appoint an Assistant Treasurer. This would be an individual who could train or take over the Treasurer position in the event the current Treasurer needed to retire. Essential qualifications are experience developing and managing budgets and reporting financials status. Interested parties should contact Bob Beck at (520) 461-9540.

NOTE OF THANKS

I would like to thank everyone who participated in our 8th Annual Christmas Parade. We had 20 golf carts, two scooters and two bikes. The after-party was a number one hit! The food, the music, the fun were "out-standing". A special thanks to Linc and Helen for the entertainment. I'm so looking forward to our 9th Annual Parade scheduled for December 6, 2020. It will be here before we know it. Again, thanks to all!

Bill Behrendsen



THE SALES!

It's time to collect all your "treasures" for our community sales. The Community Yard Sale will be held the third Saturday of February (2/15) and the White Elephant Sale is the fourth Saturday (2/22). More information to follow.

HIGHLANDS' DAY TRIPPERS

Jamie Horst is looking for ideas of places (day trips or overnight stays) that you might want to do in the future. He has several ideas for 2020. Please contact Jamie with your ideas.

JANUARY 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 New Year's Day Aquafit 1:00 pm Cards/Games 6:00 pm	2 Exercise 8:00 am Aquafit 1:00 pm Cards/Games 6:00 pm	3 *No Trash Today Tai Chi Interm 9:45 am Tai Chi Adv 11:00 am Aquafit 1:00 pm Social Hour 4:00 pm Cards/Games 6:00 pm	4 Aquafit 1:00 pm
5	6 Exercise 8:00 am Aquafit 1:00 pm Hand & Foot 1:00 pm Crafts 1:30 pm Needlecrafts 1:30 pm Ping Pong 7:00 pm	7 Coffee 8:00 am Chair Yoga 11-12:00 n Aquafit 1:00 pm Hand & Foot 1:00 pm	8 Men's Breakfast 8:00 am Aquafit 1:00 pm Low Carb Sprt 4:00 pm Cards/Games 6:00 pm	9 Exercise 8:00 am Aquafit 1:00 pm Cards/Games 6:00 pm	10 T Chi Bgn 8:30 am Tai Chi Interm 9:45 am Tai Chi Adv 11:00 am Aquafit 1:00 pm Social Hour 4:00 pm Cards/Games 6:00 pm	11 Kaffeeeklatsch 9:00 am Aquafit 1:00 pm
12 Pizza & Karaoke 5:00 pm	13 Exercise 8:00 am Aquafit 1:00 pm Hand & Foot 1:00 pm Crafts 1:30 pm Needlecrafts 1:30 pm Ping Pong 7:00 pm	14 Coffee 8:00 am Chair Yoga 11-12:00 n Gourd Class 1:00 pm Aquafit 1:00 pm Hand & Foot 1:00 pm S&S Potluck 5:30 pm	15 Open Bd Mtg 10:00 am Aquafit 1:00 pm Cards/Games 6:00 pm	16 Exercise 8:00 am Gourd Class 1:00 pm Aquafit 1:00 pm Cards/Games 6:00 pm	17 So Comm 9 am Tai Chi Begin 8:30 am Tai Chi Interm 9:45 am Tai Chi Adv 11:00 am Aquafit 1:00 pm Social Hour 4:00 pm	18 Pancake Bkfst 7:15 am Aquafit 1:00 pm
19 Movie Night 6:30 pm	20 Exercise 8:00 am Aquafit 1:00 pm Hand & Foot 1:00 pm Crafts 1:30 pm Needlecrafts 1:30 pm Ping Pong 7:00 pm	21 Coffee 8:00 am Chair Yoga 11-12:00 n Internat'l Lunch 12 N Gourd Class 1:00 pm Aquafit 1:00 pm Hand & Foot 1:00 pm Cards/Games 6:00 pm	22 Ladies Lunch 12 noon Aquafit 1:00 pm Low Carb Sprt 4:00 pm Cards/Games 6:00 pm	23 Exercise 8:00 am Gourd Class 1:00 pm Aquafit 1:00 pm Cards/Games 6:00 pm	24 T Chi Bgn 8:30 am Tai Chi Interm 9:45 am Tai Chi Adv 11:00 am Aquafit 1:00 pm Social Hour 4:00 pm Cards/Games 6:00 pm	25 Chinese New Year Kaffeeeklatsch 9:00 am Aquafit 1:00 pm Western Night 5:15 pm Dinner & Dance
26 Private Pty 3:00-9:00 pm	27 Exercise 8:00 am Aquafit 1:00 pm Hand & Foot 1:00 pm Crafts 1:30 pm Needlecrafts 1:30 pm Ping Pong 7:00 pm	28 Coffee 8:00 am Chair Yoga 11-12:00 n Gourd Class 1:00 pm Aquafit 1:00 pm Hand & Foot 1:00 pm Jam Session 6:00 pm	29 Aquafit 1:00 pm Cards/Games 6:00 pm	30 Exercise 8:00 am Gourd Class 1:00 pm Aquafit 1:00 pm Cards/Games 6:00 pm	24 T Chi Bgn 8:30 am Tai Chi Interm 9:45 am Tai Chi Adv 11:00 am Aquafit 1:00 pm Social Hour 4:00 pm Cards/Games 6:00 pm	1
2 Groundhog Day	3	December 2019 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31		February 2020 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29		All Activities Held in Clubhouse/Pool Area EXCEPT: Green = Resource Room/Office Red = Off Site Activity *Trash pick-up on Saturday due to New Year's Day Holiday

March 20, 2020

TO: Highland Members and Residents

FROM: THI Board of Directors
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As we near the time when many of our Members head to their other homes THI Board wanted to make everyone aware of the Board members travel plans at this time. As always, Georgia will be able to contact any of us during the summer. She will also be kept up-to-date on any changes to the schedule below.

<i>Board Member</i>	<i>Leaving date</i>	<i>Estimated Return date</i>
Craig Bennett-President	July 1, 2020	July 31, 2020
Linc Keilman-Vice President	May 8, 2020	First week in October
Bob Beck-Treasurer	No plans to leave at this time	
Mary Rausch-Secretary	March 21, 2020	November 8, 2020
Jamie Horst-Asst. Treasurer	Second week of May	Second week of October
Bill Bohrer-Compliance	May 1, 2020	November 1,2020
Morris Coville-Maintenance	No plans to leave at this time	
Bernie Lee-Maintenance	No plans to leave at this time	
Kent Hinds	Leaves on Saturdays	

Currently Bill Bohrer, Linc Keilman, and Jamie Horst are our Compliance directors. During the summer months Bernie Lee, Craig Bennett, and Kent Hinds will be assisting with any compliance issues that arise. We want to remind everyone that our CC&R's do not allow Board meetings to be held from June 1 to October 1. If there are any emergencies the Board can and does attend to them during the summer.

THE HIGHLANDS FLING

December, 2019

www.thehighlandsinc.com

520-297-2722

Happy Holidays!

DECEMBER EVENTS

Dec 3 & 5

Decorate Clubhouse - 9:00 am

Wed, Dec 4

Barleen's Trip - 9:15 am

Tue, Dec 10

No Potluck

Wed, Dec 11

Men's Breakfast - 8:00 am

Tue, Dec 17

International Lunch Group
12:00 noon

Wed, Dec 18

Open Board Mtg - 10:00 am

Fri, Dec 20

No Social Committee

Tue, Dec 24

Jam Session - 6:00 pm

Wed, Dec 25

Christmas Potluck
2:30 pm

Tue, Dec 31

New Year's Eve Party

PLEASE SIGN UP!

BOARD DIRECTORS NEEDED

The Highlands is run by volunteers, which is a way to keep our fees low. We are currently in need of members to run for the Board of Directors. All resumes must be signed and received in the office by December 5, for the upcoming February election. Your information should be limited to one page and typed if possible. Please consider running for this important position.

ASSISTANT TREASURER WANTED!

Our By-Laws allow us to appoint an Assistant Treasurer. This would be an individual who could train or take over the Treasurer position in the event the current Treasurer needed to retire. Essential qualifications are experience developing and managing budgets and reporting financials status. Interested parties should contact Bob Beck at (520) 461-9540.

AGENDA PROCESS

The Board of Directors has opted to discontinue monthly agenda meetings. If you have an item you would like added

to the agenda, you may e-mail it to the Secretary at highlandssec332@gmail.com.

For those who do not have access to e-mail, you may call any Board Member with your request.

POOL COVERING

We are in need of volunteers to cover and uncover the swimming pool. This takes about one-half hour of your time. We may be forced to leave the pool covered if we cannot get enough volunteers. It is very expensive to leave it uncovered. Please consider volunteering and sign up in the Clubhouse.

VOLUNTEER OPPORTUNITY!

We lost our accounting services provider this year and need to replace them. Our treasurer, Bob Beck, needs a committee to help find and evaluate a replacement. Plan on two or three meetings per week, 1-1/2 hours long, for up to six weeks. The first meeting is scheduled for 9:30 a.m. on December 2 in the Resource Room. Please join in and help!

CARE TO JOIN THE MICROPHONE POSSE?

The posse is a small group of residents who set up and tear down the audio equipment in the Clubhouse when needed. It involves turning switches on and off and checking or setting amplifier levels. A written procedure exists. The posse shares the work so no one person is called upon too often. Please volunteer to help. Call Bob Beck at (520) 461-9540.

ANOTHER VOLUNTEER OPPORTUNITY!

Elizabeth Hinds is chairing a committee to investigate getting a gate at our entrance. The committee would be contacting vendors and getting cost estimates. Please contact Elizabeth at (520) 440-7056.

AND ANOTHER VOLUNTEER OPPORTUNITY!

Several residents have suggested we refurbish or change the sign outside the office (the one with the map, not the marquee). There will be a sign-up sheet in the clubhouse for those interested.

DECORATING THE CLUBHOUSE

Please come help decorate the Clubhouse on December 3 at 9:00 a.m. Also, we need help putting up lights on December 5 at 9:00 a.m.

FREE GIFT WRAP

The Quilt Group is offering to wrap your gifts! There is no charge for the service, but donations toward our fundraising efforts will be greatly appreciated. We will be making quillows for cancer patients. Gift wrapping will begin at 9:15 a.m. on December 14. Please contact Elizabeth Hinds on (520) 440-7056 for further information.

COOKIE EXCHANGE

Kathy Reagan will be hosting a cookie exchange on December 9 at 5:30 p.m. Bring as many cookies as you want and take the same number home. In addition, there will be a soup and salad supper for \$5.00 per person. Questions should be directed to Kathy at (520) 661-4998.

TOY DRIVE

Please place your donation of unwrapped toys under the tree in the Clubhouse by December 14. The toys will be delivered to Gospel Rescue Mission's Women and Children's shelter by Francy Lee.

BALLOTS FOR THE FEBRUARY ELECTION

Where do you want your ballot sent? Our plan is to send all ballots to your Highlands address unless you inform the office of an alternate address you wish to use. Non-resident owners will receive their ballot at the address on record.

MEN'S BREAKFAST

The Men's Breakfast will be at Jerry Bob's Magee and Oracle. Please remember to sign up! Meet at the Clubhouse at 7:45 a.m. if you would like to carpool.

INTERNATIONAL LUNCH GROUP

This month, the group has selected Just Kabab at 10420 N. La Canada (Fry's Shopping Center). Meet at the Clubhouse at 11:30 a.m. if you wish to carpool. Questions should be directed to Carol Hastings (520) 989-9139 or Elaine Reed (520) 219-4504. Please sign up!

TAI CHI FOR HEALTH

Tai Chi for Health is a safe, effective and fun way to improve balance, mental clarity, relieve pain and create an overall feeling of well-being through natural breathing and slow, gentle, meditative body movements. Movements can be adapted for all levels of mobility, including seated. The focus of this class will initially be on the Basic 6 movements of Dr. Paul Lam's Tai Chi for Arthritis and Fall Prevention. Classes will be held in the Resource Room on Fridays at 8:30 a.m. starting January 10. Suggested donation is \$5; the first class is free!

STAY SAFE

For safety's sake...if you walk or ride a bike when it is dark, please wear a reflective or bright color!



CARDS SENT

Marilyn Staley reports cards have been sent to the following residents:

Bill Bohrer/get well
Barbara Davis/get well
Tony Gansluckner/get well

A big "thank you" to Barbara Scantlan and Bud Bates for the cards donated!

NOTE: If you know of someone who should receive a card, please call Marilyn at (520) 484-8532.

INTERESTED IN WORKING ON THE FLING?

Carol Nadeau is looking for someone to "edit" The Fling for part of the year. This involves updating the calendar and typing the newsletter. Perhaps a winter visitor would be interested in helping for a few months. Training is available. For additional information, please contact Carol at (520) 742-2722.

CHRISTMAS PARADE

Our Golf Cart Christmas Parade is scheduled for December 8. Just decorate your golf cart, your bicycle, your car or yourself and join us. The parade will start at 4:15 p.m., so meet at the clubhouse at 4:00. After the parade EVERYONE is invited to the clubhouse for a social event and Christmas Carol Sing-Along. Please bring your own drinks and some snacks to share. Around 6:00 p.m. anyone who has lights is invited to tour the parade route one more time. Then on December 13 and 20, anyone who has lights and is interested will meet at Bernie Lee's house at 6:00 p.m. and tour the community around 6:30. For additional information, please call Bill Behrendsen at (916) 798-7733.

FROM THE NOVEMBER OPEN BOARD MEETING

- *Linc Keilman appointed as interim Director
- *No Agenda Meetings in the future
- *Process for getting an issue on the agenda
- *Pool Covering
- *ID Verification for all residents
- *Refurbish or change sign outside office
- *Facility accessibility for all

For additional information, the minutes are available on our website and on the bulletin boards in the clubhouse and outside the office.



THE SALES!

It's time to collect all your "treasures" for our community sales. The Community Yard Sale will be held the third Saturday of February (2/15) and the White Elephant Sale is the fourth Saturday (2/22). More information to follow.

HIGHLANDS DAY TRIPPERS

Jamie Horst is looking for ideas of places (day trips or overnight stays) that you might want to do in the future. He has several ideas for 2020. Please contact Jamie in January with your ideas.

The deadline for Fling articles is the 20th of each month. Information should be sent to Carol Nadeau at cboydna@aol.com.

DECEMBER 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Exercise 8:00 am Aquafit 10:30 am Hand & Foot 1:00 pm Crafts 1:30 pm Needlecrafts 1:30 pm Ping Pong 7:00 pm	3 Coffee 8:00 am Decorate Clubhs 9 am Qi Gong 10:00 am Aquafit 10:30 am Hand & Foot 1:00 pm	4 Barleen's Trip 9:15 am Aquafit 10:30 am Cards/Games 6:00 pm	5 Aquafit 10:30 am Decorate Clubhs 9 am Gourd Class 1:00 pm Cards/Games 6:00 pm	6 Aquafit 10:30 am Tai Chi Interm 9:45 am Tai Chi Adv 11:00 am Social Hour 4:00 pm Cards/Games 6:00 pm	7 Pearl Harbor Aquafit 10:30 am
8 Christmas Parade 4 pm Sing-A-Long after Parade	9 Exercise 8:00 am Aquafit 10:30 am Hand & Foot 1:00 pm Crafts 1:30 pm Needlecrafts 1:30 pm Cookie Exch 5:30 pm	10 Coffee 8:00 am Qi Gong 10:00 am Aquafit 10:30 am Hand & Foot 1:00 pm NO POTLUCK	11 Men's Breakfast 8:00 am Aquafit 10:30 am Cards/Games 6:00 pm	12 Aquafit 10:30 am Gourd Class 1:00 pm Cards/Games 6:00 pm	13 Aquafit 10:30 am Tai Chi Interm 9:45 am Tai Chi Adv 11:00 am Social Hour 4:00 pm Cards/Games 6:00 pm	14 Aquafit 10:30 am Kaffeeklatsch 9:00 am Gift Wrapping 9:15 am
15	16 Exercise 8:00 am Aquafit 10:30 am Hand & Foot 1:00 pm Crafts 1:30 pm Needlecrafts 1:30 pm Ping Pong 7:00 pm	17 Coffee 8:00 am Aquafit 10:30 am Qi Gong 10:00 am Internat'l Lunch 12 N Cards/Games 6:00 pm Hand & Foot 1:00 pm	18 Aquafit 10:30 am Open Bd Mtg 10:00 am Cards/Games 6:00 pm	19 Aquafit 10:30 am Gourd Class 1:00 pm Cards/Games 6:00 pm	20 No So Comm Aquafit 10:30 am Tai Chi Interm 9:45 am Tai Chi Adv 11:00 am Social Hour 4:00 pm Cards/Games 6:00 pm	21 Aquafit 10:30 am
22 Dec. Solstice	23 Exercise 8:00 am Aquafit 10:30 am Hand & Foot 1:00 pm Crafts 1:30 pm Needlecrafts 1:30 pm Ping Pong 7:00 pm	24 Christmas Eve Coffee 8:00 am Qi Gong 10:00 am Aquafit 10:30 am Hand & Foot 1:00 pm	25 Christmas Day Christmas Potluck 2:30 pm	26 Kwanzaa begins Exercise 8:00 am Aquafit 10:30 am Gourd Class 1:00 pm Cards/Games 6:00 pm	27 *No Trash Today Aquafit 10:30 am Tai Chi Interm 9:45 am Tai Chi Adv 11:00 am Social Hour 4:00 pm Cards/Games 6:00 pm	28 Aquafit 10:30 am Kaffeeklatsch 9:00 am
29	30 Exercise 8:00 am Aquafit 10:30 am Hand & Foot 1:00 pm Crafts 1:30 pm Needlecrafts 1:30 pm Ping Pong 7:00 pm	31 New Year's Eve Coffee 8:00 am Qi Gong 10:00 am Aquafit 10:30 am Hand & Foot 1:00 pm New Year's Eve Party				
5	6	November 2019 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30		January 2020 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31		All Activities Held in Clubhouse/Pool Area EXCEPT: Green = Resource Room/Office Red = Off Site Activity *Trash pick-up on Saturday due to Christmas

THE HIGHLANDS FLING

November, 2019

www.thehighlandsinc.com

520-297-2722



NOVEMBER EVENTS

Sat, Nov 9

Kaffeeklatsch - 9:00 am

Memorial Service

Barb Ferrill - 2:00 pm

Tue, Nov 12

No Potluck

Wed, Nov 13

Men's Breakfast - 8:00 am

No Agenda Meeting

Fri, Nov 15

Social Comm - 9:00 am

Tue, Nov 19

International Lunch Group

12:00 noon

Wed, Nov 20

Open Board Mtg - 10:00 am

Sat, Nov 23

Kaffeeklatsch - 9:00 am

Tue, Nov 26

Jam Session - 6:00 pm

Wed, Nov 27

Ladies Lunch - 12:00 noon

Thur, Nov 28

Thanksgiving Potluck

2:30 pm

PLEASE SIGN UP!

ASSISTANT TREASURER WANTED!

Our By-Laws allow us to appoint an Assistant Treasurer. This would be an individual who could train or take over the Treasurer position in the event the current Treasurer needed to retire. Essential qualifications are experience developing and managing budgets and reporting financials status. Interested parties should contact Bob Beck at (520) 461-9540.

BOARD DIRECTORS NEEDED

The Highlands is run by volunteers, which is a way to keep our fees low. We are currently in need of members to run for the Board of Directors. All resumes must be received in the office by December 1, for the upcoming February election. Please consider running for this important position.

NEW OFFICE HOURS

Beginning this month, the office will be open Tuesday, Wednesday and Thursday from 11:00 a.m. until 2:00 p.m. This provides residents an additional three hours to conduct business.

FROM THE LIBRARY

Last year, the library received a donation of the extensive Zane Gray collection in hard cover. During the past few months, this prized series has been disappearing. Please return each book as it is read so that others may also enjoy them.

ATTENTION ALL ROCK PAINTERS!

Perhaps you have noticed that there are a few ladybug rocks near both clubhouse doors. We need more ladybug rocks to join them in order to make a ladybug parade! So, start painting and add to the collection. Come join the fun at the Resource Room every Monday at 1:30 p.m. to work on your creations!

THANKSGIVING POTLUCK

Cindy Bennett will be hosting the Thanksgiving Potluck and is looking for volunteers to cook the turkeys, help with prep and clean up. This is a potluck; everyone should bring a side dish or dessert to share. Be sure to bring your own tableware and drinks. Seating is limited so PLEASE SIGN UP and tell us how many will be in your party.

MEN'S BREAKFAST

This month, the Men's Breakfast will be at Jerry Bob's Magee and Oracle. Please remember to sign up! Meet at the Clubhouse at 7:45 a.m. if you would like to carpool.

INTERNATIONAL LUNCH GROUP

This month, the group has selected D's Island Grill, JA, 3156 East Fort Lowell Road. The restaurant offers Caribbean/Jamaican cuisine. Meet at the Clubhouse at 11:30 a.m. if you wish to carpool. Please sign up!

LADIES' LUNCH

As of publication time, there is no information regarding the Ladies' Lunch. For information, please call Kathy Zeleznik at (440) 821-5591.



CARDS SENT

Marilyn Staley reports cards have been sent to the following residents:

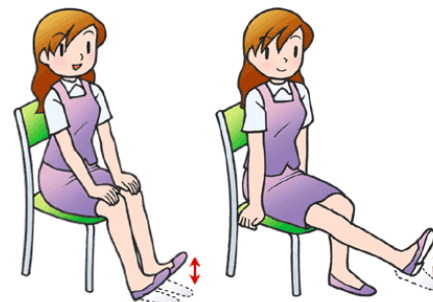
Linda Steger/get well
Lynn Nix/get well
Jerry Ferrill/loss of wife, Barb
Harold Haas/loss of son, Kent
Chuck Steger/loss of wife,
Linda
Judy Pope/get well
Brenda Henderson/get well
Bill Franklin/loss of his aunt
Joan Petterson/get well

NOTE: If you know someone in the Highlands who should receive a card, please call Marilyn at (520) 484-8532.

WATERCOLOR FALL LEAVES

If you would like to paint a beautiful fall leaf in watercolors, come join Patti Triplett in the resource room on Monday, November 11 at 1:30 p.m. All materials included for a cost of \$3.00 per person. Class is limited to ten participants. Be sure to sign up in the clubhouse, where you can see a sample of what you will be painting.

GET STRONG FITNESS CLASS LIVE LONGER LIVE STRONGER



Shelly Whitlatch, Exercise Physiologist, will begin classes on Monday, November 4, at 8:00 a.m. in the clubhouse. Classes will be held every Monday and Thursday from 8:00 until 8:55 a.m. The cost is \$30 a month for eight classes or \$5.00 per class. The first class is FREE, so come and check it out. All levels are accommodated – sit or stand. For additional information, call Shelly at (520) 349-3037 or Donna Smith at (520) 297-1765.

FROM THE OFFICE

Please complete the attached form and return it to the office at your earliest convenience. This information is needed to mail ballots for the upcoming February Election and to compile the new directories.

VOLUNTEERS NEEDED

We still need help for the Christmas potluck dinner. Please sign up to help!



Barbara Ferrill
Linda Steger
Kent Haas

Note: A memorial service will be held for Barbara Ferrill in the clubhouse November 9 at 2:00 p.m.



BARLEEN'S ARIZONA OPRY

There will be a bus trip to Barleen's Arizona Opry on December 4, 2019. Cost is \$63.00 per person and is due by November 18. For additional information or to pay for the trip, please contact George or Ginny Tanner at (520) 360-1926. If you are unable to reach Tanners, you can contact Cindy Bennett at (810) 599-8929.

The deadline for Fling articles is the 20th of each month. Information should be sent to Carol Nadeau at cboydna@aol.com.

CHRISTMAS PARADE



Our Golf Cart Christmas Parade is scheduled for December 8. Just decorate your golf cart, your bicycle, your car or yourself and join us. The parade will start at 4:15, so meet at the clubhouse at 4:00. After the parade **EVERYONE** is invited to the clubhouse for a social event and Christmas Carol Sing-Along. Please bring your own drinks and some snacks to share. Around 6:00 anyone who has lights is invited to tour the parade route one more time. Then on December 13 and 20, anyone who has lights and is interested will meet at Bernie Lee's house at 6:00 and tour the community around 6:30. For additional information, please call Bill Behrendsen at (916) 798-7733.

NOVEMBER 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Aquafit 10:30 am Tai Chi Interm 9:45 am Tai Chi Adv 11:00 am Social Hour 4:00 pm Cards/Games 6:00 pm	2 Aquafit 10:30 am
3 Daylight Saving	4 Exercise 8:00 am Aquafit 10:30 am Hand & Foot 1:00 pm Crafts 1:30 pm Needlecrafts 1:30 pm Ping Pong 7:00 pm	5 Coffee 8:00 am Qi Gong 10:00 am Aquafit 10:30 am Hand & Foot 1:00 pm	6 Aquafit 10:30 am Cards/Games 6:00 pm	7 Exercise 8:00 am Aquafit 10:30 am Gourd Class 1:00 pm Cards/Games 6:00 pm	8 Aquafit 10:30 am Tai Chi Interm 9:45 am Tai Chi Adv 11:00 am Social Hour 4:00 pm Cards/Games 6:00 pm	9 Aquafit 10:30 am Kaffeeklatsch 9:00 am Barbara Ferrill Memorial Service 2:00
10	11 Exercise 8:00 am Aquafit 10:30 am Hand & Foot 1:00 pm Crafts 1:30 pm Needlecrafts 1:30 pm Ping Pong 7:00 pm	12 Coffee 8:00 am Qi Gong 10:00 am Aquafit 10:30 am Hand & Foot 1:00 pm NO POTLUCK	13 Men's Breakfast 8:00 am Aquafit 10:30 am Cards/Games 6:00 pm	14 Exercise 8:00 am Aquafit 10:30 am Gourd Class 1:00 pm Cards/Games 6:00 pm	15 * No Trash Today Aquafit 10:30 am Tai Chi Interm 9:45 am Tai Chi Adv 11:00 am Social Hour 4:00 pm Cards/Games 6:00 pm	16 Aquafit 10:30 am
17	18 Exercise 8:00 am Aquafit 10:30 am Hand & Foot 1:00 pm Crafts 1:30 pm Needlecrafts 1:30 pm Ping Pong 7:00 pm	19 Coffee 8:00 am Aquafit 10:30 am Qi Gong 10:00 am Internat'l Lunch 12 N Cards/Games 6:00 pm Hand & Foot 1:00 pm	20 Aquafit 10:30 am Open Bd Mtg 10:00 am Cards/Games 6:00 pm	21 Exercise 8:00 am Aquafit 10:30 am Gourd Class 1:00 pm Cards/Games 6:00 pm	22 So Comm 9:00am Aquafit 10:30 am Tai Chi Interm 9:45 am Tai Chi Adv 11:00 am Social Hour 4:00 pm Cards/Games 6:00 pm	23 Aquafit 10:30 am Kaffeeklatsch 9:00 am
24	25 Exercise 8:00 am Aquafit 10:30 am Hand & Foot 1:00 pm Crafts 1:30 pm Needlecrafts 1:30 pm Ping Pong 7:00 pm	26 Coffee 8:00 am Qi Gong 10:00 am Aquafit 10:30 am Hand & Foot 1:00 pm Jam Session 6:00 pm	27 Aquafit 10:30 am Ladies Lunch 12 noon Cards/Games 6:00 pm	28 Thanksgiving Aquafit 10:30 am Potluck 2:30 pm Cards/Games 6:00 pm	29 ** No Trash Today Aquafit 10:30 am Social Hour 4:00 pm Cards/Games 6:00 pm	30 Aquafit 10:30 am
		October 2019 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31		December 2019 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31		All Activities Held in Clubhouse/Pool Area EXCEPT: Green = Resource Room/Office Red = Off Site Activity *Trash pick-up on Saturday due to Vetrans Day **Trash pick-up on Saturday due to Thanksgiv

UPDATE YOUR INFORMATION WITH THE OFFICE

Information needed for the **2020 Directory** and the **February Annual Meeting ballot** mailing.

NAME: _____

THI ADDRESS: _____

PERMANENT MAILING ADDRESS: _____

PROPERTY OWNER

RENTER

(Please Circle One)

Only Property Owners are allowed to vote
Renters will be included in the 2020 Directory

EMAIL: _____

PHONE: _____

Please submit with your next payment, put it in the door mail box, or mail information to Judy.

THANKS!

THE HIGHLANDS FLING

October, 2019

www.thehighlandsinc.com

520-297-2722



OCTOBER EVENTS

Tue, Oct 8

Potluck - 5:30 pm

Wed, Oct 9

Men's Breakfast - 8:00 am

Sat, Oct 12

Kaffeeklatsch - 9:00 am

Tue, Oct 15

International Lunch Group
12:00 noon

Wed, Oct 23

Ladies Lunch - 12:00 noon

Sat, Oct 26

Kaffeeklatsch - 9:00 am

Sun, Oct 27

Octoberfest - 5:30 pm

Tue, Oct 29

Jam Session - 6:00 pm

PLEASE SIGN UP!

ASSISTANT TREASURER WANTED!

Our By-Laws allow us to appoint an Assistant Treasurer. This would be an individual who could train or take over the Treasurer position in the event the current Treasurer needed to retire. Essential qualifications are experience developing and managing budgets and reporting financials status. Interested parties should contact Bob Beck at (520) 461-9540.

BOARD DIRECTORS NEEDED

The Highlands is run by volunteers, which is a way to keep our fees low. We are currently in need of members to run for the Board of Directors. All resumes must be received in the office by December 1, for the upcoming February election. Please consider running for this important position.

MEN'S BREAKFAST

This month, the Men's Breakfast will be at Jerry Bob's on La Canada. Please remember to sign up! Meet at the Clubhouse at 7:45 a.m. if you would like to carpool.

SOCIAL COMMITTEE

The first Social Committee Meeting for the 2019-20 season will be held Friday, October 18, at 9:00 a.m. in the Clubhouse. This is a great opportunity to meet your neighbors and make suggestions for future events.

INTERNATIONAL LUNCH GROUP

This month, the group has selected Grain River Asian Bistro, 12985 North Oracle Road, Suite 125. The restaurant offers Japanese and other Asian options. Meet at the Clubhouse at 11:30 a.m. if you wish to carpool. Please sign up!



Spike McMurtrie

LADIES' LUNCH

The Ladies' Lunch will be at Chef Alisha's, 5931 North Oracle Road. Please report to the Clubhouse at 11:30 a.m. before leaving for the restaurant. If you are going directly to the restaurant, please call Kathy Zeleznik at (440) 821-5591.



CARDS SENT

Marilyn Staley reports cards have been sent to the following residents:

Louise Sadler/loss of husband
Alicia Girard/loss of mother
Kathy Hughes/loss of mother
Lloyd & Lorraine Tomac/loss
of their grandson
Barbara Scantlan/get well
Larry Staley/get well
Susie McMurtrie/loss of
husband

NOTE: If you know someone in the Highlands who should receive a card, please call Marilyn at (520) 484-8532.

OCTOBERFEST

This year the Oktoberfest will be held on Sunday, October 27, at 5:30 p.m. Join us for dinner and dancing to music by The Bouncing Czechs. Dinner will be brats, German potatoes, green beans, sauerkraut, dessert and coffee. Tickets are \$12.00 per person and can be purchased from Bernie Lee or Cindy Bennett. The deadline is Monday, October 21. Hosts are Craig & Cindy Bennett and Terry & Kathy Regan.

WELCOME NEW RESIDENTS

We have had a busy year at The Highlands. Many new residents have joined us since the beginning of 2019. Welcome to our community.

Ronald & Donna Baumbach
Randall & Linda Deighton
Paul Gerleman
Donovan Hommen
Robert & Kathleen Morgan
Brian & Sheila Tomac
Ron & Jean Weihl
Richard & Joan Williams

The deadline for Fling articles is the 20th of each month. Information should be sent to Carol Nadeau at cboydna@aol.com.

COMING SOON! BARLEEN'S ARIZONA OPRY

There will be a bus trip to Barleen's Arizona Opry on December 4, 2019. Cost is \$63.00 per person and there is a sign-up sheet in the Clubhouse. A \$25.00 deposit per person is required to secure your reservation.

NOTE: If you sign up and do not pay your deposit, YOU WILL NOT HAVE A SECURE RESERVATION! For additional information or to pay your deposit, please contact George or Ginny Tanner at (520) 360-1926.

NOTE OF THANKS

To our friends at The Highlands, we want to send our sincere thanks and love for those of you who sent us food, flowers, cards, phone calls, visits and prayers at the loss of our dear Grandson Eric. We do appreciate all everyone did and may God bless you!

Lorraine & Lloyd Tomac

OCTOBER 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																																																																					
		1 Coffee 8:00 am Qi Gong 10:00 am Aquafit 9:00 am Hand & Foot 1:00 pm	2 Aquafit 9:00 am Cards/Games 6:00 pm	3 Aquafit 9:00 am Cards/Games 6:00 pm	4 Aquafit 9:00 am Tai Chi Adv 11:00 am Social Hour 4:00 pm Cards/Games 6:00 pm	5 Aquafit 9:00 am																																																																																					
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13	14 Columbus Day Aquafit 9:00 am Hand & Foot 1:00 pm Crafts 1:30 pm Needlecrafts 1:30 pm Ping Pong 7:00 pm	15 Coffee 8:00 am Aquafit 9:00 am Qi Gong 10:00 am Internat'l Lunch 12 N Cards/Games 6:00 pm Hand & Foot 1:00 pm	16 Boss's Day Aquafit 9:00 am Open Bd Mtg 10:00 am Cards/Games 6:00 pm	17 Aquafit 9:00 am Cards/Games 6:00 pm	18 Social Comm 9:00 am Aquafit 9:00 am Tai Chi Adv 11:00 am Social Hour 4:00 pm Cards/Games 6:00 pm	19 Sweetest Day Aquafit 9:00 am																																																																																					
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THE HIGHLANDS FLING

September, 2019

www.thehighlandsinc.com

520-297-2722



SEPTEMBER EVENTS

Tue, Sept 10

Potluck - 5:30 pm

Wed, Sept 11

Men's Breakfast - 8:00 am

Sat, Sept 14

Kaffeeklatsch - 9:00 am

Sun, Sept 15

Celebration of Life

Mark Sadler

2:00 pm

Tue, Sept 17

International Lunch Group
12:00 noon

Wed, Sept 25

Ladies Lunch - 12:00 noon

Sat, Sept 28

Kaffeeklatsch - 9:00 am

PLEASE SIGN UP!

ATTENTION APPLE COMPUTER USERS!

The team maintaining The Highlands' Website (Bob Beck and Connie Rose) would like to add a third member.

Maintenance involves:

(1) Monthly minor formatting and uploading "The Fling" to the website and (2) Formatting and uploading of Monthly Board Meeting Notes to the website (when the Board is in session).

Qualifications include:

(1) Comfortable using a computer to edit documents; (2) At ease with an Apple Computer, or ability to become at ease; and (3) Available for 30 minutes to two hours each month. Interested parties should contact Bob Beck at (520) 461-9540.

MEN'S BREAKFAST

By popular demand, the Men's Breakfast will be at Jerry Bob's, Magee and Oracle. Please remember to sign up! Meet at the Clubhouse at 7:45 a.m. if you would like to carpool.

INTERNATIONAL LUNCH GROUP

This month, the group has selected Queen Sheba located at 5553 East Grant Road. The restaurant offers African cuisine with lamb, beef and chicken dishes as well as some vegetarian options. Meet at the Clubhouse at 11:30 a.m. if you wish to carpool. Please sign up!



Jeanne Visgar – August 22

Mark Sadler – August 23

PLEASE NOTE: A

Celebration of Life will be held for Mark Sadler on September 15 at 2:00 p.m. in the Clubhouse.

LADIES' LUNCH

The Ladies' Lunch will be at El Molinito Mexican Restaurant, 10180 North Oracle Road. Please report to the Clubhouse at 11:30 a.m. before leaving for the restaurant. If you are going directly to the restaurant, please call Kathy Zeleznik at (440) 821-5591.

REMINDERS

Beginning on October 1, the Fling will be delivered to your home provided you have a tube where the delivery people can put it. We are not allowed to put newsletters in your mailbox.

CRAFT FAIR!

The Social Committee has decided to hold a craft fair next winter. The scheduled date is Saturday, February 29. There will not be a charge for you to have a table to display and sell your crafts. More details to follow in the fall.

2019 CC&Rs

The CC&Rs which were approved by the membership in February are currently on the website. To print out your copy, go to thehighlandsinc.com, click on documents and then click on CC&Rs. For those of you without a computer, perhaps a friend or neighbor would print an extra copy for you. If not, you can get a copy at the office...however, please call ahead so that Judy has time to print it.



CARDS SENT

Marilyn Staley reports cards have been sent to the following residents:

Steve Horst/Get Well
Ron Baumbeck/Get Well
Jeanne Visgar/Thinking of
You

NOTE: If you know someone in the Highlands who should receive a card, please call Marilyn at (520) 484-8532.

The deadline for Fling articles is the 20th of each month. Information should be sent to Carol Nadeau at cboydna@aol.com.

ATTENTION PINOCLE PLAYERS

There is a group of Highlands' residents who meet at the Clubhouse on Wednesday evenings at 6:00 p.m. We are looking for one or more additional players. Please join us!

SAFETY REMINDER

Our pool is a place of relaxation and enjoyment, but it is also a water source for many living things. Several people have been stung by hornets. Recently there was a rattlesnake spotted near the pool; did you know they like to crawl inside the noodles? Stay alert and be aware of your surroundings.

NOTE OF THANKS!

The Highlands' Community wishes to express our thanks to the Neighborhood Watch crew. We have noticed you patrolling all summer during the intense heat. Your efforts to keep our community safe have not gone unnoticed!

SEPTEMBER 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Labor Day Aquafit 8:30 am Hand & Foot 1:00 pm Crafts 1:30 pm Needlecrafts 1:30 pm Ping Pong 7:00 pm	3 Coffee 8:00 am Qi Gong 10:00 am Aquafit 8:30 am Hand & Foot 1:00 pm	4 Aquafit 9:00 am Cards/Games 6:00 pm	5 Aquafit 8:30 am Cards/Games 6:00 pm *No Trash Today	6 Aquafit 8:30 am Tai Chi Adv 11:00 am Social Hour 4:00 pm Cards/Games 6:00 pm	7 Aquafit 8:30 am
8 Grandparents Day	9 Aquafit 8:30 am Hand & Foot 1:00 pm Crafts 1:30 pm Needlecrafts 1:30 pm Ping Pong 7:00 pm	10 Coffee 8:00 am Qi Gong 10:00 am Aquafit 8:30 am Hand & Foot 1:00 pm Potluck 5:30 pm	11 Patriot Day Men's Breakfast 8:00 am Aquafit 9:00 am Cards/Games 6:00 pm	12 Aquafit 8:30 am Cards/Games 6:00 pm	13 Aquafit 8:30 am Tai Chi Adv 11:00 am Social Hour 4:00 pm Cards/Games 6:00 pm	14 Aquafit 8:30 am Kaffeeklatsch 9:00 am
15 Celebration of Life Mark Sadler 2:00 PM	16 Aquafit 8:30 am Hand & Foot 1:00 pm Crafts 1:30 pm Needlecrafts 1:30 pm Ping Pong 7:00 pm	17 Coffee 8:00 am Aquafit 8:30 am Qi Gong 10:00 am Internat'l Lunch 12 N Cards/Games 6:00 pm Hand & Foot 1:00 pm	18 Aquafit 9:00 am Cards/Games 6:00 pm	19 Aquafit 8:30 am Cards/Games 6:00 pm	20 Aquafit 8:30 am Tai Chi Adv 11:00 am Social Hour 4:00 pm Cards/Games 6:00 pm	21 Aquafit 8:30 am
22	23 Autumnal equinox Aquafit 8:30 am Hand & Foot 1:00 pm Crafts 1:30 pm Needlecrafts 1:30 pm Ping Pong 7:00 pm	24 Coffee 8:00 am Qi Gong 10:00 am Aquafit 8:30 am Hand & Foot 1:00 pm	25 Aquafit 9:00 am Ladies Lunch 12 noon Cards/Games 6:00 pm	26 Aquafit 8:30 am Cards/Games 6:00 pm	27 Aquafit 8:30 am Tai Chi Adv 11:00 am Social Hour 4:00 pm Cards/Games 6:00 pm	28 Aquafit 8:30 am Kaffeeklatsch 9:00 am
29	30 Rosh Hashanah Aquafit 8:30 am Hand & Foot 1:00 pm Crafts 1:30 pm Needlecrafts 1:30 pm Ping Pong 7:00 pm					
		August 2019 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31		October 2019 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31		All Activities Held in Clubhouse/Pool Area EXCEPT: Green = Resource Room/Office Red = Off Site Activity *Trash pick-up on Saturday due to Labor Day Holiday

THE HIGHLANDS FLING

August, 2019

www.thehighlandsinc.com

520-297-2722

AUGUST



phillipmartin.info

AUGUST EVENTS

Sat, August 10

Kaffeeklatsch - 9:00 am

Tue, August 13

Potluck - 5:30 pm

Wed, August 14

Men's Breakfast - 8:00 am

Tue, August 20

International Lunch Group
12:00 noon

Sat, August 24

Kaffeeklatsch - 9:00 am

Wed, August 28

Ladies Lunch - 12:00 noon

PLEASE SIGN UP!

DUES SCHEDULE CHANGE

On July 1, The Highlands changed from membership dues being owed monthly to being owed no-less-frequently than quarterly. The quarterly amount owed is \$174, which is three times the monthly amount of \$58. Because different members' accounts are paid in advance by differing numbers of months, you may or may not owe a payment on July 1. If you are unsure of the financial status of your membership account, please contact us. To save time and postage, we prefer this inquiry be via e-mail to highlands332@gmail.com. You can also call us at 520-297-2722. If the change to quarterly payments presents a financial hardship please call the Treasurer, Bob Beck, at 520-461-9540 to be exempt from this requirement. Also please note that the late fee for dues payments received after the 15th has changed from \$5.80 to \$10.00.

MEN'S BREAKFAST

By popular demand, the Men's Breakfast will be at Jerry Bob's, Magee and Oracle. Please remember to sign up. Meet at the Clubhouse at 7:45 a.m. if you would like to carpool.

INTERNATIONAL LUNCH GROUP

The group has selected Villa Peru, 1745 E. River Road for the August International Lunch. Meet at the clubhouse at 11:30 if you would like to carpool.



Our friend and former neighbor, Emma Ford, died on July 5, 2019.

LADIES' LUNCH

This month the ladies will be dining at Outback Steak House at the Foothills Mall. Please all report to the Clubhouse at 11:30 a.m. before leaving for the restaurant. If you are going directly to the restaurant, please call Kathy Zeleznik at 440-821-5591.

DID YOU KNOW?

If you have evergreen trees on your property, you are responsible for cleaning them up. There are piles around the community from various trees. This presents a huge fire hazard to all of us. Please be considerate and clean up your yards!

The cable line that is across Kilimanjaro is being addressed. We have contacted Comcast and made them aware that this is a safety hazard in our senior community.

THANKS DAVID!

Most of us know that David Cruz has been updating the marquee outside the office for the past few years. Thanks for your efforts and sense of humor!



CARDS SENT

Marilyn Staley reports cards have been sent to the following residents.

Joan Clow – Get Well
Barbara Moe – Sympathy, loss of her sister
Leona Lewis – Get Well
Ron Baumbeck – Get Well

NOTE: If you know someone in the Highlands who should receive a card, please call Marilyn at (520) 484-8532.

REMINDERS

We will not be delivering The Fling to your homes during the summer months. Paper copies will be available in the Clubhouse and Resource Room. It will also be available on the website. Home delivery will resume October 1.

The Social Committee has decided to hold a craft fair next winter. The scheduled date is Saturday, February 29. There will not be a charge for you to have a table to display and sell your crafts. Additional information to follow in the fall.

DISPOSE-A-MED

Here's a chance to get rid of outdated or unused medications. Bring them to Walmart Neighborhood Market, 7951 North Oracle Road on August 17 for safe disposal.

WATER AEROBICS

Please note that Water Aerobics will be held at 8:30 a.m. on Monday, Tuesday, Thursday, Friday and Saturday. They will not start until 9:00 a.m. on Wednesday to allow for pool cleaning. This time change will continue for August and September.

The deadline for Fling articles is the 20th of each month. Information should be sent to Carol Nadeau at cboydna@aol.com.

AUGUST 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Aquafit 8:30 am Cards/Games 6:00 pm	2 Aquafit 8:30 am Tai Chi Adv 11:00 am Social Hour 4:00 pm Cards/Games 6:00 pm	3 Aquafit 8:30 am
4	5 Aquafit 8:30 am Hand & Foot 1:00 pm Crafts 1:30 pm Needlecrafts 1:30 pm Ping Pong 7:00 pm	6 Coffee 8:00 am Qi Gong 10:00 am Aquafit 8:30 am Hand & Foot 1:00 pm	7 Aquafit 9:00 am Cards/Games 6:00 pm	8 Aquafit 8:30 am Cards/Games 6:00 pm	9 Aquafit 8:30 am Tai Chi Adv 11:00 am Social Hour 4:00 pm Cards/Games 6:00 pm	10 Aquafit 8:30 am Kaffeeklatsch 9:00 am
11	12 Aquafit 8:30 am Hand & Foot 1:00 pm Crafts 1:30 pm Needlecrafts 1:30 pm Ping Pong 7:00 pm	13 Coffee 8:00 am Qi Gong 10:00 am Aquafit 8 :30 am Hand & Foot 1:00 pm Potluck 5:30 pm	14 Men's Breakfast 8:00 am Aquafit 9:00 am Cards/Games 6:00 pm	15 Aquafit 8:30 am Cards/Games 6:00 pm	16 Aquafit 8:30 am Tai Chi Adv 11:00 am Social Hour 4:00 pm Cards/Games 6:00 pm	17 Aquafit 8:30 am
18	19 Aviation Day Aquafit 8:30 am Hand & Foot 1:00 pm Crafts 1:30 pm Needlecrafts 1:30 pm Ping Pong 7:00 pm	20 Coffee 8:00 am Aquafit 8:30 am Qi Gong 10:00 am Internat'l Lunch 12 N Cards/Games 6:00 pm Hand & Foot 1:00 pm	21 Aquafit 9:00 am Cards/Games 6:00 pm	22 Aquafit 8:30 am Cards/Games 6:00 pm	23 Aquafit 8:30 am Tai Chi Adv 11:00 am Social Hour 4:00 pm Cards/Games 6:00 pm	24 Aquafit 8:30 am Kaffeeklatsch 9:00 am
25	26 Aquafit 8:30 am Hand & Foot 1:00 pm Crafts 1:30 pm Needlecrafts 1:30 pm Ping Pong 7:00 pm	27 Coffee 8:00 am Qi Gong 10:00 am Aquafit 8:30 am Hand & Foot 1:00 pm	28 Aquafit 9:00 am Ladies Lunch 12 noon Cards/Games 6:00 pm	29 Aquafit 8:30 am Cards/Games 6:00 pm	30 Aquafit 8:30 am Tai Chi Adv 11:00 am Social Hour 4:00 pm Cards/Games 6:00 pm	31 Aquafit 8:30 am
		July 2019 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31		September 2019 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30		All Activities Held in Clubhouse/Pool Area EXCEPT: Green = Resource Room/Office Red = Off Site Activity

THE HIGHLANDS FLING

July, 2019

www.thehighlandsinc.com

520-297-2722



JULY EVENTS

Thur, July 4

Dinner - 6:00 pm
Fireworks – 7:45 pm

Tue, July 9

Potluck - 5:30 pm

Wed, July 10

Men's Breakfast - 8:00 am

Sat, July 13

Kaffeeklatsch - 9:00 am

Tue, July 16

International Lunch Group
12:00 noon

Sat, July 27

Kaffeeklatsch - 9:00 am

Wed, July 31

Ladies Lunch - 12:00 noon

PLEASE SIGN UP!

DUES SCHEDULE CHANGE

On July 1, The Highlands is changing from membership dues being owed monthly to being owed no-less-frequently than quarterly. The quarterly amount owed is \$174, which is three times the monthly amount of \$58. Because different members' accounts are paid in advance by differing numbers of months, you may or may not owe a payment on July 1. If you are unsure of the financial status of your membership account, please contact us. To save time and postage, we prefer this inquiry be via e-mail to highlands332@gmail.com. You can also call us at 520-297-2722. If the change to quarterly payments presents a financial hardship please call the Treasurer, Bob Beck, at 520-461-9540 to be exempt from this requirement.

MEN'S BREAKFAST

By popular demand, the Men's Breakfast will be at Jerry Bob's, Magee and Oracle. Please remember to sign up. Meet at the Clubhouse at 7:45 a.m. if you would like to carpool.

INTERNATIONAL LUNCH GROUP

This month the International Lunch Group will dine at La Hacienda Mexican Restaurant, 11931 North First Avenue, Oro Valley. Meet at the clubhouse at 11:30 if you would like to carpool.

LADIES' LUNCH

This month the ladies will be dining at Olive Garden, Oro Valley Marketplace. Please all report to the Clubhouse at 11:30 a.m. before leaving for the restaurant, or notify Kathy Zeleznik on 440-821-5591 if you are going directly to the luncheon.

JULY 4TH CELEBRATION

Dinner will be served at 6:00 p.m. and includes chicken, salad and dessert. Table service will be provided. The cost is \$5 per person. The fireworks start at 7:45. Be sure to sign up...the sign-up deadline is July 1. Any questions should be directed to Ed and Patti Triplett at 520-887-4120.

NO FLING DELIVERY

Beginning in May, we will not be delivering The Fling to your homes. Paper copies will be available in the Clubhouse and Resource Room. It will also be included on the website. Home delivery will resume October 1.



GET CREATIVE THIS SUMMER!

The Social Committee has decided to hold a craft fair next winter. The scheduled date is Saturday, February 29. There will not be a charge for you to have a table to display and sell your crafts. More details to follow in the fall.



CARDS SENT

Marilyn Staley reports cards have been sent to the following residents:

Barb Davis/Get Well
Barb Ferrill/Thinking of You
Joe Carter/Get Well
Brenda Henderson/Thinking of You
Patti Triplett/Get Well
Julie Istad Family/Sympathy

NOTE: If you know someone in the Highlands who should receive a card, please call Marilyn at (520) 484-8532.

The deadline for Fling articles is the 20th of each month. Information should be sent to Carol Nadeau at cboydna@aol.com.

SAFETY REMINDER

Our pool is a place of relaxation and enjoyment, but it is also a water source for many living things. Several people have been stung by hornets. Recently there was a rattlesnake spotted near the pool; did you know they like to crawl inside the noodles? Stay alert and be aware of your surroundings.



2019 CC&Rs

The CC&Rs which were approved by the membership in February are currently being uploaded to the website. To print out your copy, go to thehighlandsinc.com, click on documents and then click on CC&Rs. For those of you without a computer, perhaps a friend or neighbor would print an extra copy for you. If not, you can get a copy at the office...however, please call ahead so that Judy has time to print it.

JULY 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
	1 Aquafit 9:00 am Hand & Foot 1:00 pm Crafts 1:30 pm Needlecrafts 1:30 pm Ping Pong 7:00 pm	2 Coffee 8:00 am Qi Gong 10:00 am Aquafit 9:00 am Hand & Foot 1:00 pm	3 Aquafit 9:00 am Cards/Games 6:00 pm	4 Independence Day Aquafit 9:00 am July 4th Celeb 6:00 pm	5 *No trash today Aquafit 9:00 am Tai Chi Adv 11:00 am Social Hour 4:00 pm Cards/Games 6:00 pm	6 Aquafit 9:00 am		
7	8 Aquafit 9:00 am Hand & Foot 1:00 pm Crafts 1:30 pm Needlecrafts 1:30 pm Ping Pong 7:00 pm	9 Coffee 8:00 am Qi Gong 10:00 am Aquafit 9:00 am Hand & Foot 1:00 pm Potluck 5:30 pm	10 Men's Breakfast 8:00 am Aquafit 9:00 am Cards/Games 6:00 pm	11 Aquafit 9:00 am Cards/Games 6:00 pm	12 Aquafit 9:00 am Tai Chi Adv 11:00 am Social Hour 4:00 pm Cards/Games 6:00 pm	13 Aquafit 9:00 am Kaffeeklatsch 9:00 am		
14	15 Aquafit 9:00 am Hand & Foot 1:00 pm Crafts 1:30 pm Needlecrafts 1:30 pm Ping Pong 7:00 pm	16 Coffee 8:00 am Aquafit 9:00 am Qi Gong 10:00 am Internat'l Lunch 12 N Cards/Games 6:00 pm Hand & Foot 1:00 pm	17 Aquafit 9:00 am Cards/Games 6:00 pm	18 Aquafit 9:00 am Cards/Games 6:00 pm	19 Aquafit 9:00 am Tai Chi Adv 11:00 am Social Hour 4:00 pm Cards/Games 6:00 pm	20 Aquafit 9:00 am		
21	22 Aquafit 9:00 am Hand & Foot 1:00 pm Crafts 1:30 pm Needlecrafts 1:30 pm Ping Pong 7:00 pm	23 Coffee 8:00 am Qi Gong 10:00 am Aquafit 9:00 am Hand & Foot 1:00 pm	24 Aquafit 9:00 am Cards/Games 6:00 pm	25 Aquafit 9:00 am Cards/Games 6:00 pm	26 Aquafit 9:00 am Tai Chi Adv 11:00 am Social Hour 4:00 pm Cards/Games 6:00 pm	27 Aquafit 9:00 am Kaffeeklatsch 9:00 am		
28 Parents' Day	29 Aquafit 9:00 am Hand & Foot 1:00 pm Crafts 1:30 pm Needlecrafts 1:30 pm Ping Pong 7:00 pm	30 Coffee 8:00 am Qi Gong 10:00 am Aquafit 9:00 am Hand & Foot 1:00 pm	31 Aquafit 9:00 am Ladies Lunch 12 noon Cards/Games 6:00 pm					
4	5	June 2019 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30			August 2019 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31		All Activities Held in Clubhouse/Pool Area EXCEPT: Green = Resource Room/Office Red = Off Site Activity *Trash pick-up on Saturday due to 4th of July Holiday	

THE HIGHLANDS FLING

June, 2019

www.thehighlandsinc.com

520-297-2722



JUNE EVENTS

Sat, June 8

Kaffeeklatsch - 9:00 am

Tue, June 11

Potluck - 5:30 pm

Wed, June 12

Men's Breakfast - 8:00 am

Tue, June 18

International Lunch Group
12:00 noon

Sat, June 22

Kaffeeklatsch - 9:00 am

Wed, June 26

Ladies Lunch - 12:00 noon

PLEASE SIGN UP!

DUES SCHEDULE CHANGE

On July 1, The Highlands is changing from membership dues being owed monthly to being owed no-less-frequently than quarterly. The quarterly amount owed is \$174, which is three times the monthly amount of \$58. Because different members' accounts are paid in advance by differing numbers of months, you may or may not owe a payment on July 1. If you are unsure of the financial status of your membership account, please contact us. To save time and postage, we prefer this inquiry be via e-mail to highlands332@gmail.com. You can also call us at 520-297-2722. If the change to quarterly payments presents a financial hardship please call the Treasurer, Bob Beck, at 520-461-9540 to be exempt from this requirement.

INTERNATIONAL LUNCH GROUP

This month the International Lunch Group will dine at the Chinese Bistro on LaCanada and Lambert. Meet at the clubhouse at 11:30 if you would like to carpool.

MEN'S BREAKFAST

By popular demand, the Men's Breakfast will be at Jerry Bob's, Magee and Oracle. Please remember to sign up. Meet at the Clubhouse at 7:45 a.m. if you would like to carpool.



JULY 4TH CELEBRATION

Dinner will be served at 6:00 p.m. and includes chicken, salad and desert. Table service will be provided. The cost is \$5 per person. The fireworks start at 7:45. Be sure to sign up...the sign-up deadline is July 1. Any questions should be directed to Ed and Patti Triplett at 520-887-4120.

LADIES' LUNCH

This month the ladies will be dining at Cracker Barrel in Marana. Please all report to the Clubhouse at 11:30 a.m. before leaving for the restaurant, or notify Kathy Zeleznik on 440-821-5591 if you are going directly to the luncheon.

NO FLING DELIVERY

Beginning in May, we will not be delivering The Fling to your homes. Paper copies will be available in the Clubhouse and Resource Room. It will also be included on the website. Home delivery will resume October 1.



GET CREATIVE THIS SUMMER!

The Social Committee has decided to hold a craft fair next winter. The scheduled date is Saturday, February 29. There will not be a charge for you to have a table to display and sell your crafts. More details to follow in the fall.



CARDS SENT

Marilyn Staley reports cards have been sent to the following residents:

Eila Waterland/Get Well
Kathy Zeleznik/Thinking of You
Kathy Reagan/Get Well
Family of Rick Peterson/
Sympathy
Lorraine Tomac/Get Well
Dave & Judy Calkins/
Sympathy, Loss of Son

NOTE: If you know someone in the Highlands who should receive a card, please call Marilyn at (520) 484-8532.

The deadline for Fling articles is the 20th of each month. Information should be sent to Carol Nadeau at cboydna@aol.com.

HIGHLANDS' NEIGHBORHOOD WATCH

In response to recent break-ins, we are now registered with the National Neighborhood Watch program and are seeking volunteers to help keep our community safe. We have set up daily patrols but would appreciate more help. There is a sign-up sheet in the clubhouse for those who are willing to participate, even if you are willing to call 911 when you see suspicious activity such as a car with no lights or someone prowling the streets late at night.

We are still looking for volunteers to function as Block Captains. There is a sign-up sheet in the Clubhouse.

The Highlands' Security Patrol volunteers have a training session on the use of Walkie Talkies on Saturday, June 1, at 10:00 a.m. in the Clubhouse.

PLEASE DO NOT CALL Bernie with questions about the Code Red Phone Tree, Operation ID or Neighborhood Watch. All questions regarding these issues should be directed to Elizabeth Hinds at 520-440-7056.

Check out our Facebook page at facebook.com/NW/TheHighlandsOroValley.

JUNE 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																																																																						
	27 Memorial Day					1 Trash Pick Up Today Due to Memorial Day Aquafit 9:00 am Security Patrol 10:00 am																																																																																						
2	3 Aquafit 9:00 am Hand & Foot 1:00 pm Crafts 1:30 pm Needlecrafts 1:30 pm Ping Pong 7:00 pm	4 Coffee 8:00 am Qi Gong 10:00 am Aquafit 9:00 am Hand & Foot 1:00 pm	5 Aquafit 9:00 am Cards/Games 6:00 pm	6 Aquafit 9:00 am Cards/Games 6:00 pm	7 Tai Chi Begin 9:45 am Aquafit 9:00 am Tai Chi Adv 11:00 am Social Hour 4:00 pm Cards/Games 6:00 pm	8 Aquafit 9:00 am Kaffeeklatsch 9:00 am																																																																																						
9 Pentecost	10 Aquafit 9:00 am Hand & Foot 1:00 pm Crafts 1:30 pm Needlecrafts 1:30 pm Ping Pong 7:00 pm	11 Coffee 8:00 am Qi Gong 10:00 am Aquafit 9:00 am Hand & Foot 1:00 pm Potluck 5:30 pm	12 Men's Breakfast 8:00 am Aquafit 9:00 am Cards/Games 6:00 pm	13 Aquafit 9:00 am Cards/Games 6:00 pm	14 Flag Day Tai Chi Begin 9:45 am Aquafit 9:00 am Tai Chi Adv 11:00 am Social Hour 4:00 pm Cards/Games 6:00 pm	15 Aquafit 9:00 am																																																																																						
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30		<div>May 2019</div> <table><tr><td>S</td><td>M</td><td>T</td><td>W</td><td>T</td><td>F</td><td>S</td></tr><tr><td></td><td></td><td></td><td>1</td><td>2</td><td>3</td><td>4</td></tr><tr><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td></tr><tr><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td><td>17</td><td>18</td></tr><tr><td>19</td><td>20</td><td>21</td><td>22</td><td>23</td><td>24</td><td>25</td></tr><tr><td>26</td><td>27</td><td>28</td><td>29</td><td>30</td><td>31</td><td></td></tr></table>			S	M	T	W	T	F	S				1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31		<div>July 2019</div> <table><tr><td>S</td><td>M</td><td>T</td><td>W</td><td>T</td><td>F</td><td>S</td></tr><tr><td></td><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td></tr><tr><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td></tr><tr><td>14</td><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td><td>20</td></tr><tr><td>21</td><td>22</td><td>23</td><td>24</td><td>25</td><td>26</td><td>27</td></tr><tr><td>28</td><td>29</td><td>30</td><td>31</td><td></td><td></td><td></td></tr></table>			S	M	T	W	T	F	S		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31				All Activities Held in Clubhouse/Pool Area EXCEPT: Green = Resource Room/Office Red = Off Site Activity
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THE HIGHLANDS FLING

May, 2019

www.thehighlandsinc.com

520-297-2722



chibird.tumblr.com

MAY EVENTS

Wed, May 8

Men's Breakfast - 8:00 am

Sat, May 11

Kaffeeklatsch - 9:00 am

Tue, May 14

Potluck - 5:30 pm

Tue, May 21

International Lunch Group
12:00 noon

Wed, May 22

Ladies Lunch - 12:00 noon

Sat, May 25

Kaffeeklatsch - 9:00 am

PLEASE SIGN UP!

LOCK THE POOL GATES!

The locked gates on our pool are there for a reason. If the County comes in to inspect the pool and finds the gates unlocked, THEY WILL CLOSE THE POOL. The County does inspect community pools on a fairly regular basis. Don't be the one who causes ours to close!!

BE ALERT!! STAY ALERT!!

The Highlands has always been one of the safest places to live in Tucson, but recently that is NOT the case. We have had property stolen from around the Clubhouse, patio chairs stolen from peoples' homes, a chain cut on the back of a vehicle and a bike stolen. This week there has been a break-in at one of our neighbors. PLEASE make sure that you always LOCK YOUR DOORS and, if you're a snow bird, let your friends and neighbors know when you are heading home so they can watch your place. We recommend using the Oro Valley dark house program. Most importantly, if you sense something is wrong, CALL 911.

HIGHLANDS' DAY TRIPPERS

Beginning May 1, in the poker room, you will find a sheet looking for ideas for day trips or overnight stays that you might be interested in doing in the future. Please write down your ideas and include your name and phone number so I can get in touch with you. I have some ideas for 2020, and we've already planned a Barleen's Christmas Show for December 4, 2019.

Thanks, Jamie

CARDS SENT

Marilyn Staley reports cards have been sent to the following residents:

Chuck Miller/Sympathy
Dee Farris/Get Well
Angela Rodriguez/Thinking of
You

Duane Olson/Get Well
LaNelma Johnson/Thinking of
You

Larry Staley/Get Well
Barbara Ferrill/Get Well
Carol Richards/Get Well
Ron Pepperdine/Get Well
Joan Petterson/Get Well

NOTE: If you know someone in the Highlands who should receive a card, please call Marilyn at (520) 484-8532.

MEN'S BREAKFAST

By popular demand, the Men's Breakfast will be at Jerry Bob's, Magee and Oracle. Please remember to sign up. Meet at the Clubhouse at 7:45 a.m. if you would like to carpool.

LADIES' LUNCH

Please all report to the Clubhouse at 11:30 a.m. before leaving for It's Greek to Me in Catalina or notify Kathy Zeleznik on 440-821-5591 if you are going directly to the luncheon.

INTERNATIONAL LUNCH GROUP

This month the International Lunch Group will dine at It's Greek to Me in Catalina. Meet at the clubhouse at 11:30 if you would like to carpool.

NO FLING DELIVERY

Beginning in May, we will not be delivering The Fling to your homes. We never know how many people are here and how many are away. Paper copies will be available in the Clubhouse and Resource Room. It will also be included on the website. Home delivery will resume October 1.

HIGHLANDS' ENTRANCE SIGN

It has been suggested that The Board update our entrance sign. Craig Bennett would like to receive your thoughts on this idea throughout the summer. The Board will then revisit this item in the fall. Please send your comments, ideas, etc. to highlands332@gmail.com.

GET CREATIVE THIS SUMMER!

The Social Committee has decided to hold a craft fair next winter. The scheduled date is Saturday, February 29. There will not be a charge for you to have a table to display and sell your crafts. More details to follow in the fall.

MANY THANKS!

Dear Friends,
Since February 1, we have had so many wonderful cards, food, calls and friends sending their prayers and love. Thank you so much for the support and kindness shown by so many in our wonderful Highlands community.

Fondly,
LaNelma & Ray Johnson

DEHYDRATION ALERT!

First, thank you to Lucy Phelan for giving me the opportunity to go to Rocky Point; thank you to my bus mates for paying cash to the Mexican ambulance; thank you Craig and Jamie for accompanying me on the 90 mile drive (one way) to make sure I was safely back in the USA, where I took to a US ambulance to Tucson Medical Center Emergency.

Second and more importantly, I want to remind everyone about different types of dehydration. I have been trained as an EMT and a member of Pima County Search and Rescue, but I WAS STILL FOOLED!

Here is a list of the seven causes:

1. Vomiting

2. Diarrhea
3. Sweating, Fever
4. Certain Medications
5. Not drinking enough fluids*
6. Caffeine*
7. High Altitude

*One cup of a caffeinated beverage requires two cups of water to rehydrate. Many things have hidden caffeine such as tea, chocolate, etc.

There are three stages of dehydration: 1) Mild, 2) Moderate and 3) Severe. Severe can cause confusion, hallucinations and unconsciousness (which I was).

Only water counts to prevent dehydration, not just any liquid. If other liquids contain caffeine or alcohol, you must drink twice the amount of water.

There is a product called ORS (Oral Rehydration Solution) that can help with stages 1 & 2. Ask a pharmacist about ORS.

Remember, summer is upon us increasing the need for fluids that can only be replaced by water.

Again, thank you to the Social Committee for their response. Maybe someday I will get to see Rocky Point.

Carol Richards

The deadline for Fling articles is the 20th of each month. Information should be sent to Carol Nadeau at cboydna@aol.com.

MAY 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Aquafit 10:00 am Cards/Games 6:00 pm	2 Aquafit 10:00 am Quilt Group 1:00 pm Cards/Games 6:00 pm	3 Tai Chi Begin 9:45 am Aquafit 10:00 am Tai Chi Adv 11:00 am Social Hour 4:00 pm Cards/Games 6:00 pm	4 Aquafit 10:00 am
5 Cinco de Mayo	6 Ramadan begins Aquafit 10:00 am Hand & Foot 1:00 pm Crafts 1:30 pm Needlecrafts 1:30 pm Ping Pong 7:00 pm	7 Coffee 8:00 am Qi Gong 10:00 am Aquafit 10:00 am Hand & Foot 1:00 pm	8 Men's Breakfast 8:00 am Aquafit 10:00 am Cards/Games 6:00 pm	9 Aquafit 10:00 am Quilt Group 1:00 pm Cards/Games 6:00 pm	10 Tai Chi Begin 9:45 am Aquafit 10:00 am Tai Chi Adv 11:00 am Social Hour 4:00 pm Cards/Games 6:00 pm	11 Aquafit 10:00 am Kaffeeklatsch 9:00 am
12 Mother's Day	13 Aquafit 10:00 am Hand & Foot 1:00 pm Crafts 1:30 pm Needlecrafts 1:30 pm Ping Pong 7:00 pm	14 Coffee 8:00 am Qi Gong 10:00 am Aquafit 10:00 am Hand & Foot 1:00 pm Potluck 5:30 pm	15 Aquafit 10:00 am Cards/Games 6:00 pm	16 Aquafit 10:00 am Quilt Group 1:00 pm Cards/Games 6:00 pm	17 Tai Chi Begin 9:45 am Aquafit 10:00 am Tai Chi Adv 11:00 am Social Hour 4:00 pm Cards/Games 6:00 pm	18 Armed Forces Day Aquafit 10:00 am
19	20 Aquafit 10:00 am Hand & Foot 1:00 pm Crafts 1:30 pm Needlecrafts 1:30 pm Ping Pong 7:00 pm	21 Coffee 8:00 am Aquafit 10:00 am Qi Gong 10:00 am Internat'l Lunch 12 N Cards/Games 6:00 pm Hand & Foot 1:00 pm	22 Aquafit 10:00 am Ladies Lunch 12 noon Cards/Games 6:00 pm	23 Aquafit 10:00 am Cards/Games 6:00 pm	24 Tai Chi Begin 9:45 am Aquafit 10:00 am Tai Chi Adv 11:00 am Social Hour 4:00 pm Cards/Games 6:00 pm	25 Aquafit 10:00 am Kaffeeklatsch 9:00 am
26	27 Memorial Day Aquafit 10:00 am Hand & Foot 1:00 pm Crafts 1:30 pm Needlecrafts 1:30 pm Ping Pong 7:00 pm	28 Coffee 8:00 am Qi Gong 10:00 am Aquafit 10:00 am Hand & Foot 1:00 pm	29 Aquafit 10:00 am Cards/Games 6:00 pm	30 Aquafit 10:00 am Cards/Games 6:00 pm	31 * No Trash Today Tai Chi Begin 9:45 am Aquafit 10:00 am Tai Chi Adv 11:00 am Social Hour 4:00 pm Cards/Games 6:00 pm	
		April 2019 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30		June 2019 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30		All Activities Held in Clubhouse/Pool Area EXCEPT: Green = Resource Room/Office Red = Off Site Activity * Trash Pick Up on Saturday due to Memorial Day Holiday

THE HIGHLANDS FLING

April, 2019

www.thehighlandsinc.com

520-297-2722



APRIL EVENTS

Tue & Wed, Apr 2 & 3

Rocky Point Trip – 7:00 am

Tue, Apr 9

Potluck - 5:30 pm

Wed, Apr 10

Men's Breakfast - 8:00 am

Agenda Meeting - 1:00 pm

Sat, Apr 13

Kaffeeklatsch - 9:00 am

Sun, Apr 14

Movie Night - 6:00 pm

Tue, Apr 16

International Lunch Group
12:00 noon

Wed, Apr 17

Open Board Mtg - 10:00 am

Sun, Apr 21

Grill Your Meat - 5:00 pm

Wed, Apr 24

Ladies Lunch - 12:00 noon

Sat, Apr 27

Kaffeeklatsch - 9:00 am

PLEASE SIGN UP!

VOLUNTEER OPPORTUNITY

A hiring committee has been formed to lead the effort to replace our office person, Joanie Mauger, who is retiring at the end of May. The committee plans to meet every Monday and Thursday at 9:00 a.m. for one hour in the resource room.

Association members are welcome to attend committee meetings and give input to the committee. It would also be helpful if several additional members would volunteer to join the committee. Contact Bob Beck at (520) 461-9540.

GRILL YOUR OWN MEAT!

Come to the Clubhouse on Sunday, April 21 at 5:00 p.m. and bring the meat of your choice to grill. Baked beans, salad and dessert will be provided for \$3.00 per person.

MEN'S BREAKFAST

By popular demand, the Men's Breakfast will be at Jerry Bob's, Magee and Oracle. Please remember to sign up. Meet at the Clubhouse at 7:45 a.m. if you would like to carpool.

NO FLING DELIVERY

Beginning in May, we will not be delivering The Fling to your homes. We never know how many people are here and how many are away. Paper copies will be available in the Clubhouse and Resource Room. It will also be included on the website. Home delivery will resume October 1.

LADIES' LUNCH

Please all report to the Clubhouse at 11:30 a.m. before leaving for the restaurant or notify Kathy Zeleznik on 440-821-5591 if you are going directly to the luncheon.

CARDS SENT

Marilyn Staley reports cards have been sent to the following residents:

Joe Termes/Get Well
Rich Peterson/Thinking of You
Robert Williams/Sympathy
Loss of Son

Lucy Phelan/Get Well
Lucy Phelan/Sympathy
Loss of Sister
Sonny Waterland/Get Well

NOTE: If you know someone in the Highlands who should receive a card, please call Marilyn at (520) 484-8532.

SPRING TIME REMINDER

With all the rain we've seen, the Compliance Directors know that weeds have been difficult to control. Whether you will be leaving soon to return 'home' or staying in The Highlands, PLEASE make sure you get those weeds sprayed or pulled. We've made four trips around the community over the last two months and have sent out sixteen letters to homeowners reminding them to get their 'curb appeal' back in line. If you need help or a phone number of someone to take care of your yard, please give one of us a call. We know not having any weeds is unrealistic, but we're asking that you make the attempt to eliminate as many weeds as possible. Thanks and have a great summer! Respectfully, Bill B., Dan W. and Jamie H.

NEXTDOOR

The Highlands is now using a free, private, online network called Nextdoor for recommendations, notifications, items for sale/free, safety updates, local events and much more. Our community currently has 90+ residents using this site. You can look at just The Highlands or broaden your search to surrounding neighborhoods. Go to www.nextdoor.com/join to get signed up. If you have questions, please contact Jeanne Visgar at (309) 242-3252 or jvisgar@comcast.net.

POOL COVERING

We stopped covering the pool at night as of Sunday, March 31. Many thanks to those residents who assisted this season: Rick Anderson, Tom Stevens, John Sand, Ray Ghiselline, Bill and Louise Bohrer, Rich Staska, Judy Polar, Pat and Raechel Yurczyk, Susan Weber, Dan and Terry Wojdyla and Laura Valade.

DISPOSE-A-MED

On Saturday, April 27, from 10:00 a.m. to 2:00 p.m. bring your unwanted or outdated pills and liquids to Target in Oro Valley for proper disposal. This includes veterinary meds and vitamins. Please do not bring household hazardous waste or batteries.

QUILTING GROUP

The Quilting Group will continue to meet every Thursday from 1:00 p.m. to 4:00 p.m. until May 16th.

MOVIE NIGHT

The movie for April 14 is "Metropolis".

NO MONDAY & THURSDAY EXERCISE GROUP

April 11 will be the last day for the Monday and Thursday Exercise Group.

INTERNATIONAL LUNCH GROUP

This month the International Lunch Group will dine at Chef Alisah, 5931 N. Oracle Road. Meet at the clubhouse at 11:30 if you would like to carpool.

MANY THANKS

Our last Karaoke for the season was March 24. Thank you to all of you helped out and those who joined in the fun to make it a success.

Helen & Linc Keilman

The deadline for Fling articles is the 20th of each month. Information should be sent to Carol Nadeau at cboydna@aol.com.

APRIL 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31	1 Exercise 8:00 am Aquafit 10:00 am Hand & Foot 1:00 pm Crafts 1:30 pm Needlecrafts 1:30 pm Ping Pong 7:00 pm	2 Bus Trip 7:00 am Coffee 8:00 am Qi Gong 10:00 am Aquafit 10:00 am Hand & Foot 1:00 pm	3 Aquafit 10:00 am Cards/Games 6:00 pm Return Bus Trip	4 Exercise 8:00 am Aquafit 10:00 am Quilt Group 1:00 pm Cards/Games 6:00 pm	5 Tai Chi Begin 9:45 am Aquafit 10:00 am Tai Chi Adv 11:00 am Social Hour 4:00 pm Cards/Games 6:00 pm	6
7	8 Exercise 8:00 am Aquafit 10:00 am Hand & Foot 1:00 pm Crafts 1:30 pm Needlecrafts 1:30 pm Ping Pong 7:00 pm	9 Coffee 8:00 am Qi Gong 10:00 am Aquafit 10:00 am Hand & Foot 1:00 pm Potluck 5:30 pm	10 Men's Breakfast 8:00 am Aquafit 10:00 am Agenda Mtg. 1:00 pm Cards/Games 6:00 pm	11 Exercise 8:00 am Aquafit 10:00 am Quilt Group 1:00 pm Cards/Games 6:00 pm	12 Tai Chi Begin 9:45 am Aquafit 10:00 am Tai Chi Adv 11:00 am Social Hour 4:00 pm Cards/Games 6:00 pm	13
14 Movie Night 6:00 pm	15 Taxes Due Aquafit 10:00 am Hand & Foot 1:00 pm Crafts 1:30 pm Needlecrafts 1:30 pm Ping Pong 7:00 pm	16 Coffee 8:00 am Aquafit 10:00 am Qi Gong 10:00 am Internat'l Lunch 12 N Cards/Games 6:00 pm Hand & Foot 1:00 pm	17 Aquafit 10:00 am Open Bd Mtg 10:00 am Cards/Games 6:00 pm	18 Aquafit 10:00 am Quilt Group 1:00 pm Cards/Games 6:00 pm	19 Good Friday Tai Chi Begin 9:45 am Social Comm 9:00 am Aquafit 10:00 am Tai Chi Adv 11:00 am NO SOCIAL HOUR*	20 Passover
21 Easter Grill Your Own Meat 5:30 pm	22 Earth Day Aquafit 10:00 am Hand & Foot 1:00 pm Crafts 1:30 pm Needlecrafts 1:30 pm Ping Pong 7:00 pm	23 Coffee 8:00 am Qi Gong 10:00 am Aquafit 10:00 am Hand & Foot 1:00 pm	24 Admin Assist Day Aquafit 10:00 am Ladies Lunch 12 noon Cards/Games 6:00 pm	25 Aquafit 10:00 am Quilt Group 1:00 pm Cards/Games 6:00 pm	26 Tai Chi Begin 9:45 am Aquafit 10:00 am Tai Chi Adv 11:00 am Social Hour 4:00 pm Cards/Games 6:00 pm	27
28	29 Aquafit 10:00 am Hand & Foot 1:00 pm Crafts 1:30 pm Needlecrafts 1:30 pm Ping Pong 7:00 pm	30 Coffee 8:00 am Qi Gong 10:00 am Aquafit 10:00 am Hand & Foot 1:00 pm Jam Session 6:00 pm				
		March 2019 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31		May 2019 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31		All Activities Held in Clubhouse/Pool Area EXCEPT: Green = Resource Room/Office Red = Off Site Activity *No Social Hour on Good Friday

THE HIGHLANDS FLING

March, 2019

www.thehighlandsinc.com

520-297-2722



MARCH EVENTS

Wed, Mar 6

Barleen's Bus Trip - 9:30 am

Sat, Mar 9

Kaffeeklatsch - 9:00 am

Sun, Mar 10

Movie Night - 6:00 pm

Tue, Mar 12

Potluck - 5:30 pm

Wed, Mar 13

Men's Breakfast - 8:00 am
Agenda Meeting - 1:00 pm

Sun, Mar 17

Ice Cream Social - 2:00 pm

Tue, Mar 19

International Lunch Group

Wed, Mar 20

Open Board Mtg - 10:00 am
Appreciation Lunch - 12:00 n

Thur, Mar 21

Art Exhibit - 6:00 pm

Sat, Mar 23

Kaffeeklatsch - 9:00 am

Sun, Mar 24

Dinner & Karaoke - 5:00 pm

Wed, Mar 27

Ladies Lunch - 12:00 pm

PLEASE SIGN UP!

FROM THE ANNUAL OPEN BOARD MEETING

Congratulations to the new members of the Board of Directors: Morris Coville, Jamie Horst and Mary Rausch. The membership also unanimously voted to have the streets sealed by Holbrook Asphalt. Most of the proposed changes to the CC&Rs were adopted. The Minutes from the meeting are posted in the Clubhouse and outside the office. They will also be available on the Website as time permits.

FREE ICE CREAM SOCIAL AND CONCERT

Come to the Clubhouse on Sunday, March 17, at 2:00 p.m. for ice cream and fun with your neighbors. This year, it's free! Please sign up by Friday, March 15, so we know how much ice cream to buy!

Around 3:00, Randall Deighton is going to entertain us with a medley of music as a "thank you" for everything our community has done for him and Linda.

MEN'S BREAKFAST

By popular demand, the Men's Breakfast will be at Jerry Bob's, Magee and Oracle. Please remember to sign up. Meet at the Clubhouse at 7:45 a.m. if you would like to carpool.

APPRECIATION LUNCH

There will be an appreciation lunch on Wednesday, March 20, at noon for anyone who has volunteered and participated in an event at The Highlands. The lunch is free for volunteers and will be catered by Fraustos.

DINNER & KARAOKE

Come to the Clubhouse on Sunday, March 24, at 5:00 p.m. for dinner and karaoke. There are songs available from many venues, or just enjoy your neighbors' songs. The dinner will be baked chicken, salad and potatoes; cost is still only \$5 per person. Please bring your table service and don't forget to sign up!

DID YOU KNOW?

- Your pool key will open the doors to the restrooms when the Clubhouse is closed!
- It can cost about \$1000 for an ambulance ride to the nearest hospital. Golder

Ranch has a plan costing \$92.98 per year that covers whatever your insurance will not pay. I will leave some flyers in the Resource Room if you are interested, or you can call 520-825-9001 to request one.

INTERNATIONAL LUNCH GROUP

This month the International Lunch Group will dine at The Persian Room, 9290 N. Thornydale Road, Suite 100. Meet at the clubhouse at 11:30 if you would like to carpool.



ANNUAL ART EXHIBIT

The seventh annual Highlands' Art Exhibition will take place on Thursday, March 21, from 6:00 until 7:30 p.m. in the Clubhouse. All works will be originals by Highlands' residents and not previously displayed. Come and be inspired by our talented artists, and possibly find a unique piece of artwork to purchase! Light refreshments will be served; there is no cost for admission or food. If you need transportation to or from your home, please call Jamie Horst at 309-230-0233 to arrange a ride. **ARTISTS** – don't forget there is a firm deadline of March 13 to submit your application to enter your work.

Pick up a form at the Clubhouse. The committee needs time to plan an arrangement for the entries.

LADIES' LUNCH

On March 27, the ladies will have lunch at Mama's Famous Pizza and Heros, Oracle and Magee. Please all report to the Clubhouse at 11:30 a.m. before leaving for the restaurant or notify Kathy Zeleznik on 440-821-5591 if you are going directly to the luncheon.

MOVIE NIGHT

The movie for March 10 is "Thunderball".

CARDS SENT

Marilyn Staley reports cards have been sent to the following residents:

DeDe Vernott - Thinking of You

Bob Knudson - Thinking of You

Pat Kammameyer - Get Well

Ray Johnson - Get Well

Harry Ferris - Get Well

NOTE: If you know someone in the Highlands who should receive a card, please call Marilyn at 520-484-8532.

ROCK 'N' ROLL 2019

I wish to thank everyone who helped make this event a huge success. The theme was Memories and I'm sure everyone had plenty of memories from their era. I appreciate everyone who attended and helped support our fabulous community.

Brenda Henderson



BUS TRIPS

We are excited about our trip to Barleen's Opry on March 6th. As a reminder, we will leave the Clubhouse at 9:30 a.m., make a brief stop at the McDonald's in Florence on the way to Apache Junction, where we'll have a wonderful, home-cooked meal and see the show (it's a new one called "Variety Spectacular"). The trip is probably sold out, but you can contact Jamie Horst on 309-230-0233 to check. Cost is \$62.50 per person.

On April 2nd and 3rd, we are going to Rocky Point (PASSPORT required). The bus will leave the Clubhouse at 7:00 a.m., make a rest stop along the way, and arrive at Penasco Del Sol Hotel where you can spend a relaxing afternoon. The next day, we'll have breakfast, load the bus at 9:00 a.m. and head to Old Port for some history and/or shopping. We'll head back to the Highlands around 1:00 p.m. and arrive about 5:30 p.m. The cost is \$240 per person, which covers transportation, hotel stay, breakfast on the 3rd, gratuities, games and a GREAT time with your Highlands' neighbors!

Any questions, please don't hesitate to call Jamie at 309-230-0233.

MARCH 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Tai Chi Begin 9:45 am Aquafit 10:00 am Tai Chi Adv 11:00 am Social Hour 4:00 pm Cards/Games 6:00 pm	2 Aquafit 10:00 am
3	4 Exercise 8:00 am Aquafit 10:00 am Hand & Foot 1:00 pm Crafts 1:30 pm Needlecrafts 1:30 pm Ping Pong 7:00 pm	5 Mardi Gras Coffee 8:00 am Qi Gong 10:00 am Aquafit 10:00 am Hand & Foot 1:00 pm	6 Ash Wednesday Bus Trip 9:30 am Aquafit 10:00 am Cards/Games 6:00 pm	7 Exercise 8:00 am Aquafit 10:00 am Quilt Group 1:00 pm Cards/Games 6:00 pm	8 Tai Chi Begin 9:45 am Aquafit 10:00 am Tai Chi Adv 11:00 am Social Hour 4:00 pm Cards/Games 6:00 pm	9 Aquafit 10:00 am Kaffeeklatsch 9:00 am
10 Daylight Saving Movie Night 6:00 pm	11 Exercise 8:00 am Aquafit 10:00 am Hand & Foot 1:00 pm Crafts 1:30 pm Needlecrafts 1:30 pm Ping Pong 7:00 pm	12 Coffee 8:00 am Qi Gong 10:00 am Aquafit 10:00 am Hand & Foot 1:00 pm Potluck 5:30 pm	13 Men's Breakfast 8:00 am Aquafit 10:00 am Agenda Mtg. 1:00 pm Cards/Games 6:00 pm	14 Exercise 8:00 am Aquafit 10:00 am Quilt Group 1:00 pm Cards/Games 6:00 pm	15 Tai Chi Beg 9:45 Social Comm 9:00 am Aquafit 10:00 am Tai Chi Adv 11:00 am Social Hour 4:00 pm Cards/Games 6:00 pm	16 Aquafit 10:00 am
17 St. Patrick's Day Ice Cream Social and Concert - 2:00 pm	18 Exercise 8:00 am Aquafit 10:00 am Hand & Foot 1:00 pm Crafts 1:30 pm Needlecrafts 1:30 pm Ping Pong 7:00 pm	19 Coffee 8:00 am Aquafit 10:00 am Qi Gong 10:00 am Internat'l Lunch 12 N Cards/Games 6:00 pm Hand & Foot 1:00 pm	20 Vernal equinox Aquafit 10:00 am Open Bd Mtg 10:00 am Apprec Lunch 12 noon Cards/Games 6:00 pm	21 Exercise 8:00 am Aquafit 10:00 am Quilt Group 1:00 pm Art Exhibit 6:00 pm	22 Tai Chi Begin 9:45 am Aquafit 10:00 am Tai Chi Adv 11:00 am Social Hour 4:00 pm Cards/Games 6:00 pm	23 Aquafit 10:00 am Kaffeeklatsch 9:00 am
24 Dinner & Karaoke 5:00 pm	25 Exercise 8:00 am Aquafit 10:00 am Hand & Foot 1:00 pm Crafts 1:30 pm Needlecrafts 1:30 pm Ping Pong 7:00 pm	26 Coffee 8:00 am Qi Gong 10:00 am Aquafit 10:00 am Hand & Foot 1:00 pm Jam Session 6:00 pm	27 Aquafit 10:00 am Ladies Lunch 12 noon Cards/Games 6:00 pm	28 Exercise 8:00 am Aquafit 10:00 am Quilt Group 1:00 pm Cards/Games 6:00 pm	29 Tai Chi Begin 9:45 am Aquafit 10:00 am Tai Chi Adv 11:00 am Social Hour 4:00 pm Cards/Games 6:00 pm	30 Aquafit 10:00 am
31		February 2019 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28		April 2019 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30		All Activities Held in Clubhouse/Pool Area EXCEPT: Green = Resource Room/Office Red = Off Site Activity

THE HIGHLANDS FLING

February, 2019

www.thehighlandsinc.com

520-297-2722



FEBRUARY EVENTS

Fri, Feb 1

Annual

Open Board Mtg - 1:00 pm

Sat, Feb 9

Kaffeeklatsch - 9:00 am
Sarver Heart Center Demo

Sun, Feb 10

Celebration of Life - 2 pm
Movie Night - 6:00 pm

Tue, Feb 12

Potluck - 5:30 pm

Wed, Feb 13

Men's Breakfast - 8:00 am

Fri, Feb 15

Social Committee - 9:00 am

Sat, Feb 16

Community Yard Sales - am
Rock N' Roll - 5:00 pm

Tue, Feb 19

International Lunch Group
12:00 noon

Sat, Feb 23

White Elephant Sale - am
No Kaffeeklatsch

Wed, Feb 27

Ladies Lunch - 12:00 pm

**DON'T FORGET TO
SIGN UP!**

ANNUAL OPEN BOARD MEETING FEBRUARY 1ST

The Annual Open Board Meeting will be held in the Clubhouse on February 1st at 1:00 p.m. Newly elected Directors will be announced, as will the results of the Street Sealing Ballot and the CC&R revisions. All members are encouraged to attend this important meeting.

BAKED POTATO POTLUCK

This is one of our most popular events and seating is limited, so be sure to sign up early. Bring a salad, dessert or special toppings for the potatoes; sour cream, bacon bits and butter will be provided. As always, bring your table settings.

MEN'S BREAKFAST

The February Men's Breakfast will be at Jerry Bob's on Magee and Oracle. Please remember to sign up. Meet at the Clubhouse at 7:45 a.m. if you would like to carpool.

INTERNATIONAL LUNCH GROUP

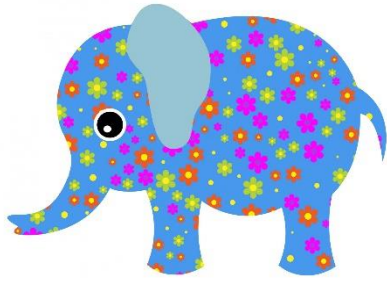
This month the International Lunch Group will dine at El Guero Canelo, 2480 N Oracle Road (just north of Grant). Meet at the clubhouse at 11:30 if you would like to carpool.

LADIES' LUNCH

This month, the ladies will be dining at Red Lobster, Innovation Park, Oro Valley. Please all report to the Clubhouse at 11:30 a.m. before leaving for the restaurant or notify Kathy Zeleznik on 440-821-5591 if you are going directly to the luncheon.

FROM THE JANUARY OPEN BOARD MEETING

The Minutes from the January Open Board Meeting are posted in the Clubhouse and outside the office. They will also be available on the Website as time permits. We encourage everyone to attend the meetings, which are held on the third Wednesday of each month (October thru April) at 10:00 a.m. in Clubhouse. The Annual Open Board Meeting is always the first Friday in February.



COMMUNITY YARD SALES & WHITE ELEPHANT SALE

The annual Community Yard Sales will be held Saturday, February 16, from 7:00 a.m. until 1:00 p.m. If you have items to sell and want your house listed on the map, there are sign-up sheets at the Clubhouse or in the office (when Joanie is there). PLEASE print your name and address on the sheet and write "yes" in the last column if you are planning to buy a balloon and tie it to your mailbox. Questions should be directed to John and Darlene Sand at 520-270-2688. Please contact them before February 5. The sale will be advertised in the local newspaper.

The following Saturday, February 23, the White Elephant Sale will be held in the Clubhouse from 8:00 a.m. until noon. Check your belongings for items that you no longer need (no clothes or shoes please). Make sure the items are clean and suitable for sale.

Here are some examples: Women's accessories such as purses, belts and jewelry are very popular (even broken jewelry sells well); tools; household items such as furniture, rugs, curtains, decorative pillows, dishes,

small appliances, towels, bedding, plants, books, movies, craft supplies, etc.

Drop off time at the Clubhouse for all small items is Friday, February 22, between 8:00 and 11:00 a.m. If you need help with large items, call Steve Horst at 309-781-5154 or Jamie Horst at 309-230-0233 to arrange for pick up.

If you want to volunteer or help at the event, please call Steve or Jamie at the above phone numbers.

The Country Kitchen will be selling homemade baked goods for you to enjoy (see related article, below).

Proceeds of this sale help support activities of the Social Committee.

PLEASE NOTE:

The tables will be set up on Friday for the sale and the hall will be locked at 7:00 p.m. until the Sale begins on Saturday morning! Only workers will be admitted.



ATTENTION HIGHLANDS' BAKERS

The bake sale is held annually in conjunction with the White Elephant Sale. Gather your favorite recipes and start baking. Plan to drop

off your treats at the Clubhouse on February 23 at 8:00 a.m. You can also call Cheryl Stafford at 586-876-4589 for pick up.

IMPORTANT: Please be sure to mark items that are perishable. Also list ingredients on baked goods for those with allergies to nuts, wheat, etc.

THANK YOU to all our gifted bakers who always do a wonderful job making this a tasty and enjoyable event!

ATTENTION WHITE ELEPHANT COMMITTEE MEMBERS!

Please plan to attend two meetings regarding the White Elephant Sale. There will be a pre-sale meeting on February 20 at 10:00 a.m. and a post-sale meeting on Wednesday February 27 at 10:00 a.m. Both meetings will be held in the Clubhouse. Please contact Jamie Horst with questions.

ROCK N ROLL 2019

This year's dinner, dancing and old time memories will be held February 16 at 5:00 p.m. in the Clubhouse. The DJs will be Gus and Ms. Gina. Cash and CD prizes will be awarded. Tickets are \$15.00 each and sales are limited. No sales at the door. Call Brenda Henderson to purchase your ticket, or come to the Clubhouse on February 9th from 10:00 a.m. until noon for a ticket.



HIGHLANDS' PAINTERS TO MEET

January 29 was the first meeting of the Highlands' Painters. The class will meet in the Clubhouse at 10:00 a.m. every Tuesday and Thursday through February or until the paintings are complete. For those who have signed up, please bring supplies you may have available. For new painters, supplies of paint and brushes will be available. Cost of the class is \$30 plus \$5 for the canvas. All levels of painters are welcome. For additional information, please call Char Sax on 608-484-0229.

ROCK PAINTING

On Monday, February 4th, we will be painting rocks at our regular "craft" time (1:30 p.m.) in the Multipurpose Room. Everyone should bring a nice smooth rock; all other supplies will be provided. Sharon Dennis will help you with this fun and easy project. Cost is \$1.00 to help pay for paint.

WET AND WILD CANVAS WORKSHOP

Sharon Dennis has agreed to host another "Wet and Wild Canvas" workshop this year. The class will be limited to ten people and all supplies will be

provided. We will be using acrylic paint and hopefully everyone will go home with a finished painting. The workshop will be held February 27, in the Clubhouse, from 2:00 to 5:00 p.m. There will be a sample of this year's project on display to help you decide whether or not you would like to attend this workshop.

CELEBRATION OF LIFE

On Sunday, February 10, at 2:00 p.m., there will be a Celebration of Life to honor those residents who passed away during the last year.

MOVIE NIGHT

The movie for February 10 is "Walk the Line" about the life of Johnny Cash.

CARDS SENT

Marilyn Staley reports cards have been sent to the following residents:

Susie McMurtrie - Get Well
Karen Santa Maria - Get Well
Chuck Miller - Sympathy
Bill Kuhlman - Get Well

PANCAKE BREAKFAST

The 2019 Pancake Breakfast was, once again, a great success. Dennis Weber and I, as Co- Chairmen, wish to give a special thanks to all those men who contributed their time and energy to make this event a huge success!

Bill Behrendsen

GOT WEEDS?

The recent rains have caused lots of weeds to pop up. Compliance is asking everyone to check their yards and clean them up. Let's keep the community looking great!

COMING EVENTS

The **Annual Art Exhibit** is scheduled for March 21. This is a friendly reminder to get those projects done and ready for our show. Watch for applications to participate coming soon in the Clubhouse!



BUS TRIPS

There are now sign-up sheets at the Clubhouse for the two bus trips.

Our first trip is to the Barleen's Opry on March 6th. We will leave the Clubhouse at 9:30 a.m., make a brief stop at the McDonald's in Florence on the way to Apache Junction, where we'll have a wonderful, home-cooked meal and see the show (it's a new one called "Variety Spectacular"). The cost is \$62.50 per person. A \$25.00 deposit is due when you sign up to secure a bus seat. The deposit is non-refundable, so if you can't make the show, you will need to find someone to take your place.

The second trip will be to Rocky Point (PASSPORT required) on April 2nd and 3rd. We will leave the Clubhouse at 7:00 a.m., make a rest stop along the way, and arrive at Penasco Del Sol Hotel where you can spend a relaxing afternoon at the beach or doing some shopping. The next day, we'll have breakfast, load the bus at 9:00 a.m. and head to Old Port for some history and/or shopping. We'll head back to the Highlands around 1:00 p.m. and arrive about 5:30 p.m. The expectation here is that if you sign up you are GOING. The cost is \$240 per person, which covers transportation, hotel stay, breakfast on the 3rd, gratuities, games and a GREAT time with your Highlands' neighbors!

Any questions, please don't hesitate to call Jamie at 309-230-0233.

The deadline for Fling articles is the 20th of each month. Information should be sent to Carol Nadeau at cboydna@aol.com.



Lois Egerstrand, long-time resident of The Highlands, passed away on January 17 in Wisconsin. She was 97.

Condolences may be sent to Jean's daughters:

Marianne Egerstrand,
2413 Freemont Avenue
Madison, WI 53704

or

Kris Schmuhl
5310 Companion Lane,
Middletown, WI 53562
For additional information,
please contact Jean Layton on
520-490-2915.



IT TAKES A VILLAGE

Saturday, January 19, was one of the most memorable days of my life. It was a celebration of the life of my dear wife, Nancy Miller, held here in our wonderful Highlands' community. Our family was overwhelmed by the outpouring of love and support we received from you. Thank you from the bottom of our hearts.

Special thanks to everyone who contributed their time, energy and effort to this celebration. I offer my sincere gratitude for your part in making the celebration deeply moving for our family.

I will never be the same as before losing Nancy, but I am ever grateful to have spent most of my life with her and to be living here in our loving, supportive community as I begin my search for what comes next.

Warmest regards to all of you, and have some fun today!

Chuck Miller

FEBRUARY 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Vote 8-10:00 am Tai Chi Begin 9:45 am Aquafit 11:00 am Tai Chi Adv 11:00 am Annual Board Mtg 1 pm Social Hour 4:00 pm	2 Groundhog Day Aquafit 11:00 am
3	4 Exercise 8:00 am Aquafit 11:00 am Hand & Foot 1:00 pm Crafts 1:30 pm Needlecrafts 1:30 pm Ping Pong 7:00 pm	5 Coffee 8:00 am Painting 10:00 am Qi Gong 10:00 am Aquafit 11:00 am Gourd Class 1:00 pm Hand & Foot 1:00 pm	6 Aquafit 11 :00 am Ukrain Egg Class 12:30 Cards/Games 6:00 pm	7 Exercise 8:00 am Painting 10:00 am Aquafit 11:00 am Gourd Class 1:00 pm Cards/Games 6:00 pm	8 Tai Chi Begin 9:45 am Aquafit 11:00 am Tai Chi Adv 11:00 am Social Hour 4:00 pm Cards/Games 6:00 pm	9 R & R Staff Mtg 9 am Kaffeeeklatsch 9:00 am Sarver Heart Demo Aquafit 11:00 am
10 Celebratn of Life 2 pm Movie Night 6:00 pm	11 Exercise 8:00 am Aquafit 11:00 am Hand & Foot 1:00 pm Crafts 1:30 pm Needlecrafts 1:30 pm Ping Pong 7:00 pm	12 Coffee 8:00 am Painting 10:00 am Qi Gong 10:00 am Gourd Class 1:00 pm Hand & Foot 1:00 pm Potluck 5:30 pm	13 Men's Breakfast 8:00 am Aquafit 11:00 am Ukrain Egg Class 12:30 Cards/Games 6:00 pm	14 Valentine's Day Exercise 8:00 am Painting 10:00 am Aquafit 11:00 am Gourd Class 1:00 pm Cards/Games 6:00 pm	15 Tai Chi Beg 9:45 Social Comm 9:00 am Aquafit 11:00 am Tai Chi Adv 11:00 am Social Hour 4:00 pm Cards/Games 6:00 pm	16 Aquafit 11:00 am Community Yard Sales 7 am to 1 pm Rock N Roll 5:00 pm
17	18 Exercise 8:00 am Aquafit 11:00 am Hand & Foot 1:00 pm Crafts 1:30 pm Needlecrafts 1:30 pm Ping Pong 7:00 pm	19 Coffee 8:00 am Painting 10:00 am Qi Gong 10:00 am Aquafit 11:00 am Internat'l Lunch 12 N Hand & Foot 1:00 pm	20 Mtg Wht Ele - 10 am Aquafit 11:00 am Ukrain Egg Class 12:30 Cards/Games 6:00 pm	21 Exercise 8:00 am Painting 10:00 am Aquafit 11:00 am Cards/Games 6:00 pm	22 Tai Chi Begin 9:45 am Aquafit 11:00 am Tai Chi Adv 11:00 am Social Hour 4:00 pm Cards/Games 6:00 pm	23 Aquafit 11:00 am White Elephant Sale 8:00 am - Noon
24	25 Exercise 8:00 am Aquafit 11:00 am Hand & Foot 1:00 pm Crafts 1:30 pm Needlecrafts 1:30 pm Ping Pong 7:00 pm	26 Coffee 8:00 am Painting 10:00 am Qi Gong 10:00 am Aquafit 11:00 am Hand & Foot 1:00 pm Jam Session 6:00 pm	27 Mtg Wht Ele - 10 am Aquafit 11 :00 am Ladies Lunch 12 noon Ukrain Egg Class 12:30 Cards/Games 6:00 pm	28 Exercise 8:00 am Painting 10:00 am Aquafit 11:00 am Cards/Games 6:00 pm		
		January 2019 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31		March 2019 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31		All Activities Held in Clubhouse/Pool Area EXCEPT: Green = Resource Room/Office Red = Off Site Activity 2019 Templates 2020 Templates

THE HIGHLANDS FLING

January, 2019
www.thehighlandsinc.com

520-297-2722



JANUARY EVENTS

Tue, Jan 8
Potluck - 5:30 pm

Wed, Jan 9
Men's Breakfast - 8:00 am
Agenda Meeting - 1:00 pm

Sat, Jan 12
Pancake Breakfast - 7:15 am

Sun, Jan 13
Movie Night - 6:00 pm

Tue, Jan 15
International Lunch Group
12:00 noon

Wed, Jan 16
Open Board Mtg - 10:00 am

Fri, Jan 18
Social Committee - 9:00 am

Sun, Jan 20
Pizza & Karaoke - 5:00 pm

Wed, Jan 23
Ladies' Lunch - 12:00 noon

Sat, Jan 26
Kaffeeeklatsch - 9:00 am

**DON'T FORGET TO
SIGN UP!**

TRASH/RECYCLE INFORMATION

Hughes Sanitation has always requested our trash and recycling be curbside by 7:00 a.m. We became accustomed to the collection time being around 11:00 a.m. and many of us missed the pick-up on December 7 because they came earlier. To be on the safe side, you should always have your trash out by 7:00 a.m.

VOLUNTEERS NEEDED!

The Highlands is run by volunteers. This is one way we keep our fees low. We need volunteers for various committees (such as the Social Committee); we always need hosts and helpers for the Potlucks and other events. Please contact Cindy Bennett at 810-599-8929 or Ed Triplett at 520-887-4120 to help.

FROM THE OFFICE

If you have not already done so, please complete the attached form and deliver it to the office. This information is needed for the Highlands Directory.

SHOW SOME RESPECT!

There are no sidewalks in the Highlands. There are people with walkers, in wheelchairs, on bicycles and just walking. We constantly ask drivers to respect our 15 mph speed limits. Apparently you don't care if you hurt or kill someone! We will be recording license plate numbers of speeders and reporting them to the Oro Valley Police. Remember **ONLY YOU CAN PREVENT SPEED BUMPS!**

MEN'S BREAKFAST

This month, the men have decided to return to Sunnyside Café in Catalina. Please remember to sign up. Meet at the clubhouse at 7:45 a.m. if you would like to carpool.

ANNUAL PANCAKE BREAKFAST

Come to the Clubhouse on Saturday, January 12, 2019, between 7:15 and 9:30 a.m. for all you can eat pancakes, sausage, orange juice, coffee and this year REAL BUTTER! No sign-up needed...just bring your own cup, plate and silverware. Cost is just \$5.00.

MOVIE NIGHT

This month's movie will be "Rainman" starring Dustin Hoffman. Note time change to 6:00 p.m.



SOUP & SALAD POTLUCK

Bring your empty bowls and place settings to the annual Soup Potluck on January 8th at 5:30 p.m. in the Clubhouse. Plan to make your favorite soup, salad or dessert to share. Hot bread and butter will be provided. We're going to vote for the best soup!! What a great way to unwind after the Holiday festivities. Don't forget to sign up

QUILT GROUP

It's time for the Highlands' Quilters to get together again. The first meeting will be Thursday, January 10, from 1:00 to 3:00 at the Clubhouse. All skill levels are welcome. Bring your sewing machine and join in the fun!

JANUARY BOCCE BALL

The January doubles tournament will begin on the 5th. We're still looking for more players...if you need a partner, let us know. Call Bob Beck on 520-461-9540.

PIZZA & KARAOKE NIGHT

We had a blast last season, so let's do it again! Join us Sunday, January 20th at 5:00 p.m. for Pizza and Karaoke/Sing Along. Socialize with your friends and neighbors for a nice meal, then stick around to be part of the entertainment or just listen to the music. Just \$5.00 will get you Domino's Pizza (paper plates and napkins provided), salad and coffee (or bring your own beverage). This time we're adding something new...4 chances to win back your \$5.00 dinner fee by answering a trivia question. Be sure to sign up and mark your choice of pizza so we know how much to buy. See ya there!

BEGINNERS' TAI CHI CLASS

Tai Chi for Health is a safe, effective and fun way to improve balance, mental clarity, relieve pain and create an overall feeling of well-being through natural breathing and slow, gentle, meditative body movements. Movements can be adapted for all levels of mobility, including seated. The initial focus of this class will be on the Basic 6 movements of Dr. Paul Lam's Tai Chi for Arthritis and Fall Prevention program. Classes will be held in the Resource Room on Fridays at 9:45 a.m. beginning January 4th. Suggested donation is \$5.00. The first class is free!

ALL PAINTERS AND PAINTERS-TO-BE

The Highlands' Arts Committee will again offer painting classes in oil, acrylic or watercolor at the Clubhouse beginning the last week of January through the first week of March. Those who have an interest in learning to paint or need more instruction may paint with other class members as a group. More experienced painters may choose to work on their own project with help as needed. Cost of the class will be \$30, and necessary supplies will be available. For additional information, call Char Saxe, Art Instructor, at 608-484-0229, or one of the members of the Highlands' Art Committee. Dates and times of the classes will be decided at a later date depending on the needs of class members and availability of the Clubhouse. Please sign up.

LOW CARB EATERS...

The Low Carb/Keto Support Group will meet Thursday, January 10 at 4:00 p.m. Newcomers are welcome! Discussion will include menu planning and recipes. No charge, no sign-up, no commitment. Come and learn whether this way of eating might help you with chronic conditions. For additional information, call Vonnie Lincoln at 541-990-0998.

KAFFEEKLATSCH UPDATE

The January 12th Kaffee-klatsch will be replaced by our annual Pancake Breakfast. Then on January 26, Officer Sarah Leiner, Oro Valley Police Department will talk about issues pertinent to our safety. Watch for more information about Kaffee-klatsch changes in the February Fling.

INTERNATIONAL LUNCH GROUP

This month the International Lunch Group will dine at It's Greek to Me in Catalina. Meet at the clubhouse at 11:30 if you want to carpool.

NOTICE REGARDING THE LADIES' LUNCH

Please all report to the Clubhouse at 11:30 a.m. before leaving for the restaurant or notify Kathy if you are going directly to the luncheon. Questions should be directed to Kathy Zeleznik on 440-821-5591.

ANNUAL MEETING TIME CHANGE

Please note that the Annual Open Board Meeting, which is scheduled for February 1, 2019, will begin at 1:00 p.m. This will allow the Election Committee to count the votes and still attend the meeting.

ATTENTION GRANDPARENTS AND CAREGIVERS!

Please remember that any children under 18 must be accompanied by an adult when

in common/recreational areas, driving a golf cart, or using the swimming pool. **ONLY YOU CAN PREVENT INJURY!!!**

CARDS SENT

Marilyn Staley reports cards have been sent to the following residents:

Ginny Tanner - Sympathy
Nancy Miller - Get Well
Jim Tomac - Get Well
Sonny Waterland - Get Well
Ron Pepperdine - Get Well

CHECK OUT THE LIBRARY

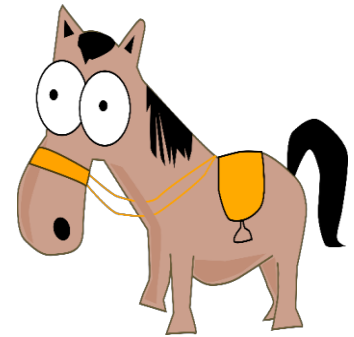
Thanks to the Board of Directors for approving funds to update the library. A committee of seven people came up with many ideas. We decided on wall magazine racks, new chairs and a table, some adjustable shelves plus a puzzle table and floor lamp. All improvements were completed by volunteers and we came in under budget. We welcome books published after 2000, CDs, DVDs, puzzles and current magazines. There is no checkout system; just return items to the basket.

THE RESERVE PLAN VOLUNTEER NEEDED

The Reserve Plan has been approved by the Board of Directors. Bob Beck will maintain and update the plan. We are looking for a volunteer to join his team so we are doubly-covered and better able to handle future contingencies. The job requires experience with and interest in Excel. Experience with financials and budgets is also helpful. Call Bob Beck on 520-461-9540.

NOTICE!

If you would like to receive The Fling, but do not have a tube on your mailbox, you will have to pick it up in the Resource Room. We are not allowed to place any notices in your mailbox.



The Derby...What is it?

-It's a horse race...complete with horses, jockeys and a catered meal!

-Six horses will be up for "adoption" at the Pancake Breakfast on January 12. They won't be auctioned for cash, but will go to the person or group willing to get them ready to race.

-Owners will decorate the horse in colors of their choice. Owners may also wear costumes and colors (or your golf cart).

-Owners will 'hire' a jockey to 'ride' the horse (preferably someone lucky because the horses move by rolling dice).

-Pari-mutuel betting windows will be open before dinner the night of the race.

-Ladies and gents are encouraged to wear hats. It's a FUN, FUN evening!!!

THANK YOU

Jane Staska thanks everyone who contributed toys at the Clubhouse. The toys were given to homeless children at Gospel Rescue Mission.

THI RESERVE PLAN

The THI Reserve Plan (100 pages) and the Reserve Plan Committee Report (20 pages) are available for THI member review. There are paper copies that can be checked out from the office, or PDF computer files that can be accessed by emailing a request to the office.

FROM THE DECEMBER OPEN BOARD MEETING

The Minutes from the December Open Board Meeting are posted in the Clubhouse and outside the office. They will also be on our website as soon as time permits. We encourage everyone to attend the meetings, which are held on the third Wednesday of each month (October thru April) at 10:00 a.m. in the Clubhouse.

Please note that the Annual Meeting is held the first Friday in February, which is February 1, 2019, at 1:00 p.m. in the Clubhouse.

The deadline for Fling articles is the 20th of each month. Information should be sent to Carol Nadeau at cboydna@aol.com.

COMING EVENTS...



ROCK N ROLL 2019

It's that time again: dinner, dancing and old time memories. February 16 at 5:00 p.m. in the Clubhouse. The DJ will be Gus and Ms. Gina spinning oldies but goodies. Cash and CD prizes will be awarded. Bring your own beverage. Tickets are \$15.00 and only 100 tickets will be available. No sales at the door. Call Brenda Henderson to purchase your ticket or come to the Clubhouse on February 9th from 10:00 a.m. until noon for a ticket.

COMMUNITY YARD SALES & WHITE ELEPHANT SALE

This year the annual community yard sales will be held on Saturday, February 16th and the White Elephant Sale will be Saturday, February 23. For new residents – if you have items to sell and want your address shown on our map, we will let you know who to contact in next month's Fling. The

community yard sale is advertised in the local newspaper. The White Elephant Sale helps support the activities of the Social Committee. We will be looking for donations of household items, tools, jewelry...almost anything except clothing and shoes. We can always use volunteers to help set up and work at the White Elephant Sale. If you would like additional information or wish to volunteer for the sales, please contact Jamie Horst at 309-230-0233 or Steve Horst at 309-781-5154.

PUMPKIN PIE CAKE

1-16 oz. can pumpkin (not pie filling)

3 eggs

1 cup sugar

3 tsp. cinnamon

½ tsp. salt

¾ cup butter (melted)

1-12 oz. can evaporated milk
(not sweetened condensed)

1 box yellow cake mix

¾ cup chopped pecans

Beat eggs and milk together, add pumpkin, sugar, salt and cinnamon. Mix well. Pour into a 9" x 13" lightly greased pan. Sprinkle cake mix over top, drizzle with melted butter and sprinkle with pecans. Bake at 350 degrees for 55 to 60 minutes until done. Serve warm or cold with whipped cream.

JANUARY 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 New Year's Day	2 Aquafit 11 :00 am Ukrain Egg Class 12:30 Cards/Games 6:00 pm	3 Exercise 8:00 am Aquafit 11:00 am Gourd Class 1:00 pm Cards/Games 6:00 pm	4 * No Trash Today Tai Chi Begin 9:45 am Aquafit 11:00 am Tai Chi Adv 11:00 am Social Hour 4:00 pm Cards/Games 6:00 pm	5 Aquafit 11:00 am
6	7 Exercise 8:00 am Aquafit 11:00 am Hand & Foot 1:00 pm Crafts 1:30 pm Needlecrafts 1:30 pm Ping Pong 7:00 pm	8 Coffee 8:00 am Qi Gong 10:00 am Aquafit 11:00 am Gourd Class 1:00 pm Hand & Foot 1:00 pm Potluck 5:30 pm	9 Men's Breakfast 8:00 am Aquafit 11:00 am Ukrain Egg Class 12:30 Agenda Mtg. 1:00 pm Cards/Games 6:00 pm	10 Exercise 8:00 am Aquafit 11:00 am Quilt Group 1:00 pm Gourd Class 1:00 pm Low Carb Group 4 pm Cards/Games 6:00 pm	11 Tai Chi Begin 9:45 am Aquafit 11:00 am Tai Chi Adv 11:00 am Social Hour 4:00 pm Cards/Games 6:00 pm	12 Aquafit 11:00 am Pancake Breakfast 7:15 to 9:30 am
13 Movie Night 6:00 pm	14 Exercise 8:00 am Aquafit 11:00 am Hand & Foot 1:00 pm Crafts 1:30 pm Needlecrafts 1:30 pm Ping Pong 7:00 pm	15 Coffee 8:00 am Qi Gong 10:00 am Aquafit 11:00 am Internat'l Lunch 12 N Gourd Class 1:00 pm Hand & Foot 1:00 pm	16 Aquafit 11:00 am Open Bd Mtg 10:00 am Ukrain Egg Class 12:30 Cards/Games 6:00 pm	17 Exercise 8:00 am Aquafit 11:00 am Quilt Group 1:00 pm Gourd Class 1:00 pm Cards/Games 6:00 pm	18 Tai Chi Beg 9:45 Social Comm 9:00 am Aquafit 11:00 am Tai Chi Adv 11:00 am Social Hour 4:00 pm Cards/Games 6:00 pm	19 Aquafit 11:00 am
20 Pizza and Karaoke 5:00 pm	21 Exercise 8:00 am Aquafit 11:00 am Hand & Foot 1:00 pm Crafts 1:30 pm Needlecrafts 1:30 pm Ping Pong 7:00 pm	22 Coffee 8:00 am Qi Gong 10:00 am Aquafit 11:00 am Gourd Class 1:00 pm Hand & Foot 1:00 pm	23 Aquafit 11:00 am Ladies Lunch 12 noon Ukrain Egg Class 12:30 Cards/Games 6:00 pm	24 Exercise 8:00 am Aquafit 11:00 am Quilt Group 1:00 pm Gourd Class 1:00 pm Cards/Games 6:00 pm	25 Tai Chi Begin 9:45 am Aquafit 11:00 am Tai Chi Adv 11:00 am Social Hour 4:00 pm Cards/Games 6:00 pm	26 Aquafit 11:00 am Kaffeeeklatsch 9:00 am w/Officer Leiner, OVPD
27	28 Exercise 8:00 am Aquafit 11:00 am Hand & Foot 1:00 pm Crafts 1:30 pm Needlecrafts 1:30 pm Ping Pong 7:00 pm	29 Coffee 8:00 am Qi Gong 10:00 am Aquafit 11:00 am Gourd Class 1:00 pm Hand & Foot 1:00 pm	30 Aquafit 11 :00 am Ukrain Egg Class 12:30 Cards/Games 6:00 pm	31 Exercise 8:00 am Aquafit 11:00 am Quilt Group 1:00 pm Gourd Class 1:00 pm Cards/Games 6:00 pm		
3	4	December 2018 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31		February 2019 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28		All Activities Held in Clubhouse/Pool Area EXCEPT: Green = Resource Room/Office Red = Off Site Activity *Trash Pick Up on Saturday due to New Year's Day Holiday

THE HIGHLANDS FLING

December, 2018

www.thehighlandsinc.com

520-297-2722



DECEMBER EVENTS

Wed, Dec 5

Cookie Exchange - 1:00 pm

Sat, Dec 8

Kaffeeklatsch - 9:00 am

Free Concert 9:45 am

Sun, Dec 9

Movie Night - 6:00 pm

Mon, Dec 10

Christmas Parade - 4:30 pm

Wed, Dec 12

Men's Breakfast - 8:00 am

Agenda Meeting - 1:00 pm

Tue, Dec 18

International Lunch Group

12:00 noon

Wed, Dec 19

Open Board Mtg - 10:00 am

Fri, Dec 21

Social Committee - 9:00 am

Sat, Dec 22

Kaffeeklatsch - 9:00 am

Tue, Dec 25

Christmas Potluck

2:30 pm

**DON'T FORGET TO
SIGN UP!**

TRASH/RECYCLE INFORMATION

Beginning December 1, the trash pick-up day will be on Friday each week (not Thursday). There was an error in last month's Fling regarding recycling. All recycling must be in a plastic bag, but items do not need to be separated. The plastic bag can be placed in your recycle bin or clearly marked for recycling. Any items in the recycle bin which are not in a plastic bag will be put in with the trash!



VOLUNTEERS NEEDED!

The Highlands is run by volunteers. This is one way we keep our fees low. We are in need of members to run for the Board of Directors. All resumes must be received in the office by December 1 for the

upcoming February Election. We also need volunteers for various committees such as the Compliance Committee. Please contact a Board Member if you are willing to volunteer.

FROM THE OFFICE

If you have not already done so, please complete the attached form and deliver it to the office. This information is needed for the upcoming February election.

WELCOME NEW RESIDENTS

Carol Schulhauser

301 W. Adirondack

Joan Murray

325 W. Matterhorn

Brian & Sheila Tomac

245 W. Shenandoah

CHRISTMAS POTLUCK

We still need a host/hosts for the Christmas Potluck. Hosts never work alone; there are many who will be willing to help with prep and clean up. Remember to bring your place setting and a dish to share for 8-10 people. Those bringing more than four people should bring an additional side to share! Please contact Ed Triplett at 520-887-4120 to volunteer.

COOKIE EXCHANGE

Kathy Regan will host a cookie exchange on December 5 at 1:00 p.m. Everyone must bring the number of cookies they wish to exchange. Bring one dozen; take one dozen, etc. Please bring copies of your recipe. Coffee and tea will be served.

FREE CHRISTMAS CONCERT

Come to the Clubhouse on Saturday, December 8 for a Christmas Concert with Manny Herrera. The Kaffeeklatsch will be held at 9:00 a.m. (nope, it's not free) and the concert will begin about 9:45.

ANOTHER VOLUNTEER OPPORTUNITY!

We need someone to visit new home owners and give them a welcome packet. Contact Cindy Bennett on 810-599-8929 if you are willing to volunteer.

MEN'S BREAKFAST (Venue Change)

This month, the men have decided to return to Jerry Bob's on Magee and Oracle. Please remember to sign up. Meet at the clubhouse at 7:45 a.m. if you would like to carpool.

MOVIE NIGHT

This month's movie will be "A Christmas Carol". Note time change to 6:00 p.m.



CHRISTMAS PARADE

Our annual Christmas Parade is scheduled for Monday, December 10. Meet at the Clubhouse at 4:00 p.m. to line up. The parade will leave the Clubhouse at 4:30 p.m. and wind through the community. Walk, drive your golf cart, ride your bike or come up with something unique. After the parade, everyone is invited to the Clubhouse for a Christmas sign-along led by Linc and Helen Keilman. Bring a snack to share.

FROM THE NOVEMBER OPEN BOARD MEETING

The Minutes from the November Open Board Meeting are posted in the Clubhouse and outside the office. We encourage everyone to attend the meetings, which are held on the third Wednesday of each month (October thru April) at 10:00 a.m. in the clubhouse.

INTERNATIONAL LUNCH GROUP

This month the International Lunch Group will dine at Grain River Asian Bistro, 12985 N. Oracle Rd. Meet at the clubhouse at 11:30 if you want to carpool.

NOTICE REGARDING THE LADIES' LUNCH

Please all report to the Clubhouse at 11:30 a.m. before leaving for the restaurant or notify Kathy if you are going directly to the luncheon. I have not received information regarding the location of this month's lunch. Questions should be directed to Kathy Zeleznik on 440-821-5591.

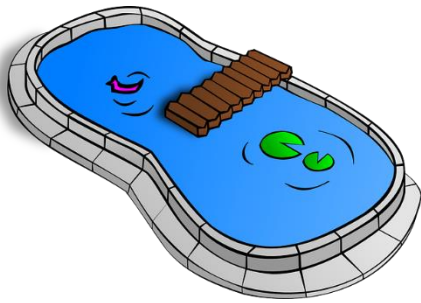


ATTENTION GRANDPARENTS AND CAREGIVERS!

Just a reminder that anyone under 18 must be accompanied by an adult when driving a golf cart, using the swimming pool or in recreational areas, etc. **ONLY YOU CAN PREVENT INJURY!!!**

DISPOSE-A-MED

Safely dispose of outdated or unwanted medications. Come to the Walmart Neighborhood Market at Oracle and Magee, December 8 from 9:00 a.m. until Noon.



PLEASE...

If you use the swimming pool, kindly replace the floats, noodles, etc. We don't have a maid on site and others who want to swim should not have to clean up after you!

CARDS SENT

Marilyn Staley reports cards have been sent to the following residents:

Larry Staley - Get Well
Lucy Phelan - Sympathy
Addie Everett - Get Well
David Rivera - Get Well

UKRAINIAN EGG CLASS

There are still openings in the Ukrainian Egg Class, which meets Wednesdays in December from 12:30 until 3:30 p.m. Contact Terry Wojdyla on 520-219-2603 with questions.

WE NEED VOLUNTEERS TO COVER THE POOL DURING THE WINTER MONTHS! CONTACT RICH STASKA FOR DETAILS!

The deadline for Fling articles is the 20th of each month. Information should be sent to Carol Nadeau at cboydna@aol.com.

NEW YEAR'S EVE PARTY

The New Year's Eve Party will be held in the Clubhouse from 8:00 p.m. until midnight. Once again Bernie and Anita will be hosting...dancing and some door prizes. Call Bernie on 409-8709 or Anita on 405-1081 for tickets.

DID YOU KNOW?

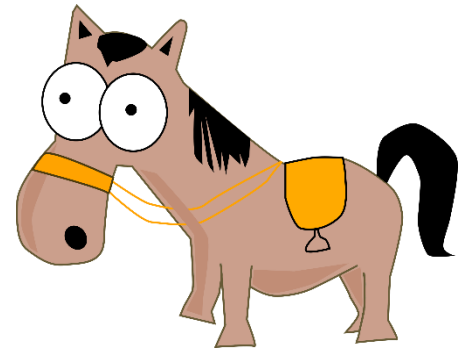
Homeowners can sign up for WaterSmart, which is a program to notify owners of any irregularity in their water consumption (for example, a leak). It's easy to sign up by going to orovalley.watersmart.com, enter your account number and choose the manner in which you would like to be notified of excess water usage. Questions can be directed to Oro Valley Water at 520-229-5000.

COMING EVENTS...



Pancake Breakfast...Come One, Come All

- Saturday, January 12, 2019
- No Sign-Up Needed
- All you Can Eat Pancakes, Sausage, Orange Juice and Coffee
- Bring your own cup, plate and silverware.
- Serving from 7:15 to 9:30 am
- Cost is just \$5.00 per person!



The Derby...What is it?

- It's a horse race...complete with horses, jockeys and a catered meal!
- Six horses will be up for "adoption" at the Kaffeeklatch on January 12. They won't be auctioned for cash, but will go to the person or group willing to get them ready to race.
- Owners will decorate the horse in colors of their choice. Owners may also wear costumes and colors (or decorate your golf cart).
- Owners will 'hire' a jockey to 'ride' the horse (preferably someone lucky because the horses move by rolling dice).
- Pari-mutuel betting windows will be open before dinner the night of the race.
- Ladies and gents are encouraged to wear hats. It's a FUN, FUN evening!!!

THE SALES!

Don't forget it's time to start putting your "treasures" together! The Community Yard Sale is the 3rd Saturday of February and the 4th Saturday we hold the annual White Elephant Sale. More info in the coming months.

NOTICE

OPEN MEETING REGARDING CC&R UPDATES

THE CC&R COMMITTEE HAS
FINALIZED PROPOSED CHANGES TO
THE CC&Rs AND WILL HOLD AN
INFORMATIONAL MEETING ON
WEDNESDAY, DECEMBER 5, AT
10:00 A.M. IN THE CLUBHOUSE.
PLEASE SIGN UP IF YOU ARE GOING
TO ATTEND!

DECEMBER 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
25	26	27	28	29	30	1
2	3 Exercise 8:00 am Aquafit 11:00 am Hand & Foot 1:00 pm Crafts 1:30 pm Needlecrafts 1:30 pm Ping Pong 7:00 pm	4 Coffee 8:00 am Qi Gong 10:00 am Aquafit 11:00 am Hand & Foot 1:00 pm	5 CCRs info mtg. 10 am Aquafit 11 :00 am Ukrain Egg Class 12:30 Cards/Games 6:00 pm	6 Exercise 8:00 am Aquafit 11:00 am Gourd Class 1:00 pm Cards/Games 6:00 pm	7 Pearl Harbor Aquafit 11:00 am Tai Chi Adv 11:00 am Social Hour 4:00 pm Cards/Games 6:00 pm	8 Aquafit 11:00 am Kaffeeeklatsch 9:00 am and Christmas Concert
9 Movie Night 6:00 pm A Christmas Carol	10 Exercise 8:00 am Aquafit 11:00 am Hand & Foot 1:00 pm Needlecrafts 1:30 pm Christmas Parade 4:30 Ping Pong 7:00 pm	11 Coffee 8:00 am Aquafit 11:00 am Qi Gong 10:00 am Hand & Foot 1:00 pm NO POTLUCK	12 Men's Breakfast 8:00 am Aquafit 11:00 am Ukrain Egg Class 12:30 Agenda Mtg. 1:00 pm Cards/Games 6:00 pm	13 Exercise 8:00 am Aquafit 11:00 am Cards/Games 6:00 pm	14 Aquafit 11:00 am Tai Chi Adv 11:00 am Social Hour 4:00 pm Cards/Games 6:00 pm	15 Aquafit 11:00 am
16	17 Exercise 8:00 am Aquafit 11:00 am Hand & Foot 1:00 pm Crafts 1:30 pm Needlecrafts 1:30 pm Ping Pong 7:00 pm	18 Coffee 8:00 am Qi Gong 10:00 am Aquafit 11:00 am Hand & Foot 1:00 pm	19 Aquafit 11:00 am Open Bd Mtg 10:00 am Ukrain Egg Class 12:30 Cards/Games 6:00 pm	20 Exercise 8:00 am Aquafit 11:00 am Cards/Games 6:00 pm	21 Dec. Solstice Aquafit 11:00 am Tai Chi Adv 11:00 am Social Hour 4:00 pm Cards/Games 6:00 pm	22 Aquafit 11:00 am Kaffeeeklatsch 9:00 am
23	24 Exercise 8:00 am Aquafit 11:00 am Hand & Foot 1:00 pm Crafts 1:30 pm Needlecrafts 1:30 pm Ping Pong 7:00 pm	25 Christmas Day Christmas Potluck 2:30 pm NO JAM SESSION	26 Kwanzaa begins Aquafit 11:00 am Ladies Lunch 12 noon Ukrain Egg Class 12:30 Cards/Games 6:00 pm	27 Exercise 8:00 am Aquafit 11:00 am Cards/Games 6:00 pm	28 Aquafit 11:00 am Tai Chi Adv 11:00 am Social Hour 4:00 pm Cards/Games 6:00 pm *No Trash Today	29 Aquafit 11:00 am
30	31 Exercise 8:00 am Aquafit 11:00 am New Year' Eve Party 8:00 pm 'till midnight	November 2018 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30			January 2019 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	
All Activities Held in Clubhouse/Pool Area EXCEPT: Green = Resource Room/Office Red = Off Site Activity *Trash Pick Up on Saturday due to Christmas Holiday						

THE HIGHLANDS FLING

November, 2018

www.thehighlandsinc.com

520-297-2722



NOVEMBER EVENTS

Sat, Nov 10

Kaffeeklatsch - 9:00 am

Wed, Nov 14

Men's Breakfast - 8:00 am
Agenda Meeting - 1:00 pm

Sun, Nov 11

Movie Night - 6:30 pm

Fri, Nov 16

Social Committee - 9:00 am

Tue, Nov 20

International Lunch Group
12:00 noon

Wed, Nov 21

Open Board Mtg - 10:00 am

Thu, Nov 22

Thanksgiving Potluck
2:30 pm

Sat, Nov 24

Kaffeeklatsch - 9:00 am

Tue, Nov 27

Jam Session - 6:00 pm

Wed, Nov 28

Ladies Lunch - 12:00 noon

**DON'T FORGET TO
SIGN UP!**

IMPORTANT

We are looking for members to run for the Board of Directors. All resumes must be received in the office by December 1 for the upcoming February Election.

FROM THE OCTOBER OPEN BOARD MEETING

The Minutes from the October Open Board Meeting are posted in the clubhouse and outside the office. We encourage everyone to attend the meetings, which are held on the third Wednesday of each month (October thru April) at 10:00 a.m. in the clubhouse.

FROM THE OFFICE...

If you have not already done so, please confirm or update your contact information on the attached form to aid in mailing ballots for the February Election and compiling the Directory. Thanks.

THANKSGIVING POTLUCK

Carol Coville will be hosting the Thanksgiving Potluck for the first time and is looking for volunteers to cook the turkeys, help with prep and clean up. This is a potluck; everyone should bring a side dish or dessert to share. Be sure to bring your own tableware and drinks. Coffee and water will be provided. Please call Carol at 541-990-2743 to offer your help.

MEN'S BREAKFAST (Venue Change)

This month, the men have decided to change their venue to The Views at Sun City, 1555 E. Rancho Vistoso Blvd. Please remember to sign up. Meet at the clubhouse at 7:45 a.m. if you would like to carpool.

INTERNATIONAL LUNCH GROUP

This month the International Lunch Group will dine at Torino's Café, LaCanada and Lambert. Meet at the clubhouse at 11:30 if you want to carpool.

BOCCE BALL REMINDER!

If you want to participate in The Highlands' bocce ball tournaments, please call Bob Beck at 520-461-9540.

NOTICE REGARDING THE LADIES' LUNCH

Please all report to the Clubhouse at 11:30 a.m. before leaving for the restaurant or notify Kathy if you are going directly to the luncheon. I have not received information regarding the location of this month's lunch. Questions should be directed to Kathy Zeleznik on 440-821-5591.

RESERVE STUDY DETAIL REPORT

There will be a brief review of the Reserve Study given at November Board Meeting. If you have questions or want more details, we are planning a one and one-half hour Detail Report presented at the Clubhouse on November 28 at 10:00 a.m. In order to set-up the room and have sufficient handouts, please let Bob Beck know if you plan to attend: robertbeck@comcast.net or 520-461-9540.

VOLUNTEERS NEEDED!

We still need hosts for the Christmas potluck dinner or we will be forced to cancel. Hosts never work alone; there are many who will be willing to help with prep and clean up.

Please contact Ed Triplett at 520-887-4120 to volunteer.

ANOTHER VOLUNTEER OPPORTUNITY!

Our Website is managed by the team of Bob Beck and Connie Rose. They are seeking a third teammate. What's involved? 1) Uploading and downloading files; 2) edit downloaded files; 3) merge PDF files. The team uses software for iMacs; PC based users would need to access equivalent capabilities. Regular updates take about one hour each month. Contact Bob Beck on for additional details.

UKRAINIAN EGG CLASS

Learn the art of Ukrainian Easter Eggs. Through the centuries, these eggs have been treasured and passed down through family generations. The class is limited to ten (10); however, an additional class may be added. This class will be held on Wednesdays from 12:30 until 3:30 p.m. and will begin in late November, continuing for four to six weeks. The \$10 fee covers all materials needed to complete the class and will be collected at the first class. Don't forget to sign up in the Clubhouse! Contact Terry Wojdyla at 520-219-2603 for additional information.

MOVIE NIGHT

Movie Night is scheduled for Sunday, November 11, at 6:30 p.m. This month's presenta-

tion is "Catch Me If You Can" starring Leonardo DiCaprio.

EXERCISE CLASS

The exercise and balance fitness class led by Shelly Whitlatch, exercise physiologist, is scheduled to begin on November 5th. Classes will be held at 8:00 a.m. every Monday (not Tuesday as indicated in the October Fling) and Thursday.

RECYCLING FACTS

Do you wonder why your recycling is thrown in with the regular trash? Here are the rules for recycling. Plastics in one bag; cans in one bag; paper in one bag; all in a container marked "Recycle". If you do not separate your recycling, it will be thrown in with the regular trash. The Hughes guys should not have to separate the recycling for you!

CARDS SENT

Marilyn Staley reports cards have been sent to the following residents:

Jan Gates – get well

Paul Finstad – get well

Giles Jackson Family -
sympathy

Mae Giallombardo – get well

Sandi Webb – sympathy

Phyllis Dolman – sympathy

Joann Lieder - sympathy

The deadline for Fling articles is the 20th of each month. Information should be sent to Carol Nadeau at cboydna@aol.com.

NOVEMBER 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Exercise 8:00 am Aquafit 11:00 am Gourd Class 1:00 pm Cards/Games 6:00 pm	2 Aquafit 11:00 am Tai Chi Adv 11:00 am Social Hour 4:00 pm Cards/Games 6:00 pm	3 Aquafit 11:00 am
4 Daylight Saving	5 Exercise 8:00 am Aquafit 11:00 am Hand & Foot 1:00 pm Crafts 1:30 pm Needlecrafts 1:30 pm Ping Pong 7:00 pm	6 Coffee 8:00 am Qi Gong 10:00 am Aquafit 11:00 am Hand & Foot 1:00 pm	7 Aquafit 11:00 am Cards/Games 6:00 pm	8 Exercise 8:00 am Aquafit 11:00 am Gourd Class 1:00 pm Cards/Games 6:00 pm	9 Aquafit 11:00 am Tai Chi Adv 11:00 am Social Hour 4:00 pm Cards/Games 6:00 pm	10 Aquafit 11:00 am Kaffeeklatsch 9:00 am
11 Veterans Day Movie Night 6:30 pm "Catch Me If You Can"	12 Exercise 8:00 am Aquafit 11:00 am Hand & Foot 1:00 pm Crafts 1:30 pm Needlecrafts 1:30 pm Ping Pong 7:00 pm	13 Coffee 8:00 am Aquafit 11:00 am Qi Gong 10:00 am Hand & Foot 1:00 pm NO POTLUCK	14 Men's Breakfast 8:00 am Aquafit 11:00 am Agenda Mtg. 1:00 pm Cards/Games 6:00 pm	15 Exercise 8:00 am Aquafit 11:00 am Gourd Class 1:00 pm Cards/Games 6:00 pm	16 Social Comm 9:00 am Aquafit 11:00 am Tai Chi Adv 11:00 am Social Hour 4:00 pm Cards/Games 6:00 pm	17 Aquafit 11:00 am
18	19 Exercise 8:00 am Aquafit 11:00 am Hand & Foot 1:00 pm Crafts 1:30 pm Needlecrafts 1:30 pm Ping Pong 7:00 pm	20 Coffee 8:00 am Aquafit 11:00 am Qi Gong 10:00 am Internat'l Lunch 12 N Hand & Foot 1:00 pm	21 Aquafit 11:00 am Open Bd Mtg 10:00 am Cards/Games 6:00 pm	22 Thanksgiving Aquafit 11:00 am Gourd Class 1:00 pm Potluck 2:30 pm Cards/Games 6:00 pm * No Trash Today	23 Aquafit 11:00 am Tai Chi Adv 11:00 am Social Hour 4:00 pm Cards/Games 6:00 pm	24 Aquafit 11:00 am Kaffeeklatsch 9:00 am
25	26 Exercise 8:00 am Aquafit 11:00 am Hand & Foot 1:00 pm Crafts 1:30 pm Needlecrafts 1:30 pm Ping Pong 7:00 pm	27 Coffee 8:00 am Qi Gong 10:00 am Aquafit 11:00 am Hand & Foot 1:00 pm Jam Session 6:00 pm	28 Aquafit 11:00 am Ladies Lunch 12 noon Cards/Games 6:00 pm	29 Exercise 8:00 am Aquafit 11:00 am Gourd Class 1:00 pm Cards/Games 6:00 pm	30 Aquafit 11:00 am Tai Chi Adv 11:00 am Social Hour 4:00 pm Cards/Games 6:00 pm	
		October 2018 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31		December 2018 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31		All Activities Held in Clubhouse/Pool Area EXCEPT: Green = Resource Room/Office Red = Off Site Activity *Trash Pick Up on Friday due to Thanksgiving Holiday

THE HIGHLANDS FLING

October, 2018

www.thehighlandsinc.com

520-297-2722



OCTOBER EVENTS

Tue, Oct 9
Potluck - 5:30 pm

Wed, Oct 10
Men's Breakfast - 8:00 am
Agenda Meeting - 1:00 pm

Sat, Oct 13
Kaffeeklatsch - 9:00 am

Sun, Oct 14
Movie Night - 6:30 pm

Tue, Oct 16
International Lunch Group
12:00 noon

Wed, Oct 17
Open Board Mtg - 10:00 am

Fri, Oct 19
Social Committee - 9:00 am

Sun, Oct 21
Octoberfest - 5:30 pm

Wed, Oct 24
Ladies Lunch - 12:00 noon

Sat, Oct 27
Kaffeeklatsch - 9:00 am

Tue, Oct 30
Jam Session - 6:00 pm

**DON'T FORGET TO
SIGN UP!**

POOL CLOSURE

As many of you know, a resident recently died in the swimming pool. We are in the process of draining the pool to sanitize it; so we are taking this opportunity to complete needed repairs. The pool will be closed until further notice.

DID YOU KNOW?

If you are interested in running for the Board of Directors, your resume must be received in the office by December 1.

There is a "no cash" policy in The Highlands' office. All maintenance fees and RV lot rent must be paid by check, money order or cashier's check. You may pay for copies or faxes with cash.

There is no smoking in the pool or spa area. The designated smoking area is the gazebo.

All trailers, RVs, campers, boats, etc. must be stored in the RV area. This is according to Section 8 of the CC&Rs.

ATTENTION SERVICE DOG OWNERS!

Oro Valley Statutes indicate ALL dogs must be on a leash no longer than six feet. You must CLEAN UP after your animal and it is NEVER allowed on private property unless invited by the owner. Please show some respect to your neighbors who are afraid of or allergic to animals.

WELCOME NEW RESIDENTS

Anthony & Lise Bettens
308 W. Andes

FROM THE OFFICE...

Please confirm or update your contact information on the attached form to aid in mailing ballots for the February Election and compiling the Directory. Thanks.

NEW TO THE HIGHLANDS?

The Open Board Meeting is held the third Wednesday of each month (October thru April) at 10:00 a.m. in the Clubhouse. Everyone is encouraged to attend.



OCTOBERFEST

This year, the Oktoberfest will be held on Sunday, October 21 at 5:30 p.m. Join us for dinner and dancing to music by The Bouncing Czechs. Dinner will be brats, German potatoes, green beans, sauerkraut, dessert and coffee. Tickets are \$12.00 per person and can be purchased from Bernie Lee or Cindy Bennett. The deadline is Monday, October 15. The hosts are Craig & Cindy Bennett and Terry & Kathy Regan.

SOCIAL COMMITTEE

The first Social Committee meeting for the 2018-19 season will be Friday, October 19 at 9:00 a.m. in the Multipurpose room. This is an opportunity for you to have input regarding future events.

MEN'S BREAKFAST (Venue Change)

This month, the men have decided to change their venue to Jerry Bob's at Magee and Oracle. Please remember to sign up. Meet at the clubhouse at 7:45 a.m. if you would like to carpool.

INTERNATIONAL LUNCH GROUP

This month the International Lunch Group will dine at Tamarind Indian Restaurant, 7265 N. LaCholla Boulevard (near Foothills Mall). Meet at the clubhouse at 11:30 if you want to carpool.

NOTICE REGARDING THE LADIES' LUNCH

Please all report to the Clubhouse at 11:30 a.m. before leaving for the restaurant or notify Kathy if you are going directly to the luncheon. This month we will dine at Chili's, 11065 N. Oracle Road. Questions should be directed to Kathy Zeleznik on 440-821-5591.



Giles Jackson – 9/25/18

VOLUNTEERS NEEDED!

We are looking for volunteers to assist with setting up for the Jam Session each month. This should only take about half an hour and involves setting up a few tables. Please contact Lucy at 970-290-4007 or Rosy at 520-400-1330.

We need hosts for both the Thanksgiving and Christmas potluck dinners or we will be forced to cancel. Hosts never work alone; there are many

who will be willing to help. Please contact Ed Triplett at 520-887-4120 to volunteer.

MOVIE NIGHT

Movie Night is scheduled to be again on Sunday, October 14, at 6:30 p.m. This month's presentation is Hitchcock's Rear Window.

DISPOSE-A-MED

Oro Valley will be collecting medications at Fry's on LaCanada and Lambert, October 3, from 9:00 a.m. until noon. This is an opportunity to safely dispose of unwanted or expired medications.

EXERCISE CLASS

The exercise and balance fitness class led by Shelly Whitlatch, exercise physiologist, is scheduled to begin on November 5th. Classes will be held at 8:00 a.m. every Tuesday and Thursday. Additional information will be provided in the November Fling.

INTERESTING FACTS

48% of our residents have a permanent Highlands' address and 52% have a permanent address elsewhere.

The deadline for Fling articles is the 20th of each month. Information should be sent to Carol Nadeau at cboydna@aol.com. Please note that the Fling is a Board publication and some articles may require Board approval. Thanks.

OCTOBER 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																																																																														
30	1 Aquafit 9:00 am Hand & Foot 1:00 pm Crafts 1:30 pm Ping Pong 7:00 pm	2 Coffee 8:00 am Qi Gong 10:00 am Aquafit 9:00 am Hand & Foot 1:00 pm	3 Aquafit 9:00 am Cards/Games 6:00 pm	4 Aquafit 9:00 am Cards/Games 6:00 pm	5 Aquafit 9:00 am Tai Chi Adv 11:00 am Social Hour 4:00 pm Cards/Games 6:00 pm	6 Aquafit 9:00 am																																																																																														
7	8 Columbus Day Aquafit 9:00 am Hand & Foot 1:00 pm Crafts 1:30 pm Ping Pong 7:00 pm	9 Coffee 8:00 am Aquafit 9:00 am Qi Gong 10:00 am Hand & Foot 1:00 pm Potluck 5:30 p.m.	10 Men's Breakfast 8:00 am Aquafit 9:00 am Agenda Mtg. 1:00 pm Cards/Games 6:00 pm	11 Aquafit 9:00 am Cards/Games 6:00 pm	12 Aquafit 9:00 am Tai Chi Adv 11:00 am Social Hour 4:00 pm Cards/Games 6:00 pm	13 Aquafit 9:00 am Kaffeeklatsch 9:00 am																																																																																														
14 Movie Night 6:30 pm Hitchcock's Rear Window	15 Aquafit 9:00 am Hand & Foot 1:00 pm Crafts 1:30 pm Ping Pong 7:00 pm	16 Boss's Day Coffee 8:00 am Aquafit 9:00 am Qi Gong 10:00 am Internat'l Lunch 12 N Hand & Foot 1:00 pm	17 Aquafit 9:00 am Open Bd Mtg 10:00 am Cards/Games 6:00 pm	18 Aquafit 9:00 am Cards/Games 6:00 pm	19 Social Comm 9:00 am Aquafit 9:00 am Tai Chi Adv 11:00 am Social Hour 4:00 pm Cards/Games 6:00 pm	20 Sweetest Day Aquafit 9:00 am																																																																																														
21 Octoberfest 5:30 pm	22 Aquafit 9:00 am Hand & Foot 1:00 pm Crafts 1:30 pm Ping Pong 7:00 pm	23 Coffee 8:00 am Aquafit 9:00 am Qi Gong 10:00 am Hand & Foot 1:00 pm	24 United Nations Day Aquafit 9:00 am Ladies Lunch 12 noon Cards/Games 6:00 pm	25 Aquafit 9:00 am Private Party 3-9 pm	26 Aquafit 9:00 am Tai Chi Adv 11:00 am Social Hour 4:00 pm Cards/Games 6:00 pm	27 Aquafit 9:00 am Kaffeeklatsch 9:00 am																																																																																														
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4 Daylight Saving	5	<div>September 2018</div> <table><tr><td>S</td><td>M</td><td>T</td><td>W</td><td>T</td><td>F</td><td>S</td></tr><tr><td></td><td></td><td></td><td></td><td></td><td></td><td>1</td></tr><tr><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td></tr><tr><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td><td>15</td></tr><tr><td>16</td><td>17</td><td>18</td><td>19</td><td>20</td><td>21</td><td>22</td></tr><tr><td>23</td><td>24</td><td>25</td><td>26</td><td>27</td><td>28</td><td>29</td></tr><tr><td>30</td><td></td><td></td><td></td><td></td><td></td><td></td></tr></table>			S	M	T	W	T	F	S							1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30							<div>November 2018</div> <table><tr><td>S</td><td>M</td><td>T</td><td>W</td><td>T</td><td>F</td><td>S</td></tr><tr><td></td><td></td><td></td><td></td><td>1</td><td>2</td><td>3</td></tr><tr><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td></tr><tr><td>11</td><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td><td>17</td></tr><tr><td>18</td><td>19</td><td>20</td><td>21</td><td>22</td><td>23</td><td>24</td></tr><tr><td>25</td><td>26</td><td>27</td><td>28</td><td>29</td><td>30</td><td></td></tr></table>			S	M	T	W	T	F	S					1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30		<div>All Activities Held in Clubhouse/Pool Area EXCEPT:</div> <div>Green = Resource Room/Office</div> <div>Red = Off Site Activity</div> <div>2018 Templates2019 Templates</div>	
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THE HIGHLANDS FLING

September, 2018

www.thehighlandsinc.com

520-297-2722



SEPTEMBER EVENTS

Sat, Sept 8

Kaffeeklatsch - 9:00 am

Tue, Sept 11

Potluck - 5:30 pm

Wed, Sept 12

Men's Breakfast - 8:00 am

Tue, Sept 18

International Lunch Group
12:00 noon

Sat, Sept 22

Kaffeeklatsch - 9:00 am

Wed, Sept 26

Ladies Lunch - 12:00 noon

**DON'T FORGET TO
SIGN UP!**

WEBSITE CHANGE

If you access The Highlands' Website, please note that our primary address has been changed to thehighlandsinc.com. This was addressed by the Board at the April, 2018 meeting. The Highlands' website averages 20 visits each day, or about 600 per year.

QI GONG

Qi Gong is a gentle exercise similar to Tai Chi. Classes are held each Tuesday at 10:00 a.m. During the summer, we meet in the Resource Room; when it gets cooler, we move to the Clubhouse. For additional information, contact Rick Anderson at 970-245-8001.

WELCOME NEW RESIDENTS

Jonathan & Kim Halpun
230 W. Adirondack Street

MEN'S BREAKFAST

In September, the men are going back to their favorite place, Sunnyside Up in Catalina. Meet at the Clubhouse at 7:45 a.m. if you would like to carpool.

BOCCE BALL?

Bob Beck is interested in resurrecting the Bocce Ball activity previously guided by Ells Hanson and Stan Petterson. The emphasis will be "relaxed fun". If you have questions or are interested in participating, please contact Bob at 461-9540 or by e-mail at robertbeck@comcast.net.

INTERNATIONAL LUNCH GROUP

On the 18th, the International Lunch Group will dine on Mediterranean cuisine at Za'Atar, 2310 North Country Club Road, which is just south of Grant. Meet at the clubhouse at 11:30 a.m. if you want to carpool.

LADIES' LUNCH

This month, the ladies are dining at Sweet Tomatoes, 4420 North Stone Avenue. Meet at the Clubhouse by 11:30 if you wish to carpool, or meet at the restaurant at noon. Questions should be directed to Kathy Zeleznik on 440-821-5591.

SEPTEMBER 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	29	30	31	1 Aquafit 9:00 am
2	3 Labor Day Aquafit 9:00 am Hand & Foot 1:00 pm Crafts 1:30 pm Ping Pong 7:00 pm	4 Coffee 8:00 am Qi Gong 10:00 am Aquafit 9:00 am Hand & Foot 1:00 pm	5 Aquafit 9:00 am Cards/Games 6:00 pm	6 Aquafit 9:00 am Cards/Games 6:00 pm *No Trash Today	7 Aquafit 9:00 am Tai Chi Adv 11:00 am Social Hour 4:00 pm Cards/Games 6:00 pm	8 Aquafit 9:00 am Kaffeeklatsch 9:00 am
9 Grandparents Day	10 Rosh Hashanah Aquafit 9:00 am Hand & Foot 1:00 pm Crafts 1:30 pm Ping Pong 7:00 pm	11 Patriot Day Coffee 8:00 am Aquafit 9:00 am Qi Gong 10:00 am Hand & Foot 1:00 pm Potluck 5:30 p.m.	12 Men's Breakfast 8:00 am Aquafit 9:00 am Cards/Games 6:00 pm	13 Aquafit 9:00 am Cards/Games 6:00 pm	14 Aquafit 9:00 am Tai Chi Adv 11:00 am Social Hour 4:00 pm Cards/Games 6:00 pm	15 Aquafit 9:00 am
16	17 Constitution Day Aquafit 9:00 am Hand & Foot 1:00 pm Crafts 1:30 pm Ping Pong 7:00 pm	18 Coffee 8:00 am Aquafit 9:00 am Qi Gong 10:00 am Internat'l Lunch 12 N Hand & Foot 1:00 pm	19 Yom Kippur Aquafit 9:00 am Cards/Games 6:00 pm	20 Aquafit 9:00 am Cards/Games 6:00 pm	21 Aquafit 9:00 am Tai Chi Adv 11:00 am Social Hour 4:00 pm Cards/Games 6:00 pm	22 Aquafit 9:00 am Kaffeeklatsch 9:00 am
23 Autumnal equinox	24 Aquafit 9:00 am Hand & Foot 1:00 pm Crafts 1:30 pm Ping Pong 7:00 pm	25 Coffee 8:00 am Aquafit 9:00 am Qi Gong 10:00 am Hand & Foot 1:00 pm	26 Aquafit 9:00 am Ladies Lunch 12 noon Cards/Games 6:00 pm	27 Aquafit 9:00 am Cards/Games 6:00 pm	28 Aquafit 9:00 am Tai Chi Adv 11:00 am Social Hour 4:00 pm Cards/Games 6:00 pm	29 Aquafit 9:00 am
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THE HIGHLANDS FLING

August, 2018

www.thehighlandsmhp.com

520-297-2722



AUGUST EVENTS

Wed, Aug 8

Men's Breakfast - 8:00 am

Sat, Aug 11

Kaffeeklatsch - 9:00 am

Tue, Aug 13

Potluck - 5:30 pm

Tue, Aug 21

International Lunch Group
12:00 noon

Wed, Aug 22

Ladies Lunch - 12:00 noon

Sat, Aug 25

Kaffeeklatsch - 9:00 am

**DON'T FORGET TO
SIGN UP!**

BIBLE STUDY & DISCUSSION GROUP

Questions? Answers! Just bring your Bible and notebook. The first meeting will be Thursday, August 23 at 207 W. Adirondack Street. We'll have fun! Call Sarah Yokum at 505-604-5554 for additional information.

WELCOME NEW RESIDENTS

Claudia Jensen,
501 W. Matterhorn
Blake Vail
317 W. Weissborn
Brett & Cheryl Haggard
10658 N. Pyrenees
Richard Kuhlman
10697 N. Pyrenees

MEN'S BREAKFAST

On August 8, the men are going back to their favorite place, Sunnyside Up in Catalina. Please remember to sign up. Meet at the clubhouse at 7:45 a.m. if you would like to carpool.

LADIES' LUNCH

On August 22, the ladies will dine at Cracker Barrel, in Marana, off Cortaro Farms

Road. Questions should be directed to Kathy Zeleznik on 440-821-5591.

CARDS SENT

Marilyn Staley reported that get well cards were sent to the following people:

Harold Haas, Georgiana Wallace, Jane Force, Joan Clow, Sonny Waterland, Kathy Zeleznik, Linda Wilcoxsen. Marilyn can be reached on 520-484-8532 if you have a card request.

RESERVE PLANNING STATUS

The reserve planning study contractor (FD Reserve Studies) completed their Highlands' survey visit on July 11th and are now preparing the first draft of the results. The reserve planning committee expects to be reviewing the draft during August.

INTERNATIONAL LUNCH GROUP

This month the International Lunch Group will dine at El Cisne 4717 E. Sunrise at Swan. Meet at the clubhouse at 11:30 if you want to carpool.

AUGUST 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																																																																													
29	30	31	1 Aquafit 9:00 am Cards/Games 6:00 pm	2 Aquafit 9:00 am Cards/Games 6:00 pm	3 Aquafit 9:00 am Tai Chi Adv 11:00 am Social Hour 4:00 pm Cards/Games 6:00 pm	4 Aquafit 9:00 am																																																																																													
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19 Aviation Day	20 Aquafit 9:00 am Hand & Foot 1:00 pm Crafts 1:30 pm Ping Pong 7:00 pm	21 Coffee 8:00 am Aquafit 9:00 am Internat'l Lunch 12 N Hand & Foot 1:00 pm	22 Aquafit 9:00 am Ladies Lunch 12 noon Cards/Games 6:00 pm	23 Aquafit 9:00 am Cards/Games 6:00 pm	24 Aquafit 9:00 am Tai Chi Adv 11:00 am Social Hour 4:00 pm Cards/Games 6:00 pm	25 Aquafit 9:00 am Kaffeeklatsch 9:00 am																																																																																													
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THE HIGHLANDS FLING

July, 2018

www.thehighlandsmhp.com

520-297-2722



JULY EVENTS

Wed, July 4

Dinner & Fireworks
6:00 pm

Tue, July 10

Potluck - 5:30 pm

Wed, July 11

Men's Breakfast - 8:00 am

Sat, July 14

Kaffeeklatsch - 9:00 am

Tue, July 17

International Lunch Group
12:00 noon

Wed, July 25

Ladies Lunch - 12:00 noon

Sat, July 28

Kaffeeklatsch - 9:00 am

**DON'T FORGET TO
SIGN UP!**

DID YOU KNOW?

The SPEED LIMIT in the Highlands is 15 miles per hour. We have an agreement with Oro Valley Police to ticket speeders. Residents who observe speeders should call the Traffic Control Hotline (229-4933). The more calls the police receive from a given area, the more attention they give that area!

RESERVE PLANNING COMMITTEE

The Reserve Planning Committee has completed a list of all maintenance items to be considered in our Reserve Study and selected a contractor to perform the study. We plan to have the results available in time for the Board of Directors to evaluate them and use the information to prepare the 2019 budget. For additional information, contact Bob Beck on 520-579-6399.

MEN'S BREAKFAST

On Wednesday, July 11, the men are going back to their favorite place, Sunnyside Up in Catalina. Please remember to sign up. Meet

at the clubhouse at 7:45 a.m. if you would like to carpool.

CARDS SENT

Marilyn Staley reported that get well cards were sent to the following people: Barbara Scantlan, Bernie Lee, Jerry Dennis

INTERNATIONAL LUNCH GROUP

On July 17th the international lunch group will dine at El Guero Canelo, which is on the east side of Oracle Road just north of Grant. Meet at the clubhouse at 11:30 a.m. if you want to carpool.

LADIES' LUNCH

As of publication time, I have not received information regarding the Ladies' Lunch. Questions should be directed to Kathy Zeleznik on 440-821-5591.

BOOK CLUB?

Would you be interested in starting or joining a book club at the Highlands? Please contact Carol Hastings with your ideas at carol_h_79701@yahoo.com

JULY 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Aquafit 9:00 am Hand & Foot 1:00 pm Crafts 1:30 pm Ping Pong 7:00 pm	3 Coffee 8:00 am Aquafit 9:00 am Hand & Foot 1:00 pm	4 Independence Day Aquafit 9:00 am Dinner & Fireworks 6:00 pm	5 Aquafit 9:00 am Cards/Games 6:00 pm *No Trash Today	6 Aquafit 9:00 am Tai Chi Adv 11:00 am Social Hour 4:00 pm Cards/Games 6:00 pm	7 Aquafit 9:00 am
8	9 Aquafit 9:00 am Hand & Foot 1:00 pm Crafts 1:30 pm Ping Pong 7:00 pm	10 Coffee 8:00 am Aquafit 9:00 am Hand & Foot 1:00 pm Potluck 5:30 p.m.	11 Men's Breakfast 8:00 am Aquafit 9:00 am Cards/Games 6:00 pm	12 Aquafit 9:00 am Cards/Games 6:00 pm	13 Aquafit 9:00 am Tai Chi Adv 11:00 am Social Hour 4:00 pm Cards/Games 6:00 pm	14 Aquafit 9:00 am Kaffeeklatsch 9:00 am
15	16 Aquafit 9:00 am Hand & Foot 1:00 pm Crafts 1:30 pm Ping Pong 7:00 pm	17 Coffee 8:00 am Aquafit 9:00 am Internat'l Lunch 12 N Hand & Foot 1:00 pm	18 Aquafit 9:00 am Cards/Games 6:00 pm	19 Aquafit 9:00 am Cards/Games 6:00 pm	20 Aquafit 9:00 am Tai Chi Adv 11:00 am Social Hour 4:00 pm Cards/Games 6:00 pm	21 Aquafit 9:00 am
22 Parents' Day	23 Aquafit 9:00 am Hand & Foot 1:00 pm Crafts 1:30 pm Ping Pong 7:00 pm	24 Coffee 8:00 am Aquafit 9:00 am Hand & Foot 1:00 pm	25 Aquafit 9:00 am Ladies Lunch 12 noon Cards/Games 6:00 pm	26 Aquafit 9:00 am Cards/Games 6:00 pm	27 Aquafit 9:00 am Tai Chi Adv 11:00 am Social Hour 4:00 pm Cards/Games 6:00 pm	28 Aquafit 9:00 am Kaffeeklatsch 9:00 am
29	30 Aquafit 9:00 am Hand & Foot 1:00 pm Crafts 1:30 pm Ping Pong 7:00 pm	31 Coffee 8:00 am Aquafit 9:00 am Hand & Foot 1:00 pm	1	2	3	4
5		June 2018 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30		August 2018 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31		All Activities Held in Clubhouse/Pool Area EXCEPT: Green = Resource Room/Office Red = Off Site Activity *Trash Pick Up on Friday due to Independence Day Holiday

THE HIGHLANDS FLING

June, 2018

www.thehighlandsmhp.com

520-297-2722



JUNE EVENTS

Sat, June 9

Kaffeeklatsch - 9:00 am

Tue, June 12

Potluck - 5:30 pm

Wed, June 13

Men's Breakfast - 8:00 am

Tue, June 19

International Lunch Group
12:00 noon

Sat, June 23

Kaffeeklatsch - 9:00 am

Wed, June 27

Ladies Lunch - 12:00 noon

**DON'T FORGET TO
SIGN UP!**

DID YOU KNOW?

All trailers, RVs, campers, boats, etc. must be stored in the RV area. This is according to Section 8 of the CC&Rs.



JULY 4th CELEBRATION

Dinner will be served at 6:00 p.m. and includes chicken, salad and dessert. Cost is \$5 per person. Table service will be provided. The fireworks start at 7:45. Sign-up deadline is July 1!

CARDS SENT

Marilyn Staley reported that get well cards were sent to the following people:

Jerry Dennis
Louise Adams
Anna Pearson
Kent Haas
Tom Beebe
Elizabeth Aiken

WELCOME NEW RESIDENTS

Jeffrey & Penny Wolff
41 W. Matterhorn
Richard Kuhlman
10697 N. Pyrenees

MEN'S BREAKFAST

The Men's Breakfast will be at Jerry Bob's, Magee and Oracle, on June 13. Please remember to sign up. Meet at the clubhouse at 7:45 a.m. if you would like to carpool.

INTERNATIONAL LUNCH GROUP

On June 19th the international lunch group will dine at A Taste of India in the Safeway Plaza, Rancho Vistoso and Tangerine. Meet at the clubhouse at 11:30 a.m. if you want to carpool.

LADIES' LUNCH

As of publication time, I have not received information regarding the Ladies' Lunch. Questions should be directed to Kathy Zeleznik on 440-821-5591.

DEADLINE FOR FLING
ARTICLES IS THE 20TH OF
EACH MONTH!

JUNE 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																																																																						
27	28 Memorial Day	29	30	31	1 Aquafit 9:00 am Tai Chi Adv 11:00 am Social Hour 4:00 pm Cards/Games 6:00 pm	2 Aquafit 9:00 am																																																																																						
3	4 Aquafit 9:00 am Hand & Foot 1:00 pm Crafts 1:30 pm Ping Pong 7:00 pm	5 Coffee 8:00 am Aquafit 9:00 am Hand & Foot 1:00 pm	6 Aquafit 9:00 am Cards/Games 6:00 pm	7 Aquafit 9:00 am Cards/Games 6:00 pm	8 Aquafit 9:00 am Tai Chi Adv 11:00 am Social Hour 4:00 pm Cards/Games 6:00 pm	9 Aquafit 9:00 am Kaffeeklatsch 9:00 am																																																																																						
10	11 Aquafit 9:00 am Hand & Foot 1:00 pm Crafts 1:30 pm Ping Pong 7:00 pm	12 Coffee 8:00 am Aquafit 9:00 am Hand & Foot 1:00 pm Potluck 5:30 p.m.	13 Men's Breakfast 8:00 am Aquafit 9:00 am Cards/Games 6:00 pm	14 Flag Day Aquafit 9:00 am Cards/Games 6:00 pm	15 Aquafit 9:00 am Tai Chi Adv 11:00 am Social Hour 4:00 pm Cards/Games 6:00 pm	16 Aquafit 9:00 am																																																																																						
17 Father's Day	18 Aquafit 9:00 am Hand & Foot 1:00 pm Crafts 1:30 pm Ping Pong 7:00 pm	19 Coffee 8:00 am Aquafit 9:00 am Internat'l Lunch 12 N Hand & Foot 1:00 pm	20 Aquafit 9:00 am Cards/Games 6:00 pm	21 June Solstice Aquafit 9:00 am Cards/Games 6:00 pm	22 Aquafit 9:00 am Tai Chi Adv 11:00 am Social Hour 4:00 pm Cards/Games 6:00 pm	23 Aquafit 9:00 am Kaffeeklatsch 9:00 am																																																																																						
24	25 Aquafit 9:00 am Hand & Foot 1:00 pm Crafts 1:30 pm Ping Pong 7:00 pm	26 Coffee 8:00 am Aquafit 9:00 am Hand & Foot 1:00 pm	27 Aquafit 9:00 am Ladies Lunch 12 noon Cards/Games 6:00 pm	28 Aquafit 9:00 am Cards/Games 6:00 pm	29 Aquafit 9:00 am Tai Chi Adv 11:00 am Social Hour 4:00 pm Cards/Games 6:00 pm	30 Aquafit 9:00 am																																																																																						
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THE HIGHLANDS FLING

May, 2018

www.thehighlandsmhp.com

520-297-2722



MAY EVENTS

Tue, May 8
Potluck - 5:30 pm

Wed, May 9
Men's Breakfast - 8:00 am

Sat, May 12
Kaffeeklatsch - 9:00 am

Tue, May 15
International Lunch Group
12:00 noon

Wed, May 23
Ladies Lunch - 12:00 noon

Sat, May 26
Kaffeeklatsch - 9:00 am

**DON'T FORGET TO
SIGN UP!**

DID YOU KNOW?

There has been a "no cash" policy in The Highlands' office since September 1, 2012. All maintenance fees and RV lot rent must be paid by check, money order or cashier's check. You may pay for copies or faxes with cash.

The Highlands does not send out invoices for monthly maintenance fees. Fee payments are due on the first of each month and 10% interest will be charged if not paid by the 15th of each month. You may also choose to pay quarterly, bi-annually or annually.

Oro Valley has a dark house project. Residents can notify the police they will be away and the police will walk around each home weekly to check for water leaks, open doors, broken windows, etc.

Effective immediately you may no longer smoke in the pool or spa area. The designated smoking area is the gazebo (see notes from the April 18 Open Board Meeting).

VOLUNTEERS NEEDED!!

Volunteers are needed throughout the summer months. We continue to hold potlucks and other events for those who stay here year round.

Linc and Helen Keilman have been hosting the Kaffeeklatsch on the second and fourth Saturday each month; however, they will be leaving for Ohio at the end of May. We need hosts beginning in June. This involves picking up the donuts, setting up and cleaning up afterward.

Contact Cindy Bennett on 810-599-8929 for additional information.

WELCOME NEW RESIDENTS

Larry & Linda Wilcoxson
10682 N. Everest
Jeanne Visgar & Alicia Girard
39 W. Appalachian
Carol Jean Layton
10674 N. Everest
John & Diana Pangburn
448 W. Matterhorn

FROM THE OPEN BOARD MEETING APRIL 18, 2018

-Bob Beck is chairing a committee compiling information needed for a Reserve Study. The Board has three bids and approved up to \$2700 to hire one of the companies to complete the study.

-The Board voted to change the name on our website from The Highlands MHP to The Highlands, Inc.

-The Board voted to make the pool and hot tub areas "no smoking". Smoking will be allowed in the gazebo only.

-Only two letters will be sent to residents regarding weeds. After the second letter, we will hire someone to clean up and the home owner will be charged for the work plus an administration fee.

-The Board adopted Protocols for running each open board meeting. They will be posted on the wall during the meetings.

-Bernie Lee and Jerry Dennis presented a proposal to refurbish and maintain the pool. The Board asked for volunteers to research the issues in greater depth, using the expertise of Kent Hinds.

-Some Board members would like to hold Open Board Meetings year round; however it will require a change in the By-Laws by the membership.

-The Board nullified the \$1700 which was approved last month to replace the street name signs. We should revisit the issue and perhaps paint some of the cast metal ones.

-David Cruz was appointed assistant maintenance director to help ease Bernie's workload.

-Any and all expenditures over \$250 require three bids and approval by the entire Board.

HOMEOWNERS ARE RESPONSIBLE FOR...

Your yard. Whether you are here or in your summer place, it is up to you to keep your yard neat and clean. Ask a friend or neighbor to watch for weeds and let you know if they are becoming invasive. If you did not plant them, they are weeds! We want to keep our community nice year round, not just during the winter months!

NOTE: Here's a great **Weed Killer Recipe** from Cindy Bennett:

1 Gallon Vinegar
2 Cups Epson Salt
¼ Cup Dawn Dish Soap
(original blue type)

NOTE: I am told that regular table salt will also work.

MEN'S BREAKFAST

The men's breakfast will be held at Sunny Side Up in Catalina on Wednesday, May 9. Please remember to sign up. Meet at the clubhouse at 8:00 a.m. if you would like to carpool.

Articles for next month's Fling are due by the 20th. Contact Carol Nadeau on 742-2722 or cboydna@aol.com.

INTERNATIONAL LUNCH GROUP

On May 15, the International lunch group will dine at Ragazzi's (Italian) in the Trader Joe Plaza, Magee and Oracle. Don't forget to sign up. Meet at the clubhouse at 11:30 if you want to carpool.

LADIES' LUNCH

On May 23, the ladies' lunch will be at Dove M Chinese Bistro, Thornydale and Tangerine (near Fry's). Meet at the clubhouse if you would like to carpool. Questions should be directed to Kathy Zeleznik on 440-821-5591.

RESERVES PLANNING COMMITTEE

The Reserves Planning Committee was approved at the May Board meeting. Anyone interested in attending the meetings to listen or comment can contact Bob Beck on 579-6399. The Committee objective is to prepare a recommended multi-year plan for the Highlands' reserve savings and spending, prior to creation of the 2019 budget.

NOTICE!

The Fling will not be delivered to your home again until October. Copies may be picked up in the Clubhouse or Resource Room. The Fling is also available on the website.

MAY 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																																																																				
29	30	1 Coffee 8:00 am Aquafit 9:00 am Hand & Foot 1:00 pm	2 Aquafit 9:00 am Cards/Games 6:00 pm	3 Aquafit 9:00 am Cards/Games 6:00 pm	4 Aquafit 9:00 am Tai Chi Adv 11:00 am Social Hour 4:00 pm Cards/Games 6:00 pm	5 Cinco de Mayo Aquafit 9:00 am																																																																																				
6	7 Aquafit 9:00 am Hand & Foot 1:00 pm Crafts 1:30 pm Ping Pong 7:00 pm	8 Coffee 8:00 am Aquafit 9:00 am Hand & Foot 1:00 pm Potluck 5:30 p.m.	9 Men's Breakfast 8:00 am Aquafit 9:00 am Cards/Games 6:00 pm	10 Aquafit 9:00 am Cards/Games 6:00 pm	11 Aquafit 9:00 am Tai Chi Adv 11:00 am Social Hour 4:00 pm Cards/Games 6:00 pm	12 Aquafit 9:00 am Kaffeeeklatsch 9:00 am																																																																																				
13 Mother's Day	14 Aquafit 9:00 am Hand & Foot 1:00 pm Crafts 1:30 pm Ping Pong 7:00 pm	15 Coffee 8:00 am Aquafit 9:00 am Internat'l Lunch 12 N Hand & Foot 1:00 pm	16 Ramadan begins Aquafit 9:00 am Cards/Games 6:00 pm	17 Aquafit 9:00 am Cards/Games 6:00 pm	18 Aquafit 9:00 am Tai Chi Adv 11:00 am Social Hour 4:00 pm Cards/Games 6:00 pm	19 Armed Forces Day Aquafit 9:00 am																																																																																				
20 Pentecost	21 Aquafit 9:00 am Hand & Foot 1:00 pm Crafts 1:30 pm Ping Pong 7:00 pm	22 Coffee 8:00 am Aquafit 9:00 am Hand & Foot 1:00 pm	23 Aquafit 9:00 am Ladies Lunch 12 noon Cards/Games 6:00 pm	24 Aquafit 9:00 am Cards/Games 6:00 pm	25 Aquafit 9:00 am Tai Chi Adv 11:00 am Social Hour 4:00 pm Cards/Games 6:00 pm	26 Aquafit 9:00 am Kaffeeeklatsch 9:00 am																																																																																				
27	28 Memorial Day Aquafit 9:00 am Hand & Foot 1:00 pm Crafts 1:30 pm Ping Pong 7:00 pm	29 Coffee 8:00 am Aquafit 9:00 am Hand & Foot 1:00 pm	30 Aquafit 9:00 am Cards/Games 6:00 pm	31 Aquafit 9:00 am Cards/Games 6:00 pm *No Trash Today	1	2																																																																																				
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THE HIGHLANDS FLING

April, 2018

www.thehighlandsmhp.com

520-297-2722



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APRIL EVENTS

Mon & Tue, April 2 & 3
Overnight Bus Trip - 7 am

Sun, April 8
Movie Night - 6:00 pm

Tue, April 10
Potluck - 5:30 pm

Wed, April 11
Men's Breakfast - 8:00 am
And Board of Directors
Agenda Meeting - 1:00 pm

Sat, April 14
Kaffeeklatsch - 9:00 am

Tue, April 17
International Lunch Group
12:00 noon

Wed, April 18
Open Board Meeting - 10 am

Sun, April 22
Grill Your Own Meat - 5 pm

Tue, April 24
Jam Session - 6:00 pm

Wed, April 25
Ladies Lunch - 12:00 noon

Sat, April 28
Kaffeeklatsch - 9:00 am

**DON'T FORGET TO
SIGN UP!**

VOLUNTEER OPPORTUNITY

We are seeking volunteers to work on a Reserve Study for The Highlands. This study will establish a plan to keep the community well maintained and determine the adequacy of our current reserve funds and plans. Please indicate your interest as soon as possible so that we can seek Board approval prior to the summer break. Interest and questions should be directed to Bob Beck on 579-6399. We expect to perform the work this summer.

FROM THE OPEN BOARD MEETING MARCH 21, 2018

- Minutes were read from a meeting held on February 12.
- Brenda Henderson resigned from the Board effective February 5.
- Kent Hinds was appointed to the Board in charge of contracts.
- The survey regarding Clubhouse renovations was discussed. The Board voted to drop this issue.
- Oro Valley presented information to The Highlands

regarding flood plain issues. A committee of three Board members is working on this.

- All verbal compliance issues will be followed up with a letter to establish a paper trail.
- The debris will be removed from the washes, but no patching or repair shall be done without permits from Oro Valley.
- Bernie Lee is working on a preventive maintenance plan for The Highlands.
- Bernie is also in the process of obtaining bids to seal the streets.
- The Board approved \$1652 to purchase additional gravel.
- The Board also approved \$1713 to replace the street name signs.
- The Board voted to increase the overnight guest rental fee from \$10 per night to \$20 per night effective May 1.
- The cleaning contract review was tabled until the next Open Board Meeting.

WELCOME NEW RESIDENTS

Reed Snell - Vesuvius
Helen & David Knudson –
Andes
Michael & Patty Ganoff –
Kittatinny
Julie & Lashley Loughridge –
Pyrenees



GOT WEEDS?

Spring is here and the weeds are popping up everywhere. Please check your yards! Snow Birds, please be sure to take care of your yards before you leave for the summer.

NOTE: Here's a great **Weed Killer Recipe** from Cindy Bennett:

- 1 Gallon Vinegar
- 2 Cups Epsom Salt
- ¼ Cup Dawn Dish Soap
(original blue type)

MEN'S BREAKFAST

The men's breakfast will be held at Sunny Side Up in Catalina on Wednesday, April 11. Please remember to sign up. Meet at the clubhouse at 8:00 a.m. if you would like to carpool.

INTERNATIONAL LUNCH GROUP

On April 16th the international lunch group will dine at It's Greek to Me in Catalina. Meet at the clubhouse at 11:30 if you want to carpool.

LADIES' LUNCH

This month, the ladies' lunch will be at Bubb's Grub in Catalina on April 25. Meet at the clubhouse if you would like to carpool. Questions should be directed to Kathy Zeleznik on 440-821-5591.

MOVIE NIGHT

On April 8, the movie will be The Music Man from 1962. Join the fun at 6:00 p.m.

NEW LIBRARY BOOKS

The Social Committee has approved a request to purchase additional large print books for our library. If you have suggestions regarding authors and/or book titles, please contact Jane Force via e-mail at jforce40@yahoo.com or call her on 297-9068. We will be looking at local book stores, on-line and at the Oro Valley book sales. Join in to help with the selections!

CARDS SENT

Marilyn Staley reported that cards were sent to the following people:
 Rich Alberda – Sympathy
 Loss of Sister Deborah
 Judy Calkins – Get Well
 Linda McCleary – Get Well
 Eila Waterland – Get Well
 Sonny Waterland – Get Well
 Barbara Scantlan – Get Well



SUNDAY SUPPER BRING YOUR OWN MEAT TO GRILL

A Sunday Supper will be held on April 22 at 5:00 p.m. The cost is \$5.00 per person. Baked beans, salad and dessert will be provided. The sign-up deadline for this event is Wednesday, April 18.

LAST JAM SESSION VOLUNTEERS NEEDED

The last Jam Session of the season will be Tuesday, April 24 at 6:00 p.m. Rosie Bussmann and Lucy Phelan are the hosts, but are asking for volunteers to help set up and donate food. Please contact Rosie at 400-1330 or Lucy at 970-290-4007 if you are willing to help.

EXERCISE CLASS

Thursday, April 5, will be the last Exercise Class for the season. Look for us again in October.

APRIL 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																																																																							
1 April Fool's Day Easter	2 Bus Trip 7:00 am Exercise 8:00 am Aquafit 10:00 am Hand & Foot 1:00 pm Crafts 1:30 pm Ping Pong 7:00 pm	3 Coffee 8:00 am Aquafit 10:00 am Hand & Foot 1:00 pm Bus Trip Returns	4 Aquafit 10:00 am Cards/Games 6:00 pm	5 Exercise 8:00 am Aquafit 10:00 am Cards/Games 6:00 pm	6 Aquafit 10:00 am Tai Chi Adv 11:00 am Social Hour 4:00 pm Cards/Games 6:00 pm	7																																																																																							
8 Movie Night The Music Man 6:00 PM	9 Aquafit 10:00 am Hand & Foot 1:00 pm Crafts 1:30 pm Ping Pong 7:00 pm	10 Coffee 8:00 am Aquafit 10:00 am Hand & Foot 1:00 pm Potluck 5:30 pm	11 Men's Breakfast 8:00 am Aquafit 10:00 am Agenda Mtg 1:00 pm Cards/Games 6:00 pm	12 Aquafit 10:00 am Cards/Games 6:00 pm	13 Aquafit 10:00 am Tai Chi Adv 11:00 am Social Hour 4:00 pm Cards/Games 6:00 pm	14 Kaffeeklatsch 9:00 am																																																																																							
15	16 Aquafit 10:00 am Hand & Foot 1:00 pm Crafts 1:30 pm Ping Pong 7:00 pm	17 Taxes Due Coffee 8:00 am Aquafit 10:00 am Internat'l Lunch 12 N Hand & Foot 1:00 pm	18 Open Bd Mtg 10:00 am Aquafit 10:00 am Cards/Games 6:00 pm	19 Aquafit 10:00 am Cards/Games 6:00 pm	20 Social Comm 9:00 am Aquafit 10:00 am Tai Chi Adv 11:00 am Social Hour 4:00 pm Cards/Games 6:00 pm	21																																																																																							
22 Earth Day Grill Your Own Meat 5:00 pm	23 Aquafit 10:00 am Hand & Foot 1:00 pm Crafts 1:30 pm Ping Pong 7:00 pm	24 Coffee 8:00 am Aquafit 10:00 am Hand & Foot 1:00 pm Jam Session 6:00 pm	25 Admin Assist Day Aquafit 10:00 am Ladies Lunch 12 noon Cards/Games 6:00 pm	26 Aquafit 10:00 am Cards/Games 6:00 pm	27 Aquafit 10:00 am Tai Chi Adv 11:00 am Social Hour 4:00 pm Cards/Games 6:00 pm	28 Kaffeeklatsch 9:00 am																																																																																							
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THE HIGHLANDS FLING

MARCH, 2018

www.thehighlandsmhp.com 520-297-2722



MARCH EVENTS

FRI., MARCH 9

Adult Assistance
1:00 pm

Sat., March 10

Kaffeeklatsch
9:00 am
Sock Hop
6:00 - 9:00 pm

Sun., March 11

Movie Night
6:00 pm

Tues., March 13

Potluck 5:30 pm

Wed., March 14

Men's Breakfast
8:00 am
Agenda Meeting
1:00 pm

Sun., March 18

Pizza & Karaoke
5:00 pm

Tues., March 20

International Lunch
12:00 noon

Wed., March 21

Open Board Meeting
10:00 am

Thurs., March 22

Annual Art Exhibit
6:00 - 7:30 pm

Sat., March 24

Kaffeeklatsch 9:00 am

Sun., March 25

Ice Cream Social
2:00 pm

Tues., March 27

Jam Session 6:30 pm

Wed., March 28

Ladies Lunch
12:00 noon

Thurs., March 29

Volunteer Appreciation
Lunch
12:00 noon

SIGN UP FOR EVENTS!!



FEBRUARY OPEN BOARD MEETING

- The meeting was very well attended.
- There were several additions/corrections to the minutes of January 17.

- The **signs** at both entrances and in the pool room will be updated to make the clubhouse rules clearer.
- There was a complaint that the flag south of the clubhouse was not properly lit; this has been corrected.
- A survey will be sent to all residents asking for thought/opinions regarding renovating the clubhouse; not an official vote.
- Addition of the handicapped bathroom will cost between \$27,000 and \$67,000. We should add this to the survey because we are not required to provide one.
- Requests for service or assistance animals must be submitted with a letter on the doctor's letterhead or prescription form.
- Only service animals with ADA registration cards will be allowed to accompany guests staying in the RV Area.
- Craig Bennett, Bill Bohrer and Dan Wojdyla were elected to the Board of Directors.
- Treasurer's Report: Total deposits in accounts are \$356,209.

MARCH POTLUCK

Cindy and Craig Bennett, Lynn Fuller and Bob Beck are chairing the potluck. If you want a seat, be there ahead of 5:30. There is no theme. Just remember to sign up, bring your own table service and enough food to serve several others.

VOLUNTEER APPRECIATION LUNCH

This is a way to say "Thank You" to you if you have helped here in the Highlands this year in any way. Please sign up in the clubhouse and come to the lunch on Thursday, March 29th at noon.

MEN'S BREAKFAST

The men will go to the First Watch for breakfast on Wednesday, March 14th at 8:00 am. This is located in the Rooney Ranch Shopping Center. Sign up in the clubhouse.

WOMEN'S LUNCH

The women of the Highlands have chosen Olive Garden in the Marketplace for their lunch destination on Wednesday, March 28. Please note that there is a change in time to gather at the clubhouse to carpool - 11:30 to arrive at Olive Garden at 11:45. Don't forget to sign-up in the clubhouse.

INTERNATIONAL LUNCH GROUP

The International Lunch Group will have lunch at Bianchi's Italian Restaurant on Tuesday, March 20. This is a taste of Italy just around the corner, 3620 W. Tangerine in Marana. Please meet at the clubhouse at 11:30 am to carpool or meet at the restaurant at noon. Come join us!



PIZZA AND KARAOKE NIGHT

We had a blast in January, so let's do it again in March. Join us Sunday, March 18th, at 5:00 pm for Pizza and Karaoke/Sing-Along. Join your friends and neighbors for a nice meal, then stick around to help entertain or be entertained by these same friends and neighbors. Only \$5.00 each will get you Dominos pizza, salad, and coffee (or bring your own beverage). Please sign up and mark your choice of pizza so we know how much to buy. Table service will be provided. See ya there.

ICE CREAM SOCIAL

Where: At the clubhouse
When: Sunday, March 25th at 2:00 pm
Cost: .50¢ a scoop which includes a variety of toppings
Please sign-up on the clipboard at the clubhouse.

FLAN MAKING CLASS

David Cruz will be offering a Flan Making class on Tuesday, March 12th from 9:00 - 11:00 am. The class will be at his residence, 309 W. Weisshorn St. Class size is restricted to four (4). You will be able to watch how a flan is made from scratch, have a sample, take home a sample and a recipe card. All = \$15.00 Sign-up sheet at the clubhouse.

MOVIE NIGHT

March movie night will be Sunday, March 11th at 6:00 pm. It will be Ben Hur (1959). Note the earlier time as it is 3 hours long. Bring your own snack.

MARCH 15 DEADLINE FOR ART SHOW WORK

Attention, artists! Please pick up your submission form in the clubhouse for work you want to enter in this year's Art Exhibition and return to Sharon Dennis by March 15. A firm deadline is necessary to give the committee time to plan and prepare for

properly exhibiting the works. Don't delay!

ANNUAL ART EXHIBITION

Artists and art lovers, mark your calendars for Thursday, March 22, 6:00 pm - 7:30 pm, for our free annual exhibition of new works produced by Highlands residents and others who have participated in Highlands art classes. As in the past years, there will be live piano music by Jerry Lederer and light refreshments to enhance the evening. New this year is a silent auction of some beautiful donated works to raise funds for equipment for future art classes. For anyone in the park needing a ride to or from the event, the Horst brothers have generously offered a shuttle service. Call Jamie at 309-230-0233 to make arrangements.

REMINDER

Don't forget to fill out the "Highlands Clubhouse Renovations Survey" and mail it ASAP.

REFUSE AND RECYCLE

As there are new renters and owners here in the Highlands it is time to give some information from Hughes Sanitation Services. Please go to tucsontrash.com and click

on Highlands. This will give you all the facts you need. For those who do not have a computer the main thing you need to know is if you want to recycle you must place the items in a plastic sack and mark the container with a "R" and place the container next to the trash can. Please DO NOT SHARE with your neighbor as it is not fair to anyone.



Joanie in the Highlands office would like to say a special thanks for those who helped with the new directory.

WHITE ELEPHANT THANK YOU

Jamie and Steve Horst would like to thank all who helped and all who purchased. We couldn't do it without you. Approximately 300 came through our door. Put it on the calendar for next year, We especially need more jewelry and baked goods.

FROM LUCY

To all the wonderful friends in the Highlands: Thank you for the cards of

sympathy and love you shared with me and my family. Herb, I know, would have been very proud. Love and God bless you all.



DEATHS IN THE HIGHLANDS

Evelyn Hanson Feb. 6
Herb Phelan Jan. 31

CARE AND CONERN

Marilyn Staley reports that the following cards were sent to:

Lucy Phelan in sympathy for the loss of her husband, Herb.

Anita Lee and Ells Hanson in the death of their mother, Evelyn.

Get Well Cards to:
Lawrence Payne
Lorraine Tomac
Nancy Muzzy

"DISPOSE-A-MED"

Tuesday, March 6th is the date to take any unused or expired meds or vitamins to Sun City Oro Valley at 1565 E. Rancho Vistoso Blvd. from 9:00 - 11:00 am. Please leave them in the container.

MARCH 2018

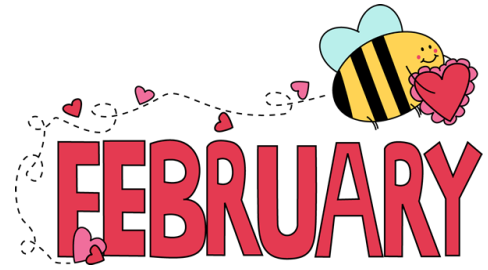
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
25	26	27	28	1 Exercise 8:00 am Aquafit 11:00 am Quilt Group 1:00 pm Gourd Class 1:00 pm Cards/Games 6:00 pm	2 Aquafit 11:00 am Tai Chi Adv 11:00 am Social Hour 4:00 pm Cards/Games 6:00 pm	3
4	5 Exercise 8:00 am Aquafit 11:00 am Hand & Foot 1:00 pm Crafts 1:30 pm Ping Pong 7:00 pm	6 Coffee 8:00 am Aquafit 11:00 am Hand & Foot 1:00 pm	7 Spanish 9:00 am Aquafit 11:00 am Cards/Games 6:00 pm	8 Exercise 8:00 am Aquafit 11:00 am Quilt Group 1:00 pm Gourd Class 1:00 pm Cards/Games 6:00 pm	9 Aquafit 11:00 am Tai Chi Adv 11:00 am Adult Asst'nce 1:00 pm Social Hour 4:00 pm Cards/Games 6:00 pm	10 Kaffeeklatsch 9:00 am Sock Hop 6-9:00 pm
11 Daylight Saving back home...not here! Movie Night 6:00 pm	12 Exercise 8:00 am Aquafit 11:00 am Hand & Foot 1:00 pm Crafts 1:30 pm Ping Pong 7:00 pm	13 Coffee 8:00 am Paint Class 10:00 am Flan Class 9 - 11:00 am Aquafit 11:00 am Hand & Foot 1:00 pm Potluck 5:30 pm	14 Men's Breakfast 8:00 am Spanish 9:00 am Aquafit 11:00 am Agenda Mtg 1:00 pm Cards/Games 6:00 pm	15 Exercise 8:00 am Aquafit 11:00 am Quilt Group 1:00 pm Gourd Class 1:00 pm Cards/Games 6:00 pm	16 Social Comm 9:00 am Aquafit 11:00 am Tai Chi Adv 11:00 am Social Hour 4:00 pm Cards/Games 6:00 pm	17 St. Patrick's Day
18 Pizza & Karaoke 5:00 pm	19 Exercise 8:00 am Aquafit 11:00 am Hand & Foot 1:00 pm Crafts 1:30 pm Ping Pong 7:00 pm	20 Coffee 8:00 am Paint Class 10:00 am Aquafit 11:00 am Internat'l Lunch 12 N Hand & Foot 1:00 pm	21 Spanish 9:00 am Open Bd Mtg 10:00 am Aquafit 11:00 am Cards/Games 6:00 pm	22 Exercise 8:00 am Aquafit 11:00 am Quilt Group 1:00 pm Annual Art Exhibit, 6:00 - 7:30 pm	23 Aquafit 11:00 am Tai Chi Adv 11:00 am Social Hour 4:00 pm Cards/Games 6:00 pm	24 Kaffeeklatsch 9:00 am
25 Ice Cream Social 2:00 pm	26 Exercise 8:00 am Aquafit 11:00 am Hand & Foot 1:00 pm Crafts 1:30 pm Ping Pong 7:00 pm	27 Coffee 8:00 am Aquafit 11:00 am Hand & Foot 1:00 pm Jam Session 6:30 pm	28 Spanish 9:00 am Aquafit 11:00 am Ladies Lunch 12 noon Cards/Games 6:00 pm	29 Exercise 8:00 am Aquafit 11:00 am Appreciation Lunch 12 n Quilt Group 1:00 pm Cards/Games 6:00 pm	30 Good Friday Aquafit 11:00 am Tai Chi Adv 11:00 am NO Social Hour ** Cards/Games 6:00 pm	31 Passover
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THE HIGHLANDS FLING

February, 2018

www.thehighlandsmhp.com

520-297-2722



FEBRUARY EVENTS

Fri, February 2

Vote for Directors
8:00 – 10:00 am
Annual Open Board
Meeting – 10:00 am

Tue, February 6

Potluck – 5:30 pm

Sat, February 10

Kaffeeklatsch - 9:00 am

Sun, February 11

Celebration of Life - 2:00 pm

Tue, February 13

Bus Trip to AZ Opry
9:00 am

Wed, February 14

Men's Breakfast - 8:00 am

Tue, February 20

International Lunch Group
12:00 noon

Sat, February 24

Kaffeeklatsch - 9:00 am

Tue, February 27

Jam session - 6:30 pm

Wed, February 28

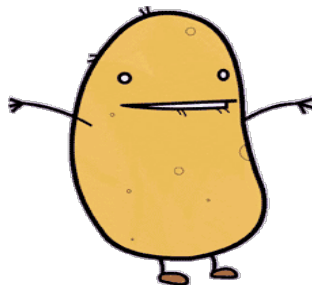
Ladies Lunch - 12:00 noon

**DON'T FORGET TO
SIGN UP!**

IMPORTANT REGARDING MARCH FLING

I will be out of town at the end of February; Jean Jackson will be editing the Fling. Please send any articles to her by February 20. You can reach Jean at 345-6863 or jeanjackson1937@gmail.com. I will return in time to edit the April issue. Thanks.

Carol Nadeau



BAKED POTATO POTLUCK

Remember that Potluck is one week early this month, on February 6. Be sure to sign up because this is a very popular event! You can bring salad, dessert or special toppings for the potatoes; sour cream, bacon bits and butter will be provided. Remember to bring your table setting.

CARDS SENT

Marilyn Staley reported that the following cards were sent:

Tom & Dee Beebe – Sympathy on the loss of their grandson.
Jeanmarie Nutt – Sympathy on the loss of her father.

MEN'S BREAKFAST

The men's breakfast will be held at Sunny Side Up in Catalina on Wednesday, February 14.

Please remember to sign up. Meet at the clubhouse at 8:00 a.m. if you would like to carpool.

INTERNATIONAL LUNCH GROUP

The international lunch group will dine at Za'Atar Mediterranean Restaurant, 2310 North Country Club Road on February 20. Meet at the clubhouse at 11:30 if you want to carpool.

LADIES' LUNCH

This month, the ladies' lunch will be at The Parish Restaurant, 6453 North Oracle Road, just north of Orange Grove, on February 28. The deadline for signing up is February 21. Meet at the clubhouse if you would like to carpool. Questions should be directed to Kathy Zeleznik on 440-821-5591.



HIGHLANDS' DAY TRIPPERS

You have TWO opportunities to join us in 2018. On February 13, we leave the clubhouse at 9:30 a.m. and travel to Barleen's Arizona Opry for a delicious meal, dessert (served 1st), non-alcoholic beverages and a delightful "Variety's Best" show. Cost is \$61 per person.

Then on April 2nd, we leave the clubhouse at 7:30 a.m. for the two day Verde Canyon Train Ride and Out of Africa experience. The trip includes first class train travel, appetizers and a cash bar on the train while enjoying the beautiful Verde Canyon. We spend the night at the Best Western where breakfast is included. Tuesday morning at 8:45 a.m., we will board the bus and head to "Out of Africa" where we get close to some very exotic animals. Cost is \$445 per couple or \$275 per single. Tickets go quickly, so call Jamie Horst at 309-230-0233 to reserve your spot!

CELEBRATION OF LIFE

On Sunday, February 11, at 2:00 p.m., Bernie and Anita will host a Celebration of Life to honor those residents who passed away during the last year.

COMMUNITY YARD SALES & WHITE ELEPHANT SALE

The annual community yard sales will be held Saturday, February 17 from 7:00 a.m. 1:00 p.m. If you have items to sell and want your house shown on the map, notify John and Darlene Sand at 520-270-2688. Please contact them before February 20. The sale will be advertised in the local newspaper.

The following week, February 24, the White Elephant Sale is held. Check your belongings for household items, tools, etc. that you no longer need (no clothes or shoes please). Be sure the items are clean and suitable for sale. Here are some examples: Household furniture, rugs, curtains, decorative pillows, dishes, small appliances, towels, bedding, plants, books, movies, craft supplies, etc. Women's accessories such as purses, belts and jewelry are very popular (even broken jewelry sells well).

Drop off time for all small items is Friday, February 23, between 8:00 a.m. and noon. If you need help with LARGE items, call Steve Horst at 309-781-5154 or Jamie Horst at 309-230-0233 to arrange for pick up.

If you would like to volunteer or help at the event, call Steve or Jamie at the above phone numbers.

The Country Kitchen will be selling homemade baked goods for you to enjoy while shopping.

Proceeds of the sale help support activities of the Social Committee.

PLEASE NOTE:

The tables will be set up on Friday for the sale and the hall will be locked at 7:00 p.m. until the sale begins on Saturday morning! Workers only will be admitted.



www.bakesaleflyers.com

ATTENTION HIGHLANDS BAKERS

The Bake Sale is held annually in conjunction with the White Elephant Sale. Gather your favorite recipes and bake away. Plan to drop off your treats at the Clubhouse on February 24 at 8:00 a.m. You can also drop off your baked goods at 309 Adirondack Street or call Barb Stevens at 520-544-7378 for pick up! Thank you in advance to all our gifted bakers who always do a wonderful job making this a TASTY and enjoyable event.

LOVE THE JAM SESSION?

We need a volunteer to host the Jam Session on the last Tuesday of each month or we will be forced to discontinue it. Call Cindy Bennett at 810-599-8929 for additional information.

FROM THE OPEN BOARD MEETING, 1/17/18*

- *Seven letters were read.
- *Pat announced that Joanie Mauger is now a Highlands' employee; no longer works for Account Temps.
- *There is a "no cash" policy in the office.
- *All contracts are current.
- *The pool heater has been replaced. It will cost \$949 to repair the old one as a backup.
- *Three contractors liked our plans (copies on bulletin boards) for a handicapped bathroom; we are still waiting for bids.
- *A CPA is in the process of reviewing our records.
- *The proposal to raise the title transfer fee from \$100 to \$200 was voted down.
- *The proposal to raise maintenance fees \$6 a month was tabled.
- *Bernie stated it will cost more than \$40,000 to coat our roads and seal the cracks.
- *We will begin updating the Pet Policy in February.
- *Bernie motioned that the Board approve \$2900 to purchase gravel for around the clubhouse and easements and \$900 to have the tiles around the pool cleaned.
- *The Social Committee will look into purchasing a ping-pong table to replace the damaged one.

MANY THANKS!

Thanks to those men who worked at the pancake breakfast and all who supported us. As always, the breakfast was a huge success!



WINE AND WET CANVAS WORKSHOP

By popular demand, Sharon Dennis will be conducting a wine and wet canvas workshop in the Clubhouse during the evening of February 20. You will go home with a 16" x 20" acrylic painting of a desert sunset. The class is limited to ten, but Sharon will repeat the workshop at a later date if there is enough interest. Cost for the canvas, paint and supplies is \$15. Bring your own wine or other beverage of choice. Painting experience is not necessary. Join the fun and go home with your very own original painting!! DON'T FORGET TO SIGN UP.

CALLING ALL ARTISTS AND CRAFTERS

Think about finishing up your projects for the annual Art Exhibit, which will be here before we know it! The exhibit is scheduled for Thursday, March 22.

DISAPPEARING SUPPLIES!

Due to continued issues with supplies disappearing, the locks to the back storage room have been rekeyed and a padlock has been installed on the kitchen supply room. Donato has moved the white erase board to the right side of the kitchen counter where anyone can list supplies needed for the Clubhouse.

NEIGHBORHOOD WATCH

Elizabeth Hinds is interested in resurrecting the Neighborhood Watch group from years ago (or starting a new/current group). Please contact Elizabeth at 520-440-7056 to voice your interest in this worthwhile cause.

COLD AND FLU SEASON

Unfortunately, the flu is rampant this season. Germs are spread through the air and on surfaces. The best way to prevent getting sick is to WASH YOUR HANDS FREQUENTLY. Please, if you are sick, stay at home and away from as many people as possible. Thank you.

FEBRUARY 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																																																																						
28	29	30	31	1 Exercise 8:00 am Aquafit 11:00 am Gourd Class 1:00 pm Quilt Group 1:00 pm Cards/Games 6:00 pm	2 Groundhog Day Vote 8-10 am Annual Mtg 10 am Aquafit 11:00 am Social Hour 4:00 pm	3																																																																																						
4	5 Exercise 8:00 am Aquafit 11:00 am Hand & Foot 1:00 pm Crafts 1:30 pm Ping Pong 7:00 pm	6 Coffee 8:00 am Aquafit 11:00 am Hand & Foot 1:00 pm Gourd Class 1:00 pm Potluck 5:30 pm	7 Spanish 9:00 am Aquafit 11:00 am Cards/Games 6:00 pm	8 Exercise 8:00 am Aquafit 11:00 am Gourd Class 1:00 pm Quilt Group 1:00 pm Cards/Games 6:00 pm	9 Aquafit 11:00 am Tai Chi Adv 11:00 am Social Hour 4:00 pm	10 Kaffeeklatsch 9:00 am																																																																																						
11 Celeb of Life 2:00 pm Movie Night 6:30 pm	12 Lincoln's B-Day Exercise 8:00 am Aquafit 11:00 am Hand & Foot 1:00 pm Crafts 1:30 pm Ping Pong 7:00 pm	13 Coffee 8:00 am AZ Opry Trip 9:30 am Aquafit 11:00 am Hand & Foot 1:00 pm Gourd Class 1:00 pm	14 Ash Wednesday Men's Breakfast 8:00 am Spanish 9:00 am Aquafit 11:00 am Cards/Games 6:00 pm	15 Exercise 8:00 am Aquafit 11:00 am Gourd Class 1:00 pm Quilt Group 1:00 pm Cards/Games 6:00 pm	16 Chinese New Year Social Comm 9:00 am Aquafit 11:00 am Tai Chi Adv 11:00 am Social Hour 4:00 pm	17 Community Yard Sales 7:00 am to 1:00 pm																																																																																						
18	19 Presidents' Day Exercise 8:00 am Aquafit 11:00 am Hand & Foot 1:00 pm Crafts 1:30 pm Ping Pong 7:00 pm	20 Coffee 8:00 am Aquafit 11:00 am Internat'l Lunch 12 N Gourd Class 1:00 pm Hand & Foot 1:00 pm	21 Spanish 9:00 am Aquafit 11:00 am Cards/Games 6:00 pm	22 Exercise 8:00 am Aquafit 11:00 am Gourd Class 1:00 pm Quilt Group 1:00 pm Cards/Games 6:00 pm	23 Aquafit 11:00 am Tai Chi Adv 11:00 am NO Social Hour Clubhouse Closed*	24 White Elephant and Bake Sale 8:00 am to 12 noon																																																																																						
25	26 Exercise 8:00 am Aquafit 11:00 am Hand & Foot 1:00 pm Crafts 1:30 pm Ping Pong 7:00 pm	27 Coffee 8:00 am Aquafit 11:00 am Hand & Foot 1:00 pm Jam Session 6:30 pm	28 Spanish 9:00 am Aquafit 11:00 am Ladies Lunch 12 noon Cards/Games 6:00 pm	1	2	3																																																																																						
4	5	<div>January 2018</div> <table><tr><td>S</td><td>M</td><td>T</td><td>W</td><td>T</td><td>F</td><td>S</td></tr><tr><td></td><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td></tr><tr><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td></tr><tr><td>14</td><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td><td>20</td></tr><tr><td>21</td><td>22</td><td>23</td><td>24</td><td>25</td><td>26</td><td>27</td></tr><tr><td>28</td><td>29</td><td>30</td><td>31</td><td></td><td></td><td></td></tr></table>			S	M	T	W	T	F	S		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31				<div>March 2018</div> <table><tr><td>S</td><td>M</td><td>T</td><td>W</td><td>T</td><td>F</td><td>S</td></tr><tr><td></td><td></td><td></td><td></td><td>1</td><td>2</td><td>3</td></tr><tr><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td></tr><tr><td>11</td><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td><td>17</td></tr><tr><td>18</td><td>19</td><td>20</td><td>21</td><td>22</td><td>23</td><td>24</td></tr><tr><td>25</td><td>26</td><td>27</td><td>28</td><td>29</td><td>30</td><td>31</td></tr></table>			S	M	T	W	T	F	S					1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	All Activities Held in Clubhouse/Pool Area EXCEPT: Green = Resource Room/Office Red = Off Site Activity *Clubhouse Closes at 7:00 p.m.
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THE HIGHLANDS FLING

January, 2018

www.thehighlandsmhp.com

520-297-2722



JANUARY EVENTS

Tue, January 9

Potluck – 5:30 pm

Wed, January 10

Men's Breakfast - 8:00 am

And Board of Directors

Agenda Meeting - 1:00 pm

Sat, January 13

Pancake Breakfast - 9:00 am

Tue, January 16

International Lunch Group

12:00 noon

Wed, January 17

Open Board Meeting

10:00 am

Sat, January 20

Highlands' Derby - 5:30 pm

Wed, January 24

Ladies Lunch - 12:00 noon

Sat, January 27

Kaffeeklatsch - 9:00 am

Sun, January 28

Pizza & Karaoke – 5:00 pm

Tue, January 30

Jam session - 6:30 pm

**DON'T FORGET TO
SIGN UP!**



OVERHEARD AT POTLUCK

"I didn't bring anything...I never do!" Imagine what would happen if no one brought anything. We would have a lot of hungry people and NO FOOD! The idea of potluck is to socialize and share. If you are going to attend, please contribute to the meal. You can easily purchase prepared food or dessert at the market.

FROM THE OPEN BOARD MEETING, 12/20/17

- Carol Hastings has been appointed as the Treasurer.
- Laurie Hartman resigned effective 12/21.
- Seven letters were read.
- Discussion regarding speeding in the community.
- Bernie is obtaining proposals to replace the pool heater.
- Bill Borer has one proposal of \$26,000 for a handicapped bath and is waiting for two others.

- The office doors and all file cabinets have been rekeyed because of some concerns.
- The sliding doors to the pool room and poker room will be locked during private parties.
- It was suggested we install a security camera in the clubhouse because of recent damage in the poker room. Brenda will secure bids.
- THI received a notice from the Town of Oro Valley indicating we must hire a civil engineer and reconstruct the bridge over the west wash.
- It was suggested that HOA fees should be increased by 10% each year to cover pending projects. This was tabled until January.
- There was discussion regarding auditing our books.
- We still need volunteers to cover and uncover the pool.
- Ballots for the February election were mailed on Monday, 12/18. Everyone should have received them by now.

HIGHLANDS' QUILTERS

The first meeting of the quilt group will be on January 11. All skill levels are welcome...bring your sewing machine. If you would like information about the first project, call Nancy Muzzy on 573-823-9635.



WHAT IF...

What if you planned a meal for 14 people and 29 showed up? That's what happened at the last kaffeeklatsch! Yeah, it's only coffee and donuts, but our volunteer hosts and servers were put in a bind when they ran out of both. We love to see everyone attending our events, but PLEASE sign up in advance so we know the amount of coffee and donuts to provide. And this applies to all of our events.

SOUP POTLUCK

The annual Soup Potluck will be held on January 9. Plan to make your favorite soup, salad or dessert to share. Bring your empty bowls and place settings; hot bread will be provided. What a great way to recover after all the New Year festivities. Please sign up at the clubhouse.

LEARN TO MAKE UKRAINIAN EASTER EGGS

The class will begin Wednesday, January 10 and run for four weeks from 12:30 to 3:00 p.m. in the Multipurpose Room. The fee for the class is \$10, and the class will be limited to ten people. Another class will be added if there is sufficient interest. Call Terry Wojdyla on 219-2603 for additional info.

SPANISH CONVERSATION GROUP

An intermediate Spanish conversation group, led by Vonnie Lincoln, will be held starting Wednesday, January 10. We will meet weekly from 9:00 to 10:30 a.m. in the Multi-purpose Room through March 28. The group is designed for those who have some Spanish, but you don't have to be able to carry on a conversation to participate. Please sign up in the clubhouse or contact Vonnie at 541-990-0998 for additional information. Anyone who would like help learning beginning Spanish should contact Vonnie for information.

LOW CARB/KETOGENIC SUPPORT GROUP

Come to the first meeting at the Clubhouse on January 10 at 1:00 p.m. to find out what this WOE (way of eating) has to offer you. In addition to losing weight, you can lower levels of inflammation and pain, increase energy, decrease blood sugar levels, resolve mood disorders and much more. For additional information, call Vonnie Lincoln at 541-990-0998 or sign up at the Clubhouse.

MEN'S BREAKFAST

The men's breakfast will be held at Sunny Side Up in Catalina on Wednesday, January 10. Please remember to sign up. Meet at the clubhouse at 8:00 a.m. if you would like to carpool.

NEW CHI GONG CLASS

Rick Anderson will start teaching a Chi Gong (form of Tai Chi) class on January 16 at 10 a.m. in the clubhouse. This will be a beginner class covering the basic principles of Chi Gong which include simple movements for improving strength and balance. Anyone is welcome to drop in.

INTERNATIONAL LUNCH GROUP

The international lunch group will dine at Goyita's on Lambert Lane, near Domino's, Tuesday, January 16. Meet at the clubhouse at 11:30 if you want to carpool.

IT'S ALMOST DERBY TIME!

The 2nd annual Highlands' Derby is Saturday, January 20. It's time to start thinking about your hat and the horse you want to back. You can view the carts decorated and on display at the pancake breakfast on January 13. On the 20th, there will be a catered dinner at 5:30; cost is \$20 per person. Tickets must be purchased by January 10! Sign up in the clubhouse or call Bernie on 409-8709 for additional information.

LADIES' LUNCH

This month, the ladies' lunch will be at Cracker Barrel in Marana on January 24. Meet at the clubhouse if you would like to carpool. Questions should be directed to Kathy Zeleznik on 440-821-5591.

PAINTERS AND “WANNA BE” PAINTERS

The Highlands' Art Committee will again offer painting classes in oil, water and acrylics! Char Saxe, local Highlands' Art Instructor, will work with the class members. If you have always wanted to paint on canvas, or you want to improve your skills, come join the class which will start on January 23 and run through February. Cost for the class, which includes canvas and supplies, is \$6 per session. Char will have supplies available for purchase at wholesale cost, or bring your own. Please call Char at 608-484-0229 or Sharon Dennis at 360-708-7247 for additional information. There will be a sign-up sheet at the clubhouse.

PIZZA, KARAOKE and SING-ALONG

Come to the clubhouse Sunday, January 28 at 5:00 p.m. to be fed and entertained. We will be serving Domino's pizza (paper plates and napkins included) and coffee. If coffee's not for you, just bring your own beverage. Then stick around to be part of the entertainment or listen to your neighbors as they sing popular songs from bygone days, classic country tunes, rock 'n' roll oldies.

YOGA ANYONE?

Susan Weber is a certified Yoga Instructor and would love to teach in the Highlands if there is interest. Susan could offer a chair yoga class also working on strength and balance with some

standing postures, as well as a gentle hatha yoga class with mats and some floor postures. She can also add some breathing techniques which are very helpful for stress and anxiety. Please call or text your interest to 505-927-4216 and we will try to figure out a time and day that works.

WELCOME NEW RESIDENTS

We welcome these new residents to The Highlands.

Regg & Myrna Wenaas
Bart Morris & Penny Watts
Michael and Susan Cook

THANK YOU!

Jane Staska thanks everyone who contributed toys for the children at Gospel Rescue Mission. Perhaps they would not have received Christmas gifts without your generosity.

FROM THE BOARD

Reminder Regarding Animals

Because this is a “No Pets” community, there are requirements which must be met BEFORE bringing in an animal. The owner must submit documentation from a physician, psychiatrist or social worker stating the type of disability and how the animal will assist in alleviating symptoms. This meets Federal Housing Authority rules by which we are governed. After arriving in the community, you are required to follow the list of rules you received from The Highlands regarding animals. All animals are required to be leashed when not on your

property. They are not allowed to run into the street and greet walkers! You cannot walk to your “friend's” home without your animal on a leash. Animals are not allowed on other residents' property unless invited by the owner. All residents, including renters, are governed by these rules. Visiting animals are not allowed in the community. Our hope is that we can all live in harmony in this community by showing respect for each other.

Regarding Speeders

Speeding continues to be a problem in this community. This is a reminder that the Speed Limit is 15 mph. Residents who observe speeders should report them to the police by way of the Traffic Control Hotline (229-4933) which is listed on the inside cover of The Highlands' Directory. The more calls the police receive from a given area, the more attention they give that area.

UPCOMING EVENTS

There are two exciting opportunities to join The Highlands' Day Trippers in 2018. On February 13, we once again go to “Barleen's Arizona Opry”. Cost for this trip is \$61 per person. Then on April 2 & 3, we take the Verde Canyon Train Ride and Out of Africa experience. Tickets for this two day trip, including room and breakfast on Tuesday, will be \$445 per couple and \$275 for a single. Tickets go quickly, so reserve your spot by calling Jamie Horst on 309-230-0233. More details on each trip will be provided in a later issue of *The Fling*.

JANUARY 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																																																																															
31	1 New Year's Day	2 Coffee 8:00 am Aquafit 11:00 am Hand & Foot 1:00 pm	3 Aquafit 11:00 am Cards/Games 6:00 pm	4 Exercise 8:00 am Aquafit 11:00 am Gourd Class 1:00 pm Cards/Games 6:00 pm * No Trash Today	5 Aquafit 11:00 am Tai Chi Adv 11:00 am Social Hour 4:00 pm Cards/Games 6:00 pm	6																																																																																															
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14 Movie Night Latest Version of "King Kong" 6:30 pm	15 ML King Day Exercise 8:00 am Aquafit 11:00 am Hand & Foot 1:00 pm Crafts 1:30 pm Ping Pong 7:00 pm	16 Coffee 8:00 am Chi Gong 10 am Aquafit 11:00 am Internat'l Lunch 12 N Gourd Class 1:00 pm Hand & Foot 1:00 pm	17 Spanish 9:00 am Open Bd Mtg 10:00 am Aquafit 11:00 am Cards/Games 6:00 pm	18 Exercise 8:00 am Aquafit 11:00 am Gourd Class 1:00 pm Quilt Group 1:00 pm Cards/Games 6:00 pm	19 Social Comm 9:00 am Aquafit 11:00 am Tai Chi Adv 11:00 am Social Hour 4:00 pm Cards/Games 6:00 pm	20 Highlands' Derby 5:30 pm																																																																																															
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THE HIGHLANDS FLING

December, 2017

www.thehighlandsmhp.com

520-297-2722



DECEMBER EVENTS

Sat, December 9

Kaffeeklatsch and
Derby Horse Auction (info on
Page 2 under Derby Day)
9:00 am

Tue, December 12

Potluck - 5:30 pm

Wed, December 13

Men's Breakfast - 8:00 am
&
Board of Directors
Agenda Meeting - 1:00 pm

Tue, December 19

International Lunch Group
12:00 noon

Wed, December 20

Open Board Meeting
10:00 am
&
Ladies Lunch - 12:00 noon

Sat, December 23

Kaffeeklatsch - 9:00 am

Tue, December 26

Jam session - 6:00 pm

Sun, December 31

New Year's Eve Bash
8:00 pm - Midnight

**DON'T FORGET TO
SIGN UP!**

IMPORTANT MESSAGE

Please consider running for one of the four vacancies on the Board of Directors. Directors are elected at the Annual Open Board Meeting in February. Each Director serves on the Board for a term on three years. In February, 2018, there will be four vacancies due to resignations. Resumes should contain a brief summary of your background and your vision for the community. **Resumes** must be received **in the office** by **December 1**, to allow for mailing of absentee ballots.

VOLUNTEERS NEEDED

Volunteers are needed to cover and uncover the swimming pool during the winter months. The cover is quite heavy, so you should be physically able to handle it. We cover it about 5:00 p.m. and uncover about 9:00 a.m. Please contact Karen Santa Maria at 520-419-8660.

ATTENTION RENTERS

All issues with regard to the property you are renting must be taken up with your landlord. The property owner will decide what issues should be directed to the Board.

CHRISTMAS PARADE

The annual Christmas Parade will be held on Sunday, December 17. Participants should meet at the Clubhouse at 2:00 p.m. to line up; the parade will start at 2:15. Bring snacks and drinks to share after the parade. Questions should be directed to Bill Behrendsen at 916-798-7733.

COOKIE EXCHANGE

There will be a cookie exchange at the Clubhouse on Wednesday, December 6 at 1:00 p.m. Bring as many cookies as you want and take the same number home. Bring any recipes you would like to share. Questions should be directed to Kathy Reagan at 661-4998.

WELCOME NEW RESIDENTS

The Highlands welcomes these new residents.

Morris & Carol Coville from
Oregon – on Ranier
William & Jutta Demay from
Arivaca, Az – on Adirondack
Richard Doxtadar from
Michigan – on Everest
Barton Morse & Penny Watts
from Tucson – on Highlands

GOT WEEDS?

The Compliance Committee will be doing the quarterly inspection of yards and carports. Please be sure to clean up your property.



Marilyn Staley reported that cards were sent to the following people:

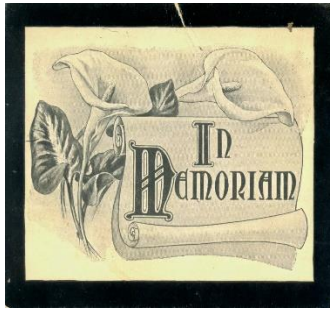
Harry Farris – Thinking of You
Barbara Davis – Get Well
Tom Beebe – Thinking of You
Bernie Kestler – Sympathy (loss of husband Dave)
Bernie Lee – Thinking of You
Evelyn Hanson – Thinking of You

CHRISTMAS DINNER

Christmas Dinner will be served at 2:00 p.m. on December 25. Hams will be provided by The Highlands. Everyone who plans to attend should bring a dish to share. Deadline for sign-up is December 19.

LADIES LUNCH

The Ladies Lunch will be on December 20 at Mimi's Café on Oracle Road. Meet at the Clubhouse by noon if you want to carpool. Please contact DeDe Venott at 520-235-9777 if you sign up and then cannot attend.



Bob Staska – October 23
Marjorie Brayack – October 31
Dave Kestler – November 2

MEN'S BREAKFAST

The men are returning to Sunny Side Up in Catalina for breakfast this month. Meet at the Clubhouse at 8:00 a.m. if you would like to carpool.

PINOCHLE CANCELLED

Please note that Wednesday Pinochle has been cancelled due to lack of interest.

NEW YEAR'S EVE PARTY

Come to the Clubhouse for the annual New Year's Eve experience! Music will be provided by Gus and Gina, popular DJs. Finger foods will be provided. Drawings for prizes will take place every half hour and a grand prize will be awarded at midnight. The extravaganza will be held from 8:00 p.m. until midnight. Tickets are \$20 per person. Contact Bernie on 409-8709 or Anita on 405-1081 for tickets or information.

TOYS FOR TOTS

Remember to bring new, unwrapped toys to the Clubhouse for the children at Gospel Rescue Mission and Toys for Tots.

COMING SOON

Details for these three events will be included in the January Fling.

SECOND ANNUAL DERBY DAY

Get ready to participate in the Second Annual Derby Day! On December 9, the ponies will be auctioned off at the Kaffee-Klatsch. The actual derby will take place on January 20. Prizes will be given for the favorite horse and best ladies' and mens' hats.

HIGHLANDS' QUILTERS

The first meeting of the quilt group will be on January 11. All skill levels are welcome. If you would like information about the first project, call Nancy Muzzy at 573-823-9635.

LEARN TO MAKE UKRAINIAN EASTER EGGS

The class for this traditional art will meet for 4 to 5 weeks beginning in January and will be limited to ten people. There will be a fee for class materials. The contact for this project is Terry Wojdyla at 219-2603.

Please note the deadline for next month's *Fling* is the 20th. Send articles and information to Carol Nadeau at cboydna@aol.com

DECEMBER 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	29	30	1 Aqufit 11:00 am Tai Chi Adv 11:00 am Social Hour 4:00 pm Cards/Games 6:00 pm	2
3	4 Exercise 8:00 am Aquafit 11:00 am Hand & Foot 1:00 pm Crafts 1:30 pm Ping Pong 7:00 pm	5 Coffee 8:00 am Aquafit 11:00 am Hand & Foot 1:00 pm	6 Aquafit 11:00 am Cards/Games 6:00 pm	7 Pearl Harbor Exercise 8:00 am Aquafit 11:00 am Gourd Class 1:00 pm Cards/Games 6:00 pm	8 Aqufit 11:00 am Tai Chi Adv 11:00 am Social Hour 4:00 pm Cards/Games 6:00 pm	9 Kaffeeklatsch and Derby Horse Auction 9:00 am
10 Movie Night 6:30 pm	11 Exercise 8:00 am Aquafit 11:00 am Hand & Foot 1:00 pm Crafts 1:30 pm Ping Pong 7:00 pm	12 Coffee 8:00 am Aquafit 11:00 am Hand & Foot 1:00 pm Potluck 5:30 pm	13 Chanukah Men's Breakfst 8:00 am Aquafit 11:00 am Agenda Mtg 1:00 pm Cards/Games 6:00 pm	14 Exercise 8:00 am Aquafit 11:00 am Gourd Class 1:00 pm Cards/Games 6:00 pm	15 Social Comm 9:00 am Aqufit 11:00 am Tai Chi Adv 11:00 am Social Hour 4:00 pm Cards/Games 6:00 pm	16
17	18 Exercise 8:00 am Aquafit 11:00 am Hand & Foot 1:00 pm Crafts 1:30 pm Ping Pong 7:00 pm	19 Coffee 8:00 am Aquafit 11:00 am Internat'l Lunch 12 N Hand & Foot 1:00 pm	20 Open Bd Mtg 10:00 am Aquafit 11:00 am Ladies' Lunch 12 Noon Cards/Games 6:00 pm	21 Dec. Solstice Exercise 8:00 am Aquafit 11:00 am Cards/Games 6:00 pm	22 Aqufit 11:00 am Tai Chi Adv 11:00 am Social Hour 4:00 pm Cards/Games 6:00 pm	23 Kaffeeklatsch 9:00 am Private Party 4:00 - 9:00 pm
24 Christmas Eve	25 Christmas Day Christmas Dinner 2:00 pm	26 Kwanzaa begins Coffee 8:00 am Aquafit 11:00 am Hand & Foot 1:00 pm Jam Session 6:00 pm	27 Aquafit 11:00 am Cards/Games 6:00 pm	28 No Trash Today * Exercise 8:00 am Aquafit 11:00 am Cards/Games 6:00 pm	29 Aqufit 11:00 am Tai Chi Adv 11:00 am Social Hour 4:00 pm Cards/Games 6:00 pm	30
31 New Year's Eve New Year's Eve Party 8:00 pm to Midnight	1	November 2017 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30			January 2018 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	
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THE HIGHLANDS FLING

November, 2017

www.thehighlandsmhp.com

520-297-2722



NOVEMBER EVENTS

Wed, November 8

Board Agenda Meeting
1:00 pm

Fri, November 10

Men's Breakfast
8:00 am

Sat, November 11

Kaffeeklatsch
9:00 am

Tue, November 14

Potluck
5:30 pm

Wed, November 15

Open Board Meeting
10:00 am

Fri, November 17

Social Committee Meeting
9:00 am

Tue, November 21

International Lunch Group
12:00 noon

Wed, November 15

Ladies Lunch
12:00 noon

Sat, November 25

Kaffeeklatsch
9:00 am

Tue, November 28

Jam session
6:00 pm

VOLUNTEERS NEEDED TO HOST POTLUCK!

We all enjoy the monthly potlucks; however, we need hosts and helpers to keep them going. Anyone interested in hosting one of the potlucks should obtain a sign-up sheet from the Clubhouse kitchen (second drawer from the left), add your name as host and ask three or four friends to help. There is a binder in the same drawer with instructions for hosting a potluck. We still need hosts for November 23, December 12 and 25. November 23 is Thanksgiving. Jean Jackson has volunteered to help, but we need hosts and people to cook turkeys. Questions should be directed to Cindy Bennett at 810-599-8929.

PLEASE NOTE - If there is no sign-up sheet posted five days prior to any potluck, it will be cancelled that month!

NEWS FROM THE OFFICE

Joanie Mauger is the current Bookkeeper. She started in late March and is in the office Tuesday, Wednesday and Thursday from 11:00 am until 1:00 pm. Stop in and say hello.

WILD ANIMALS – Please do not feed the wild animals that

visit the community, especially the Javelina. These are very dangerous animals that cause property damage, can kill small service dogs and severely injure residents.

OWNER/RENTER INFORMATION FORM -

Each resident must complete the attached form in order to update the office records (place the form in office drop box). There is a great deal of turnover in the community and the office must have current information on file. The information will also be used to complete the 2018 Highlands' Phone Directory.

MEMORIAL BREAKFAST

The family of Aileen Tomlinson, who passed away in August, will be hosting a Memorial Breakfast on Tuesday, November 14, at 8:00 a.m. in the Clubhouse. The family will cater the breakfast; you must sign up before November 10, if you plan to attend.

WELCOME NEW RESIDENTS

Robin Engdahl
Dawn & Dennis Klepfer
Richard Peterson
Debra Redmer

REMINDER ON-LINE FORUM

Last Spring, Bob Beck created, and agreed to moderate, an on-line forum for Highlands' residents. This is a place where items of mutual interest can be announced and discussed; where we can share items for sale, service provider recommendations, safety concerns, etc. If you would like to be a member of this forum, send an e-mail request to: highlands-residents-forum+subscribe@googlegroups.com

MONDAY CRAFT GROUP

Last month we announced that the Needlecrafters would combine with other crafters to form a group of all residents interested in crafting. The group meets in the Multi-purpose Room every Monday from 1:30 to 3:00 p.m.

INTERNATIONAL LUNCH GROUP

In October, 20 residents attended the International Lunch at It's Greek to Me. The food was excellent and a great deal of fun was had by all. On November 21, the group will dine at A Taste of India in the Safeway Plaza on Rancho Vistoso and First Ave. Meet at the clubhouse by 11:30 if you wish to carpool (we leave by 11:35) or come to the restaurant at 12:00 noon. Please sign up so we can make a reservation.

MEN'S BREAKFAST

On Friday, November 10, the men will be going to Golden Corral for breakfast (they do not serve breakfast on Wednesday). Meet at the Clubhouse at 8:00 a.m. if you would like to carpool.

LADIES LUNCH

On November 15, the Ladies' Lunch will be at Coco's on Oracle Road. Meet at the Clubhouse at 12:00 noon if you want to carpool.

WINE CORK CHRISTMAS DECORATIONS

On November 8, come to the Clubhouse and learn to make a cork horse decoration for Christmas (see picture below). Please bring five wine corks if possible. The class begins at 1:00 p.m. There will be a sign-up sheet for this class. Contact Cindy Bennett with questions.



GOURD CLASS

The Fall Gourd Class will begin on November 9 at 1:00 p.m. in the Multi-purpose room. The class is already full; but watch for another beginning in January. For further information, contact Ginny Tanner on 520-818-1226.

ROCK ANGEL

Have you noticed the painted rocks tucked into our landscape? Thank you to the artist/angel who has been enhancing our environment. If you haven't yet noticed the beautiful rocks, be sure to look for them around the Clubhouse, Pool and Office.

CHRISTMAS PARADE

We are looking for volunteers to walk at the beginning of the Christmas Parade. Interested parties should contact Bill Behrendsen at 916-798-7733 or behrbill@outlook.com

RESIDENT PHONE NUMBERS

Please note the following new or changed phone numbers:

Giles Jackson, 232 Weisshorn,
802-777-8441
Carole Marlow, 253 Adirondack
520-975-0947
Sharon Dennis, 1 Matterhorn
360-708-7247

Please note the deadline for next month's *Fling* is the 20th. Articles and information should be sent to Carol Nadeau at cboydna@aol.com. Thank you.

NOVEMBER 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																																																																													
29	30	31	1 Aquafit 11:00 am Pinochle 6:00 pm Cards/Games 6:00 pm	2 Aquafit 11:00 am Cards/Games 6:00 pm	3 Aquafit 11:00 am Tai Chi Adv 11:00 am Social Hour 4:00 pm Cards/Games 6:00 pm	4																																																																																													
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THE HIGHLANDS FLING

October, 2017

www.thehighlandsmhp.com

520-297-2722



OCTOBER EVENTS

Tue, October 10
Potluck
5:30 pm

Wed, October 11
Men's Breakfast
8:00 am

Sat, October 14
Kaffeeklatsch
9:00 am

Tue, October 17
International Lunch Group
12:00 noon

Sun, October 22
October Fest
5:30 pm

Wed, October 25
Ladies Lunch
12:00 noon

Sat, October 28
Kaffeeklatsch
9:00 am

Tue, October 31
Jam session
6:00 pm

**DON'T FORGET
TO SIGN UP!**



EXERCISE ANYONE?

The exercise and balance fitness class led by Shelly Whitlatch, exercise physiologist, will be held in the clubhouse each Monday and Thursday morning beginning October 30 at 8:00 a.m. The fee remains the same as last year, \$30 a month for eight (8) classes or \$5 per class. The first class is free, so come check it out and enjoy exercise with friends.

VOLUNTEERS NEEDED

Please consider running for the Board of Directors next February. We especially need someone with an appropriate background who is interested in the Treasurer position. Our Home Owners Association is run by volunteers, which helps keep our fees low. One alternative would be to hire a management company. Resumes for all Director positions must be received in the office by December 1, 2017.

NO OPEN BOARD MEETING IN OCTOBER

There will not be an Open Board Meeting in October because we will not have enough Directors for a quorum.



NEW CRAFT GROUP

Let's add something new this season! We have had a long standing gathering of needle-work crafters who meet in the Clubhouse on Monday afternoons at 1:30. We would like to change that and invite ALL "crafters" to join in. Bring whatever project you are working on at the present time; share ideas, knowledge, expertise and have some fun doing it!

This will be an "Open Studio", NO instructor, sign-up or leader. We hope to see some of our new residents along with our long-timers. Stop in and check it out...maybe even learn a new craft. Questions should be directed to Sharon Dennis at 360-708-7247.

INTERNATIONAL LUNCH GROUP

On October 17, the International Lunch Group will be savoring food at It's Greek to Me, 15920 Oracle Road. Meet at the clubhouse at 11:30 if you wish to carpool, or come to the restaurant at 12:00 noon. Please sign up so we can make a reservation.



OCTOBER FEST

Bring your favorite German beer or wine to the October Fest on Sunday, October 22. Plan to arrive at 5:30 p.m. Dinner will be served at 6:00 and will include brats, German potato salad and sauerkraut. Dancing will be from 6:30 to 8:30 with music by The Bouncing Czechs. Tickets are \$12 per person. Sign up at the clubhouse and Cindy Bennett will be around to collect your money. All money must be received by Wednesday, October 18.

MEN'S BREAKFAST

The men are going to First Watch for breakfast this month. Meet at the Clubhouse at 8:00 a.m. if you would like to carpool.

LADIES LUNCH

On October 25, the Ladies Lunch will be at Outback Restaurant at the Foothills Mall. Meet at the Clubhouse at 12:00 noon.

SAVE THOSE WINE CORKS

Sometime in November, there will be a class on how to make Christmas decorations out of wine corks. You can drop the corks off in the clubhouse near the sign-up sheets or contact Cindy Bennett.

AVON REPRESENTATIVE

Georgia Wallace has retired as The Highlands' Avon Rep. Avon books will be in the clubhouse with all the information needed to make a purchase.

Please note the deadline for next month's *Fling* is the 20th. Articles and information should be sent to Carol Nadeau at cboydna@aol.com. Thank you.

WELCOME NEW RESIDENT!

Rick Anderson, North Pyrenees
From Grand Junction, Colorado

PHONE LISTINGS

Please note that these people are not listed in the current directory:

Carol Hastings
10725 N. Kilimanjaro
520-989-9139

Richard Stein
10725 N. Kilimanjaro
520-989-9139

Donna Reynolds
324 W. Matterhorn
520-789-7208

WRONG PHONE NUMBER?

Is your phone number correct in our Highlands' Directory? If not, please be sure to let the office and me know. Space permitting, I will try to print a list of changes in *The Fling*.

Carol Nadeau
520-742-2722
cboydna@aol.com

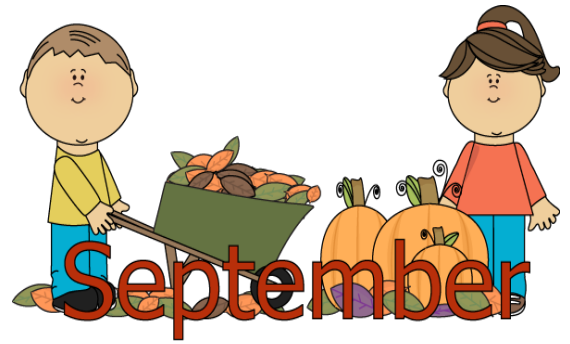
OCTOBER 2017

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22 October Fest 5:30 pm	23 Aquafit 9:00 am Hand & Foot 1:00 pm Crafts 1:30 pm Ping Pong 7:00 pm	24 United Nations Day Coffee 8:00 am Aquafit 9:00 am Hand & Foot 1:00 pm	25 Aquafit 9:00 am Ladies' Lunch 12 Noon Pinochle 6:00 pm Cards/Games 6:00 pm	26 Aquafit 9:00 am Cards/Games 6:00 pm	27 Aqufit 9:00 am Tai Chi Adv 11:00 am Social Hour 4:00 pm Cards/Games 6:00 pm	28 Kaffeeklatsch 9:00 am																																																																																											
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THE HIGHLANDS FLING

September, 2017
www.thehighlandsmhp.com

520-297-2722



SEPTEMBER EVENTS

Wed, September 6
International Lunch
Group
11:30 am

Sat, September 9
Kaffeeklatsch
9:00 am

Tue, September 12
Potluck
5:30 pm

Wed, September 13
Men's Breakfast
8:00 am

Fri, September 15
Social Comm Meeting
9:00 am

Sat, September 23
Kaffeeklatsch
9:00 am

Tue, September 26
Jam Session
6:00 pm

Wed, September 27
Ladies' Lunch
12:00 noon

**DON'T FORGET TO
SIGN UP!**

INTERNATIONAL LUNCH GROUP

Fourteen people attended the first International lunch, which was held at Cuban Blaze Restaurant. Delicious foods such as Cuban sandwiches, ropa vieja stew, tostones, rice and beans were savored and shared. The conversation was lively and enjoyable.

On September 6, the group will venture to Thuan Kieu, a Vietnamese restaurant at 1990 West Orange Grove Road. A sign-up sheet will be available. We will meet at the Clubhouse at 11:30 a.m.



WATCH OUT FOR SNAKES

Several snakes have been seen in the Highlands this month. Please use caution when walking, especially in the evening. It helps to carry a big stick (although I'm not sure it would help me, but it might scare the snake)!

JAM SESSIONS ARE BACK

Starting September 26, the Jam Sessions will be held the fourth Tuesday of each month in the Clubhouse. Everyone is invited...come and join the music or enjoy listening.



FIRE/SMOKE ALARMS

As many of you know, there was a house fire on Matterhorn during August. Please be sure your smoke alarms are up to date and working. Also have any electrical issues checked by a qualified electrician.

For a limited time, Golder Ranch Fire is providing free ten-year smoke alarms and carbon monoxide detectors to area residents. Contact Inspector Brenda Staggs at 520-818-1017. She will come to your home and install the alarms.



Marilyn Staley reported that Get Well Cards were sent to:
Eila Waterland
Aileen Tomlinson
Dave Calkins

LADIES LUNCH

This month, the Ladies Lunch will be at El Molinito on Oracle Road. Meet at the Clubhouse if you want to carpool or contact DeDe Venott at 520-235-9777 if you are going directly to the restaurant.

MEN'S BREAKFAST

The men are returning to Sunny Side Up in Catalina for breakfast this month. Meet at the Clubhouse at 8:00 a.m. if you would like to carpool.

Please note the deadline for next month's *Fling* is the 20th. Articles and information should be sent to Carol Nadeau at cboydna@aol.com. Thank you.



Aileen Tomlinson – August 16
Bill Page (former resident) –
August 17

WRONG PHONE NUMBER?

Is your phone number correct in our Highlands' Directory? If not, please be sure to let the office and me know. Space permitting, I will try to print a list of changes in *The Fling*.

Carol Nadeau
520-742-2722
cboydna@aol.com

PUMPKIN CHOCOLATE CHIP COOKIES

Although the original version of these cookies calls for all-purpose flour, pumpkin pairs nicely with whole wheat – so why not go for a dessert with whole-grain goodness? Check out the original recipe at www.kingarthurfour.com/recipes.

2 ¼ cups King Arthur White Whole Wheat Flour
1 teaspoon baking powder
½ teaspoon baking soda
½ teaspoon salt
1 ½ teaspoons Vietnamese Cinnamon

½ teaspoon ground ginger
1 cup unsalted butter, softened
½ cup brown sugar
½ cup granulated sugar
15 ounce can pumpkin
2 large eggs
1 teaspoon pure vanilla extract
Grated zest of 1 orange, optional
2 cups semisweet choc chips
1 cup chopped walnuts

Preheat oven to 375 degrees.
Lightly grease two baking sheets or line with parchment.

Wisk together flour, baking powder, baking soda, salt and spices. In a separate bowl, beat together butter and sugars. Scrape sides and bottom of bowl, then beat in pumpkin, eggs, vanilla and orange zest. Scrape bowl again, then add the dry ingredients beating until thoroughly combined. Stir in chocolate chips and nuts.

Using a tablespoon cookie scoop, drop the dough onto the prepared baking sheets. Bake on the middle oven rack for 15 to 18 minutes, until the edges are lightly browned. Remove cookies from oven and cool on the pans for five (5) minutes before transferring to racks to cool completely.

Yield: 5 dozen

Recipe courtesy of Jean Jackson.

SEPTEMBER 2017

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THE HIGHLANDS

FLING

August, 2017

www.thehighlandsmhp.com

520-297-2722



AUGUST EVENTS

Tue, Aug 8
International Lunch
Group
12:00 noon

Potluck
5:30 pm

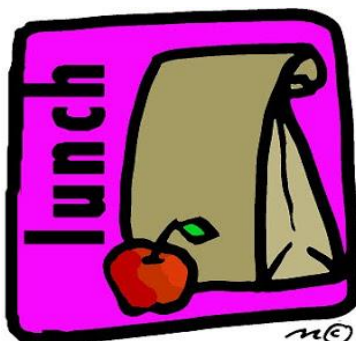
Fri, Aug 11
Men's Breakfast
8:00 am

Sat, Aug 12
Kaffee Klatsch
9:00 am

Wed, Aug 23
Ladies Lunch
12:00 noon

Sat, Aug 26
Kaffee Klatsch
9:00 am

**DON'T FORGET
TO SIGN UP!**



NEW! INTERNATIONAL LUNCH GROUP

The International Lunch Group will meet on the second Tuesday of each month at noon. There will be a sign-up sheet for head count. The restaurant of the month will be listed on the sign-up sheet. Meet at the Clubhouse if you want to carpool, or meet at the restaurant. Call David Cruz at 347-406-2825 with questions.

LADIES' LUNCH

The ladies' luncheon will be held on Wednesday, August 23, at Macaroni Grill on Ina Road. Please sign up so we can make a reservation. Meet at the clubhouse by 12:00 noon if you want to carpool.

MEN'S BREAKFAST

The Men's Breakfast will be held on Friday, August 11. This is a change from the second Wednesday. It will be held at the Golden Coral on Thornydale at 8:00 a.m. Meet at the Clubhouse by 7:45 if you would like to carpool. Remember to sign up and come for the fun. Please bring a friend (or a stranger).



MEL BROOKS MONTH

August is Mel Brooks Month at the Highlands' Clubhouse. One of Mel's movies will be shown every Sunday night at 6:30 p.m. Movie titles will be posted on the marquee. Bring your own snacks and beverages...have fun!

ATTENTION POOL USERS

We are very lucky to have Donato and Ray clean and vacuum our pool. This is done every Sunday and Wednesday at 9:00 a.m. PLEASE DO NOT ENTER the pool BEFORE 9:00 a.m. on those two days. It stirs the debris and extends the cleaning time which is normally 2 or 2-1/2 hours.

Thank you for being considerate!



Marilyn Staley reported that a get-well card was sent to Larry Staley.

NO FLING DELIVERY DURING SUMMER!

The Fling will not be delivered to your homes during the months of August and September. It will be available for pick up in the Resource Room or Clubhouse. It can also be viewed on-line at thehighlandsmhp.com

THANK YOU

Evelyn Hanson wishes to thank all of you who wished her a "Happy 96th Birthday"

PLANNING A PRIVATE PARTY OR EVENT?

Private Parties for 25-100 people are usually held in the Clubhouse. The fee is \$25 plus a \$100 refundable deposit. For a meeting, class or small party (2-20 people) the Multi-Purpose/Resource Room is more suitable. Bernie Lee is the contact to reserve either room. He can be reached at 409-8709. Please call two weeks in advance for reservations.

WRONG PHONE NUMBER?

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Carol Nadeau
(520) 742-2722
cboydna@aol.com

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AUGUST 2017

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THE HIGHLANDS FLING *July, 2017*

www.thehighlandsmhp.com



JUNE EVENTS

Tue, July 4
Dinner and Fireworks
7:00 pm

Sat, July 8
Kaffee Klatsch
9:00 am

Tue, July 11
Potluck
5:30 pm

Wed, July 12
Men's Breakfast
8:00 am

Sat, July 22
Kaffee Klatsch
9:00 am

Wed, July 26
Ladies Lunch
12:00 noon

**DON'T FORGET
TO SIGN UP!**

INDEPENDENCE DAY CELEBRATION!

Come to the Clubhouse on July 4th to celebrate Independence Day. Dinner will start at 7:00 p.m. with chicken, salads and dessert. Table service will be provided. Cost is \$5 per person. Fireworks will start about 7:45 p.m. Be sure to sign up by July 1 deadline!



Please note that "Regular Tuesday Coffee" will be held on MONDAY, July 3, at 8 a.m. to allow volunteers to set up for the Independence Day celebration on July 4.

Kaffee Klatsch is held the 2nd and 4th Saturdays at 9 a.m. Coffee is \$.50 and each donut is an additional \$.50.

LADIES' LUNCH

The ladies' luncheon will be held on Wednesday, July 26, at Applebee's, Foothills Mall. Please sign up so we can make a reservation. Meet at the clubhouse by 12:00 noon if you want to carpool.

MEN'S BREAKFAST

The Men's Breakfast will be on Wednesday, July 12, at Sunny Side Café in Catalina. Meet at the Clubhouse by 8:00 a.m. if you wish to carpool.

INTERNATIONAL LUNCH GROUP

David Cruz is looking to form an International Lunch Group to savor foods from different parts of the earth. One day a month you can transport your palate to another area via cuisine. Imagine: Brazil, Argentina, Vietnam, Thailand, Peru, Salvador, Cuba, Mexico, Puerto Rico and others. Hmmm...Ideas? Contact David Cruz by e-mail at tainoz@yahoo.com or phone (347) 406-2825.



PLANNING A PRIVATE PARTY OR EVENT?

Private Parties for 25-100 people are usually held in the Clubhouse. The fee is \$25 plus a \$100 refundable deposit. For a meeting, class or small party (2-20 people) the Multi-Purpose/ Resource Room is more suitable. Bernie Lee is the contact to reserve either room. He can be reached at 409-8709. Please call two weeks in advance for reservations.

Marilyn Staley reported that she received a phone call from Helen Sawyer, who lived in The Highlands for eight (8) years before moving to The Fountains. Helen would love to hear from former neighbors and friends.

Her address is:

2001 West Rudasill Road
Apartment 6304
Tucson, AZ 85704

Her phone number is:
(520) 818-3667

NO FLING DELIVERY DURING SUMMER!

The Fling will not be delivered to your homes during the months of July, August and September. It will be available for pick up in the Resource Room or Clubhouse. It can also be viewed on-line at thehighlandsmhp.com

WRONG PHONE NUMBER?

Is your phone number correct in our Highlands' Directory? If not, please be sure to let the office and me know. Space permitting, I will print a list of changes in *The Fling*.

Carol Nadeau
(520) 742-2722
cboydna@aol.com

Please note the deadline for next month's *Fling* is the 20th. Articles and information should be sent to Carol Nadeau at cboydna@aol.com. Thank you.

JULY 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																																																																						
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THE HIGHLANDS FLING

June, 2017

www.thehighlandsmhp.com



JUNE EVENTS

Sat, June 10
Kaffee Klatsch
9:00 am

Wed, June 14
Men's Breakfast
8:00 am

Sat, June 24
Kaffee Klatsch
9:00 am

Wed, June 28
Ladies Lunch
12:00 noon

**DON'T FORGET
TO SIGN UP!**

WELCOME NEW RESIDENTS

- * John Osier (Matterhorn) from Fort Wayne, Indiana
- * Giles Jackson (Weisshorn) from Midland, Texas
- * Lee & Judy Olson (Stromboli)
- * Larry & Joan Clow (Matterhorn) from Denver, Colorado and Minnesota
- * Toni Monson (Pyrenees) from Duluth, Minnesota
- * Judy Spanger (Pyrenees) from Parker, Colorado
- * William & Nancy Allen (Matterhorn) from Maple City, Minnesota
- * Frances Hastings and Richard Stein (Kilimanjaro) from Midland, Texas

Welcome to the Highlands. Please join us for some of the events...We would love to meet you!

NO FLING DELIVERY DURING SUMMER!

The Fling will not be delivered to your homes during the months of June, July and August. It will be available for pick up in the Resource Room or Clubhouse. It can also be viewed on-line at thehighlandsmhp.com

REMINDER FROM THE TREASURER

According to the CC&Rs, Article 12.b, monthly HOA maintenance fees are due and payable by the 15th of each month (see below). If the fees are not paid, 10% interest (\$5.80) is added until the amount is paid. Please be sure to pay all fees on time; this includes quarterly, semi-annual and annual payments.

Article 12. COMMUNITY AREAS & FEES

b. Each monthly maintenance fee shall constitute a lien on the home site and shall be due and payable with fifteen (15) days after the first of each month. Notice of delinquent fee payment shall be mailed or delivered to such home site owner. Interest shall accrue at ten percent (10%) per annum of the delinquent amount until paid.

LADIES' LUNCH

The ladies' luncheon will be held on Wednesday, June 28 at Olive Garden, Oro Valley. Please sign up so we can make a reservation. Meet at the clubhouse by 12:00 noon if you want to carpool.

MEN'S BREAKFAST

The Men's Breakfast will be on June 14 at Sunny Side Café in Catalina. Meet at the Clubhouse by 8:00 a.m. if you wish to carpool.



Marilyn Staley reported that cards were sent to the following people:

Bob Staska – Thinking of You
Kathy Zeleznik – Get Well
Joe Zeleznik – Sympathy, loss of mother

A SUCCESSFUL MAY POTLUCK

Last month, we announced that there were no planned Potluck Dinners for the summer months. Thanks to the residents who volunteered to host the May potluck. With only five days' notice, 36 people showed up and brought some great food!



SUMMER VOLUNTEERS STILL NEEDED!

If anyone would like to host a Potluck on the second Tuesday of July or August, please obtain a sign-up sheet from the Clubhouse and place it on a clipboard in the pool room. Instructions for hosting and blank sign-up sheets can be found in the Clubhouse kitchen, third drawer from the left. If you prefer to host an alternate type of event, please submit an article/notice for *The Fling* by the 20th of the month prior to the event. cboydna@aol.com

NOTES FROM COMPLIANCE

The monsoons are on the way and more weeds will be popping up.

Carports are for cars, trucks, golf carts and bicycles ONLY. All other items should be placed in your storage shed.

Additional information and rules on these items can be found in the CC&Rs under the Property Maintenance and Vehicles sections.

The Compliance Committee will do weed, yard and carport inspections during the second week of June.

The Board has received several calls and letters regarding noise, illegal parking and speeding in the community. Oro Valley Police have worked with us and residents are to call them with details such as addresses, descriptions of cars, etc.

**PLEASE DO YOUR PART TO
KEEP OUR COMMUNITY
SAFE!**

PLEASE NOTE

Helen Sawyer has requested we let everyone know she is at The Fountains of LaCholla.



4TH OF JULY DINNER & FIREWORKS

Dinner will begin at 7:00 p.m. with chicken, salads and dessert. The cost will be \$5 per person. More details in the July *Fling*. Sign-up deadline is July 1.

PLANNING A PRIVATE PARTY OR EVENT?

Private Parties for 25-100 people are usually held in the Clubhouse. The fee is \$25 plus a \$100 refundable deposit. For a meeting, class or small party (2-20 people) the Multi-Purpose/Resource Room is more suitable. Brenda Henderson is the contact to reserve either room. She can be reached at 297-8569. Please call two weeks in advance for reservations.

Please note the deadline for next month's Fling is the 20th. Articles and information should be sent to Carol Nadeau at cboydna@aol.com. Thank you.

The Highlands, Inc.

Spring 2017 Community Improvement Carousel Results

The information in the charts below were recorded directly from the posters that were put up in the Highlands Club House in February 2017

Items in the charts below were written down directly from the posters and the total points listed on the posters were added together to come up with values for each item in the charts below

The Community Improvement Carousel results will be used by the Board of Directors and the Community for future planning.

If you have questions about the results, please contact Ray Scantlan The Highlands, Inc HOA Treasurer

Ray.scantlan@gmail.com 520-301-4652

Admin Building Office, Multi-purpose Room, Resource Room

Item	Value	Cost	complete
Management Company to keep rules	1		
Don't need Management Company	35		
Expand entrance between Resource Room & Multi Purpose Room with Accordion doors for social gathering	26.5		
Install motion sensor lights in resource room	15		
Replace carpet with vinyl tile (smells)	24		
Lock resource room overnight	5		
Create and maintain a reserve study and plan to more objectively consider the affordability of new projects			

Comments

Item	Value
Management company will double HOA Fees	
Hire Lewis Management to Run The Highlands	
Make letters to the board more accessible to residents	
Keep and publish census count in fling for the number of snowbirds	

Clubhouse

Item	Value	Cost	Complete
Maintain as is	20		
Solid wood floor in ballroom	21		
No wood floors	27		
No A/C	32		
TV used for sports	38		
Install door openers for ADA	5		
Replace old heavy uncomfortable chairs with folding chairs	39		
Wi-fi in clubhouse	54		
Solar panels for electric	40		
Control shower use	41		
Remove showers from bathroom	18		
Cable TV	6		
Add A/C	113		
Spruce up kitchen, paint cabinets & tile floors	5		

Comments

Item	Value
Do not raise HOA fees for any new stuff	95
Culture here sucks part-timers vs. full timers	
Do not have hardwood floors, too expensive	
This park is unique, people move here for the uniqueness, repair & keep up do not change	
Solid chairs are safer than folding chair, folding chairs are hard on the butt	

Committees

Suggested committees	Volunteers
Social Committee-volunteers	Judi Olson & Terry Wojdla
Club house Committee	Dan Wojdla
Pool area Committee	Laura Valade
Sustainability Committee	Vonnie Lincoln
Financial Audit Committee	

Communications Between Residents

Item	Value	Cost	Complete
The Highlands Facebook group	47		
Online discussion forum for residents	5		

No Particular Subject

Item	Value	Cost	Complete
Put a Defibulator-AED in club house	53		
Computer classes-volunteer teachers	35		
Locked secure mailboxes, remove old rural boxes	5		
Allow dogs, people need dogs	25		
No dogs	40		
Enforce leash laws	45		

Comments

Item	Value
NO Dogs, not what I signed up for, don't want dogs period	
Only certified service dogs allowed	10
The Highlands as a pet friendly community	
I have seen a lot of Poop and a lot of dogs. Especially off leash show some consideration	
No walking dogs on street	
The reason HOA fees are low is because of the Volunteer activities, we should have a yearly appreciation dinner for Volunteers at HOA Expense	

Outdoor Game Area

Item	Value	Cost	Complete
Pickle ball court	56		
Weight room in part of clothes line area	62		
Keep clothes lines	42		
Pickle ball is a fad, leave as is	50		

Comments

Item	Value
Residents can play outside of The Highlands	
Very minimum number of active residents in The Highlands	
If pickle Ball and the clothes lines can co-exists-sounds great. A more active sport for more active/able residents	11

Pool Area

Item	Value	Cost	Complete
ADA dressing Room& Shower	55		
ADA Chair Lift	31		
Covert Pool to Salt Water	129		
Re-do Pool deck	29		
Need showers for pool			

Comments

Item	Value
Keep Pool temps lower when air is warm	40
No Smoking in pool area, smoke is toxic and does not stay in its designated area	35
Do Not close pool in summer	

RV Area

Item	Value	Cost	Complete
Add wood shop	50.5		
No Wood shop	58		
Repair, replace culverts to meet 100 year flood plan, 700 CFS current only meeting 100 CFS	25.5		
One vehicle per space or pay more	8		

Comments

Item	
Wood shop insurance??	

Streets & Signs

Item	Value	Cost	Complete
Need I ADA sign and designated space for van access	24		
2 signs and 2 designated spaces for ADA	25		
Speed Bumps	12		
Need new street signs, some peeling	14		
Traffic circle around club house should be one way	6		
Slow down	22		
No Speed bumps	19		
Double yellow line south of clubhouse to long	11		
Stop running stop signs	19		

Trips & Events

Item	Value	Cost	Complete
Bisbee Mine tour, mine museum, shopping	44		
Patagonia & Southwest AZ Wine tour	46		
Kartchner Cavern Continued	9		
Tombstone	17		
Sky watch on Mt. Lemon	22		
Group dinner out early	17		
Super bowl party using cable TV	37		
Monday night football cable TV	38		
No Cable TV	41		
Diamond Casino	8		
Barrett Jackson Car auction, Scottsdale in Jan	10		

JUNE 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																																																																												
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THE HIGHLANDS FLING

May, 2017

www.thehighlandsmhp.com



MAY EVENTS

Wed, May 10
Men's Breakfast
8:00 am

Sat, May 13
Kaffee Klatsch
9:00 am

Sat, May 20
Senior Prom/Herb's
Birthday
5:00-9:00 pm

Wed, May 24
Ladies Lunch
12:00 noon

Sat, May 27
Kaffee Klatsch
9:00 am



SUMMER VOLUNTEERS NEEDED!

There are no planned Potluck Dinners for the months of May through August. If anyone would like to host a Potluck on the second Tuesday of those months, please obtain a sign-up sheet from the Clubhouse and place it on a clipboard in the pool room. Instructions for hosting and blank sign-up sheets can be found in the Clubhouse kitchen, third drawer from the left. If you prefer to host an alternate type of event, please submit an article/notice for *The Fling* by the 20th of the month prior to the event.
cboydna@aol.com

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SENIOR PROM/ HERB'S BIRTHDAY

Saturday, May 20, 5:00 to 9:00 p.m. Everyone is invited...bring your friends and family! Refreshments will be served from 5:00 to 6:30. At 6:30 there will be dancing to the Big Bands with music provided by Terry Reagan. Please RSVP by May 16 to Lucy Phelan 970-290-4007.

DID YOU KNOW?

Your pool key can be used to open the cabinet containing the equipment for Shuffle Board, Mini Golf, etc.

SIGN-UPS ??

Are you the person who has been writing all over our sign-up sheets? Do you cross off the names of people who are attending a function? Please stop this childish behavior; save us the trouble of installing a nanny-cam and save yourself the embarrassment of getting caught.

MEN'S BREAKFAST

The Men's Breakfast will be on May 10 at Sunny Side Café in Catalina. Meet at the Clubhouse by 8:00 a.m. if you wish to carpool.

LADIES' LUNCH

The ladies' luncheon will be held on May 24 at Harvest Restaurant on LaCanada. Please sign up so we can make a reservation. Meet at the clubhouse by 12:00 noon if you want to carpool.



ON-LINE FORUM (Correction)

This article is a repeat from April, but please note the change in the e-mail address. There should be a plus sign between forum and subscribe, not a dash.

Bob Beck has created, and will moderate, an on-line forum for Highlands' residents. This forum is not an official activity of or approved by The Highlands. It is a place where items of mutual interest can be announced and discussed; where we can share items for sale, service provider recommendations, safety concerns, etc. If you would like to be a member of this forum, send an e-mail request to: highlands-residents-forum+subscribe@googlegroups.com

with the subject "subscribe" and your Highlands' address in the body of the text. Please note that your e-mail address will never be used or shared.



Marilyn Staley reported that a get well card was sent to Addie Everett.

HOSTING AN EVENT?

If you are hosting an Event or Potluck for the first time, there are instructions and seating layouts in the Clubhouse kitchen, third drawer from the left. There is also a box/drawer in the pantry containing a wealth of information.

PLANNING A PRIVATE PARTY OR EVENT?

Private Parties for 25-100 people are usually held in the Clubhouse. The fee is \$25 plus a \$100 refundable deposit. For a meeting, class or small party (2-20 people) the Multi-Purpose Room is more suitable. Brenda Henderson is the contact to reserve either room. She can be reached at @ 297-8569. Please call two weeks in advance for reservations.

NEW PHOTOS ON THE HIGHLANDS' WEBSITE

The Highlands' website has been updated to include two new panoramic photos of our Catalina views. The opening page shows a daytime view and there is a sunset view on the "Contact Us" page. Check them out at thehighlandsmhp.com

WRONG PHONE NUMBER?

Is your phone number correct in our Highlands' Directory? If not, please be sure to let the office and me know. Space permitting, I will try to print a list of changes in *The Fling*.

Carol Nadeau
742-2722
cboydna@aol.com

Please note the deadline for next month's Fling is the 20th. Articles and information should be sent to Carol Nadeau at cboydna@aol.com. Thank you.

MAY 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																																																																										
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THE HIGHLANDS FLING

April, 2017

www.thehighlandsmhp.com



APRIL EVENTS

Tue, April 3
Dolly Steamboat Trip

Sat, April 8
Kaffee Klatsch
9:00 am

Tue, April 11
Potluck Dinner
5:30 pm

Wed, April 12
Men's Breakfast
8:00 am

Sat, April 20
Kaffee Klatsch
9:00 am

Fri, April 21
Social Committee Meeting
9:00 am

Sun, April 23
Sunday Supper
5:00 pm

Wed, April 26
Ladies' Lunch
12:00 Noon



ATTENTION GRANDPARENTS

Recently children have been seen driving golf carts without adult supervision. This presents a very dangerous situation not only for the children, but also for our residents. The owner of each golf cart is responsible for any injury caused regardless of who is driving. How will you feel if your grandchild or other relative has been hurt or you are being sued by an injured resident? Please be sure there is an adult supervising the driving of golf carts!



NOTES FROM THE OPEN BOARD MEETING

*The next Open Board Meeting will be in October; no meeting in April.

*Welcome new Board Members, Ray Scantlan, Bernie Lee and Carole Alberda.

*Ray Scantlan is the "go to" Director for any concerns or problems with office activities.

*Tile flooring will be installed in the Resource Room.

*Air conditioning for the clubhouse and the handicap bathroom remain tabled pending more feedback from residents.

*A liability clause will be added to the Guest RV registration form.

*A second printer will be purchased for the office.

*Twelve new chairs will be purchased for the clubhouse and two loungers for the pool area.

NOTES FROM THE SOCIAL COMMITTEE

Upcoming and past events were discussed. We also talked about whether or not we should continue to meet. A meeting is scheduled for April.

OFFICE STAFF CHANGE

Ruthie has decided to leave The Highlands. Joanne Mauger will be the new person in the office.

VOLUNTEERS NEEDED

We still need volunteers to chair the Sunday Supper on April 23. Call Jane Force at 297-9068 if you are willing to help.



SUNDAY SUPPER BRING YOUR OWN MEAT TO GRILL

A Sunday Supper will be held on April 23 at 5:00 p.m. The cost is \$5.00 per person. Baked Beans, salad and dessert will be provided. Table service will also be provided. Bring your beverage of choice. Sign up by Wednesday, April 19.

REVISED CC&Rs ARE AVAILABLE

The revisions to the CC&Rs, By-Laws and Articles of Incorporation which were approved by majority vote in February have been completed. The revised documents are available on the website. Members can pick up at the office during regular hours. Any member who would like a copy mailed to them should call the office to schedule.

THANK YOU!

To all the wonderful and generous bakers of the Highlands...I would like to personally thank each of you who contributed baked goods to the recent White Elephant Bake Sale. We had an amazing array of goodies! I had a great time as chairperson of the bake sale and couldn't have done it without your generous contributions. A HUGE thank you to my wonderful helpers – Cindy, Helen, Lorraine.

With Many Thanks,
Barb Stevens

INTERESTING INFO

During one 84 day period from November 2016 to February 2017, The Highlands' website was visited (viewed) more than 14 times a day! This trivia was provided by Bob Beck. Thanks Bob.

SALUTE TO VETERANS

At the Potluck Dinner on March 14, The Highlands' Quilters presented a handmade lap quilt to each Veteran in attendance. In fact, four Vets who attended but had not registered were also given quilts. Quilts were delivered to those unable to attend. Here's the breakdown:

US Army 17
US Navy 9
US Marines 2
US Airforce 1
Merchant Marines 1
National Guard 1

Kay DeLong wrote a beautiful poem for the event (see last page of this newsletter).

ONLY YOU CAN PREVENT SPEED BUMPS!

Everyone seems to be in a hurry and lately the problem has gotten worse. The Speed Limit on all Highlands' streets is 15 miles per hour. Yes, that seems slow, but there are bikers (and trikers), walkers, wheelchairs and even children on our streets. If you are one of the speeders, please slow down. If you're an observer, please call the Oro Valley Police Hotline (520-229-4933) and report the incident. The more calls the police receive from a given location, the more they patrol.

HOME BOYS' BREAKFAST

On April 12, The Home Boys will again have breakfast at Sunny Side Up in Catalina. Meet at the Clubhouse at 8:00 a.m. to car pool. Don't forget to sign up and try to bring a friend. The more, the merrier!

LADIES LUNCHEON

This month, the Ladies of The Highlands will be going to Café Torino at LaCanada and Lambert. Reserve the date – April 26 and don't forget to sign up!

POOL HOURS

It is getting warmer and we no longer need to cover the pool. It will be open 24/7.

WRONG PHONE NUMBER?

Is your phone number correct in our Highlands' Directory? If not, please be sure to let the office and me know. Space permitting, I will try to print a list of changes in *The Fling*.

Carol Nadeau
742-2722
cboydna@aol.com



Marilyn Staley reported that cards have been sent to the following people:

Duane Olson – Surgery
Charlotte Marshall – Loss of
Her Brother
Carol Edwards – Loss of her
Mother, Alice Cordell
Rick Peterson – Thinking of
You
Jean Jackson – Thank You
For 8+ years as Fling
Editor

SPECIAL THANKS

Let's give special thanks to those who serve on the Board of Directors, the Social Committee and volunteer in this community throughout the year. It takes commitment, planning and a lot of work to coordinate workshops, classes, parties and other activities for us to enjoy. You are greatly appreciated!



JEAN JACKSON

You are greatly appreciated by The Highlands community for serving as Editor of The Fling for the last eight years. You did a great job and we thank you!

REMINDER FROM COMPLIANCE

Vehicles in the RV Storage lot must have current plates and registration by May 1, 2017, per the revised CC&Rs.

ON-LINE FORUM

Bob Beck has created, and will moderate, an on-line forum for Highlands' residents. This forum is not an official activity of or approved by The Highlands. It is a place where items of mutual interest can be announced and discussed; where we can share items for sale, service provider recommendations, safety concerns, etc. If you would like to be a member of this forum, send an e-mail request to: highlands-residents-forum-subscribe@googlegroups.com with the subject "subscribe" and your Highlands' address in the body of the text. Please note that your e-mail address will never be used or shared.

SPRING CLEANING

On Monday, March 20, twenty Highlands' volunteers gathered in the Clubhouse for Spring Cleaning. Every plant leaf and each vertical blind was cleaned by hand. All the chairs were steam cleaned and the tables were repaired and cleaned. This event was sponsored by the Social Committee. Many thanks to all who participated.

PLANNING A PRIVATE PARTY OR EVENT?

Private Parties for 25-100 people are usually held in the Clubhouse and should be booked through Brenda Henderson @ 297-8569. The fee is \$25 plus a \$100 refundable deposit. For a meeting, class or small party (2-20 people) the Multi-Purpose Room is more suitable. To Reserve the Multi-Purpose Room, please contact Jane Force @ 297-9068. Please call two weeks in advance for reservations.

Please note the deadline for next month's Fling is the 20th. Articles and information should be sent to Carol Nadeau at cboydna@aol.com. Thank you.

THE 5th ANNUAL ART SHOW ON MARCH 23 WAS A HUGE SUCCESS.



THIS POEM WAS PRESENTED TO EACH VETERAN
WHEN THEY RECEIVED THEIR QUILT

By Kay DeLong



Thank You for Your Service!

The Highland Quilters set plans for a patriotic mission,
To honor Highland Veterans was our focus and ambition,

Let's give a gift that brings warmth and feels like a hug,
So into our supply of material, we eagerly dug,

In February, the quilters got busy with lots of sewing,
Our veteran project got going;.....and kept GROWING!

The list of names on the clipboard grew longer each day,
Of men and women who served in their special way,

With many branches of the military represented there,
It was fun discovering who served.....and where,

These veterans live here as neighbors and friends,
Getting to know them better is the message it sends.

Each beautiful quilt was made as a THANKS to you!
For your military time serving the red, white and blue!

Cheers to you; as you receive your quilt today!
God bless those who serve;.....God bless the USA!

Our heartfelt thanks, the Highland Quilters

THE HIGHLANDS FLING

MARCH, 2017

www.thehighlandsmhp.com



MARCH EVENTS

Sun., March 5

Karaoke & Dinner

5:00 pm

Wed., March 8

Home Boys Breakfast

8:00 am

Sat., March 11

Kaffee Klatsch

9:00 am

Sun., March 12

Classic Movie

6:30 pm

Tues., March 14

Potluck Dinner 5:30 pm

Wed., March 15

Open Board Meeting

10:00 am

AND

Ladies' Lunch

12:00 noon

Fri., March 17

Social Committee 9:00 am

Sunday, March 19

Flavors of Hawaii

5:30 pm

Wed., March 22

Ladies Theme Party

1:30 pm

Thurs., March 23

5th Annual Art Exhibition

6:00 pm - 7:30 pm

Sat., March 25

Kaffee Klatsch

9:00 am

Sun., March 26

Ice Cream Social 2:00 pm

Tues., March 28

Jam Session 6:00 pm



NOTES FROM THE BOARD OF DIRECTORS

Items from the February 3rd
Annual Board Meeting:

New Business:

- Ladders were removed from the pool to make covering easier.
- The reimbursement for yard/street lights will remain at \$6.00/year.
- Ruthie Cole has been hired in the Office Support Position. Office hours will remain 10:00 am to 1:00 pm Tuesday thru Thursday. The first hour of each day is closed to business to allow Ruthie to conduct bookkeeping activities uninterrupted.

Unfinished Business:

- See meeting minutes for Annual Reports.

Results of the Annual Election are:

- All of the voted on sections of The Highland's Subdivisions of the CC&R's passed.
- New Board Directors voted in are Ray Scantlan, Bernie Lee, and Brenda Henderson.
- Carole Alberda was appointed to the open position.

- Thanks to the outgoing Directors Dick Muzzy, John Pearson, and Jerry Ferrill.

- The Current Board is:

Pat Yurczyk, President

Laurie Hartman, Vice Pres.

Ray Scantlan, Treasurer

Brenda Henderson, Secretary

Bernie Lee, Maintenance

Bill Bohrer, Lead Compliance

Rich Staska, Compliance

Carole Alberda, Compliance

Judy Pope, Contracts

- A No Cash policy has been initiated for all payments in the office except for copies and faxes.

NOTES FROM THE SOCIAL COMMITTEE

A representative group from the Social Committee met with the THI Board to clarify the responsibilities of the THI board and the Social Committee. Jamie Horst will continue keeping the Social Committee books as he is doing currently. The Social Committee is now responsible for the Fling and the Calendar. Upcoming and past events were discussed.

SUNDAY DINNER AND KARAOKE

Come up to the clubhouse Sunday, March 5th at 5:00 pm to be fed and entertained.

We'll be serving Bianchi's baked lasagna, salad, garlic bread, coffee, and dessert. If coffee's not for you, just bring your own beverage. Then stick around to be part of the entertainment or just to listen to your neighbors as they sing some popular songs of our bygone days, classic Country tunes, and rock 'n' roll oldies.. We'll also have some old standards where everyone can sing along. Only \$7.00 per person, and we'll even provide your table service. Please sign up in the poolroom. We need a head count to order the food. See y'all there.



MARCH POTLUCK

At potluck on March 14th, The Highland Quilters will honor our park Veterans by drawing names for the Lap Quilts the group has made. The quilts will be on display from 5:00 to 5:30 pm. They will be presented immediately after dinner. You must be present to receive a quilt if your name is drawn.

The Highland's residents who have volunteered to serve the potluck are: Tere Nunez, Sandy Mrotek, Ken

Swearingen, Bob Beck, and Lynn Fuller.

HOME BOYS' BREAKFAST

The Home Boys will return again to one of their favorite places, Sunnyside Up in Catalina on Wed., March 8th. Sign up at the clubhouse. Meet by 8:00 am to go together.

LADIES' LUNCH

The ladies will go to Guiseppes located at 6060 N Oracle.

Please note the change in date. Because of the Ladies Theme Party on our usual date we will be having our lunch on the 3rd Wednesday, the 15th of March. Sign up at the clubhouse. Meet in the clubhouse at least 5 min. before noon to carpool. If you have signed up and know that you can't make it, please give DeDe Venott a call so we won't wait on you. (235-9777)



Sunday, March 19 Flavors of Hawaii

5:30 pm -

Island Style BBQ

\$8.00

See you there in your muumuu, flowered shirt or grass skirt. Ukulele entertainment. Table service provided. Sign up before Thursday, March 16.

SPRING CLEANING IN THE CLUBHOUSE

Come and join in the fellowship and fun. Bernie Lee will provide the cleaner and the supplies to spruce up the clubhouse. Some of the table tops need to be tightened. The chairs need to be cleaned and the artificial plants need to have their frosting (dust) removed. March 20th at 9:30 is the time.

WOMEN'S THEME PARTY "IF THE SHOE FITS"

Wednesday, March 22nd in the clubhouse at 1:30 pm. Cost is \$8.00

Put your best foot (shoe) forward and join Pam & Darlene for a fun afternoon of games, prizes, short program, dessert and coffee. Shoe'd you decide to come wear your favorite shoes. If you have any vintage shoes bring those along.

Sign up sheet will be in the clubhouse. Tickets from Darlene Sand, 456 W. Matterhorn St. 520-270-2688 or 612-251-7537.

CALLING ALL ARTISTS

The Art Committee is looking for new pieces of art for our annual Highlands Art Show. Visual artists of all types are urged to pick up an application form at the clubhouse and deliver to Sharon Dennis at #1 Matterhorn no later than March 13th. Older works are acceptable if they have not previously been shown at the

Highlands. For questions, please call Sharon at 360-708-7247.



FIFTH ANNUAL HIGHLANDS ART SHOW

Mark your calendars for our fifth annual Highlands Art Show on Thursday, March 23, from 6:00 pm to 7:30 pm. This free event features the many artistic talents of our local residents. The art works are fresh and new every year. Come and see what your neighbors have been creating.

LOW CARB GROUP MEETINGS

A group has formed for support in starting and maintaining a low carb or ketogenic diet for decreased inflammation and pain, weight loss, blood sugar and blood pressure control and many other health benefits. We will meet at 9:30 on March 13 and 27 in the clubhouse. Come to learn or bring recipes and information to share. For information, contact Vonnice Lincoln at 541-990-0998.

CLASSIC MOVIE NIGHT

Sunday, night on March 12th bring your own snacks and drinks and come to watch a

Classic Movie in the clubhouse at 6:30 pm.

ICE CREAM SOCIAL

Come for ice cream with lots of toppings at 2:00 pm on Sunday, March 26. Cost will be \$1.00 per scoop.

CARES AND CONDOLENCES



Marilyn Staley reported: Get Well cards were sent to Jean Jackson and Mary Rausch. Thinking of You to Joe Termes. In the Loss of Mother, Phoebe Hart and Coleen Nolan.

FYI

- 125 Highlands residents were served at a very successful **pancake breakfast**.
- **Golf carts** are NOT to be driven on the sidewalks by the clubhouse. Golf cart drivers should use the parking areas created for golf carts, one to the north of clubhouse and one to the east of the pool. Enter them by way of the access openings.

- **Be a good neighbor.** The Fling and often flyers for
- some upcoming events are placed in the tubes located with our mailboxes. If you know that your neighbor is out of town, please rescue the papers so that they don't attract attention or become litter in our community.
- The Highlands website internet address is shown on the Fling banner at the top of page one. There are web pages for Home, About us, Amenities, Activities, Documents and our Contact information (phone, fax, email and mailing address). Besides informing about the Highlands, the website provides downloadable copies of our CC&Rs, our Articles of Incorporation, our By-Laws, Minutes of all the Board Meetings, our monthly Fling and our monthly Calendar. Also, you can download and print 9 different Highlands forms. If a friend wants to know about your neighborhood, consider sharing this web address with them!
- Occasionally there have been phone numbers reported incorrectly in our directory. If you happen to be one of those residents please contact Carol Nadeau @742-2722 so that it can be published in the Fling.
- Dick and Nancy Muzzy corrected phone #573-239-6658.

- (Repeated from last month.)
Private Parties (clubhouse) and Events/ Meetings (Multi-Resource Room). Private parties (25-100 people) are booked with Brenda Henderson, @ 297-8569 for the clubhouse. The fee is \$25. and a \$100. refundable deposit. Call two weeks in advance. An event, classes, or small party (2 - 20) have the use of the Multi-Purpose Room. Call Jane Force, Social Director 297-9063. Again a two weeks advance notice. Parties and events are now being reserved for March and April.

Thank You

The 3rd Annual 50/60's Rock N Roll party was a sell-out event. 100 guests rocked the night away to the music of "DJ Extraordinaires." There were 4 cash prizes awarded to Sonny Waterland, Cheryl Stafford, Barb Mort, and Cheryl Anderson. The Grand cash prize was \$50. won by Ernie, a guest of Herb and Lucy Phelan. I wish to thank all the fabulous volunteers that helped me pull off just more more Rock N Roll event. Brenda

NOTE FROM COMPLIANCE

We have had nice rains plus warmer weather, that equals weeds. Please control your weeds one way or another. Keep our Highlands community looking good.

DOLLY STEAMBOAT/ORGAN STOP PIZZA TRIP

Jamie reported that as of this writing he still has 3 tickets available for the trip due to cancellations. Please consider it. It is a great experience. For details call Jamie Horst at 309-230-0233

Just a note to tell you all that Carol Nadeau will be editing the Fling. After more than 8 years I feel it's time to turn over the job to a very capable lady. Look for new things. My parting words are: if you have an article or information for the Fling remember the date we begin to work on the Fling is the 20th of the month. It is YOUR RESPONSIBILITY to get the information to Carol. It is not hers to call you!
Jean Jackson

Please send any information to Carol @ 742-2722.
cboydna@aol.com

HAPPY ST. PATRICK'S DAY



MARCH 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																																																																													
26	27	28	1 <i>Ash Wednesday</i> Spanish 8:00 am Aquafit 11:00 am Pinochle 6:00 pm	2 Exercise 8:00 am Aquafit 11:00 am Quilting 1:00 pm Cards/Games 6:00 pm	3 Tai Chi Beg 9:00 am Aquafit 11:00 am Tai Chi Adv 11:00 am Social Hour 4:00 pm Cards/Games 6:00 pm	4																																																																																													
5 Karaoke & Dinner 5:00 pm	6 Kartchner Trip Exercise 8:00 am Aquafit 11:00 am Cards/Games 1:00 pm Needlecrafts 1:30 pm Ping Pong 7:00 pm	7 Coffee 8:00 am Aquafit 11:00 am Games 1:00 pm	8 Spanish 8:00 am Men's Breakfst 8:00 am Aquafit 11:00 am Agenda Mtg 1:00 pm Pinochle 6:00 pm	9 Exercise 8:00 am Aquafit 11:00 am Quilting 1:00 pm Cards/Games 6:00 pm	10 Tai Chi Beg 9:00 am Aquafit 11:00 am Tai Chi Adv 11:00 am Social Hour 4:00 pm Cards/Games 6:00 pm	11 Kaffee Klatsch 9:00 am																																																																																													
12 <i>Daylight Saving</i> Classic Movie 6:30 pm	13 Carb Grp 9:30 am Exercise 8:00 am Aquafit 11:00 am Cards/Games 1:00 pm Needlecrafts 1:30 pm Ping Pong 7:00 pm	14 Coffee 8:00 am Aquafit 11:00 am Games 1:00 pm Potluck 5:30 pm	15 Spanish 8:00 am Open Bd Mtg 10:00 am Aquafit - 11:00 am Ladies' Lunch 12 Noon Pinochle 6:00 pm	16 Exercise 8:00 am Aquafit 11:00 am Quilting 1:00 pm Cards/Games 6:00 pm	17 <i>St. Patrick's Day</i> Social Comm 9:00 am Aquafit 11:00 am Tai Chi Adv 11:00 am Social Hour 4:00 pm Cards/Games 6:00 pm	18																																																																																													
19 Flavors of Hawaii 5:30 pm	20 Exercise 8:00 am Spring Cleang 9:30 am Aquafit - 11:00 am Cards/Games - 1:00 pm Needlecrafts - 1:30 pm Ping Pong 7:00 pm	21 Coffee 8:00 am Aquafit 11:00 am Games 1:00 pm	22 Spanish 8:00 am Aquafit 11:00 am Ladies' Party 1:30 pm Pinochle 6:00 pm	23 Exercise 8:00 am Clubhouse Closes 9:00 am for Art Ex Aquafit 11:00 am Art Exhibit 6:00 pm	24 Tai Chi Beg 9:00 am Aquafit 11:00 am Tai Chi Adv 11:00 am Social Hour 4:00 pm Cards/Games 6:00 pm	25 Kaffee Klatsch 9:00 am Private Party 5-9 pm																																																																																													
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THE HIGHLANDS FLING

FEBRUARY, 2017

www.thehighlandsmhp.com



FEBRUARY EVENTS

Fri., Feb. 3

VOTE TODAY

Election 8:00 - 10:00 am

Annual Board Meeting

10:00 am

Tues., Feb. 7

Day Trip to AZ Opry

9:30 am

Wed., Feb 8

Home Boys Breakfast

8:00 am

Sat., Feb. 11

Pancake Breakfast

7:00 - 9:30 am

Sun., Feb. 12

Celebration of Life

2:00 pm

Tues., Feb. 14

Potluck Dinner 5:30 pm

Wed., Feb. 15

Open Board Meeting

10:00 am

Fri., Feb. 17

Social Committee 9:00 am

Sat., Feb. 18

Community Wide Yard Sales

7:00 am - 1:00 pm

and

50's Rock n Roll

6:00 - 9:00 pm

Tues., Feb. 21

Movie night 6:30 pm

Wed., Feb. 22

Ladies Lunch - noon

Sat., Feb. 25

White Elephant Sale

8:00 am - 12:00 noon

Tues., Feb. 28

Jam Session 6:00 pm



GET OUT AND VOTE

Show your support for our Board of Directors by showing up on **Friday, February 3rd** and casting your ballot. We need at least 33% of the eligible votes to be cast, or the election is invalid.

There are five (5) proposed changes to the existing 2004 CC&Rs to be voted on. Please review and Mark your choice **FOR** or **AGAINST** each proposed change.

You will vote for 3 of the 5 candidates for the BOD or you own write-ins..

In-park residents wanting to participate in the election must be current with payment of their HOA fees through January 2017, which **must be received in the office by 1:00 pm on Tuesday, January 31.**

HOME BOYS' BREAKFAST

The Home Boys will return again to one of their favorite places, Sunnyside Up in Catalina on Wed., Feb. 8th. Sign up at the clubhouse.

Meet by 8:00 am to go together.

BUILD YOUR OWN BAKED POTATO POTLUCK

This is one of the very well attended events here at the Highlands. Be sure and sign up early. The committee will provide and bake the potatoes. You will bring a salad or dessert and your favorite toppings, i.e., cheese, chili, onions, or one of your own creation. **The sour cream, bacon bits and butter will be provided.** Bring your own table service. Louise and Bill Bohrer will chair.



ClipartOf.com/1047068

FEBRUARY 11 PANCAKE BREAKFAST

7:00 - 9:30 am

all you can eat \$5.00

Pancakes, Sausage

O.J. & Coffee

No ticket or reservation
needed

**Bring your plate, silverware
& cup
come all**

CELEBRATION OF LIVES LOST THIS PAST YEAR

Join us February 12th at 2 pm to remember the eleven residents who have passed away this past year. Light refreshments will be served.

INDIVIDUAL YARD SALES

Coming, Saturday, February 18 from 7:00 am to 1:00 pm are the INDIVIDUAL YARD SALES.

If you want your house noted on our community map., please call the THL office at 297-2722 or email to highlands332@gmail.com and give your address.

LADIES' LUNCH

The ladies have chosen Sunny Side Up for their lunch gathering on Wed., Feb. 15th. It is located in Catalina. Sign up at the clubhouse. Meet in the clubhouse at least 5 min. before noon to carpool. If you have signed up and know that you can't make it, please give DeDe Venott a call so we won't wait on you. (235-9777)



50/60's Rock N Roll Party

The 3rd Annual 50/60's Rock N.Roll Party will be February

8th at 6:00 pm in the clubhouse.

Tickets will be \$15.00. Gus & Ms Gina will D.J. the event again this year. Dinner will be served by our car-hops and Soda Shack will do your root beer floats.

Come and enjoy our memories of days gone by.

See or call Brenda @ 297-8569 for a ticket. Tickets are limited and you must RSVP. No money will be taken at the door. The tickets will be available until Monday, 2-06-2017.

MOVIE NIGHT

A recently released film will be shown on our new big screen TV on Tuesday, Feb. 21st at 6:30 pm. Bring your own drink and munchies. See you there! It's FREE.



The **WHITE ELEPHANT SALE** will be held on Saturday, Feb., 25th in the clubhouse.

Check your closets, cupboards, and tool shed for items you no longer need. Please make sure the items are clean and suitable for sale. We want just about anything except clothing or shoes.

Examples:

Household: Furniture, rugs, curtains, decorative pillows.

Accessories: Belts, purses, jewelry (even broken jewelry sells well.)

Tools: Garden tools, workshop items - tools and supplies for home maintenance.

Kitchen items: Dishes, small appliances, cookware, flatware and utensils.

Linens: Towels, bedding, tablecloths and napkins.

Plants: Real or artificial, vases and pots.

Books, movies, CD's, electronics, puzzles and toys for the grandkids.

Lawn and patio furniture.

Decorative items: Paintings, wall hangings, display shelves.

Craft supplies: Yarn, fabric, sewing and quilting supplies, etc.

Drop off date for all SMALL items is February 24th between 8:00 am and noon. If you need help with LARGE items call Steve Horst @ 309-781-5154 or Jamie Horst @309-230-0233 and they will arrange for pick-up. Kindly give them several days notice if possible.

If you wish to volunteer or help at the event please call Steve or Jamie at the above numbers.

The Country Kitchen will be selling homemade cookies and coffee for you to enjoy while shopping. Proceeds of the sale go to support the activities of the Social Committee such as coffee, clubhouse decorations, entertainment, etc.

PLEASE NOTE:

The tables will be set up on Friday for the sale and the hall will be locked at 7:00pm until the sale begins at 8:00 am on Saturday morning. Please do not request to be admitted earlier unless you are a worker!

BAKE THOSE GOODIES

We're having a bake sale again this year in conjunction with the White Elephant Sale. It will be located in the pool room. Our sale last year was a smashing success and we'd like to top that this year. We need all you bakers to help us out. Popular items include: cookies, pies, breads, muffins, cupcakes, coffee cakes, candy and snack mix. Please label your item so we know what it is and indicate if it contains nuts. Also, put your name on your container if it needs to be returned. Bring items to the clubhouse at 7:00 am the morning of the sale. If you have any questions, please call Barbara Stevens @544-7378.

ART LESSONS

Char Saxe will again be offering a class in oils, acrylics and water colors. The classes are held every Tuesday from 10 am until noon in the clubhouse. These classes will go through February. Please sign up in the clubhouse. If you have any questions call Char at 608-484-0229

ALL ARTISTS AND CRAFTSMEN

Reminder! March will be here before you know it!! So all of you artists and craftsmen need to be working on your NEW projects to be shown in our 5th annual Art Exhibit!! Hope we have lots of new submissions this year, exhibit will be held March 23rd! You still have time to complete that project!!!



ATTENTION HIGHLAND VETERANS!

In February the Highland Quilters will begin working on a sewing project to create unique **THANK YOU Quilts for our Highland Veterans.** Winter snowbirds or full time residents, if you served in the military and reside in the Highlands, you qualify! There is a clipboard in the clubhouse labeled Military Veterans of the Highlands; sign up to be part of a **drawing** for a throw-sized quilt. We will post the names of the recipient of the THANK YOU Quilt in the March Fling. It is our way of acknowledging and honoring the Highland veterans who have served our country. Also, interested to

see which branch of the military will be most represented on the list.

CARE AND CONCERNS

One card was sent to Ken Swearingen in the death of his brother.

UPCOMING EVENTS

Bus trip to Kartchner Caverns & Visit to Tombstone... MARCH 6th; \$72.00 per person which includes: Bus fare; tips; box lunch; 1 1/4 hour walk through either the BIG room or the Rotunda @ Kartchner Cavern (caverns NOT caves); 2:00 pm gunfight @ the O.K. Corral in Tombstone; special presentation in the Tombstone Historama; and AWESOME prizes while on the bus.

Bus trip to Dolly Steamboat & Organ Stop Pizza ...April 3rd; \$67.00 per person which includes: Bus fare; tips; wonderful prizes & games while on the bus; a "hard to imagine you're still in Arizona" steamboat ride in the canyons above Apache Junction; visual sightings of wildlife; and an AWESOME lunch at the Organ Stop Pizza which will, without a doubt, leave you breathless in how ONE MAN can control 100 + instruments from his organ console!!

Although the Gaslight Theater and Barleens AZ Opry sold out very quickly, the above mentioned two trips still have

openings that I can guarantee you will thoroughly enjoy and remember!! Please make sure you sign up on the sheets in the clubhouse. If you have any questions, don't hesitate to call Jamie Horst @ 309-230-0233.

MORE ON UPCOMING EVENTS FOR MARCH

March 5th - Karaoke and Sing-a-long dinner

March 6th - Trip to Kartchner Caverns and Tombstone

March 12th - Sadie Hawkins Dance.

March 19th - Sunday Hawaiian Supper.

March 22nd - Ladies Theme Party 1:30 pm

March 23rd - 5th Annual Art Exhibit

PRIVATE PARTIES (CLUBHOUSE) AND EVENTS/MEETINGS (MULTI- PURPOSE RESOURCE ROOM)

Private parties (25 - 100) are booked with Brenda Henderson @ 297-8569 for the clubhouse. The fee is \$25.00 and a \$100.00 refundable deposit is required. Call two weeks in advance.

An event, classes, or small party (2 - 20) have the use of the Multi-Purpose Room. Call Jane Force, Social Director, 297-9063. Again a two weeks advance notice is required, Parties and Events are now being reserved for Feb., March & April.

DISPOSE-A-MED

If you have out-dated or unused medicines you may dispose of them on February 4th from 9 - 12:00 noon over near the Target store.

LOCK YOUR DOORS

There have been thefts from unlocked cars. Please take precaution to lock cars and houses when you leave.



THANK YOU TO RESIDENTS

"The lighted wreath at the entrance on Lambert and the decorations in and around the clubhouse looked so very festive. A great job!

Thanks a million to all who were responsible for making the park take part in the spirit of Christmas"

"Thank you to all of the residents who brought much needed toys to give to 'Toys for Tots' and Gospel Rescue Million."

FYI

Mister Car Wash on Oracle near Magee gives a \$5.00 discount to seniors on all car washes on Wednesdays.

REMEMBER THE SPEED LIMIT IN THE HIGHLANDS IS 15 MPH. ENFORCED BY THE ORO VALLEY PD.

Shelf Life after Opening:

Ketchup = 4 to 6 months in refrigerator.

Mustard = 6 to 8 months in refrigerator.

Mayo = 2 months only in refrigerator.

Jelly = 1 year in refrigerator.

Broth = only 2 days in refrigerator.

Peanut Butter = 2 to 3 months.

Brown Rice = 6 months in refrigerator.

Flour = 10 - 15 months in refrigerator.

Vegetable Oil = 3 months in pantry, 6 months in refrigerator.

Olive Oil = 12 - 18 months

Vinegar = 6 months



If you're new in our community or just want to meet some other folks, VOLUNTEER to help out at an event. Our park is run by volunteers!

Just contact Lynn Fuller, 579-6399 or Jane Force, 297-9068.

Editor: Jean Jackson

3 4 5 - 6 8 6 3

or
jeanjackson1937@gmail.com

**You are invited to a
Memorial Service to
help us celebrate
the life of Alice
Cornell, who
passed away on
Friday, January
20th, at The Villas
at La Canada.**



**Memorial Service
Wednesday, February 8th at 7PM**

**Casas Church in the Barrier Chapel
10801 N. La Cholla Blvd, Oro Valley**

Cookie reception to follow

**Need a ride?
Contact Kathy Reagan at 661-4998**

FEBRUARY 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30	31	1 AquaFit 11:00am Pinochle 6:00pm	2 Groundhog Day Exercise Fitness 8:00am AquaFit 11:00am Cards/Games 6:00 pm 	3 Annual Mtg 10am VOTE TODAY 8-10am AquaFit 11:00am Tai Chi ADV 11:00am Social Hour 4:00 pm Cards/Games 6:00 pm	4
5	6 Exercise Fitness 8:00am AquaFit 11:00am Cards/Games 1:00pm Needlecrafts 1:30pm Ping Pong 7:00pm	7 Coffee 8:00am Painting 10:00am AquaFit 11:00am Games 1:00pm Quilting 1:00pm AZ Opry Trip 9:30am	8 AquaFit 11:00am Pinochle 6:00pm Men's Breakfast 8:00am	9 Exercise Fitness 8:00am AquaFit 11:00am Cards/Games 6:00 pm	10 AquaFit 11:00am Tai Chi ADV 11:00am Social Hour 4:00 pm Cards/Games 6:00 pm	11 Pancake Breakfast 7:00-9:30am
12 Lincoln's B-Day Celebration of Life 2pm	13 Exercise Fitness 8:00am AquaFit 11:00am Cards/Games 1:00pm Needlecrafts 1:30pm Ping Pong 7:00pm	14 Coffee 8:00am Painting 10:00am AquaFit 11:00am Games 1:00pm Quilting 1:00pm Potluck 5:30pm 	15 AquaFit 11:00am Pinochle 6:00pm	16 Exercise Fitness 8:00am AquaFit 11:00am Cards/Games 6:00 pm	17 SoComm Mtg 9:00am AquaFit 11:00am Tai Chi ADV 11:00am Social Hour 4:00 pm Cards/Games 6:00 pm	18 Community Yard Sales 7:00am-1:00pm 50's Party 6:00pm
19	20 Presidents' Day Exercise Fitness 8:00am AquaFit 11:00am Cards/Games 1:00pm Needlecrafts 1:30pm Ping Pong 7:00pm	21 Coffee 8:00am Painting 10:00am AquaFit 11:00am Games 1:00pm Quilting 1:00pm Movie Night 6:30pm	22 AquaFit 11:00am Pinochle 6:00pm Ladies Lunch 12:00pm	23 Exercise Fitness 8:00am AquaFit 11:00am Cards/Games 6:00 pm	24 CLUBHOUSE CLOSED	25 White Elephant Sale 8:00am-Noon
26	27 Exercise Fitness 8:00am AquaFit 11:00am Cards/Games 1:00pm Needlecrafts 1:30pm Ping Pong 7:00pm	28 Coffee 8:00am Painting 10:00am AquaFit 11:00am Games 1:00pm Quilting 1:00pm Jam Session 6:00pm	1	2	3	4
5	6	January 2017 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31		March 2017 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31		BLUE = Clubhouse RED = Offsite Activity

THE HIGHLANDS FLING

January, 2017

www.thehighlandsmhp.com



JANUARY EVENTS

Mon., Jan. 2

Un-decorate the clubhouse
8:30 am

Tues., Jan. 10

Potluck Dinner 5:30 pm

Wed., Jan. 11

Home Boys Breakfast
8:00 am

and

Trip to the Gaslight Theater

Sat., Jan. 14

Kaffee Klatsch 9:00 am

Tues., Jan. 17

Highlands' Derby
6:00 pm

Wed., Jan., 18

Open Board Meeting
10:00 am

Fri., Jan. 20

Social Committee
9:00 am

Sun., Jan. 22

Karaoke and Pizza
5:00 pm

Wed., Jan. 25

Ladies Lunch - noon

Sat., Jan., 28

Kaffee Klatsch
9:00 am

Mon., Jan. 30

Antiques Road Show
noon

Tues., Jan. 31

Jam Session 6:00 pm

CLUBHOUSE UN- DECORATING

Come join the fun on Monday, Jan. 2nd at 8:30 am. to help un-decorate the clubhouse. It is lots of fun when we all join together. Sign up in the clubhouse.

On the same note **Thanks A Million** to all who were responsible for helping the park take part in the spirit of Christmas. The lighted wreath at the entrance on Lambert and the decorations in the clubhouse looked so very festive.

JANUARY POTLUCK DINNER

Nancy and Dick Muzzy will host the January 10th potluck. It will be the traditional Soup and Salad dinner which is always a huge success. Bring your favorite recipe of soup, salad or dessert. Hot bread will be provided. The sign-up sheet is already in the clubhouse. Bring your table service and wear your name tag as we have several new residents.

HOME BOYS' BREAKFAST

The Home Boys will return to one of their favorite places, Sunnyside Up in Catalina on

Wed. Jan. 11th. Sign up at the clubhouse. Meet by 8:00 am to go together.

LADIES' LUNCH

The ladies have chosen U-Like Buffet for their lunch gathering on Wed., Jan. 25th. It is located on Oracle just north of River Road on the west side of the street. Sign up at the clubhouse. Meet in the clubhouse at least 5 min. before noon to carpool. If you have signed up and know that you can't make it, please give DeDe Venott a call so we won't wait on you. (235-9777)

HIGHLANDS' DERBY January 17, 2017

It's the greatest horse race in 2017 and it's happening at the Highlands.

A field of six beautiful thoroughbred stick ponies will run for the roses. So you'll know who to wager on the following are the names of the thorough bred ponies:

Purple Bash -owners, Herb & Lucy Phelan.

Highland Hoofer - owners, Jerry & Sharon Dennis.

Hoof Hearted - owners, Richard & Carole Alberda.

Highland Laddie - owners, Harry & Dee Farris.

Lucky Foot - owner, Mina Natzmer.

Terminator - owners, Mont & Laurie Hartman.

Post time is 8:00 pm. This is going to be a great event, so get your tickets early. Each ticket holder will receive a catered dinner and a \$2.00 wager on the pony of your choice. All bets will pay 2 for 1, so if your pony wins and you have a \$2.00 wager you will win \$4.00.

At 5:30 pm we will have drinks and appetizers followed at 6:00 by a hat contest. After the derby we will have a delicious dessert to round out the evening. In addition there will be door prizes and a 50/50 raffle.

Tickets will be available for purchase from Bernie and Anita Lee and also from Brenda Henderson. Ticket price is \$20.00 each



HIGHLAND DERBY HAT

Buy a ticket to the Derby and come with your most beautiful hat. You will look terrific and also have an opportunity to win some money. Men, this is for you, also. Dress up, put on your best hat and come to the Derby. A prize will be awarded to the first and second place

winner of the most beautiful hat.



HIGHLAND QUILTERS

We will get our Highland Quilters group started on January 12th from 1:00 - 3:00 pm at the clubhouse. Bring your machines and be ready to sew!! I have the pattern for our first project. You are welcome to pick one up after January 3rd. We welcome all skill levels. Call Nancy Muzzy @ 573-823-9635.

CONVERSATIONAL SPANISH

A conversational Spanish class will be offered again this winter if there is enough interest. This class is for anyone who has had at least a bit of Spanish in the past and is willing to make an effort to attend weekly classes and do a little homework. We will use the same textbook as last year. Time and day of the week will be decided based on what works best for everyone. Please notify Vonnie Lincoln by phone (see directory) or sign up in the clubhouse.

ANTIQUES APPRAISALS AND LUNCH

Ladies & gentlemen, it's time to dig out your family treasure of collectables. Our very own "Highlands' Antiques Roadshow" is coming Monday, January 22nd at noon where a catered lunch will be served. Then, on Monday, January 30th at noon a catered lunch will be served. Then the appraisals will begin! Catherine Baron, long-time certified appraiser has agreed to appraise one item, large or small, for each guest. Whether you bring an item or just want to enjoy the lunch and fun, please sign-up by Sunday, Jan. 22. Cost is \$13 each. Guests are limited to 60. Any questions? Call Jane @ 297-9068

ATTENTION HIGHLAND ARTISTS! **(or art enthusiasts!)**

Art classes will begin January 24 and run through February on Tuesdays from 10:00 am to noon at the Highlands' Community Center. In addition to oil, acrylic and water color painting which we have been working on for the five years. Interest has been shown in other classes. Do you have interest in other forms of art expression? You may be interested in getting involved with...drawing, sculpting, free form pottery, tooling or other dimensional forms of art. Also available is the gourd class. The Art Committee welcomes

your suggestions. Scheduling will be made according to your needs and interests. Cost per painting class will be \$4.00 per session with some supplies provided. Times and dates can be negotiable according to your needs providing a room would be available for instruction. Please call Charlene Saxe, 608-525-6616 or cell 608-484-0029 or Art Committee members: Vonnie Lincoln 541-990-0998, or Jeanmarie Nutt 349-6242 or Sharon Dennis 360-708-7398.



SING FOR YOUR SUPPER?

No, you don't have to sing for your supper, but you can sing after your supper at the Sunday Supper on Jan. 22nd at 5:00 pm. Pizza Man will provide all-you-can-eat pizza for \$7.00 each (bring your own beverage or enjoy coffee provided by the Social Committee). Linc & Helen will have karaoke and sing along music. You can sing solo, as a duet, join everyone on our sing-alongs songs, or just come to listen and encourage our participants. See ya there.

TAI CHI AT THE HIGHLANDS **NEW CLAS STARTING** **SOON!**

Tai Chi is proven to have a positive effect on one's overall health. Studies show that the practice of Tai Chi improves and prevents almost all chronic conditions including arthritis, heart disease, and diabetes. It also improves balance and immunity to disease, and reduces stress! Starting January 6th, on Friday mornings at 9:30 am, Jeanmarie Nutt will offer a beginning class in Tai Chi at the Multipurpose Room in the Office building. The program, Tai Chi for Arthritis and Fall Prevention, was created by the Tai Chi for Health Institute (taichiforhealthinstitute.org) and is endorsed by the Arthritis Foundation and the Center for Disease Control and Prevention. The movements are gentle and easy and beneficial for everyone and can even be performed seated! Classes will be offered on a donation basis and all proceeds benefit the program. Sign up at the clubhouse!

GOURD CLASSES

Our next set of classes will begin on Jan. 19th and run for 6 weeks, starting at 1:00 pm and running through 4:00 pm. We will be dividing up into a Tuesday group and a Thursday group. Please send me an email as to which day will be better for you. We will try and

have no more than six women in each group. Our earlier classes have been successful and have produced some really nice gourds. If you are already here, would you please get your check of \$25.00 to me for supplies and to hold your place. I have received some of this information from a few of you already. When I get this information I will let you know the day you will be assigned. Thank you and hope to hear from you soon. Ginny

JAM SESSION

The Jam Session will return again on Tues., January 31, 2017 at 6:00 pm. Remember every show needs an audience. We'd love you to be a spectator or be part of the entertainment. Donations are essential to help defray the cost of the light meal. Otherwise, the cost comes out of someone's pocket. Come join us for a fun evening of entertainment.

MEET OUR BOARD **CANDIDATES**

The candidates for the Board of Directors will be introduced at our Kaffee Klatsch on January 28. Gather your questions for our candidates.

GASLIGHT THEATER

The trip to Gaslight is completely full. Sorry, sign up early next time.

NEWS FROM THE BOARD OF DIRECTORS

The Board of Directors unanimously approved Robert Beck as the Assistant Treasurer for THL, as allowed by the By-Laws.

The Board of Director's meeting minutes are available as PDF documents at the Highlands MHP website. Please also note that letters received by the Board of Directors are mentioned in the Minutes and a copy of any letter may be requested by an owner from the Board of Directors secretary, Brenda Henderson.

"ALL requested Absentee Ballots and Sample Ballots have been distributed: mailed or hand delivered. If you still need either, please request your choice through the Office. Receipt deadline is Tuesday, January 31, at 1:00 pm in the office for both absentee ballots and payment of your January HOA dues. for your vote to count. Please do not write comments, erase out , or mark up your ballot as it will be voided. Vote for no more than three Directors and either For or Against the 6 CC&R revisions." (please see the following paragraph)

ELECTION BALLOT SNAFU

"After some discussion at the Open Board Meeting, the Board agreed that the wording on the Residential Structures issue did not allow voters to vote against either option 1 or 2 and therefore was against voter rights and in conflict with the voting instructions that accompany the ballots. Since out-of-town ballots have been mailed, the only solution at this time is to void this issue only (5. Residential Structures). and nullify any and all votes cast on this issue only (5. Residential structures). This issue can then be re-visited and re-worded correctly for a future election. The Election Committee will be instructed to not count any votes cast on this issue."

The monthly board and annual board meeting minutes are available at the Highland's website, on the documents page.

COMING EVENTS

Feb 7 - Arizona Opry, Jamie Chair

Feb. 11 - Pancake Breakfast
Bill B. & Dennis Weber co-chairs

Feb. 18 - Community Wide
Yard Sales

Feb. 18 - 50/60's Rock N Roll
Party, Brenda Henderson,
chair

Feb. 25 - White Elephant Sale

(start collecting items)

50/60's Rock N Roll Party

Put Feb. 18th at 6:00 pm on your calendar. Tickets will be \$15.00, Tickets are limited & you must RSVP. See and call Brenda Henderson before Feb. 6 for tickets. 297-8569. There will be no money taken at door.



If you're new in our community or just want to meet some other folks, VOLUNTEER to help out at an event. Our park is run by volunteers!

Just contact Lynn Fuller, 579-6399 or Jane Force, 297-9068.

JANUARY 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
1 Happy New Year!	2 Exercise Fitness 8:00am Aquafit 9:00am Cards/Games 1:00pm Needlecrafts 1:30pm Remove Décor 8:30am	3 Coffee 8:00am Aquafit 9:00am Games 1:00pm	4 Aquafit 9:00am Pinochle 6:00pm	5 Exercise Fitness 8:00am Aquafit 9:00am Cards/Games 6:00 pm	6 Aquafit 9:00am Tai Chi BEG 9:30am Tai Chi ADV 11:00am Social Hour 4:00 pm Cards/Games 6:00 pm	7		
8	9 Exercise Fitness 8:00am Private Party 9am-1pm Aquafit 9:00am Cards/Games 1:00pm Needlecrafts 1:30pm	10 Coffee 8:00am Aquafit 9:00am Games 1:00pm Potluck 5:30	11 Aquafit 9:00am Agenda Mtg 1:00pm Pinochle 6:00pm Gaslight Theatre	12 Exercise Fitness 8:00am Aquafit 9:00am Cards/Games 6:00 pm	13 Aquafit 9:00am Tai Chi BEG 9:30am Tai Chi ADV 11:00am Social Hour 4:00 pm Cards/Games 6:00 pm	14 Kaffee Klatsch 9:00am Private Party 3-9pm		
15	16 ML King Day Exercise Fitness 8:00am Aquafit 9:00am Cards/Games 1:00pm Needlecrafts 1:30pm	17 (clubhouse closed prior) Highlands Derby Dinner 5:30pm	18 Aquafit 9:00am Board Meeting 10:00am Pinochle 6:00pm	19 Exercise Fitness 8:00am Aquafit 9:00am Cards/Games 6:00 pm Gourd Class 1:00pm	20 Aquafit 9:00am SoComm Mtg 9:00am Tai Chi BEG 9:30am Tai Chi ADV 11:00am Social Hour 4:00 pm Cards/Games 6:00 pm	21 Private Party 11a-5p		
22 Pizza/Karaoke 5:00pm	23 Exercise Fitness 8:00am Aquafit 9:00am Cards/Games 1:00pm Needlecrafts 1:30pm	24 Coffee 8:00am Aquafit 9:00am Games 1:00pm Gourd Class 1:00pm	25 Aquafit 9:00am Pinochle 6:00pm	26 Exercise Fitness 8:00am Aquafit 9:00am Cards/Games 6:00 pm Gourd Class 1:00pm	27 Aquafit 9:00am Tai Chi BEG 9:30am Tai Chi ADV 11:00am Social Hour 4:00 pm Cards/Games 6:00 pm	28 Chinese New Year Kaffee Klatsch 9:00am Meet the Board Candidates		
29	30 Exercise Fitness 8:00am Aquafit 9:00am Antiques Lunch 12:00pm Cards/Games 1:00pm Needlecrafts 1:30pm	31 Coffee 8:00am Aquafit 9:00am Games 1:00pm Gourd Class 1:00pm Jam Session 6:00pm	1	2 Groundhog Day	3	4		
5	6	December 2016 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31			February 2017 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28			BLUE = Clubhouse GREEN = MultiPurpose Room RED = Offsite Activity